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PHOTO COURTESY CRISTIN GASSON

Pinball champ Joe Said in his basement, surrounded by his collection of pinball machines.

## In a Digital World, Maryland Pinball Champion Revels in Resurgence of an Analog Game

By DREW RAUSO  
Capital News Service

BALTIMORE - A line builds on a recent Thursday night outside The Windup Space, a bar on North Charles Street that seems relocated from another era.

Inside, men with beards battle it out on old Ataris over beers, taking breaks to check their iPhones. A DJ remixes a once-popular Journey song.

Lining the walls are pinball machines that feature celebrities -- like Mata Hari and Elvira -- that long ago lost their cultural currency.

Joe Said is hunched over the "Haunted House" pinball machine, head down, legs spread shoulder-width apart, wearing a faded blue T-shirt and cargo shorts and a dark bushy beard that conspires with his heavy eyebrows to conceal his face.

He hovers lightly over the flipper buttons, ready to re-

spond to the approach of the silver ball. He is focused only on the machine beneath his fingers, focused on winning the pinball tournament taking place here tonight.

See PINBALL Page A5

## EPA Proposes Guidelines to Cut Carbon Pollution from Existing Power Plants

Clean Power Plan is flexible proposal to ensure a healthier environment, spur innovation and strengthen the economy

By PRESS OFFICER  
Office of the White House

WASHINGTON - At the direction of President Obama and after an unprecedented outreach effort, the U.S. Environmental Protection Agency is today releasing the Clean Power Plan proposal, which for the first time cuts carbon pollution from existing power plants, the single largest source of carbon pollution in the United States. Today's proposal will protect public health, move the United States toward a cleaner environment and fight climate change while supplying Americans with reliable and affordable power.

"Climate change, fueled by carbon pollution, supercharges risks to our health, our economy, and our way of life. EPA is delivering on a vital piece of President Obama's Climate Action Plan by proposing a Clean

Power Plan that will cut harmful carbon pollution from our largest source--power plants," said EPA Administrator Gina McCarthy. "By leveraging cleaner energy sources and cutting energy waste, this plan will clean the air we breathe while helping slow climate change so we can leave a safe and healthy future for our kids. We don't have to choose between a healthy economy and a healthy environment--our action will sharpen America's competitive edge, spur innovation, and create jobs."

Power plants account for roughly one-third of all domestic greenhouse gas emissions in the United States. While there are limits in place for the level of arsenic, mercury, sulfur dioxide, nitrogen oxides, and particle pollution that

See POLLUTION Page A7

## One Woman Puts Cracks In The Glass Ceiling

By TAZEEN ASIYA AHMAD  
Capital News Service

WASHINGTON - Sandy Hillman, 73, went from being a magazine editor on Madison Avenue to working for the administration of President Lyndon B. Johnson in the early 1960's. It was a time when fewer women were in the workforce and fewer opportunities existed for those who were.

But that didn't hold Hillman back. She went on to serve as a close adviser to four-term Baltimore Mayor William Donald Schaefer, and was dubbed "the impresario of urban America" by Time magazine for her role in transforming Baltimore's Inner Harbor into a world-class tourism destination.

Hillman left city hall to run the prominent public relations firm Trahan, Burden and Charles, whose clients included then Mayor Martin O'Malley.

Six years ago she started her own company, Sandy Hillman Communications. Earlier this year, the Daily Record named her one of Maryland's most influential people.

Despite her success, Hillman has been not immune to some of the prejudices that continue to exist for women in the workplace.

"There have been times when I have been in a room with men who work for me and it is assumed that they are my superiors," Hillman said.

She said it hasn't happened to her much, but when it does, she finds it amusing rather than annoying.

As a business owner and as a woman Hillman is very cognizant of the challenges faced by working women, particularly working mothers.

She's always made an effort to incorporate family-friendly policies in work environments that she's managed.

"That means letting people work from home either occasionally or full-time. And managing a workforce so people who work very hard and many hours can still find time for some balance in their lives," Hillman said.

A big proponent of raising the minimum wage, and paid sick and family leave, Hillman also supports the Paycheck Fairness Act that her pal, Sen. Barbara Mikulski, D-Md., has been pushing for in Congress.

Commenting on the Maryland General Assembly's move to raise the minimum wage in the state to \$10.10 by 2018, Hillman said it should have been raised higher and should have gone into effect much faster.

"I think it is criminal to expect people to essentially live and raise their children with a sense of hope and opportunity if they can't feed themselves and their kids, can't rent a home. It's wrong," Hillman said.

Hillman started working in 1963. After graduating from Penn State University with a degree in English and chemistry, she headed to New York and landed a job as a magazine editor. Two years later she joined an ad-

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## INSIDE

### Mikulski Honors Last Living Maryland Borinqueneer

Senator Mikulski, in a ceremony held at Ft. McHenry, honored Staff Sergeant Retired Leonardo Martinez, the last living Borinqueneer from Maryland. He was awarded a Purple Heart for his service in the Korean War as a member of the 65th Infantry Regiment, also known as the Borinqueneers. Community, Page A3

### NBA Commissioner Slam Dunks His First Crisis

Adam Silver, who has only been Commissioner of the National Basketball Association for three months, made a bold leadership statement when he took swift and tough action in response to hateful and racist comments made by Los Angeles Clippers owner Donald Sterling. Commentary, Page A4

### USDA Announces Funding for Advanced Communications Technology in Rural Areas

USDA has had many successes through this program. Since it was created in 2003, USDA has approved more than \$142 million in more than 240 Community Connect projects to bring broadband service to rural communities that lacked it. Business, Page A5

### Movie Review: "A Million Ways to Die in the West"

After Albert, a cowardly sheep farmer, backs out of a gunfight, his fickle girlfriend leaves him for another man. When a mysterious and beautiful woman rides into town, she helps him find his courage and they begin to fall in love. But then her husband, a notorious outlaw, arrives seeking revenge. Out on the Town, Page A6

### Earth Talk

Dear EarthTalk:

How is it that our more effectively managing ocean resources could help us better feed the world?

— Missy Jenkins,  
Boone, IA

Features, Page A7

# Towns and NEIGHBORS

## In and Around Morningside-Skyline

by Mary McHale 301 735 3451

### Hurry to the polls, early voting ends at 8 tonight!

Early voting began on June 12, the 2nd Thursday before the election, and continues through June 19. Hours are 10 a.m. to 8 p.m. each day. If you're reading this on or before June 19, hurry to the polls. Anyone in line at 8 will be allowed to vote.

You can cast your early vote at any of the following in South County: Suitland Community Park School, 5600 Regency Lane, Forestville; Upper Marlboro Community Center, 5400 Racetrack Road; Baden Community Center, 13601 Baden-Westwood Road; Wayne K. Curry Sports & Learning Center, 8001 Sheriff Road, Landover; Southern Regional Technology & Recreation Complex, 7007 Bock Road, Fort Washington.

If you don't vote early or absentee, you can still do so on Primary Day, June 24, at your local polls, 7 a.m. to 8 p.m.

The candidates who win in the Primary will be running in the General Election, November 4. An American magazine editor once said, "Bad officials are elected by good citizens who don't vote."

### Neighbors

Morningside's annual 4th of July Parade is coming up. If you know someone who'd like to be in the parade, have them contact Mrs. Mullins at 301-412-0135 for a registration form or more information. By the way, I'll be there watching and cheering, under the big tree at Suitland Road Baptist Church.

Tanya Matthews, Mount Calvary School 7th grader, was among 11 spellers from Maryland in the Scripps National Spelling Bee, held at National Harbor. In fact, she was the Prince George's County winner. At the bee, she correctly spelled "shrieval" and "osteopath" in rounds two and three but didn't make the semi-finals.

Clotilda Crawley, longtime Suitland resident, is planning to move back to her native Sri Lanka. So, on June 8, her dear friend Marilyn Thorne hosted a Friends of Clotilda party at the Thorne home in Auth Village. About 40 showed up to enjoy delicious international food and a visit with Clotilda.

Among the attendees were many from St. Philip's Sodality, of which she was a member. It was a delightful gathering.

Images of Marlyn Meoli, formerly of Auth Village, her daughter and granddaughter can be seen floating in flowers and paintings in a recent Animoto video.

Former Morningsider Rose Hoffman enjoyed the 15th annual Special World of Dance presented by Louise Pyles Dance Studio at the Camp Springs Elks Lodge. Featured were The DC Hand Dance Club, Tom Koerner & Debra Sternberg & Dance Team. This year's theme was "Putting on the Ritz."

Eight-year-old Kääl Mocanu was presented a Hero Award on April 24 at Joint Base Andrews' Military & Family Support Center for his swift actions when his father, retired Master Sgt. Brandon Mocanu, collapsed in their home and called Kääl to run for help. The boy grabbed his brother and a friend and hurried with them to a neighbor's house. The neighbors responded, found the father lying on the floor and called 911. All turned out well.

### Movies and more on the Potomac

Throughout the summer there will be free fitness, concerts and movies for the whole family at National Harbor. The schedule is at: [www.nationalharbor.com/calendar](http://www.nationalharbor.com/calendar). Movies are shown Sundays at 6 p.m., and include The Parent Trap on June 22, and The Princess Diaries on June 29. Military concerts are Saturdays from 6 to 7:30 p.m., and include the U.S. Navy Band "Commodores" on June 21, and U.S. Army Band "Downrange" on June 28. And there's lots more.

### Open House for veterans

The Veterans and Veteran Service Organizations will host an Open House on Saturday, June 28, 9 a.m. to noon, at the Department of Family Services, 6420 Allentown Road in Camp Springs. This will be an opportunity for veterans and their families to gather federal, state and local resources for veterans. The event is free, however registration is required. Call Carol-Lynn Snowden at 301-265-8401 to RSVP. Light refreshments will be served.

Prince George's County is home to more than 62,000 veterans and their families, the largest concentration of veterans in the State of Maryland.

### Bells UMC invites you for "A Wonderful Weekend"

The theme is "Go...Go...Going Radical for Christ" on June 28 and 29 at Bells United Methodist Church in Camp Springs. Saturday events include the Moonbounce, flea market, healthy living resources, barbecue and more. Sunday features worship services at Bells and at Mt. Zion in Washington, gospel go-go, local choirs and fish-fry. For information, call Bells at 301-899-7521.

### May they rest in peace

Condolences to Yvonne Garvin, of Skyline, on the death of her amazing father, **Robert Gerald**, at the age of 98. He and his wife Virginia were married April 12, 1933, and last year they were honored for having the longest marriage in North Carolina, second longest in the U.S. During those 81 years, they had 11 children, 40 grandchildren, 74 great-grandchildren and 47 great-great-grandchildren, **Eleanor Creveling**, 91, formerly of Oxon Hill, principal of Harmony Hall Elementary in Oxon Hill and Heather Hills Elementary in Bowie before retiring in the 1981, died May 9 in Annapolis. A native of West Virginia, she was an officer in the Navy Waves during World War II. Her husband of 59 years, Cyrus Jay Creveling, Sr., died in 2003. Survivors include four sons and eight grandchildren.

### Milestones

Happy birthday to Gwynn Mudd, Christian Nichols and Michael Taylor, June 20; my grandson Connor McHale, Aletheia Fadness, Mark Witherow Sr. and Antonio Jackson, June 21; Gary Fadness, June 22; Edson Cook, June 23; Gloria R. Johnson, June 24; Michael Taylor and Larry Frostbutter, June 25; Angela Booth and Mable Hemmes, June 26.

Happy anniversary to Calvin and Debbie Brown, their 21st on June 20; Ben and Betty Nagro, their 57th on June 22; Tim and Becki Cordero, their 13th on June 23; Mary and Mike Dawes, their 41st on June 23.

## Brandywine-Aquasco

by Ruth Turner 301 888 2153

### LADIES NIGHT OUT

Ladies come out and enjoy a night featuring Dru Hill on July 12, 2014 at 8:00 PM. We will be at Show Place Arena located at 14900 Pennsylvania Avenue Upper Marlboro, Maryland. The cost is \$40.00 to \$50.00.

### CLASS OF 2014

Congratulations to the Arundel Bay Christian Academy 8th Grade Graduation Class of 2014. The ceremony was held on May 21, 2014. Morgan Eugene, the daughter of Curtis and Stephanie Eugene who resides in Brandywine, Maryland graduated with honors.

### LITTLE TREASURES DAY CARE

Play, learn and grow together. Little Treasures Day Care provides Parent's Night Out, Full-Time, Part-Time, Drop-In's, Summer Programs, Before & Aftercare, and Summer Programs. For additional information contact the office at 240-244-5607 or [www.treasurechildren.com](http://www.treasurechildren.com).

### PERFORMING ARTS CAMP

Sunday-Friday July 27-August 1 from 9:00 M-3:00 PM children will be able to attend a Performing Arts Camp. The cost

for children entering 2ND-8th grade is \$145.00 /child. There are special incentives for early registration. For more details and to register please go to [www.lamplightartist.com](http://www.lamplightartist.com).

### MEDSTAR SOUTHERN MARYLAND

For information about volunteer opportunities, please call 301-877-4553. Med Star Southern Maryland Hospital Center volunteers help support the health of our community.

Second and fourth Wednesdays of every month, from 11:00 AM to noon attend a Weight Management for a Healthy Lifestyle class free. The class is held at the Colony South Hotel and Conference Center in Clinton, Maryland. No registration is required. Call 301-877-4559 for information.

### COMMUNITY DANCE

Attention all dancers and non-dancers. St. Philip's Church will be having Fun Night with Line and Hand Dancing on Friday, June 27, 2014 from 7:00 PM-9:00 PM. The address is St. Philip's Church Baden Parish Fellowship Hall 13901 Baden Westwood Road, Brandywine,

### 2014 GRADUATES

Congratulations to all 2014 graduates. Wishing you all the success in your future endeavors.

## Neighborhood Events

### Health Sciences Educator Named 2014 Christa McAuliffe Outstanding Teacher

#### UPPER MARLBORO, MD

— Sheri Eastman, mathematics teacher at the Academy of Health Sciences at Prince George's Community College, was recently selected as recipient of the 2014 Christa McAuliffe Outstanding Teacher Award. She was selected for this honor by a peer committee of Prince George's County Public Schools educators.

"Ms. Eastman's creativity and exceptional instruction in the classroom make her the ideal candidate for this award," said Dr. Kevin M. Maxwell, Chief Executive Officer for PGCPSS. "To be selected by a committee of fellow educators makes this honor all the more meaningful."

Eastman will be honored by the Prince George's County Board of Education and school system administrators during the annual Employee Recognition Dinner on May 29 at Martin's Crosswinds in Greenbelt. In addition, her name will be inscribed on a plaque displayed in the Board of Education Meeting Room at the Saenger Administration Building in Upper Marlboro.

Eastman is a veteran educator with 20 years of experience. She has served PGCPSS students for the past 16 years, teaching students at Surrattsville and Largo high schools prior to her 2012 appointment as a mathematics teacher at the Academy of Health Sciences at PGCC in Largo. School staff nominated her for the award not only for her experience and effectiveness in the classroom, but also for her knowledge, dedication, and ability to excite students about math.

A leader throughout her career and always willing to share her knowledge with her peers, Eastman has served as mathematics teacher coordinator, mentor teacher, professional developer, High School Consortium Resource Teacher, and Academic Validation Teacher Trainer. Colleagues describe her as "enthusiastic," "phenomenal," and someone who can "inspire an attitude of play inside and outside" the classroom.

Eastman knew she wanted to be a teacher from the time she was in elementary school, and continues to be an avid learner today to build her skills through ongoing professional development. She earned a bachelor's degree in mathematics from the University of Maryland College Park. She

went on to earn a master's degree in teaching from Bowie State University. In 2005, she earned national board certification – the highest certification a teacher can achieve – in mathematics from the National Board for Professional Teaching Standards (NBPTS).

In her community, Eastman has served as the program director of Power Mentor Group, matching professional male mentors with at-risk elementary school boys in Washington, D.C.; taught computer skills to senior citizens; developed the Summer Technology Enrichment Program at Surrattsville (STEPS) and acted as Stem Team sponsor at Surrattsville High School; hosted a live, online math tutorial program; and currently publishes a daily E-Paper through Twitter to share college admission and scholarship information with PGCPSS students and their parents.

to obtain this information, which can be critical to processing a permit, determining a property owner's name and property values, and identifying property zoning restrictions. Access to this information can be obtained by standing on a property and launching the mobile site, or by entering the property address, or tax account number.

#### Bowie Hires New IT Director

Bowie City Manager David Deutsch announced today that after a nation-wide search, Vanetta Pledger has been chosen to head up the City's Information Technology Department.

Ms. Pledger will assume the helm of the department on June 23, 2014 after being the Director of Information Technology for Orange County, Virginia and holding several positions of increasing responsibility with the City of Alexandria Virginia. In her current job she serves as Alexandria's Network Management Division Chief, where she has led efforts to improve the reliability, efficiency, performance, and security of the government's internal and external systems.

"We're excited to have Vanetta Pledger join our management team. She comes to us with very high marks for being an excellent leader and project manager who can think strategically, but who also has a deep understanding of hardware, software and network infrastructure," said City Manager Deutsch. "Her background is varied and relevant, and includes hands on experience in all of the major focuses of a forward thinking municipal IT department."

Ms. Pledger is a graduate of George Mason University and earned her Master of Science in Information Technology Systems from George Washington University in 2005. She will fill an opening created by the departure of Robert Boller, who led the IT Department for almost 20 years before retiring in January of this year.

#### Planning Department to Launch New PGATLAS Mobile Web Sites

Upper Marlboro, MD — The Prince George's County Planning Department of The Maryland-National Capital Park and Planning Commission (M-NCPPC) will introduce two new mobile web sites — Zoning Finder and Planning Board on June 6, 2014. The new mobile sites will allow users of PGAtlas, an interactive mapping system containing geographic information system data including parcel tax records, planning information, and more, to access information on any PC, mobile device, or smartphone.

"Creating these mobile sites addresses a common request for PGAtlas to be functional across all devices, and we're pleased to now offer a user experience that is consistent across all platforms," said Michael Shean, GIS Coordinator with M-NCPPC.

The Zoning Finder mobile web site will give users the ability to access property specific data such as tax assessment and zoning information from anywhere. Users no longer must be at a computer

"The kidnapping of these 276 young girls in Nigeria draws even more attention to the appalling nature of human trafficking and the critical importance of our support for their safe return to their families. Our mission is to advocate on behalf of safe communities for children in Prince George's County, Nigeria and around the world."

The Human Trafficking Task Force Chair and Prince George's County Human Relations Commission Executive Director, Michael Lyles, Esq. applauds the Council action.

"The County's Human Relations Commission and all the County agencies, volunteers and partners working with the Prince George's County Human Trafficking Task Force wholeheartedly support the recently passed Council Resolution CR-54-2014, denouncing human trafficking in Prince George's County and across the world, and the abduction of the Nigerian schoolgirls. We stand with the Council in joining the worldwide rallying cry to #Bring Back Our Girls; and thank them for their leadership and unwavering commitment to fighting human trafficking and supporting human and civil rights."

# COMMUNITY

## Practical Money Skills

By Jason Alderman

## Job Search Tips for New Grads

To the roughly 1.6 million college graduates in the class of 2014: You have my heartiest congratulations – and my sympathies. I graduated during the early 1990s recession when finding a decent job was very difficult, so I have an inkling of the challenges many of you now face.

Although the job-search technology available has changed considerably since then, as someone who is now on the other side of screening candidates, I can tell you many of the underlying principles for waging a successful search remain the same. Let me share a few:

Stand out from the crowd. You'll probably be competing with dozens, if not hundreds, of applicants for most jobs, so:

- Tailor your resume and cover letter to highlight education, skills and experience relevant to the position – check out Monster.com's Resume Center for writing tips.

- If your work history is brief, play up education highlights, volunteer or internship positions, awards, organizational memberships, etc.

- Have strong references – and make sure they're willing to speak or write a letter of recommendation on your behalf.

- Proofread everything carefully and ask a trusted acquaintance to review.

Before applying, research the company to make sure it's a good fit. If you do get called for an interview, kick it up a notch:

- Make sure you understand the company's products, services and customer base.

- Examine their business structure and how your potential department fits in.

- Research competitors so you understand the business environment in which they operate.

- Investigate their social media presence for clues on how they interact with customers.

Employers are forced to do more with fewer resources, so they seek employees who are focused, polished and willing to work hard. I've spoken to numerous hiring managers who say many candidates they see don't convey those qualities. A few tips:

- Google yourself. Review your social media footprint and remove photos or other materials that portray you unprofessionally.

- Show up – on time – for interviews dressed appropriately, with copies of your resume, work samples and any requested materials.

- Be prepared to answer a barrage of questions about yourself and how you'd react in different situations. (Monster has a great list of potential interview questions.)

- Make sure you can back up any claims made on your resume or during interviews.

Register with job search engines where you can apply for jobs and make yourself visible to potential employers and recruiters. Popular sites include Monster.com, Careerbuilder.com, LinkedIn, AfterCollege.com and LinkUp.com.

Landing a good job can take months or even years, so be persistent and tap all available resources. For example:

- Contact your school's career office to see which services are still available to you as a recent graduate. Many will help by reviewing your resume, conducting practice interviews and connecting you with alumni volunteers willing to meet for informational interviews.

- Build and maintain a profile on LinkedIn. Many employers and recruiters go there first when looking for suitable candidates. Also, join LinkedIn groups for your field of interest and partake in their discussions.

- Contact and join professional organizations in your field. Weddels.com provides links to thousands of professional organizations.

- Many companies use automated tracking systems to scan incoming resumes for skills and job-appropriate key words before a human will ever see them. Make sure your resume includes these key words – provided your experience is relevant, of course.

Bottom line: You worked hard to earn your degree. Unfortunately, you may have to work equally hard to get your career going, so take advantage of the available tools – and good luck.



## Mikulski Honors Last Living Maryland Borinqueen as Dent Prepares to Sign Congressional Gold Medal Legislation

By PRESS OFFICER  
Office of Barbara Mikulski

*Senator Mikulski cosponsored legislation to award the Army's 65th Infantry Regiment, the last segregated unit composed of Puerto Rican and Hispanic soldiers, with the Congressional Gold Medal*

BALTIMORE — U.S. Senator Barbara A. Mikulski (D-Md.) in a ceremony held at Ft. McHenry, honored Staff Sergeant Retired Leonardo Martinez, the last living Borinqueen from Maryland. Leonardo Martinez was awarded a Purple Heart for his service in the Korean War as a member of the 65th Infantry Regiment, also known as the Borinqueneers, an Hispanic segregated unit composed primarily of Puerto Rican soldiers fighting in World War I, World War II and the Korean War.

"It's my great honor today to present Staff Sergeant Retired Leonardo Martinez with a flag flown over the Capitol and a signed copy of the Resolution passed by the House and Senate recognizing the Borinqueneers for their brave service by awarding them with the Congressional Gold Medal," Senator Mikulski said.

Senator Mikulski cosponsored S.R. 1174, which was passed by the House and



PHOTO COURTESY THE OFFICE OF SENATOR BARBARA MIKULSKI

On Monday, June 2, 2014, U.S. Senator Barbara A. Mikulski (D-Md.) honored Staff Sergeant Retired Leonardo Martinez, the last living Borinqueen from Maryland. From left to right: Senator Mikulski; Sam Rodriguez, Maryland Borinqueen Congressional Gold Medal Alliance Delegate; Staff Sergeant Retired Leonardo Martinez; and his son, Angel Martinez.

Senate in late May, awarding the Borinqueneers with the Congressional Gold Medal. The legislation is currently awaiting President Obama's signature.

"The Congressional Gold Medal is reserved for those who've made a tremendous impact on America's history and culture. Since the American Revolution, it's been

Congress' highest honor awarded to America's leaders, visionaries and heroes. I can think of no better addition to this list than the Borinqueneers, who have lived their motto – Honor et Fidelitas, Honor and Fidelity – through their bravery and deeds," Senator Mikulski said.

In 1899, Congress authorized raising a unit of volunteer

soldiers from the newly acquired territory of Puerto Rico. The 65th Infantry Regiment fought in World War I, World War II and the Korean War. Although President Truman issued an executive order in 1948 declaring equal treatment in the Armed Forces regardless of race, the Borinqueneers continued to fight through the Korean War while segregated.



CAPITAL NEWS SERVICE PHOTO BY TAZEEN ASIYA AHMAD  
Casa de Maryland worker Andrew Reinel helps Sara Hernandez with paperwork outside her trailer home.

Throughout her journey she was worried sick.

"I have heard the trips are getting more and more dangerous and more expensive. I paid \$4,000 to come here, but I have heard that the current rate is closer to \$9,000," Hernandez said.

Despite the challenges she still faces from being here illegally, Hernandez said she would do it all again.

"It is too dangerous to live in Honduras. You can't leave your house after 6 p.m. In the village you have the drug traffickers, and in the city you have the gangs," Hernandez said.

She worries about her family back home.

"I know people who have been killed. There is no distinction between men and women, anyone can be targeted," Hernandez said.

It was not her own safety that led then 26-year-old Hernandez to leave Honduras and head to America. Her main motivation was to financially support her parents and to make sure her younger brothers and sisters got an education.

"I have been able to accomplish both these goals," Hernandez said.

"I gave my mother money to stay in the city, and I helped my four brothers and three of my sisters go to college," Hernandez said.

Now, she said, she needs to focus on herself and her two children, both U.S. citizens born after she moved to Maryland.

Because she does not earn enough, Hernandez said they depend on federal and state programs that help supplement her income.

Her 8-year-old son Steven gets free breakfast and lunch at his school through a federally-assisted meal program.

tices. She lost a housekeeping job at a hotel when the management found out her papers were false.

"The hotel provided me with health insurance. I wish I had gotten all my tests done and gone to a dentist when I had the insurance," Hernandez said, laughing.

None of the jobs she has had since provide any health insurance. She also has no access to paid sick or family leave.

When her son Steven was born eight years ago, she made a deal to look after her cousin's kids in exchange for a place to stay and food. She made a similar arrangement a year ago, when her daughter was born.

Sitting in an unheated trailer, breastfeeding baby Britney, Hernandez remains optimistic about the future.

Her goals for the next few years are to find an apartment, earn more money and get legal residency.

"I have been paying taxes for 13 years, I don't have a bad record. I hope I can get residency so I can make a better life for my kids," Hernandez said.

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# COMMENTARY

**Barbara A. Mikulski**  
United States Senator for Maryland



## Mikulski Announces Increased Funds in FY 2015 Funding Bill For FDA To Protect Food, Drug, and Medical Device Safety

WASHINGTON — U.S. Senator Barbara A. Mikulski (D-Md.), Chairwoman of the Senate Appropriations Committee, announced the Agriculture, Rural Development, Food and Drug Administration, and Related Agencies fiscal year (FY) 2015 funding legislation that was approved this week by the full Appropriations Committee includes increased funding for the FDA to pay for food safety activities and better protect the medical supply chain.

"This is smart funding for a stronger economy and safer country," Senator Mikulski said. "In recent years, we've increased the FDA's responsibility to ensure the safety of our food supply. And in this increasingly global market, we've relied on FDA more than ever to make sure the drugs and medical devices we depend upon are safe and effective. We've also asked FDA to help protect Americans from unsafe tobacco products. With all these increased responsibilities, must come increased resources."

The bill provides \$2.588 billion for the Food and Drug Administration, which is \$36 million above fiscal year 2014. This includes increases of \$23 million to continue implementation of the Food Safety Modernization Act.

To help combat the ever-growing marketplace for counterfeit drugs, the legislation includes \$4.82 million to increase the number of

agents in the U.S. and posted abroad to conduct counterfeit drug investigations including undercover purchases, prosecute criminal actors and enhance FDA's cybercrime capabilities to target those who sell counterfeit drugs online.

The Food and Drug Administration oversees the safety of products accounting for 25 cents of every dollar spent by consumers including foods, drugs, biologics, medical devices and consumer goods. The 10,300 federal employees who work for the FDA in Maryland make sure drugs are safe and effective, ensure the safety of our food supply, and get important health and safety information to doctors, patients and consumers that can save lives and save money.

The FDA's gold standard in upholding drug, device and food safety creates private sector jobs.

"When the FDA gives food, drugs or medical devices its safety seal of approval, that means something here in the United States and it means something in Bangladesh," Senator Mikulski said. "When the FDA gives its thumbs up to a product made here in America, you can sell it in America and sell it around the world. That's smart funding."

The FDA is headquartered in Silver Spring, Maryland. About 8,200 of FDA employees live in Maryland.

**Marc Morial, President and CEO**  
National Urban League



## NBA Commissioner Slam Dunks His First Crisis

*"Effective immediately, I am banning Mr. Sterling for life from any association with the Clippers organization or the NBA...I will urge the Board of Governors to exercise its authority to force a sale of the team and will do everything in my power to ensure that that happens."*

— NBA Commissioner Adam Silver

Last week, Adam Silver, who has only been Commissioner of the National Basketball Association (NBA) for three months, made a bold leadership statement when he took swift and tough action in response to hateful and racist comments made by Los Angeles Clippers owner Donald Sterling. We applaud Silver's lifetime ban of Sterling and his unambiguous insistence on respecting the racial diversity among players and fans for which the league is known. First a quick recap.

On April 25, TMZ, the celebrity news website, aired the audio tape of a conversation between Sterling and his girlfriend. During their conversation, Sterling said in part: "It bothers me a lot that you want to broadcast that you're associating with Black people. Do you have to? ... You can sleep with them. You can bring them in, you can do whatever you want. The little I ask you is not to promote it ... and not to bring them to my games."

This sparked an instant firestorm of outrage among the general public, the NBA, the Clippers organization and team sponsors. The National Urban League called on Commissioner Silver to take an "uncompromising stand against any form of prejudice in the NBA," where more than 75% of the players are African American. We also called for Sterling's lifetime ban.

After a quick and thorough investigation, Commissioner Silver took decisive action. In a widely anticipated April 29 press conference, he announced that he was imposing a lifetime ban on Sterling, fining him the maximum \$2.5 million and setting in motion the process to force Sterling to sell his team. In announcing his decision, Silver

said, "I am personally distraught that the views expressed by Mr. Sterling came from within an institution that has historically taken such a leadership role in matters of race relations and caused current and former players, coaches, fans and partners of the NBA to question their very association with the league."

The National Urban League joined a coalition of civil rights organizations in immediately applauding Silver's actions. At a time when racial divisions are being obscured or denied in such areas as voting rights, income inequality, affirmative action and criminal justice, Silver displayed the kind of leadership on tough, uncomfortable issues that is defining and legacy-building. This was his first crisis as Commissioner, and he handled it exceptionally well. He did not run from the issue of race and racism as many might have advised him to do. Instead, he confronted the issue with compassion and common sense and opened a much-needed dialogue about a path forward for the NBA.

We are encouraged by Commissioner Silver's demonstration of courage, especially at this early juncture in his tenure. We look forward to working with him to deepen diversity and inclusion in the league, especially in the ownership ranks.

This controversy was also especially disruptive to Clippers head coach Doc Rivers and his players, who were in the midst of a first-round playoff series with the Golden State Warriors. But Rivers, too, displayed extraordinary judgment and dignity as he found the right balance between allowing his players to express their outrage while keeping them focused on winning.

Now, with the Los Angeles Clippers' victory in their seven game play-off series with the Golden State Warriors, it's on to the second round. With the Sterling controversy behind them, the players can focus all of their attention on the NBA championship — and as fans of the game, we can be even more proud of the league in which they play.

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C & D Canal Museum

Open to the Public

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C & D CANAL MUSEUM

The Chesapeake and Delaware Canal is a 14-mile-long, 450-foot-wide and 40-foot-deep ship canal that connects the Delaware River with Chesapeake Bay. The C&D Canal Museum at Chesapeake City, Maryland is housed in the original canal pump house with a waterwheel and pumping engines, operated by the U.S. Army Corps of Engineers. The museum illustrates the canal's history and operations. Current operations can be viewed through a television monitor which gives visitors up-to-the minute locations on ships as they travel through the canal. Admission is free and the museum is open Monday-Friday year round, except for government holidays.

## Child Watch

by Marion Wright Edelman



## John Lewis to Young Leaders: Get In “Necessary Trouble”

Not every speaker tells a crowd of young leaders that their job is to get into trouble. But that's part of the message iconic civil rights warrior and now Congressman John Lewis (D-GA) conveyed at this year's week-long Children's Defense Fund (CDF) Freedom Schools® National Training that began June 1st for nearly 2,000 college age Freedom School servant leaders and site coordinators. They will mentor, teach, and lead Freedom School programs for over 12,500 pre-K through 12th grade students across the country this summer in faith congregations, public schools, college campuses, juvenile detention facilities, homeless shelters, and a range of other settings where the neediest children live.

Freedom Schools seek to empower children through reading wonderful books, to engage parents, and to reweave the fabric of community support for children. John Lewis and Andrew Young spoke movingly at the opening training session celebrating the 50th anniversary of the 1964 Freedom Summer, when young White people from around the country joined local Black citizens and Student Nonviolent Coordinating Committee (SNCC) workers to open up Mississippi's closed Jim Crow society and demand the right to vote for Black citizens. Freedom Summer 1964 helped transform Mississippi and American society, but it demanded great sacrifice and courage. Three young people, James Chaney, Andrew Goodman, and Michael Schwerner, gave their lives after investigating the burning of a local Black church where a Freedom School was to be held, victims of state and White supremacist violence.

As he spoke to today's young Freedom Schools leaders John Lewis told them that when he was their age getting into "necessary trouble" shaped his life's mission. As he explained, he grew up poor in rural Troy, Alabama, where his father, a former tenant farmer, had saved enough money to buy his own land.

He worked on the farm alongside the rest of his family but was always desperate to get an education. A teacher encouraged him over and over to read all he could. Although he wasn't allowed in his segregated county library like so many of our generation, he did his best: "I tried to read everything, the few books we had at home, the magazines. We were too poor to have a subscription to the local newspaper, but my grandfather had one, and when he would finish reading his newspaper each day, I would get that newspaper and read it." He also listened to the radio to learn more about the news outside his small community, and eventually started hearing about new events that would change his life: "In 1955, 15 years old in the 10th grade, I heard of Rosa Parks. I heard of Martin Luther King, Jr. I heard his voice on an old radio, and it seemed like he was saying, 'John Lewis, you, too, can do something . . . You can make a contribution.'"

John Lewis decided then that was exactly what he would do. He started with the library: "So in 1956, 16 years old, some of my brothers and sisters and cousins, we went

down to the public library in the little town of Troy, Alabama, trying to get a library card, trying to check out some books, and we were told by the librarian that the library is for Whites only and not for coloreds." A year later, as a high school senior he decided to apply to Troy State College (now Troy University), a White college close to his home—but his application was ignored and unanswered. John Lewis was stopped temporarily—but he was not finished. Without telling his parents or anyone else what he was doing he wrote a letter to Dr. King asking for his help, and Dr. King responded by sending the teenager a round-trip Greyhound bus ticket and inviting him to come to Montgomery to meet with him. By that time John Lewis had enrolled in his first year at American Baptist Theological Seminary (now American Baptist College) in Nashville, Tennessee. Over his spring break the 18-year-old decided to take Dr. King up on his offer: "So in March of 1958, I boarded a Greyhound bus

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## The Prince George's Post

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# BUSINESS

## The American Counseling Association's Counseling Corner

### Does Getting Older Have To Mean Memory Loss?

Improvements in health care and lifestyles mean more of us are living longer than ever before. But with that bonus of extra years also comes worries for many of us about the natural reductions in our abilities that occur as we age.

Most of us can accept that our physical strengths decline with age, even beginning at a fairly young age (yes, you're only forty-one, but your teenage son will probably outrun you). What remains a source of stress is that our mental capabilities will also diminish as we get older.

The most immediate sign of the apparent "decline" is when we find we can't remember things. Whether we're thirty-five or sixty-five when we begin to notice lessened memory power, it's often stressful and possibly frightening.

The reality, of course, is that we all forget things, regardless of our age. As a teenager there were homework assignments or promises to parents that slipped your mind just as easily as the name of that colleague you saw at lunch yesterday. The difference is that back then you thought it no big deal, while now you're sure it's a sign that old age has you in its grips.

Experts say that for most people the decline in memory is actually very gradual and usually isn't obvious until age 70 or later. And simple memory loss is not necessarily a sign of dementia. While dementia does cause memory loss, it also includes declines in cognitive and intellectual functions such as comprehension, judgment, learning capacity and reasoning.

So while having some trouble remembering doesn't mean you're slipping into senility, if you're finding it increasingly troublesome, consider ways to improve memory.

Good starting points are eating a healthy diet, staying physically active and getting plenty of rest. All can help combat memory loss while helping you feel and function better overall.

Mental health experts also advise that memory can be improved and preserved through training and practicing memory skills. There are numerous books, computer programs, and online sites with exercises to improve memory. Learning a new skill, like cooking or chess, is another way to challenge and strengthen your mind.

But, if memory issues are truly bothering you, consider consulting your physician or a professional counselor. A counselor specializing in aging can offer diagnostic tests, as well as techniques, strategies and advice to make memory loss less of an issue in your life.

*Counseling Corner* is provided by the American Counseling Association. Comments and questions to ACA-corner@counseling.org or visit the ACA website at www.counseling.org

### Prince George's Public School Retiree Association Wins Two Local awards



Lorraine W. Johnson, Center, President of Prince George's Public School Retirees Association, accepts a Membership Award for her local Association, which also won the Outstanding Local Association Award. Congratulating her are President Stu Tucker, left, and Tom Hickman, right, Chair of the Membership Committee.

PGPSRA received one of the membership awards for a local over 1,000 members for its plus 1.16 percent growth this past year.

The local also received the Outstanding Local Award for their group projects, which include; Food Share Baskets, Coats and Uniforms, School Supplies, Student Shoe Drive, and Senior High School Graduation Packages. Food Share Baskets are purchased from the Share Food Warehouse or a host site. The graduation project provides four students financial assistance with their prom and graduation fees.

## USDA Announces Funding for Advanced Communications Technology in Rural Areas

By PRESS OFFICER  
US Department of Agriculture

WASHINGTON, May 22, 2014 — Agriculture Secretary Tom Vilsack today announced that USDA is accepting applications for grants to enhance telecommunications and broadcast services in rural areas.

"This funding will help small, rural communities across the country gain access to communications technologies to improve health, education and other services," Vilsack said. "It will help open doors to the global marketplace. It will deliver specialized medical care and educational services. It will ensure that public television stations can fully convert to digital signals and transmit public safety, health, educational and cultural programming in isolated areas."

The funding is available from the Community Connect Grant Program, the Distance Learning and Telemedicine Program, and the Public Television Station Digital Transition Grant Program.

Through the Community Connect Grant Program, USDA plans to provide up to \$13 million to fund broadband in un-

served areas to support economic growth and deliver enhanced educational, health care and public safety services. Awardees must serve an area where broadband does not exist, provide a community center with broadband access, and offer broadband service to all residential and business customers. Details are on page 29405 of today's Federal Register.

USDA has had many successes through this program. Since it was created in 2003, USDA has approved more than \$142 million in more than 240 Community Connect projects to bring broadband service to rural communities that lacked it.

For example, Rural Development awarded @Link Services, LLC a \$544,164 Community Connect Grant to provide broadband services to Lima, Okla. Many institutions there have benefited, including the new volunteer fire department, the K-12 school, and the new community center.

Also in a notice in today's Federal Register, USDA is making available up to \$19.3 million in Distance Learning and Telemedicine (DLT) program grants to fund access to rural education, training and health care

resources. The DLT program finances telecommunications-enabled equipment and advanced technologies for people who live and work in rural areas. Since 2009, USDA has invested almost \$150 million in the program. These investments complement other USDA efforts to improve rural communications.

Details of Distance Learning funding being made available today are on page 29399 of the Federal Register.

In the Public Television Station Digital Transition Grant Program, USDA will provide up to \$2 million as part of the Department's continued support of rural telecommunications and broadcast services. Funds can be used to acquire, lease or install equipment or software to complete the transition to digital broadcast signals.

While rural stations broadcast their main transmitter signal digitally, many also have translators serving small communities or isolated areas, and these still need to transition from analog to digital. Some rural areas also need fill-in translators, in cases when the signal reception from a main transmitter is lost. These Public Television grants will support those stations to en-

sure all rural households and businesses receive public television station transmissions. Details are on page 29409 of the Federal Register.

USDA will offer special consideration to Community Connect and Distance Learning and Telemedicine applications that contain at least one end-user site within a trust area or a Tribal jurisdictional area.

President Obama's plan for rural America has brought about historic investment and resulted in stronger rural communities. Under the President's leadership, these investments in housing, community facilities, businesses and infrastructure have empowered rural America to continue leading the way — strengthening America's economy, small towns and rural communities.

USDA's investments in rural communities support the rural way of life that stands as the backbone of our American values. President Obama and Agriculture Secretary Vilsack are committed to a smarter use of Federal resources to foster sustainable economic prosperity and ensure the government is a strong partner for businesses, entrepreneurs and working families in rural communities.

of which remain today.

Since then, pinball has re-surfaced into the shadows. But it hasn't died out.

Pinball enthusiasts with private collections of machines in their basements helped the game stay afloat. And the game is now enjoying a public renaissance.

"Five years ago, I don't know if there were any pinball tournaments in the area [between D.C. and Baltimore]," says Jake Peterson, organizer of The Windup Space's event. Now, the Washington, D.C., area has become a hotspot for pinball, with various established leagues and tournaments every few months.

Said won the Maryland State Pinball Championship in February. In March, he won the Pittsburgh B Championship. He is currently ranked 98th in the world by IFPA, the highest ranking pinballer living in Maryland.

Today, Joe Said lives with his girlfriend Cristin Gasson in Frederick. He spends most of his time playing pinball, organizing tournaments and buying machines.

In the first 30 seconds that a machine is posted for sale online, a computer program informs him of its availability, Gasson said, allowing him to quickly call the seller.

Their basement space is occupied by their collection of 17 machines. They have no plans to stop buying new ones.

Josh Sharpe calls Joe Said the most passionate pinball enthusiast he's ever met.

"Everyone knows him, and everyone knows how he isn't in the same place for too long. But wherever he goes, a new tournament is created not long after," Sharpe said. "The most impressive thing about it is that once he leaves -- and he keeps leaving -- those tournaments not only continue, but increase in popularity."

Joe Said is also starting a non-profit using pinball to reach out to children with disabilities, called the Center for Pinball Education.

Said travels almost an hour once a week to play in a league in College Park and plays in tournaments almost every weekend. Why?

"I don't do it for the thrill of winning. Sure, winning's great, but it's about the people, the experience," he says.

### Pinball from A1

"When I'm playing, I concentrate on myself, my strategy," says Said (pronounced CY-eed). "I'm not concerned about my opponents, their scores, how good they are."

Pinball players gather for tournaments at Maryland bars like The Windup Space, on North Charles Street in Baltimore. CNS video by Alanna Delfino.

Before video games emerged in the 70s and 80s -- in arcades, and in homes -- pinball was the time-waster of choice for many young men and women. But it couldn't compete with Nintendo, Xbox and PlayStation.

So it went underground, kept alive by a subculture of rebels like Said who love obsessing over an analog game in a digital world.

"It's nostalgic," says Said, who, at 36, is the top-ranked pinballer living in Maryland, according to the International Flipper Pinball Association standings. "People from my generation remember playing with their dads and as kids, and now they can play again with their kids."

As a child, Said had a fascination with games, says his father, Paul Said.

He would play chess for as long as someone would agree to play with him. He wouldn't listen to people who told him something was impossible; he had to figure it out on his own, says Dug Miller, a high school friend.

"Telling Joe something wasn't possible is completely pointless," Miller says.

At 15, Joe Said was accepted into a boarding school, the Indiana Academy, a public, two-year high school with 300 juniors and seniors talented in mathematics and science located on the campus of Ball State University.

"I remember one day Joe came to me and said that we were scheduled to meet with an advisor from Purdue University, which I thought was odd, as he'd only just finished his junior year of high school," Paul Said says.

Much to his surprise, Joe Said had applied to the university and was accepted, without finishing high school and without ever mentioning his intention to the family.

It was at Purdue that Joe Said discovered his first small-scale pinball subculture, says Paul

Wolfson, one of his oldest friends. On the bottom floor of the student union building on campus, there were a couple of pinball machines.

Joe Said and his friends would play casually, escaping from school work, real work and other sorts of drama that college kids cannot stay away from.

At Purdue, Joe became an entrepreneur. He dropped out in 1999 before getting his degree, co-founding a company to provide products and services for the blind.

Joe Said, 36, of Frederick, Md., plays in a tournament at The Windup Space in Baltimore. Capital News Service photo by Drew Rauso.

### Start of Something New

"Real intelligence is not from school, at least for me it never was," Joe Said says. "Awareness, about the world, about everything, that's a lot more similar to intelligence than most people know."

He continued working with the blind services company until he was bought out in 2009. He moved to California in 2008, where he immersed himself in the tech startup culture. But he eventually soured on the state and wanted to come back east.

Wolfson, who was living in Brooklyn, invited him to come see New York City in 2009. "I knew he had always liked playing pinball," Wolfson says. "I also knew that by the end of his time in [California], he wasn't very happy, so I lured him to Brooklyn, talking about this new pinball lounge and how cool it was and he should come check it out."

Satellite Lounge, a now-defunct pinball bar in Williamsburg, became the hangout spot of choice.

"I remember thinking that I used pinball just as a way to get him out of [California] and that it would be just another one of his phases," Wolfson said.

Joe Said has had a lot of phases, which tend to fizzle out after a period of obsession. For a time, he took a photograph of himself every day. He was obsessed with cooking for a while. And he said that he has been involved with dozens of startup companies.

But for some reason, pinball didn't turn into just another

quick-hit obsession. Pinball became a staple in Joe Said's life.

"While Joe has always had an important relationship with gaming and his love for challenges, I think pinball takes it to the next level," says Deva North, a friend from Purdue. "There is something visceral in playing a game not based on CGI crap, and for someone that wants to know how things work fundamentally from the core like Joe, pinball is a perfect outlet."

And so the game came to represent stability, in a place where such a thing was almost impossible to find. "New York was insane, man," Wolfson says. "It's chaos there...I think being able to play pinball relaxed him, brought him back to college days and more peaceful times. It was like a nostalgic time machine."

Joe Said's love of the game grew while in New York. But in 2011, he decided that "the hipsters [had] invaded Williamsburg and ruined it," and he left the city and the country.

Said went to Guatemala for three months, and later travelled around Europe and the Middle East among other places before settling in the Washington, D.C., area in 2012, entering various tournaments and playing in local leagues.

Justin Day plays one of the machines, entitled "Star Trek," at The Windup Space in Baltimore. Capital News Service photo by Drew Rauso.

### Return of a Banned Game

For much of the 20th century, pinball was banned in the majority of American cities because it was thought to be a form of gambling.

In New York City, the ban was overturned in 1976 after Roger Sharpe, the co-founder of the International Flipper Pinball Association, convinced city lawmakers that the game was based on skill, not chance, according to his son, Josh Sharpe, now the president of the IFPA.

Sharpe did so by demonstrating that he could hit a specific section of the board at will. After New York lifted its ban, other cities followed, and pinball experienced a surge in popularity throughout the late 1970s, 1980s and early 1990s, Josh Sharpe said.

Joe Said is also starting a non-profit using pinball to reach out to children with disabilities, called the Center for Pinball Education.

Said travels almost an hour once a week to play in a league in College Park and plays in tournaments almost every weekend. Why?

"I don't do it for the thrill of winning. Sure, winning's great, but it's about the people, the experience," he says.

# OUT ON THE TOWN

ERIC D. SNIDER'S  
IN THE DARK

## Movie Review

### "A Million Ways to Die in the West"

*A Million Ways to Die in the West*  
Grade: C  
Rated R. pervasive harsh profanity, a lot of vulgar humor and sexual dialogue, graphic violence (played for laughs)  
1 hr., 57 min

"Family Guy" mastermind Seth MacFarlane's first movie, *Ted*, a huge commercial hit in 2012, was mostly on-target but showed signs of undisciplined, "Family Guy"-esque self-indulgence. MacFarlane's followup, *A Million Ways to Die in the West* — which he again directed and co-wrote with "FG" collaborators Alec Sulkin and Wellesley Wild — unfortunately follows this pattern even further. It has a handful of laughs, about as many as a typical episode of *Family Guy*. But where five or six chuckles in 22 minutes isn't a bad average, five or six chuckles spread out over 117 minutes is dismal. The bleak stretches between funny parts only serve to underscore how astonishing it is that a lightweight farce is almost two hours long in the first place.

MacFarlane, in his first major role as a human man, plays Albert Stark, a cowardly sheep farmer in the Old West whose daily mission is to provide anachronistic commentary on the deplorable conditions of frontier living. In Arizona in the 1880s, death can come at any moment from violence, disease, an Indian attack, a minor injury, or even a trip to the doctor. Albert is the only one who seems to be bothered by how perilous the times are, and he riffs on it constantly to whoever's within earshot, including his friend Edward (Giovanni Ribisi), Edward's actual-literally-whore girlfriend, Ruth (Sarah Silverman), and Albert's own romantic interest, Louise (Amanda Seyfried). He's like a congenial stand-up comic who's always "on."



ROTTENTOMATOES

**After Albert, a cowardly sheep farmer backs out of a gunfight, his fickle girlfriend leaves him for another man. When a mysterious and beautiful woman rides into town, she helps him find his courage and they begin to fall in love. But when her husband, a notorious outlaw, arrives seeking revenge, the farmer must put his newfound courage to the test.**

When he chickens out of a gunfight for what we gather is not the first time, Albert loses Louise, who dumps him for Foy (Neil Patrick Harris), a manly fellow who runs the town's moustachery. (Mustaches, or moustaches as they were spelled in olden tynes, are a big deal.) Albert reckons the only way to win Louise back is to win a gunfight, and here to help him practice is his new pal Anna (Charlize Theron), a beautiful, enigmatic sharpshooter who's lying low while she waits for her outlaw husband (Liam Neeson) and their gang to rejoin her. Anna thinks the way Albert does, and their friendship will surely blossom.

The writers' strategy was apparently to have each character express every thought in the crudest, bluntest way possible, with 21st-century profanity and slang. But once the shock value wears off — you know, after about three lines — the incon-

gruity of Old West people swearing like sailors loses its humor. (To paraphrase *The Incredibles*, when everything is filthy, nothing is filthy.) Most of the gags that do work, like describing Ruth's prostitute activities in frank, businesslike terms, are subsequently beaten into the ground through repetition. Even the musical number (of course there's a musical number) is uncharacteristically flat by MacFarlane's usual standards.

Yet in other areas, the film is under-written and sloppy. The main character is poorly defined, somehow an abrasive loudmouth and a timid pansy all at once. MacFarlane, for all his skills as a voice actor, doesn't have the physical presence or charisma to carry off a well-written character, let alone this one. His nemesis, the mustache man, is said to be a terrible jerk, but as far as we know the only "bad" thing he's ever done is date Albert's ex-girlfriend. Liam Neeson's

murderous outlaw character isn't given anything funny to do. Ruth and Edward disappear for half the movie. A few of the celebrity cameos are amusing, but a few more are random and pointless (random and pointless? From the writers of "Family Guy"?!) except as a means of drawing attention to themselves. The formulaic story moves slowly and is dragged out to the point of feeling interminable.

Neil Patrick Harris does his cocky-charming NPH thing to good effect, and Charlize Theron is winning as Albert's eventual soulmate. And like I said, there are bits here and there that absolutely work; there just aren't enough of them. Tighter writing, a more focused director, a better leading man, and 40 percent fewer poop- and semen-related jokes would have improved the film considerably, although that's probably true of most films, not just this one.

are suspected of sustaining concussions. It can help to diagnose a concussion and determine when an athlete safely can return to play. Howard County started imPACT testing in 2007, Davis said.

Andrew McIntyre, assistant football coach at Reservoir High School in Howard County, said he thinks current rules and regulations are doing a good job of curbing concussions.

He said awareness needs to start from the top down; high-impact hits delivered by NFL players shouldn't be celebrated on highlight reels.

McIntyre said if the pros start using safer tackling techniques, those will trickle down to lower levels of football, all the way to Pee Wee football. "Little kids need to learn proper tackling," he said.

McIntyre said critics of teaching safer techniques think that will "take the football out of football." But, he said, "You can still have football without the helmet-to-

helmet hits and kill shots ... that cause more damage than we know."

McIntyre is also the head coach for Reservoir's wrestling team. In Howard County, wrestling accounted for 13 percent of concussions during the six years.

McIntyre said concussions in wrestling are "inevitable," unfortunately. "You can't have equipment [like in football or lacrosse]; it makes the sport dangerous," he said.

McIntyre said as in football, teaching correct techniques is important to keeping wrestlers safe. "Proper grappling, grabbing and holds," he said.

As for some of the other high-concussion sports: Davis said cheerleading, which accounted for 8 percent of concussions in the county for the six-year period, is evaluated periodically to see what stunts are allowed and how high pyramids can be. He said limitations on heights and stunts are the key to preventing concussions in that sport.

#### Concussion from A1

2011-'12 season to the 2012-'13 season, the data showed.

Wrestling accounted for the next highest percentage of concussions, at 13 percent of the reported total for the six years. It was followed by boys' lacrosse (at 10 percent for the six years); girls' soccer and cheerleading (each at 8 percent); and girls' lacrosse (at 7 percent).

Davis said various factors may have played into last year's overall decrease in concussions — including limits placed in fall 2012 on full contact practices in football.

He said allowing only two days of full contact practices a week in football, as well as limiting fully padded practices to a few times a week, are some measures the county put in place to try to reduce concussions.

However, Davis said he and athletic staff are unsure if the overall drop in concussions is a trend or an outlier.

"We're still waiting to see if that [drop in concussions] was

an aberration," he said. The data showed some other interesting trends.

--Concussions made up about 5 percent of the injuries reported in the county public schools between 2007-08 and 2012-13, with 1,134 reported during the six-year period.

--Sprains and strains were the most common injuries reported for the six-year period, with 8,860 reported, or 37 percent of the total.

The data also showed that reported concussions rose nearly every year before 2012-'13. [The 2009-'10 year was the exception, when they dropped by 3.] Davis said the early increase in concussion reports likely came from more concussion knowledge.

"I think it's the awareness," he said. "It went way up after we started imPACT testing."

The Immediate Post-Concussion Assessment and Cognitive Test is a baseline test administered to athletes in preseason and then again after athletes

are suspected of sustaining concussions. It can help to diagnose a concussion and determine when an athlete safely can return to play. Howard County started imPACT testing in 2007, Davis said.

Andrew McIntyre, assistant football coach at Reservoir High School in Howard County, said he thinks current rules and regulations are doing a good job of curbing concussions.

He said awareness needs to start from the top down; high-impact hits delivered by NFL players shouldn't be celebrated on highlight reels.

McIntyre said critics of teaching safer techniques think that will "take the football out of football." But, he said, "You can still have football without the helmet-to-

helmet hits and kill shots ... that cause more damage than we know."

McIntyre is also the head coach for Reservoir's wrestling team. In Howard County, wrestling accounted for 13 percent of concussions during the six years.

McIntyre said concussions in wrestling are "inevitable," unfortunately. "You can't have equipment [like in football or lacrosse]; it makes the sport dangerous," he said.

McIntyre said as in football, teaching correct techniques is important to keeping wrestlers safe. "Proper grappling, grabbing and holds," he said.

As for some of the other high-concussion sports: Davis said cheerleading, which accounted for 8 percent of concussions in the county for the six-year period, is evaluated periodically to see what stunts are allowed and how high pyramids can be. He said limitations on heights and stunts are the key to preventing concussions in that sport.

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Day

June 20, 2014

## The Edge of Sports

by DAVE ZIRIN

### Donald Sterling and Anderson Cooper: Meet the Wolf of Crenshaw

After months of resistance, I finally saw the Martin Scorsese and Leonardo DiCaprio film *The Wolf of Wall Street*



and it was everything I feared it would be: a steaming pile of shit that could double as the recruitment video for sociopathic dude-bros eager to enter the dwarf-throwing, woman-shaving, parasitic world of high finance.

Part of making leading character Jordan Belfort vile but also enticing was to ensure that he and his "Merry Men" weren't presented as open racists. I highly doubt that in the real world, these people were proudly sexist, bigoted and cruel but drew the line at racial slurs. I think it's far more likely they wallowed in whatever piggery their bank accounts and attendant arrogance allowed.

The film also made me think a great deal of a different kind of wolf. Maybe not the *Wolf of Wall Street*, but the *Wolf of Crenshaw*: Donnie Tokowitz aka Donald Sterling. Both made fortunes by decimating the lives of ordinary people because their fortunes acted as societal sanction for their activities. If they were getting rich, then it must be all right.

The difference between Belfort and Sterling is that one wolf made his money looking at numbers flit across a screen and cold-calling anonymous voices. While the other wolf—Donald Sterling—drove around his projects, looked his tenants in the eye and, close enough to smell their breath, treated them like they were less than human because of the color of their skin. Yet Sterling's great sin, as we are seeing, is that he couldn't contain the outlet for his bigotry to the poor. When Donald Sterling left the projects and made his way to the Staples Center, he would also look at his millionaire players, alternately ogle their bodies or curse them and treat them like they were less than human because of the color of their skin.

Fellow NBA owners, no matter how many people their businesses harm—and new Clippers CEO Richard Parsons has certainly harmed his share—are supposed to leave those hatreds at work and discard them at the locker room door. You are supposed to love your star players and point out that Colin Powell/Condoleezza Rice/Magic Johnson deserve color-blind admiration. (As for how the wealthy see President Obama, that is a more complicated discussion.)

It is here we see Donald Sterling's cardinal error as a racist. It is not the people harmed on Crenshaw or in East LA. It is the fact that he is, as my colleague Mychal Denzel Smith described, "an impolite racist." Burying the poor is just business. Hell, Mayor Kevin Johnson—that voice for Sterling justice—has slums. But if you insult Magic Johnson, wealthy white people act like this is their "I am Spartacus" moment.

For those who may have missed it—and it is difficult to wonder how anyone has—Sterling was interviewed by Anderson Cooper and delivered a master class in anti-public relations. People have described this interview as a profile in dementia, but there was nothing, to my eye, off-kilter about Donald Sterling. He was exactly who he has always been: blunt, nasty and animated by his hatreds. Most pointedly, Sterling went after the person he sees as the reason for his troubles, Magic Johnson.

Among many other things, Sterling said of Magic Johnson, "He's got AIDS. Did he do any business? Did he help anybody in South LA?... What kind of a guy goes to every city and has sex with every girl and he catches HIV. Is that somebody we want to respect and tell our kids about? I think he should be ashamed of himself."

There was certainly more, but once again, it was specifically the attack on Magic that immediately brought NBA Commissioner Adam Silver to the barricades. Silver said:

"I just read a transcript of Donald Sterling's interview with Anderson Cooper and while Magic Johnson doesn't need me to, I feel compelled on behalf of the NBA family to apologize to him that he continues to be dragged into this situation and be degraded by such a malicious and personal attack. The NBA Board of Governors is continuing with its process to remove Mr. Sterling as expeditiously as possible."

And yet, the question still lingers every time Adam Silver issues another apology to Magic Johnson. It lingers as owners find the highest of possible high horses to condemn Sterling's latest embarrassment. It lingers when former Commissioner David Stern—assumedly from retirement in Colonel Kurtz's old compound—praises Silver's actions: Why was Donald Sterling coddled for so long? Why were all of his words and deeds—deep in racism, rich with misogyny—ignored by the NBA? Kevin Johnson demanded answers to that last week, and then quickly forgot that he even asked the question. The answer, unfortunately, can be found in *The Wolf of Wall Street*, when Jordan Belfort says, "There's no nobility in poverty. I've been a poor man, and I've been a rich man. And I choose rich every fucking time." As long as the objects of Sterling's pathologies were the poor, his fellow owners didn't blink. But mess with Magic, you are now messing with someone in the club. Selective morality: without it, the money just doesn't get made and the world doesn't spin. But rarely do we see it open and naked to the world, on such a grand stage as we are with the NBA vs Donald Sterling.

## Calendar of Events

June 19 — June 25, 2014

### Senior Shop Til You Drop!

Date and Time: Thursday, June 19, 2014 7 am-6 pm  
 Description: Get ready to have a fun shopping excursion to Rehoboth Beach! Travel with us for tax-free shopping in more than 130 brand-name outlet stores. Register soon, space is limited!  
 Cost: Free  
 Ages: Senior ID Card Holders only  
 Location: Tucker Road Community Center  
 1771 Tucker Road, Fort Washington 20744  
 Contact: 301-248-4404; TTY 301-203-6030

### G.E.A.R: Dance Revolution Competition for Ladies

Date and Time: Friday, June 20, 2014 7-8:30 pm  
 Description: School's out, so get ready to dance! Ladies, bring your best dance steps to this competition. Whether it's hip hop or modern, show us what you've got! Light refreshments will be provided.

Cost: Free with M-NCPCC Youth ID  
 Ages: 10-17  
 Location: College Park Community Center  
 5051 Pierce Avenue, College Park 20740  
 Contact: 301-441-2647; TTY: 301-445-4512

### Paddle Sport Tour

Date and Time: Saturday, June 21, 2014 10 am-2 pm  
 Description: Join a naturalist for a paddling excursion! You'll kayak or canoe to Kenilworth Gardens with a group. Please note: Children 16 & under must be accompanied by an adult.  
 Cost: Residents \$10; Non-residents \$12  
 Ages: 11 & up  
 Location: Bladensburg Waterfront Park  
 4601 Annapolis Road, Bladensburg 20710  
 Contact: 301-779-0371; TTY 301-699-2544

### Your Health and Wellness Destination! Kickoff Event!

Date and Time: Saturday, June 21, 2014 9 am-12 noon  
 Description: Everyone is invited to visit the Tucker Road Health and Wellness Zone! Engage in activities and events that emphasize healthy living such as biking, gardening, zumba, yoga, and a scavenger hunt.  
 Free health screenings will be available courtesy of Fort Washington Medical Center. This event will take place rain or shine.  
 Cost: Free  
 Ages: All ages welcome  
 Location: Tucker Road Athletic Complex  
 1770 Tucker Road, Fort Washington 20744  
 Contact: 301-203-6000; TTY 301-203-6030

### Rocket Making Workshop

Date and Time: Saturday, June 21, 2014 at 1 pm  
 Description: Do you ever wonder why fireworks soar the way they do? Come learn all about rockets by making one of your own! And, at the end of class you'll launch your very own water bottle rockets outside.  
 The workshop fee covers museum admission and the price of one kit. Please call in advance to register.  
 Cost: \$7/participant  
 Ages: 10 & up  
 Location: College Park Aviation Museum  
 1985 Corporal Frank Scott Drive, College Park 20740  
 Contact: 301-864-6029; TTY 301-699-2255

### Global Beat: Farafina Kan

Date and Time: Saturday, June 21, 2014 8 pm  
 Description: Join us for traditional African percussion and dance with Farafina Kan! The stage will be filled with the hypnotic sounds of song, drumming and dancing.  
 Cost: \$20/person  
 Ages: All ages welcome  
 Location: Publick Playhouse  
 5455 Landover Road, Cheverly 20784  
 Contact: 301-277-1710; TTY 301-277-0312

### Arts on the Waterfront

Date and Time: Sunday, June 22, 2014 6-7:30 pm  
 Description: Join us at the Waterfront with a great day of arts on the waterfront! There will be plenty of music and entertainment from jazz to rock—even a puppet show. Refreshments will be available for sale.  
 Cost: FREE  
 Ages: All ages welcome  
 Location: Bladensburg Waterfront Park  
 4601 Annapolis Road, Bladensburg 20710  
 Contact: 301-779-0371; TTY 301-699-2544

### Xtreme Teens (Safe Summer): Rita's Italian Ice

Date and Time: Monday, June 23, 2014 9-11 pm  
 Description: Summer is meant for relaxing and chilling. So, why not enjoy the best summer cool down--free Rita's Italian Ice!  
 Cost: Free  
 Ages: 13-17  
 Location: Seat Pleasant Activity Center  
 5720 Addison Road Seat Pleasant 20743  
 Contact: 301 773-6685; TTY 301-218-6768

### Step Afrika!

Date and Time: Wednesday, June 25, 2014 10:30 am  
 Description: Step Afrika! presents the highly percussive rhythms of stepping and its unique roots in the traditions of African-American fraternities and sororities! This energetic ensemble of college graduates introduces the principle concepts of teamwork, discipline and commitment, combining chant, songs, and footsteps. Step Afrika! artists incorporate African traditions demonstrated through a lively South African gumboot dance, into this spirited American art form.  
 Cost: \$5/person  
 Ages: All ages welcome  
 Location: Harmony Hall Regional Arts Center  
 10701 Livingston Rd Ft. Washington, 20744  
 Contact: 301-203-6070; TTY 301-203-3803

## EARTH TALK ... Feeding the World by Better Managing Ocean Resources

Dear EarthTalk:

How is it that our more effectively managing ocean resources could help us better feed the world?

— Missy Jenkins,  
Boone, IA

Hunger is a growing problem around the world, in both developing and developed countries. As our population continues to rise, the amount of arable land per capita is declining and climate change is either drying out or flooding many formerly productive agricultural belts, making it more and more difficult to keep up with the growing demand for food. The United Nations Food and Agriculture Organization (FAO) reports that we must produce 70 percent more food globally if we are to feed the world's increasing numbers of hungry people in the coming decades.

While more efficient agricultural practices can help, conservationists are increasingly looking to the ocean as a potential way out of our hunger woes. According to Oceana, a leading non-profit dedicated to protecting the world's oceans and marine biodiversity, wild seafood "requires no fresh water, produces little carbon dioxide, doesn't use up any arable land and provides healthy, lean protein at a cost per pound lower than beef, chicken, lamb and pork, making it accessible to the world's poor."

But like other natural resources, fish stocks have also been in decline in recent years



CREDIT: NICK RAHAIM, COURTESY FLICKR

**While it seems counterintuitive, by imposing limits on what we catch today we will actually be able to increase the amount of fish that we catch tomorrow.**

as a result of decades of overfishing. "The global fish catch peaked in the late 1980s and has been declining ever since," reports Oceana. Indeed, data show the amount of fish caught around the world has fallen by some 18 percent over the last three decades. "If current trends continue, we'll only have enough wild seafood to feed half the world's population in 2050," says the group.

But that downward trend could be reversed by overhauling fisheries management, protecting fish spawning and breeding habitat and reducing by-catch (the incidental catch of species not targeted by fishermen). In areas where fisheries managers have been able to set

catch limits based on fish biology instead of industry interests, seafood populations have started to bounce back. Likewise, fish

stocks have recovered significantly in the water column in and around Marine Protected Areas (MPAs) and other critical "no-fish" zones.

"These are steps that have been proven to restore stocks of fish wherever they have been implemented," adds Oceana. "While it's counterintuitive, by imposing limits to what we catch today we will actually be able to increase the amount of fish that we catch tomorrow." The group cites research showing that "sensible management" could increase fish yields up to 40 percent and increase the biomass in the oceans by almost 60 percent. "If managed wisely, our fisheries could provide the world with 700 million nutritious meals every day."

Through its "Save the Oceans, Feed the World Campaign," Oceana is focusing its ef-

orts on convincing national governments in countries that dominate the world's fish catch to manage their own fisheries better. The fact that each coastal country is in control of an "exclusive economic zone" extending 200 nautical miles from shore and that these shallow near-shore waters contain the vast majority of marine life means that convincing a few key governments to reign in overfishing can make a world of difference.

CONTACT: Oceana, [www.oceana.org](http://www.oceana.org)

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ciently as possible and which promotes a greater reliance on lower-carbon power sources.

Today's announcement marks the beginning of the second phase of the agency's outreach efforts. EPA will accept comment on the proposal for 120 days after publication in the Federal Register and will hold four public hearings on the proposed Clean Power Plan during the week of July 28 in the following cities: Denver, Atlanta, Washington, DC and Pittsburgh. Based on this input, EPA will finalize standards next June following the schedule laid out in the June 2013 Presidential Memorandum.

In 2009, EPA determined that greenhouse gas pollution threatens Americans' health and welfare by leading to long lasting changes in our climate that can have a range of negative effects on human health and the environment. Taking steady, responsible steps to cut carbon pollution from existing power plants will protect children's health and will move our nation toward a cleaner, more stable environment for future generations, while supplying the reliable, affordable power needed for economic growth.

As a working mother, Hillman recognized that she couldn't have kept doing what she was doing without the help of another woman who would play an important role in her life – her housekeeper, Gladys Moore.

"I couldn't have raised my kids without her and she tells me she couldn't have raised her kids without me," Hillman said.

She said it was less expensive than what everybody pays for childcare today. "It was a different time," Hillman said.

She sympathizes with today's working mothers who struggle to find affordable childcare. Today, after 50 years in the workforce, Hillman's advice to working women is that they don't have to behave like men to succeed.

"Women bring very special sensitivities and ways of thinking to management and problem solving. I think that those things are very important for the workplace," Hillman recalled.

### Pollution from A1

power plants can emit, there are currently no national limits on carbon pollution levels.

With the Clean Power Plan, EPA is proposing guidelines that build on trends already underway in states and the power sector to cut carbon pollution from existing power plants, making them more efficient and less polluting. This proposal follows through on the common-sense steps laid out in President Obama's Climate Action Plan and the June 2013 Presidential Memorandum.

By 2030, the steady and responsible steps EPA is taking will:

- Cut carbon emission from the power sector by 30 percent nationwide below 2005 levels, which is equal to the emissions from powering more than half the homes in the United States for one year;

- Cut particle pollution, nitrogen oxides, and sulfur dioxide by more than 25 percent as a co-benefit;

- Avoid up to 6,600 premature deaths, up to 150,000 asthma attacks in children, and up to 490,000 missed work or school days—providing up to \$93 bil-

lion in climate and public health benefits; and

- Shrink electricity bills roughly 8 percent by increasing energy efficiency and reducing demand in the electricity system.

The Clean Power Plan will be implemented through a state-federal partnership under which states identify a path forward using either current or new electricity production and pollution control policies to meet the goals of the proposed program. The proposal provides guidelines for states to develop plans to meet state-specific goals to reduce carbon pollution and gives them the flexibility to design a program that makes the most sense for their unique situation. States can choose the right mix of generation using diverse fuels, energy efficiency and demand-side management to meet the goals and their own needs. It allows them to work alone to develop individual plans or to work together with other states to develop multi-state plans.

Also included in today's proposal is a flexible timeline for states to follow for submitting plans to the agency—with plans due in June 2016, with the op-

"These women encouraged me and made me much more self-aware. They helped me equip myself to understand the direction I should take professionally," Hillman said.

In spite of her parents' overwhelming support and strong female role models, when she looks back on her life, Hillman said she still made career choices based on her gender.

She decided not to go to law school, which had been her initial plan, because so few women were in law school at the time.

She had also thought about being a chemist, but changed her mind after seeing what she thought was prejudicial behavior against women in the lab she worked at for two summers while in college.

"I worked under two women at different times. Both had Ph.D.'s, and both were extraordinarily talented. They never received the recognition in those labs that they should have," Hillman said.

In 1964 Hillman got married and two years later she and her husband moved from New York to Washington.

Apart from the obstacles she faced being a woman, Hillman encountered another unexpected hurdle when she started looking for work in the district.

"There were jobs I didn't get because I was Jewish. I was shocked by it because I had never been confronted with anti-Semitism in my entire life, until then," Hillman said.

She did get with a job in the Johnson administration where she worked for two years, before moving permanently to Baltimore.

In Baltimore, Hillman became the executive director of the Baltimore Office of Promotion and Tourism, working for then Mayor Schaefer's office, which she said was the best job in America.

"The mayor was somebody who was a great supporter of women. He was an extraordinary leader and a great mentor for all of us," Hillman recalled.