

The Prince George's Post



A COMMUNITY NEWSPAPER FOR PRINCE GEORGE'S COUNTY *SINCE 1932*

Vol. 94, No. 1 January 1 — January 7, 2026 Prince George's County, Maryland Newspaper of Record Phone: 301-627-0900 25 cents

New Year, New You! M-NCPPC, Department of Parks and Recreation Announces New Year Health and Wellness Programs

By PRESS OFFICER
M-NCPPC

RIVERDALE, Md. (Dec. 22, 2025)—Start the New Year strong with free fitness classes, interactive cooking workshops, and live cooking demonstrations from M-NCPPC, Department of Parks and Recreation, Prince George's County. Join the Department for a series of health and wellness events designed to help the community kick off their goals and embrace a healthier lifestyle.

Upcoming events and programs include:

Total Body Sculpt | FREE

Saturdays, January 3–31, 10–11 a.m.
Lake Arbor Community Center
10100 Lake Arbor Way, Bowie, MD 20721
Kickstart your year with a Total Body Sculpt! Join the Department for an invigorating full-body workout designed to help you achieve your New Year's fitness goals. This dynamic class will help set the tone for a healthier and stronger you.

Stronger Together | FREE

Mondays, January 5–26, 5:30–6:30 p.m.
Virtual
Kick off 2026 with the virtual "New Year, New You: Strong Together" program! Designed to empower you with the knowledge and physical strength to make lasting changes, all from the comfort and convenience of your own home. This isn't just about lifting weights; it's a comprehensive journey to build a stronger, more resilient you, both inside and out.

Back in Action: Overcoming Injuries & Returning to Fitness | FREE

Thursday, January 15, 11 a.m.–12 noon
Kentland Community Center
2413 Pinebrook Avenue, Landover, MD 20785
Talk with a licensed physical therapist from Medstar! Whether you're recovering from an injury or looking to get back into the gym after a period of inactivity, this event will provide expert guidance on how to rebuild strength, improve mobility, and prevent future setbacks. The session will include a presentation, a Q&A segment, and an optional health screening to assess your current physical condition.

Healthy Comfort Food Cooking Demonstration |FREE

Tuesday, January 20, 1–2 p.m.
Harmony Hall Regional Center
10701 Livingston Road, Fort Washington, MD 20744
Warm up this winter with cozy favorites made healthier! Join us for a cooking demonstration where we'll show you how to lighten up classic comfort foods.

Access to fitness and weight rooms at M-NCPPC facilities

M-NCPPC Community Centers are a great resource to stay on track with your health and wellness goals. Offering free and low-cost access to many premium recreational and fitness facilities and classes, including fitness and weight rooms. Simply stop by a community center near you to register and get started.

Youth and seniors can enjoy free access with a Youth ID or Senior ID. Youth IDs are available at no cost to Prince George's County residents aged 6 to 17, providing access to community center drop-in activities and amenities, including fitness and weight rooms for teens. Seniors aged 60 and better who are residents of Prince George's and Montgomery County can obtain a free Senior ID.

For more information about upcoming M-NCPPC, Department of Parks and Recreation events, and to find a community center near you, visit pgparks.com.

With over 29,000 acres of parkland, trails, athletic fields, playgrounds, and more, the M-NCPPC, Department of Parks and Recreation in Prince George's County provides an award-winning park system through progressive, quality, innovative leadership and a commitment to its community and environment. The Department delivers first-class recreational activities and programs for people of all ages and ability levels. It strives to improve the quality of life for Prince George's County residents and the communities in which they live, work, and raise families. The Department's Formula 2040 Plan establishes a framework that will ensure the Department can meet future parks and recreation programmatic and facility needs, fulfilling its mission to determine the combination of land, facilities, and programs that will provide appropriate experiences for Prince Georgians in the future. To learn more, visit www.pgparks.com.



PHOTO COURTESY PRINCE GEORGE'S COUNTY COUNCIL MEDIA

Calvin S. Hawkins, II

At-Large Council Member Calvin Hawkins Announces Resignation From County Council

By PRESS OFFICER
Prince George's County Council Media

On December 19, 2025, Council Member Calvin S. Hawkins, II announced his resignation from his At-Large County Council seat effective Monday, December 22, 2025. On Monday, December 22, Council Member Hawkins transitioned to a new position in the Executive Branch, serving as Assistant Deputy Chief Administrative Officer for Economic Development.

"I want to express my sincere gratitude to the residents of Prince George's County for the trust and support you've shown me throughout my tenure on the Council," said Council Member Hawkins. "Serving on this body has been a profound honor, and I take immense pride in what we've achieved together. As I embark on this new chapter, my commitment to the growth and success of the County is unwavering, and I look forward to continuing to collaborate with dedicated colleagues and engaged citizens to elevate Prince George's County to new heights."

Council Member Hawkins served for seven years on the Council, starting in December 2022. He has spent more than

thirty years in civic and philanthropic service and has worked for three former Prince George's County Executives. As Council Chair in 2021 and 2022, he led major legislative actions in response to the COVID pandemic, securing emergency rental assistance, small business support, and resources to address food disparities. He also sponsored the Re-entry Advisory Board, which realigned employment, housing, mental health, and faith-based resources for citizens returning from incarceration. His current term was set to expire on December 5, 2026.

Pursuant to the County Code, when there is a vacancy in the Office of a Council Member that occurs during the last year of a term, a majority of the remaining Council Members will appoint a qualified person to fill the vacancy.

Throughout this process, the At-Large Council office will remain responsive to the needs of constituents. For assistance, Prince George's County residents can call 301-952-2195 or email ATLargeHawkins@pgc-council.us.

'She Speaks' Centers Black Women as Keepers of History and Architects of the Future in New Exhibition Commemorating America's 250th Anniversary

Banneker-Douglass-Tubman Museum's 'She Speaks: Black Women Artists and the Power of Historical Memory' Opens February 7, 2026, with Dynamic Interpretive Programming Throughout the Year

By PRESS OFFICER
MCAAHC

ANNAPOLIS, Md. (Dec. 22, 2025)—The Banneker-Douglass-Tubman Museum proudly announces its newest exhibition, "She Speaks: Black Women Artists and the Power of Historical Memory"—a visionary presentation that examines the 250-year history of the United States of America through a Black Feminist lens. This groundbreaking exhibition brings together a powerful constellation of contemporary Maryland-based and internationally recognized Black women artists whose deeply personal and politically charged works bear witness to the past, illuminate its impact on the present, and conjure Afrofuturist visions. She Speaks will open to the public with an Opening Reception and Black History Month celebration on Saturday, February 7, 2026.

Through a diverse range of mediums—including collage, painting, print, photography, textile, installation, and time-based media—She Speaks acknowledges Black women as active participants in the making of this country rather than passive bystanders, highlighting artists who operate as historians, archivists, and scholars to tell their stories. Presented alongside rarely seen archival materials and family heirlooms, the exhibition highlights the pivotal role Black women have played in shaping and preserving this nation since the Revolutionary era, while envisioning liberated futures through cosmic speculation.



PHOTO COURTESY MCAAHC

"She Speaks" is curated by Martina Dodd, BDTM Curator of Collections and Exhibitions

Featured artists include: Elizabeth Catlett, Dr. Joan M.E. Gaither, Charlyn Griffith-Oro, Khaleelah I. L. Harris, Martha Jackson Jarvis, Fabiola Jean-Louis, Jeanine Kayembe-Oro, Zsudayka Nzinga, Ada Pinkston, Beverly Price, Faith Ringgold, Noreen Smith, Darlene R. Taylor, Jessica Valoris, Savannah Wood, and Alisha B. Wormsley.

"Set against a moment when our nation is reflecting on its founding even as Black history faces renewed pressures of erasure—She Speaks stands as a powerful corrective," said Chanel C. Johnson, Executive Director of the Banneker-Douglass-Tubman

Museum. "These artists are engaging in a profound act of cultural stewardship, and this exhibition asserts that Black women's histories are not only inseparable from America's story, but essential to understanding our past, present, and futures we are striving to build."

As the nation collectively commemorates the 250th anniversary of the signing of the Declaration of Independence through coordinated national, Maryland 250, and Annapolis 250 initiatives, this exhibition enters the conversation by expanding how American history is remembered and told. By retracing and reinterpreting these histories through the voices of Black women, the exhibition challenges audiences to consider whose stories have been preserved, and whose have yet to be fully recognized. "Throughout history, Black women have served as architects of cultural memory—documenting lived experiences, safeguarding ancestral knowledge, and challenging dominant narratives that have sought to erase or diminish their voices. This exhibition makes those contributions undeniable, visible, and unforgettable," said Martina Dodd, Curator of Collection and Exhibition at the Banneker-Douglass-Tubman Museum.

She Speaks is curated by Martina Dodd, BDTM Curator of Collections and Exhibitions, with curatorial support from Leslie Rose, Exhibit Manager.

See EXHIBITION Page A2

Marietta Historic Site & Museum Presents: Program for Families: Yoruba Language and Culture

By STACEY HAWKINS
Marietta Historic Site & Museum

Please join us on **Saturday, January 10, 2026**, 11 a.m.–1 p.m. for an energetic and fun "Program for Families: Yoruba Language and Culture".

Dr. Taiye Ayoola-Adedeji is the author of the interactive bilingual (English and Yoruba) book "The Yoruba Sound Book for Children". She will engage children and adults in fun cultural activities including music and play about the Yoruba people and culture. She engages families in using Yoruba words for colors, animals, foods, greetings, and seasons.

Recommended for ages 4–12 with an accompanying adult. All ages under 18 must be accompanied by an adult. FREE event. Registration is requested. Please register at www.pgparksdirect.com and use ticket code: MHM-SPEC-GA-20260110. Walk-ins are welcome.

For more information, please call 301-464-5291 or email mariettahouse@pgparks.com

Marietta Historic Site & Museum is located at 5626 Bell Station Road, Glenn Dale, MD and is a property of the Maryland-National Capital Park and Planning Commission.

INSIDE

ODAC Announces Fall 2025 Sportsmanship Teams
Local Students Named to PennWest University's Fall 2025 Dean's List
Clark Nelson (Cheverly) Makes Fall 2025 Dean's List at Belmont University

Honors for Local Students, Page A2

Marietta Historic Site & Museum Presents: Program for Families: Yoruba Language and Culture

Governor and First Lady Moore Welcome Marylanders to Holiday Open House

Community, Page A3

Governor Moore Announces Fulfilment of Governor's Apprenticeship Pledge, Marking Record Growth in Apprenticeships

New Maryland Judiciary Case Search & Record Portal
Business and Finance, Page A4

Fact Check: Test What You Know About Heart Health

Empowering Seniors for Safer Online Experiences: 6 Practical Safety Tips for Caregivers and Families

Health and Wellness Page A5

TOWNS *and* NEIGHBORS

Brandywine-Aquasco by Audrey Johnson 301-922-5384

UNIVERSITY OF MARYLAND EASTERN SHORE

University of Maryland Eastern Shore 28th Winter Commencement was held Saturday, December 13, 2025, at the William P. Hytche Athletic Center University of Maryland Eastern Shore Princess Anne, Maryland.

Degree candidates from this area are Tahirah Najah Johnson, White Plains, MD, Doctor of Philosophy in Food and Agricultural Science. Melody N. Colebrook-Jones, Ft. Washington, MD, Doctor of Philosophy in Organizational Leadership. Doctor of Education in Education Leadership Rictor Lajuan Craig, Brandywine, MD, Nashandra Ellis, Bowie, MD. Rictor Lajuan Craig, Brandywine, MD. Master of Science in Cybersecurity Engineering Technology, Adekansola Adewami, Landover Hills, MD. Master of Medical Science in Physician Assistant Studies Cristopher Aaron Jones, Waldorf, MD, Ginikachukwu Agatha Mgbenka, Bowie, MD. Master of Science in Rehabilitation Counseling David Ntungwo Atabong, Upper Marlboro, MD, Olamide Alex Olorunbohunmi, Upper Marlboro, MD, Saffiatu, Hyattsville, MD. Master of Science in Human Ecology Michelle Lake McCorkle, Bowie, Maryland, Kiburi Monea Harvey, White Plains, MD.

Bachelor of Science in Agribusiness Management Nicholas I. Sharp, Hyattsville, MD. Bachelor of Science in Biochemistry Alexandria Camp, White Plains, MD. Bachelor of Science in Biology Nataleigh Jackson, Washington, DC, Solita Parker, Waldorf, Maryland, Pearl Takor, New Carrollton, MD, Oh-Henry Njanje, Greenbelt, MD, Adewale Oluwadamilola Ayotomiwa Adekanbi, Beltsville, MD. Bachelor of Science in Environmental Science Kayla Bryana Winn, Laurel, MD, Erin Kacy Kirkpatric, Severn, MD. Bachelor of Science in General Agriculture Knowledge Q Wells, Columbia, MD. Bachelor of Science in Human Ecology Edit Maritza Argueta, Frederick, MD, Simone Marie Hagans, Lexington Park, MD, Torece T. Utsey, Clarksburg, MD, Darlena Ford, Waldorf, MD.

Bachelor of Science in Accounting, Nekia Shelane Kelsey, Laurel, MD. Bachelor of Science in Aviation Science Veronica Melissa Caramantin, Rockville, MD, Gabriel Reason, Hagerstown, MD, Ethan Paa Kwasi Opoku, Laurel, MD. Bachelor of Science in Business Administration Brandon Renard Bailey, Bowie, MD, Terrell Eugene Lawrence, Bowie, MD, Ashley Amira Leach, Washington, DC, Jalen Terry Vauss, Upper Marlboro, MD, Aiyanna Janai Wilkins, Greenbelt, MD, Laila A. Dent, Waldorf, MD, Camron B. Winborne, Glen Burnie, MD, Kevin Eudell, Glen Burnie, MD. Bachelor of Science in Computer Science, Shuaib A. Mansaray, Upper Marlboro, MD, Jerome Brian Foster, Accokeek, MD, Jeron A. Carter, Bryans Road, MD.

Bachelor of Science in Construction Management Technology, Percy Nemi, Gaithersburg, MD, Miguel Angel Vasquez Velasco, Gaithersburg, MD. Bachelor of Science in Engineering, Bright A. Ojo, Cheverly, MD, Clinton Bernal Wiggins, District Heights, MD. Bachelor of Science in Marketing, Carmell Mark, Frederick, MD. Bachelor of Science in Hospitality and Tourism Manage-

ment, Michael Marcus Brown, Jr., Fort Washington, MD, Jenna Maire Tran, Hollywood, MD. Bachelor of Science in Professional Golf Management, E. Alexander Brooks, Adelphi, MD, Colby L. Powell, Washington, DC, Michael George Calcutta, Frostburg, MD.

Bachelor of General Studies, Darian Brown, Bowie, MD, Khalil Nasir Young, Rockville, MD. Bachelor of Arts in Applied Design, Jaely Clay, Glen Burnie, MD, Simone Natasha Dixon, Waldorf, MD. Bachelor of Science in Criminal Justice, Alexis Opare Laume, Clarksburg, MD, Samara Tinch, Glen Burnie, MD, Steven Matthews, Jr., Upper Marlboro, MD. Bachelor of Arts in Digital Media Studies, Matthew Jacob, Glen Burnie, MD, Joshua Caleb Williams, Glen Burnie, MD, Bachelor of Arts in Sociology, Dayauni Jeffries, Landover, MD, Jade S. Rollerson, Fort Washington, MD, Lundyne A.L. Payton, Temple Hills, MD. Bachelor of General Studies, Darienne Nicol Penn, Glen Burnie, MD, Zaira Leigh Kornegay, Cheltenham, MD, Darienne Nicol Penn, Glen Burnie, MD. Bachelor of Science in Rehabilitation Services, Contees Nichelle West, Upper Marlboro, MD. Congratulations to all the Graduates. Good Luck in all your future endeavors.

FLAG PARADE

“The Commencement Day Flag parade is an opportunity for our students to represent and celebrate the different countries of our diverse and global student body, faculty and staff here at the University of Maryland Eastern Shore (UMES). Our graduating students have guests attending from across the United States and the world who feel welcomed by the familiar sight of their flag.”

BSU NATIONAL ALUMNI ASSOCIATION

“The Bowie State National Alumni Association, Prince George’s Chapter, would like to take this opportunity to thank all of you for the great contributions and support made to Bowie State University and its students this year. Wishing you a Merry Christmas and a Happy New Year.” President Anita Ford.

BADEN COMMUNITY CENTER

Baden Community Center features picnic areas, picnic tables, picnic shelters, basketball court, gym, baseball/softball diamond, horseshoe pits, playground, soccer field, fitness room and healthy vending.

Programs are licensed before and after school kid’s care programs, line dancing, TKA Karate, Xtreme Teens programs, Yoga programs, summer playground. Contact us: Baden Community Center, badence@pgparks.com. Physical Address: 13601 Baden-Westwood Road, Brandywine, Maryland 20613. Phone 301-888-1500, Maryland Relay 7-1-1 for customers who are deaf, hard of hearing, or have a speech disability. The hours are Monday to Thursday 2-9 p.m., Friday 2-7 p.m., 7-10 p.m., (Teens), Saturday 9 a.m.-2 p.m., Sunday closed.

In and Around Morningside-Skyline

With Mary McHale, will return soon!

COG Honors Antoine Thompson With Regional Award

Antoine Thompson, Clean Cities Coalition CEO & Executive Director; and Robert Lazaro Jr., Former NVRC Executive Director also honored; City of Fairfax Mayor Catherine Read elected Corporate President

By PRESS OFFICER
Metropolitan Washington Council of Governments

WASHINGTON (Dec. 4, 2025)—Montgomery County Councilmember Kate Stewart was recognized with the Metropolitan Washington Council of Governments’ (COG) highest honor for an elected official, the Elizabeth and David Scull Metropolitan Public Service Award, during its annual meeting yesterday. The event, held at DC Water’s headquarters, brought together more than 200 government, business, nonprofit, and civic sector leaders to celebrate regional collaboration on initiatives that enhance the region’s quality of life.

Kate Stewart received the Elizabeth and David Scull Metropolitan Public Service Award

Kate Stewart, who just concluded her one-year term as Montgomery County Council President, was recognized for her exceptional regional leadership. In her time serving on the COG Board of Directors, including her term as Board Chair in 2023,

she has been a driving force on regional initiatives to advance racial equity leadership training programs, support ambitious clean energy goals, and convene leaders around sustainable long-term funding for WMATA, helping lay the groundwork for the recently released DMVMoves regional transit vision and funding plan.

The Scull Award is presented to a local, state, or federal elected official serving a COG member jurisdiction. It is presented in the memory of Elizabeth and David Scull, two former Montgomery County Councilmembers who were strong supporters of COG and regional cooperation.

Antoine Thompson received the Stuart A. Freudberg Award for Regional Partnership

Greater Washington Region Clean Cities Coalition Executive Director Antoine Thompson was honored for advancing clean transportation, environmental justice, and workforce development throughout the region. He has partnered with COG on electric vehicle initiatives, promoted cleaner fuels, and organized regional job

fairs connecting underserved residents with employment and training in clean energy, transportation, and related sectors.

The Freudberg Award recognizes organizations or individuals that provided leadership in support of regional policies or programs endorsed by COG. The award is presented in the memory of Stuart A. Freudberg, who in his 40-year career at COG, served in several leadership positions in the organization, including Deputy Executive Director from 2014 to 2020.

Robert Lazaro Jr. received the Ronald F. Kirby Award for Collaborative Leadership

Former Executive Director of the Northern Virginia Regional Commission Robert Lazaro Jr. was recognized for his career advancing sustainability, clean energy, and regional collaboration. He led NVRC’s Solarize program to expand solar adoption, and his public service as a former Purcellville mayor and engagement as a member of many regional boards reflect decades of innovative, collaborative leadership for local and regional communities.

The Kirby Award honors area government executives who work collaboratively with elected officials, stakeholders, and their communities to shape a better region. The award is presented in the memory of Ron Kirby, COG’s Transportation Planning Director from 1987 to 2013.

COG also elected its corporate officers for 2026

During the meeting, COG Members also elected City of Fairfax Mayor Catherine Read as Corporate President. District of Columbia Councilmember Kenyan McDuffie and **City of Laurel Mayor Keith Sydnor** were elected as Corporate Vice-Presidents, and **City of College Park Councilmember Denise C. Mitchell** was elected as Secretary-Treasurer.



2025 COG Regional Award Winners: Antoine Thompson, Kate Stewart, and Bob Lazaro Jr.

Exhibition from A1

Lending institutions include: Academy Art Museum, Galerie Myrtis, Howard University Art Gallery, James E. Lewis Museum of Art, and Reginald F. Lewis Museum.

The exhibition will be celebrated with an opening reception and remain on view through January 16, 2027, with interpretive programming offered throughout the year to further engage with the exhibition’s themes of history, memory, resistance, and Black women’s enduring contributions to the nation’s cultural and civic life.

Opening Reception—Open to the Public

Saturday, February 7, 2026 | 10 a.m.–4 p.m.
RSVP: <https://bit.ly/SheSpeaksOpeningReceptionBDTM>
The public is invited to celebrate the official opening with an afternoon of art, dialogue, and community gathering.

Spring & Summer 2026 Interpretive Programming

- **March 21 | Maryland Day Artist Talk & Harriet Tubman Spirit Awards:** Annual ceremony honoring leaders who embody Tubman’s courage and compassion through their work in justice and community empowerment.
- **April 30 | JazzMaTazz:** An evening of sultry sounds and poetic verses in solidarity with UNESCO’s International Jazz Day and National Poetry Month.
- **June 7–13 (Annapolis Arts Week)** | Presentation of “The Temple of Our Survival (Children of NAN: A Survival Guide)” by Interdisciplinary Artist Alisha B. Wormsley: More information to come!

Honors for Local Students

ODAC Announces Fall 2025 Sportsmanship Teams

WINCHESTER, Va. (Dec. 22, 2025)—Shenandoah University’s **Ava Pannullo**, of Brandywine, was among the student-athletes named to the Old Dominion Athletic Conference’s Fall 2025 Sportsmanship Teams. The squads are composed of a student-athlete from each school, selected by the coaching staff of each team that competes under the ODAC banner, in each of the conference’s seven sponsored fall sports.

Shenandoah University’s selections included Cora Helman (women’s cross country), Regan Fields (field hockey), Alexandra Sarrach (women’s soccer), Ava Pannullo (women’s volleyball), Tyler Mullen (men’s cross country), Drew Custer (football), and Nick Mattiace (men’s soccer).

“Sportsmanship and respect are fundamental to the ODAC’s mission,” said conference Commissioner Brad Bankston. “These student-athletes have been recognized for their commitment to fair play and respect for their opponents—qualities that deserve greater recognition. I thank these honorees for setting an outstanding example for all of us.

“The ODAC has a rich tradition in promoting fair play and good sportsmanship in each sport across the league. The character of the conference’s student-athletes on and off the field is a representation of not only the individuals and teams, but also the institutions for which they play.”

For the full list of student-athletes chosen for the Fall 2025 ODAC Sportsmanship Teams, visit odaonline.com.

Local Students Named to PennWest University’s Fall 2025 Dean’s List

(Dec. 19, 2025)—Nearly 3,000 undergraduate students at PennWest University have been named to the Dean’s List for the Fall 2025 semester, recognizing their outstanding academic achievement.

The following local students were recognized:
Finn Sorensen, a PennWest Edinboro student from Berwyn Heights, MD (20740). Sorensen is pursuing a Bachelor of Fine Arts - Media Arts .

Ibrahim Abdulmateen-Robinson, a PennWest Edinboro student from Bowie, MD (20716). Abdulmateen-Robinson is pursuing a Bachelor of Science in Communication .

To be eligible for the Dean’s List, degree-seeking undergraduate students must earn a minimum semester GPA of 3.4 while taking at least 12 graded credits.

Clark Nelson (Cheverly) Makes Fall 2025 Dean’s List at Belmont University

NASHVILLE, Tenn. (Dec. 19, 2025)—Clark Nelson, Cheverly local, was among over half of Belmont University’s undergraduate students named to the fall 2025 semester Dean’s List. Approximately 55% of the University’s 6,934 undergraduate students qualified this semester.

“The high percentage of students earning Dean’s List honors reflects more than academic excellence, it reflects who we are becoming together as a Belmont community,” said Dr. David Gregory, provost and executive vice president for academic excellence. “This achievement demonstrates what is possible when students pursue their goals in an ambitious, supportive community committed to the flourishing of all. It speaks to the dedication of our students, the mentorship of our faculty and a shared commitment to wisdom.”

Dean’s List eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.

COMMUNITY

Marietta Historic Site & Museum Presents: *Program for Families:* Yoruba Language and Culture

By STACEY HAWKINS
Marietta Historic Site & Museum

Please join us on **Saturday, January 10, 2026**, 11 a.m.–1 p.m. for an energetic and fun “Program for Families: Yoruba Language and Culture”.

Dr. Taiye Ayoola-Adedeji is the author of the interactive bilingual (English and Yoruba) book “The Yoruba Sound Book for Children”. She will engage children and adults in fun cultural activities including music and play about the Yoruba people and culture. She engages families in using Yoruba words for colors, animals, foods, greetings, and seasons.

Recommended for ages 4–12 with an accompanying adult. All ages under 18 must be accompanied by an adult. FREE event. Registration is requested. Please register at www.pgparksdirect.com and use ticket code: MHM-SPEC-GA-20260110. Walk-ins are welcome.

For more information, please call 301-464-5291 or email marietta-house@pgparks.com

Marietta Historic Site & Museum is located at 5626 Bell Station Road, Glenn Dale, MD and is a property of the Maryland-National Capital Park and Planning Commission.

Calendar of Events

Alvin Ailey American Dance Theater 2026 U.S. Tour
Date and time: January 30–February 8, 2026
Description: Alvin Ailey American Dance Theater launches its 20-city United States tour in Washington, DC with 11 inspiring performances from January 30–February 8, 2026, at the Warner Theatre, DC’s monument to entertainment. The season of legacy in motion marks a new era under the leadership of artistic director Alicia Graf Mack, and showcases the inspiring artistry of Ailey’s extraordinary dancers in dazzling premieres, new productions and classic works from the Ailey repertory that have inspired and uplifted for decades. The must-see finale of all performances will be Alvin Ailey’s “Revelations”—the ultimate anthem to resilience and joy. Tickets are available at the Warner Theatre Box Office (513 13th Street NW Washington, DC), warnertheatrede.com or by calling 202-783-4000.
Location: Warner Theatre, 513 13th Street NW, Washington, DC
Contact: 202-783-4000, warnertheatrede.com

Ladies In The Day: A Musical Tribute
Date and time: Sunday, February 8, 2026, doors open at 2 p.m., and the excitement starts at 3 p.m.
Description: Get ready for an unforgettable experience because we’re bringing you a one-of-a-kind show featuring extraordinary LADIES IN THE DAY on February 8, 2026, at the Bowie Center for the Performing Arts! This Tribute includes a fantastic stage performance that will take you back to some of the greatest singers and entertainers, including Ella Fitzgerald, Etta James, Billie Holiday, Lena Horne and many more. The talented cast of solid and mind-blowing vocalists will mesmerize you with their soulful and powerful performances.
Cost: General admission costs \$40, and balcony seats start at \$30.
Tickets: <https://bowiecenter.org/event/ladies-in-the-day-a-musical-tribute/>
Location: Bowie Center for the Performing Arts, 15200 Annapolis Rd, Bowie, MD 20715
Contact: (301) 805-6880

Protecting Civil Rights During Challenging Times 2026 Symposium
Date and time: Saturday, February 21, 2026, 9 a.m. until 3 p.m.
Description: Maryland Commission on Civil Rights invites community members, advocates, government leaders, and civil rights partners to join us for the Protecting Civil Rights During Challenging Times 2026 Symposium, a powerful convening dedicated to education, dialogue, and collective action. In moments of social, economic, and political uncertainty, Diversity, Equity, and Inclusion (DEI) are not optional values, they are essential tools for protecting civil and human rights. DEI strengthens our communities by ensuring that every individual, regardless of race, color, national origin, disability, sex, religion, age, familial status, gender identity, sexual orientation, or income, is seen, heard, and treated fairly under the law. This symposium will highlight how DEI:

- Promotes equity in access and opportunity, ensuring that systems, policies, and practices are fair and responsive to the needs of all communities
- Builds trust between communities and institutions, fostering transparency, accountability, and shared responsibility
- Strengthens democracy and civic engagement, by uplifting diverse voices and lived experiences
- Protects against discrimination and bias, especially during times of heightened social tension or change

Through meaningful conversations, expert panels, and community-centered engagement, participants will gain practical tools, legal insights, and strategies to advance civil rights and inclusive practices across workplaces, schools, housing, public accommodations, and government services. Together, we will explore how collaboration between community members, public servants, and civil rights leaders can sustain progress, address emerging challenges, and reaffirm our collective commitment to justice, fairness, and belonging for all Marylanders. Join us as we stand united, educating, empowering, and engaging to protect civil rights today and for generations to come.

Cost: REGISTRATION REQUIRED: <https://bit.ly/48P34rj>
Location: Bowie State University Student Center, 14000 Jericho Park Road, Bowie, Maryland 20715
Contact: 410-767-8600, mccr.outreach@maryland.gov



PHOTO CREDIT MARYLAND GOVERNOR’S PRESS OFFICE

Nearly 800 guests joined the governor and first lady to enjoy holiday decorations, cookies, and music provided by local schools and organizations.

Governor and First Lady Moore Welcome Marylanders to Holiday Open House

By PRESS OFFICER
Office of the Governor

ANNAPOLIS, Md. (Dec. 14, 2025)—Governor Wes Moore and First Lady Dawn Moore welcomed Marylanders to Government House on December 13, 2025 to celebrate the holiday season.

“Dawn and I were incredibly grateful to welcome Marylanders to Government House for the holidays,” said Gov. Moore. “To meet so many of you, representing every corner of our state, was truly an honor. Your presence brought tremendous light and spirit into our home.”

“The holiday open house is one of our most cherished traditions each year,” said First Lady Moore. “When we first ar-

rived, the governor and I made a commitment to ensure that Marylanders saw themselves in the “People’s House.” The home is a symbol for all Marylanders, and we have been truly honored to welcome so many through its doors during this holiday season.”

Nearly 800 guests joined the governor and first lady to enjoy holiday decorations, cookies, and music provided by local schools and organizations, including ensembles from the Bethesda-Chevy Chase High School Choir, the Bethesda High School Orchestra, the Northern Chesapeake Symphony Orchestra, the Maryland Hall Choir, the Old Mill Middle School South Jazz Band, and the Roland Park Country School Semi-quavers.

Maryland Implements Eric’s ID Law for People With Hidden Disabilities

By MIRA BEINART
Capital News Service

ANNAPOLIS, Md. (Dec. 10, 2025)—Eric Carpenter-Grantham received the same talk about law enforcement interactions that most other young Black men receive, but it differed slightly because he has autism.

If police approach him, his mother told him to yell, ‘I have autism and someone call my mom.’

“I remember I told my mom, ‘I can do that,’ but I was starting to cry,” he said.

Carpenter-Grantham and his mother worked together to come up with a solution—and now late this year that solution is taking effect with a new special designation on the Maryland driver’s license and state ID to note when the holder has an invisible disability.

It all began in the summer of 2020 after George Floyd was killed by Minneapolis police. Like many other Black parents, Carpenter-Grantham’s mom sat him down and told her then-15-year-old son what to do if police in their Montgomery County neighborhood pulled him over.

He was confident that he would be able to follow his

mother’s instructions: put your hands up, don’t reach for your phone and make it known that you have autism. But he was concerned about his friends with autism, attention-deficit/hyperactivity disorder and other hidden disabilities.

“Mom, I have an idea,” he recalls saying. “I would like to put something on the [state] IDs so that the police know that me and my friends have autism so they don’t hurt us.”

So, together with his mom, he worked his way through the Maryland legislature to ultimately write Eric’s ID Law. Enacted in October, the law requires Maryland’s Motor Vehicle Administration to allow applicants to indicate their hidden disability on their drivers’ licenses.

Carpenter-Grantham and his mother, Linda Carpenter-Grantham, met with Maryland Sen. Will Smith (D - Montgomery County) in July 2023.

“Eric, I’m gonna write this bill,” she recalled Smith saying.

Opposition from disability groups slowed the bill. But the pair kept pushing.

“This is a law for all people with invisible disabilities,” Linda said, regardless of their race or gender.



PHOTO MIRA BEINART/CAPITAL NEWS SERVICE

The back of Linda Carpenter-Grantham’s business card features a butterfly, the new indicator of invisible illness through Eric’s ID Law.

The bill’s co-sponsors, Smith, Del. Jheanne Wilkins (D - Montgomery County) and Del. Kym Taylor (D-Prince George’s County) were their “dream team,” Linda said.

That’s when their efforts picked up momentum. Calls and letters from supporters from across the country. Meetings with television personalities like Whoopi Goldberg and Sherri Shepherd. National organizations and local law enforcement agencies voicing their support.

Last February, Eric Carpenter-Grantham testified at the State House in favor of his law.

“I would like to ask ALL the state senators and House of Delegates from the bottom

of my heart to please pass [HB707],” he wrote in his submitted testimony. “Because we need change. If things don’t change people with invisible disabilities will continue to be hurt and killed.”

Gov. Wes Moore approved the bill in May, exactly three months after Carpenter-Grantham’s testimony. It went into effect on Oct. 1.

Now, the family is working to get the law passed in other states, too.

“It’s been a lot of tears and a lot of praying along the way,” said Linda Carpenter-Grantham, Eric’s mother. “Nobody said it was going to be easy. But Eric and I just have to stay in our faith and know and believe that.”

The Prince George’s Post
Your Newspaper of Legal Record

Call (301) 627-0900 | Fax (301) 627-6260

Serving Prince George’s County Since 1932

BUSINESS AND FINANCE

Social Security Matters

Ask Rusty:

I’m on SS Disability; Should I Switch to Regular Social Security?

By RUSSELL GLOOR,
National Social Security Advisor at the AMAC Foundation,
the non-profit arm of the **Association of Mature American Citizens**

Dear Rusty: Should I take my Social Security now at age 62, or wait till I am 65? I’ve been collecting SS disability due to health issues and was curious if I should wait or claim my regular Social Security retirement benefits now. **Signed: Disabled but Wondering**

Dear Disabled but Wondering: If you are now collecting Social Security Disability Insurance (SSDI) benefits and you are still disabled, it would be a disadvantage to claim your SS retirement benefits at this time (age 62), or even at age 65. That’s because your SSDI benefit is the same as your full retirement age (FRA) amount, as calculated for you at the point you became disabled. Born after 1959, your FRA is age 67, but you are already receiving your FRA benefit while on SS disability even though you have not yet reached your full retirement age. That full SSDI benefit will automatically convert to become your SS retirement benefit when you reach your full retirement age.

If you were to claim your normal SS retirement benefit any earlier than your SS full retirement age of 67, the amount you get would be reduced for claiming early. At your current age, you would likely get between 75% and 80% of what you are now receiving on SSDI (depending on your exact age in the month you claim), and at age 65 you would get about 87% of what you are now receiving on Social Security disability.

In other words, as long as your disability continues and you remain eligible for Social Security Disability Insurance benefits, you should not switch to your normal SS retirement benefit, because you would get less money. And the resulting benefit reduction would be permanent.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

The 2.4 million member Association of Mature American Citizens [AMAC] www.amac.us is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC Action is a non-profit, non-partisan organization representing the membership in our nation’s capital and in local Congressional Districts throughout the country. And the AMAC Foundation (www.AmacFoundation.org) is the Association’s non-profit organization, dedicated to supporting and educating America’s Seniors. Together, we act and speak on the Association members’ behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at www.amac.us/join-amac.

Governor Moore Announces Fulfilment of Governor’s Apprenticeship Pledge, Marking Record Growth in Apprenticeships

By PRESS OFFICER
Office of the Governor

ANNAPOLIS, Md. (Dec. 29, 2025)—Governor Wes Moore today announced that Maryland has achieved record growth and key milestones through the Governor’s Apprenticeship Pledge, helping more Marylanders enter high-demand careers and earn while they learn. Launched in late 2024 in partnership with the Maryland Department of Labor and the Governor’s Workforce Development Board, the pledge called on employers across Maryland to expand access to registered apprenticeships, and Maryland has surpassed all three goals established through the pledge.

“Apprenticeships are one of Maryland’s most powerful tools for building pathways to good jobs and family-sustaining wages,” said Gov. Moore. “A year after launching this pledge, we are seeing how partnership between employers, educators, labor, and state agencies can create real opportunity for every Marylander and strengthen the foundation of our economy.”

Under the pledge, Maryland sought to engage 500 employers in registered apprenticeship programs, including at least five additional public agencies. In the past year, Maryland has partnered with more than 500 employers, including five state agencies and 17 regional, city-, and county-level public sector employers. Today more than 1,000 Maryland businesses, organizations, and agencies employ and train registered apprentices.

Maryland also set a goal to recruit more than 5,000 new registered apprentices and surpassed that goal by more than 200. More than 14,000 Marylanders participated in apprenticeship programs this year—an all-time high, including an increase of more than 1,500 registered apprentices compared to 2024. The expansion

has created new pathways to economic opportunity for Marylanders statewide.

“Through apprenticeship, we’re giving both workers and employers what they need to thrive: hands-on learning that leads to successful careers and a workforce prepared for the future,” said Maryland Department of Labor Secretary Portia Wu. “It’s exciting to see employers of all kinds discover the power of apprenticeship—in the public and private sector and across an ever-growing range of fields.”

Maryland’s rapid apprenticeship expansion spans both traditional trades and fast-growing sectors like information technology, healthcare, life sciences, and education. The programs connect Marylanders with on-the-job training, credentials, and sustainable career pathways—filling workforce gaps and fueling economic growth.

The Maryland Department of Health, for example, launched the nation’s first environmental health specialist apprenticeship program in partnership with the Maryland Professional Employees Council and Morgan State University, enabling participants to obtain real-world public health experience. Through the program, apprentices participate in environmental science and public health coursework while acquiring field experience at local health departments throughout Maryland.

“We are grateful to the multi-agency coalition that worked with us to build this program,” said Maryland Department of Health Secretary Dr. Meena Seshamani. “These skilled professionals will play a critical role in protecting public health and the environment, from keeping our food safe to controlling the mosquito population.”

The Maryland State Department of Education and Maryland State Education Association

launched the first statewide teacher registered apprenticeship program, which will help all 24 school districts in Maryland recruit, train, and retain future educators by providing them with a paid pathway to careers in the classroom—reducing the out-of-pocket cost of earning a degree and license.

“By taking a homegrown approach to teacher preparation, the apprenticeship program will help to close teacher shortages across the state,” said State Superintendent of Schools Dr. Carey M. Wright. “The statewide apprenticeship program works hand-in-hand with the Maryland Grow Your Own Educators Grant Program to develop sustainable career pathways for aspiring teachers from local communities. These initiatives would not be possible without support from the Maryland Department of Labor and our school district partners.”

Private sector employers embraced Maryland’s apprenticeship expansion from day one of the Governor’s Apprenticeship Pledge, and are already seeing strong results. Royal Farms and AstraZeneca—a life sciences sector leader launching a \$2 billion manufacturing expansion in Maryland—were two of the earliest signers of the pledge.

“Signing the Apprenticeship Pledge reflects our commitment to strengthening Maryland’s workforce,” said Governor’s Workforce Development Board Member and AstraZeneca Executive Director and General Manager of Cell Therapy Operations Brian Stamper. “We’re proud to support our apprentices as they grow and build rewarding careers in the local life sciences sector.”

For more information about Maryland’s registered apprenticeship programs visit labor.maryland.gov.

Maryland Judiciary to Launch new Maryland Judiciary Case Search & Record Portal on January 9, 2026

By PRESS OFFICER
Maryland Judiciary

ANNAPOLIS, Md. (Dec. 19, 2025)—The Maryland Judiciary will be implementing the new Maryland Judiciary Case Search & Record Portal as part of its commitment to use technology effectively and responsibly. The new portal, launching on January

9, 2026, will redesign and integrate the existing Maryland Case Search and the Maryland Judiciary Record Search.

The Maryland Judiciary Case Search & Record Portal will continue to offer the same level of access to the public that is available through the existing Maryland Case Search, including information on public case records. Attorneys and authorized

case parties will be provided the same enhanced level of case access currently available through the Maryland Judiciary Record Search, including detailed case information and documents.

For additional information on the new Maryland Judiciary Case Search & Record Portal, please see the frequently asked questions sheet online.

MONEY: Rental Scams Are Common. Avoid Them With These Tips

(StatePoint) Are you currently looking to rent a home or apartment? Then you need to protect yourself from rental fraud.

Rental scams are common. The Federal Trade Commission reported over 10,000 cases in 2023 alone. Fortunately, they are avoidable. By following a handful of practical, common-sense steps, you can protect yourself and avoid costly mistakes.

1. Always see the apartment before renting. Fraudsters are known to post phony ads using real pictures of properties they don’t actually own. They will push you to rent the unit, and to send your personal information to them, without seeing the apartment first. Visiting a unit is not only a way to avoid this scam—it also has the benefit of helping you ensure the apartment fits what you are looking for. If you are moving to a new city and can’t visit in person, ask if the property manager will take you on a video tour of the unit.

2. Don’t pay rent or a security deposit until you have signed a lease. Application fees are commonly requested before signing a lease agreement, but the security deposit or first month of rent are not required before signing. Be especially careful if a prospective property

manager asks you to wire transfer money. There’s never a good reason to wire money to pay an application fee, security deposit or first month’s rent. And when you wire money, it’s the same as sending cash: you have no way to get it back.

3. If the price seems too good to be true, it might be. If the unit is listed for substantially less than other comparable units in the area, that could be a sign that the listing is part of a rental scam.

4. Make sure you sign a complete lease. Do not rent an apartment without signing a lease. When you get a copy of the lease, make sure to read it carefully and confirm key details. The agreement should always include these terms:

- Applicable fees
- Monthly rent cost
- Maintenance costs

If you have questions or concerns about the language in the lease, ask.

5. Do not give a property manager extensive personal information until you want to move forward. A property manager asking for personal information before you’ve seen a unit or before you’ve stated that you would like to rent the unit is often a sign of a scammer looking to steal your identity. That said, providing personal information, including your social security number, should be required before you are ready to move ahead with renting the unit.

6. Watch out for listings with grammatical and spelling errors. If the rental listing has a lot of errors, this might be a red flag. Most property managers will take the time to proofread the listing before they publish it online.

For clear guidance and tools to help you stay one step ahead of scammers, access Freddie Mac’s My Home resources about fraud prevention at <https://myhome.freddiemac.com/blog/keyword/fraud-prevention>.

The search to find a place to live can be stressful, especially if you don’t know what to expect. Understanding the rental process can help you avoid fraud and find something that fits your budget and lifestyle.



PHOTO SOURCE: PEOPLEIMAGES / ISTOCK VIA GETTY IMAGES PLUS

We have moved ...
The Prince George’s Post’s new physical address as of December 13, 2025:

**15209 Marlboro Pike, Suite 209
Upper Marlboro, MD 20772-3151**

The Prince George’s Post

The Prince George’s Post
P.O. Box 1001, 15209 Marlboro Pike, Suite 209
Upper Marlboro, MD 20772-3151
Phone: 301-627-0900 • Legal Fax: 301-627-6260
Email: pgpost@gmail.com
Contents © 2026, The Prince George’s Post

Publisher/Senior Editor Legusta Floyd	Editor Lisa Duan
General Manager/ Legal Advertising Manager Brenda Boice	Administrative Assistant/ Billing Julie Volosin
Legal Advertising Assistant Robin Boerckel	Web Manager Kyler Quesenberry

Prince George’s County, Md. Member National Newspaper Publishers Association,
and the Maryland, Delaware, District of Columbia Press Association.
The Prince George’s Post (ISSN 10532226) is published every Thursday by
the New Prince George’s Post Inc., 15209 Marlboro Pike, Suite 209,
Upper Marlboro, Md. 20772-3151.
Subscription rate: 25 cents per single copy; \$15 per year;
\$7.50 senior citizens and students; out of county add \$1; out of state add \$2.
Periodical postage paid at Southern Md. 20790.
Postmaster, send address changes to Prince George’s Post, P.O. Box 1001,
Upper Marlboro, Md. 20773.

HEALTH *and* WELLNESS

FACT CHECK

Test What You Know About Heart Health

FAMILY FEATURES

As you age, your doctor’s interest in your cholesterol level is likely to increase. That’s no coincidence. High cholesterol and age are two significant risk factors for heart disease, which is the leading cause of death in the United States.

You may not be able to slow the hands of time, but elevated low-density lipoprotein (LDL) cholesterol, also known as “bad” cholesterol, is one of the most significant addressable risk factors for the development of cardiovascular disease. Uncontrolled high LDL-C can lead to death, heart attack, stroke or the need for a coronary revascularization.

While statins are considered first-line treatment for people with high LDL cholesterol, an estimated 29% of patients stop taking their statin within the first

year, based on findings published in the “American Journal of Cardiology.” Up to 30% of people have some degree of statin intolerance, according to research published in the “Journal of Clinical Lipidology.”

Test your heart health knowledge and learn more about managing your risk factors, including high cholesterol, with this quick quiz:

1. Do cardiovascular diseases, including heart disease and stroke, claim more lives in the U.S. than all forms of cancer and accidental deaths (the Nos. 2 and 3 causes of death, respectively) combined?

Yes. Cardiovascular disease is the No. 1 killer of men and women in America and worldwide, killing more people than both cancer and accidents each year.



Photos courtesy of Shutterstock



2. According to the American Heart Association, which of the following are true?

- Men are more likely to have heart attacks at a younger age than women.
- Women experience different symptoms indicating potential heart disease.
- Women have a higher risk of fatality because their symptoms are frequently misunderstood or misdiagnosed, leading to delayed treatment.

All are True. While many factors are at play, one major underlying issue is historically, women simply haven’t been well represented in clinical trials of heart-related conditions. However, Harvard Health reports that culture is slowly changing and some of the gaps are starting to close.

3. Does statin intolerance mean statins are not effective?

No. On the contrary, statins are the standard of care to lower LDL cholesterol. However, some people cannot take statins at any dose because of statin intolerance symptoms such as muscle pain, while others may have their LDL cholesterol remain uncontrolled because they are not able to take higher doses.

4. Are women more likely to be statin intolerant than men?

Yes. According to the National Institutes of Health, being female is a risk factor for statin intolerance.

5. If a person is statin intolerant, are there other treatments available to help lower their uncontrolled LDL-C?

Yes. Alternative treatments are available for people with statin intolerance. A health care provider can help explain what options are available if you experience potential statin-associated side effects.

6. Are muscle-related symptoms typically the most common side effect of statins?

Yes. Muscle pains or cramps (myalgias) are the most common symptoms people experience. Your health care provider may run tests or change your medication to address these symptoms.

For more information on statin intolerance, talk with your health care provider or visit [statinalternatives.info](#).

How to Lower Bad Cholesterol

LDL cholesterol, commonly referred to as “bad” cholesterol, leads to plaque in your arteries, reducing blood flow and potentially damaging your cardiovascular system.

If your bloodwork shows elevated LDL cholesterol levels, you can take steps to reduce it.

1. Eat a healthy diet low in saturated and trans fats and high in fiber, with an emphasis on fruits, vegetables and whole grains.
2. Get at least 30 minutes of exercise daily, and if you carry extra weight, work to lose it.
3. Talk to your health care provider about cholesterol-lowering medications, which can help lower bad cholesterol and reduce the risks associated with heart disease.

Empowering Seniors for Safer Online Experiences

6 Practical Safety Tips for Caregivers and Families

FAMILY FEATURES

Today’s seniors aren’t shying away from a world that has become increasingly reliant on technology. Quite the opposite, in fact, as recent survey findings suggest adults ages 65 and older are more digitally active and self-assured than ever before.

Nearly all seniors surveyed as part of the “Connecting the Digital Dots: Online Habits and Safety Concerns Across Three Generations” survey from Cox Mobile consider themselves digitally literate, using devices for shopping, banking, social media and entertainment. With older adults spending a significant amount of time connected to the digital world – 41% of those surveyed reported spending five or more hours online daily – they’re also more at-risk for scams, viruses like malware and data breaches.

Even though 61% of seniors who encountered digital threats were able to mitigate the issues themselves, showing their growing digital capability, increased online engagement brings new challenges and responsibilities for caregivers, who often play a crucial role in supporting seniors’ digital journeys.

To help support older loved ones’ safety and confidence as they navigate an evolving digital landscape, Cox Mobile, in partnership with Common Sense Media, offers educational materials on digital safety, smart device use and media literacy for all ages. In addition, these practical safety strategies can help empower seniors to make informed, safe choices online.



Encourage Strong Passwords: Simple passwords, like number sequences, keyboard patterns or personal information – such as variations of your name, birthdate, address or names of pets or loved ones – are easily guessable and may lead to issues. While the survey found 70% of seniors already create strong, unique passwords, encourage them to avoid reusing passwords across sites. Recommend a password manager app to safely store passwords and eliminate the need to write them all down, which could lead to a breach if not stored properly.

Promote Security Software: If devices aren’t protected, even the most careful users are susceptible to viruses. Though 63% of those surveyed have security software installed, it’s important to regularly make sure it’s up to date (or that automatic updates are enabled) and covers all devices, including laptops, tablets and smartphones.

Enable Multi-Factor Authentication: A simple and effective way to stop most

attempts at unauthorized account access, 60% of seniors are already using multi-factor authentication as an extra layer of protection. Some seniors, however, may need assistance setting up the safeguard, which typically sends a code to a phone number or email address as part of the login process, for online banking, email or social media accounts.

Review Apps and Channels: Over time, it can be easy to accumulate apps on smartphones and tablets. While 51% of surveyed seniors remove unsafe apps, make it a habit to regularly check loved ones’ devices for unfamiliar or suspicious applications and delete them. Also keep an eye out for unauthorized charges, data sharing or browser extensions.

Utilize Built-In Safety Features: Explore privacy controls on individual devices (and apps) and check with your loved ones’ internet service provider to ensure security features are being utilized like the

43% of those surveyed who are already taking advantage of their devices’ safety settings. Included privacy protections may include limiting data sharing, disabling location tracking, blocking pop-ups and restricting other unwanted communication.

Discuss Online Safety Regularly: Because technology is ever-changing, it’s important for caregivers to talk with senior loved ones about online safety. Open, ongoing conversations, like those one-third of seniors are already having several times a week or even daily, can help build trust and awareness of current scams, suspicious texts or emails, commonly used apps and more.

By fostering open dialogue, sharing practical safety strategies and leveraging trusted resources, caregivers can help their loved ones thrive and stay safe. Visit your local Cox Mobile store or go to [CoxMobileSafety.com](#) to find more tips, guides and full survey results.

EarthTalk®
Q&A

Trump Kills EV Tax Credit,
But Will it Kill the EV?

By Marium Zahra | December 18, 2025

Dear EarthTalk:
Will Trump’s killing of the \$7,500 electric vehicle tax credit significantly slow the transition to EVs? Are carmakers adjusting their plans in favor of gas cars now?

—Paul Jones, New York, NY

On October 1, 2025, the Trump administration ended the \$7,500 federal tax credit for EV buyers. The tax credit was originally enacted in 2022 by the Biden administration to encourage the purchase of EVs and support sustainable transportation nationwide. The credit was a key incentive for consumers to adopt EVs. Its recent expiration comes with a larger tax and spending budget to reduce government spending and boost U.S. oil production. The intention of the Trump cuts was to save billions of dollars in the long run and to pressure carmakers to move production to the United States, creating increased jobs.

The loss of the credit poses some consequences for buyers and manufacturers alike. It is likely that it will decrease demand for EVs. According to a recent CNN story, this means that “prices in real terms will immediately rise.” The story also emphasizes that many consumers rushed to buy EVs while the credits still lasted in August and September. This could result in many people

choosing not to buy EVs and, in turn, decreasing sales in the last three months of 2025.

As EVs are far more costly than gas cars, the likely outcome of the cuts is that many will be unable to afford the switch. The impact is expected to be so dire that analysts who originally forecasted EVs to take up some 48 percent of the U.S. market share by 2030 have now downgraded predictions to 37 percent.

Many carmakers have begun actively responding to the recent policy changes. It is expected that many will either have to scale back or cancel new EV models. Stephanie Valdez Streaty, director of industry insights at Cox Automotive, told CNBC in July 2025 that the EV tax credit cuts are like “the training wheels are being taken off” of a nascent technology. “Those training wheels have helped balance and support EV adoption,” she added.

Electric vehicles are more climate sustainable than gasoline cars. The shift to EVs has been key to promoting climate consciousness and decreasing the amount of greenhouse gas emissions in the atmosphere. As customers stick with gasoline cars, air quality levels and the environment hang in the balance.

CONTACTS: What’s the ‘natural demand’ for EVs in the U.S.? We’re about to find out, <https://www.cnn.com/2025/09/29/electric-vehicles-ev-demand-federal-incentives-tax-credit.html>; Yes, Trump’s Policies Are Hurting The EV Transition,



PHOTO CREDIT: PEXELS.COM.

Proponents of EVs are worried that Trump’s elimination of tax credits could kibosh U.S. leadership on the clean energy transition.

<https://cleantechnica.com/2025/08/11/yes-trumps-policies-are-hurting-the-ev-transition-automaker-statements/>.

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit **EarthTalk**. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org

CLASSIFIEDS

BUSINESS OPPORTUNITIES

Let the Multimedia Specialists of MDDC Ad Services help you in growing your business and increasing your customer base. CALL TODAY at 855-721-MDDC, Ext. 4 and start seeing results NOW!

BUSINESS SERVICES

Increase the digital presence of your business! Contact MDDC Ad Services to receive a FREE Digital Footprint Consultation for your business from a TOP PERFORMING advertising agency! Call 855-721-MDDC, Ext. 4, www.mddcadservices.com.

FOR SALE

Prepare for power outages today with a GENERAC Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-855-993-0969 today to schedule a free quote. It’s not just a generator. It’s a power move.

Get Boost Infinite! Unlimited Talk, Text and Data For Just \$25/mo! The

FOR SALE

Power Of 3 5G Networks, One Low Price! Call Today and Get The Latest iPhone Every Year On Us! 855-977-5719

Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-855-407-6870

REAL ESTATE

We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-866-541-7929

SERVICES—MISCELLANEOUS

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the

SERVICES—MISCELLANEOUS

details! 1-855-337-5228 www.dental50plus.com/MDDC#6258

Save loads of money with your advertising budgets! CONNECT with the Multimedia Specialists of MDDC Ad Services. Expand your brand’s reach in our Bulk Advertising Network - CALL TODAY! With one call, one placement, one bill, **you’ll reach over 1,000,000 readers in the entire Mid-Atlantic region.** Call 855-721-MDDC, Ext. 4 or email kberrier@mddcpress.com.

Let the Multimedia Specialists of MDDC Ad Services help you in

SERVICES—MISCELLANEOUS

growing your business and increasing your customer base. Call today at 855-721-MDDC, Ext. 4 and **start seeing results NOW.**

THIS
COULD BE
YOUR AD!

Call today
for a quote.
301-627-0900

MARYLAND | DELAWARE | DISTRICT OF COLUMBIA

MDDCPRESS
FUNDATION

**HELP FUND THE
FUTURE OF JOURNALISM**

mddcpress.com/foundation

DENTAL Insurance
Great coverage for retirees.

Get your **FREE** Information Kit from Physicians Mutual Insurance Company.
Call **1-855-337-5228**
Dental50Plus.com/MDDC

Product features not available in all states. Contact us for complete details about this insurance solicitation. To find an agent, please go to www.consumer.com/retireadvice. This specific offer not available in CO, HI, NY - call 1-800-969-4788 or respond for a similar offer in your state. Certificate C25A/B465, C25A/B468 (ID: C25-48), PA: C25-49A, Insurance Policy P554B-469 (GA: P554GA, OK: P554OK, TN: P554TN), 6347-0125

Subscribe to
The Prince George’s Post
\$15 per year for home delivery
(\$7.50 for Seniors)
Call 301-627-0900 to get started!

Start the new year clog-free!

Get a **FREE** full gutter inspection and estimate: **1-844-566-3227**

America’s #1 gutter protection

Engineered to protect. Built to last

Backed by LeafFilter’s 5-year limited warranty. LeafFilter’s patented design keeps water moving. Delivering peace of mind and protection from future damage. Trusted by over 1 million homeowners.

Claim by: 02/28/2026

15% OFF + 10% Discount For Seniors + Military

1-844-566-3227

We install year-round!

Get a **FREE** full gutter inspection and estimate: **1-844-566-3227**

Promo: 285

Be prepared before the next power outage.

It’s not just a generator. It’s a power move.™

Receive a free 5-year warranty with qualifying purchase* - valued at \$535.

Call 855-993-0969 to schedule your free quote!

*Terms and Conditions apply.

GENERAC

Retire with confidence.

Stop wondering if your savings will last. Get a personalized retirement plan designed to help provide consistent income and ongoing guidance from a fiduciary advisor.

Whether you’ve saved \$50,000 or \$500,000, we’ll help you build a strategy to make the most of it.

Plan
We’ll create a retirement roadmap tailored to your lifestyle.

Invest
Investment strategies for your nest-egg, focused on growth and risk management.

Spend
Get a paycheck in retirement - no more guessing what you can afford.

Personal Advisor
A fiduciary advisor to help you make informed financial decisions.

Ready to stop worrying about money?

Call for a free, no-obligation consultation (888) 295-9055

Retirable

Advisory services offered through Retirable, a Registered Investment Advisor. The fee consultation is for informational purposes only and does not constitute investment advice. Investment outcomes are not guaranteed and may vary based on market conditions.

WESLEY FINANCIAL GROUP

WE CANCEL TIMESHARES

Many people think they’re stuck with their timeshare forever—but that’s often not the case. Wesley Financial Group has helped more than 50,000 families break free from unwanted timeshares, and we may be able to help you, too. If you were misled, pressured, or deceived during your purchase, you could qualify for cancellation.

How Does the Cancellation Process Work?

- Start with a **FREE** consultation to tell us your story.
- If we determine your case qualifies, you’ll be paired with a specialist to guide you through the process.
- Our **Resolution Department** works diligently to cancel your timeshare and help stop related maintenance fees—permanently.

Thousands of timeshare owners have already found relief through our proven process. You could be just one phone call away from peace of mind. Our dedicated team is ready to help.

Get your free information kit and see if you qualify:

Call 1.888.984.2917

*This is an Advertisement. Wesley Financial Group, LLC (“WFG”) and/or its affiliates, successors, or assigns are not lawyers and/or a law firm and do not engage in the practice of law or provide legal advice or legal representation. Actual results depend on each client’s distinct case, and no specific outcome is guaranteed.

The Prince George’s Post
Your Newspaper of Legal Record

Call to Subscribe
(301) 627-0900

Fax
(301) 627-6260

Serving Prince George’s County Since 1932