

The Prince George's Post



A COMMUNITY NEWSPAPER FOR PRINCE GEORGE'S COUNTY SINCE 1932

Vol. 90, No. 30 July 28 — August 3, 2022

Prince George's County, Maryland

Newspaper of Record

Phone: 301-627-0900

25 cents

Local Berklee Artist to Perform at Major Festival in Toronto, Canada

Thanks to the Berklee Popular Music Institute, artists from the college will play Lollapalooza, Osheaga, Music Midtown, and other top festivals this year.

Julian Wilson, Ft. Washington native and keyboardist for R&B artist Brandon Harris will perform at Osheaga.

By TORI DONAHUE
Berklee College of Music

This summer and fall, the Berklee Popular Music Institute (BPMI) is sending six up-and-coming artists from the college to perform at seven popular music festivals across North America. The institute's BPMI Live course guides students through every step of going from the classroom to the stage, serving as important preparation for a career in live music, whether as a performer or an industry professional.

Throughout the academic year, students in BPMI's A&R group reviewed hundreds of artist submissions and narrowed the field through a combination of factors that included recordings, videos, and social media presence. The A&R group also considered the artist's style of music for genre-specific festi-

vals such as Inkarceration (metal) and Faster Horses (country).

This year's artists include:

- pop/R&B singer Aiida, performing at Lollapalooza in Chicago, Illinois (July 28–31);
- hip-hop duo Awfbeat, performing at Music Midtown in Atlanta, Georgia (September 17–18);
- soul-pop and R&B artist Brandon Harris, performing at Osheaga in Montreal, Canada (July 29–31);
- rock, country, and disco artist CHARLEY, performing at Faster Horses in Brooklyn, Michigan (July 22–24), and Sound on Sound in Bridgeport, Connecticut (September 24–25); and
- folk/pop artist Matilda

See ARTISTS Page A2



PHOTOGRAPH CREDIT RAPHAEL EVANS

Ft. Washington native Julian Wilson will play Osheaga in Toronto, Canada on July 29 as part of the Berklee Popular Music Institute (BPMI), an innovative class at the college that brings students and Berklee-affiliated acts to major North American music festivals.

Prince George's County Kicks Off the Stuff TheBus Back to School Supply Drive

By PAULETTE L. JONES
DPW&T

LARGO, Md. (July 19, 2022) —The Department of Public Works and Transportation (DPW&T) will host the annual "Stuff TheBus" Back to School Supply Drive from July 22, 2022 through August 22, 2022. This drive has provided an opportunity for the County and its various partners to assist students, especially the most vulnerable learners, prepare for the academic year with brand new bookbags and essential classroom supplies.

Since 2018, DPW&T has received significant donations from County government agencies, County staff, the Prince George's County Alumnae Chapter of Delta Sigma Theta Sorority, Inc., and the Prince George's County Community Partners to assist with this effort. Despite the pandemic, the (2020) "Stuff TheBus" resulted in over 1,100 backpacks and drawstring bags, and over

12,600 items not including more than 10,000 pencils. The drive and distribution last year (2021) were a total success as well with over 1,000 backpacks and tote bags collected, and over 22,000 items collected in total.

"The Stuff TheBus Back to School Supply Drive is one of our main events of the year. We are Prince George's Proud to provide families with opportunities to collect backpacks and school supplies during these financially challenging times," said DPW&T's Acting Director Michael D. Johnson.

Prince George's County Schools 2022–2023 academic year starts August 29, 2022. We are looking forward to having another successful drive as we prepare to help our youngest and brightest start their school year off strong.

For more information about the Stuff TheBus Back to School Supply Drive, please contact Paulette Jones, Public Information Officer at pljones@co.pg.md.us.

Library Announces Leadership Transitions

By PRESS OFFICER
PGCMLS

LARGO, Md. (July 22, 2022)—The Prince George's County Memorial Library System (PGCMLS) announces executive leadership transitions. Chief Executive Officer (CEO) Roberta Phillips will depart PGCMLS on Friday, July 29, 2022, after 3.5 years of service to Prince George's County. The Library is grateful to Phillips for her leadership of the staff while the Library has been central to helping the Prince George's County community recover and adapt through this unique period in history.

The Library's accomplish-

ments during Phillips' tenure include:

- Urban Libraries Council Top Innovator Award for Workforce and Economic Development (2021);
- launch and implementation of Strategic Framework 2021–2024, which has guided the Library's growth and evolution;
- national and regional awards for the Library's innovative new branch library buildings;
- creation of the Library's Ask a Librarian bilingual call center;
- establishment of a cross-functional teams approach to system-wide collaboration on programs and

outreach, new services, and special projects;

- leadership throughout the concurrent public health, economic, and racial justice crises;
- statewide and national recognition for the Library's programs and marketing;
- robust new partnerships with organizations like the Washington Nationals, Black Caucus of the American Library Association, Prince George's County Health Department, Prince George's County Office of Human Rights;
- and oversight of the opening of the new Hyattsville Branch Library. Effective August 1, 2022, the



ALL PHOTOS COURTESY PGCMLS
Michael B. Gannon

Board appoints Michael B. Gannon and Nicholas A. Brown as acting co-CEOs of the Library. Gannon has served as Chief Operating Officer for Support Services since 2008, overseeing the Library's facilities, collections, and support departments. Brown joined PGCMLS in January 2020 and he currently oversees programs, outreach, communi-



Nicholas Alexander Brown

cations, digital services, and development.

About Michael B. Gannon

For the past fourteen years, Michael B. Gannon has been responsible for the oversight of facilities (including capital construction), information technology, procurement, collection development, and busi-



Megan Sutherland

ness intelligence. He is the 2003 recipient of the Public Library Association's Allie Beth Martin Award for outstanding library service and a past president of the Maryland Library Association. He serves as the chair of both the statewide Library As-

See LEADERSHIP Page A4

2022 Washington International Horse Show Prize List Now Available Online

More prize money, additional day of competition, multiple warm-up areas!

By PRESS OFFICER

Washington International Horse Show

WASHINGTON (July 21, 2022)—The prize list for the 64th Annual Washington International Horse Show (WIHS) presented by MARS Equestrian™ is now available online at wihs.org.

Established in 1958, the prestigious and popular national and international equestrian event will return to the Washington, D.C., area October 24–30, 2022, with newly elevated CSI5*-W status, and an additional day of competition. It will be held over seven days and three nights at The Show Place Arena at Prince George's Equestrian Center in Upper Marlboro, Maryland.

"We're committed to delivering a world-class venue, inside and out," said Victoria Lowell, WIHS President. "Exhibitors will find new footing in the arena as well as in multiple warm-up areas, and a dedicated FEI complex. We'll

have an exhibitor lounge overlooking the arena, and a custom-built VIP club with premium catering and excellent views of the ring. With support from our dedicated sponsors, this will undoubtedly be one of the most exciting events in our history."

Highlighting the schedule is the \$406,000 Longines FEI Jumping World Cup™ Washington CSI5*-W for the President's Cup. The new FEI CSI5*-W status distinguishes WIHS as the only five-star jumping World Cup qualifying event in the United States. With it comes significantly increased prize money and AA ranking points, valuable to riders as they work toward the FEI Jumping World Cup Final in April 2023. A full schedule of hunter, jumper and equitation competition, plus exhibitions and special events will round out this exciting week.

Leading international rider Kent Farrington, who competes throughout the

world, has a unique perspective. He started his career as a junior at WIHS and returns frequently to compete in international classes.

"I'm excited that WIHS is taking the initiative to expand the show's budget on everything from increased prize money to making it a top-tier event," said Farrington. "I believe we need the shows in America to keep aiming to improve their standards to stay on par with high-level events around the world. I'm looking forward to seeing what the new Washington International Horse Show has in store for us as I know the objective is to maintain its status as a highlight of the American showing jumping calendar and more."

WIHS has partnered with the popular National Harbor waterfront complex to create the WIHS Hospitality Campus offering exhibitors a variety of hotels including the Gaylord National Resort, the WIHS official hotel, with exclusive discounted rates for exhibitors. National



PHOTO BY IMPACT MEDIA

The 64th Annual Washington International Horse Show will be held over seven days and three nights at The Show Place Arena at Prince George's Equestrian Center in Upper Marlboro, Maryland.

Harbor will be the site of the new WIHS Welcome Party on Wednesday, October 26, and its many amenities include restaurants, shops, and the famous Capital Wheel, as well as complimentary shuttle service to and from the arena for exhibitors.

For more information about WIHS, visit www.wihs.org, join WIHS on Facebook, follow on Instagram and Twitter, and subscribe on YouTube. Tag using #WIHS2022, #FEIWorldCup, #TimeToBeat and #Longines.

INSIDE

Calendar of Events

Community Day Fish & Chicken Fry in Fairmount Heights; National Night Out in Upper Marlboro; Neighborhood Garden Party at Riversdale, and more!

Around the County, Page A2

Cancer Survivor to Host Community Hike in Accokeek

Colorectal cancer (CRC) survivor Cheryl Alston is hosting a hiking event on the National Colonial Farm Loop in Accokeek on August 6 as part of a national event, Climb for a Cure.

Community, Page A3

ChildWatch:

"The Future Has Its Eyes on You"

When we look outside through a child's eyes we are reminded that the earth is the Lord's, the psalmist says, and we should rejoice in it—not destroy it!

Commentary, Page A4

LHS Elects New Officers and Board Members

The Laurel Historical Society (LHS) has elected new officers and members of the Board of Directors.

Business and Finance, Page A5

Maryland Department of Health Launches 988, the New National Suicide & Crisis Lifeline

Direct connection to support for anyone experiencing a mental health or substance use crisis, having thoughts of suicide.

Health and Wellness, Page A6

TOWNS *and* NEIGHBORS

In & Around Morningside-Skyline

National Night Out, a good time to meet neighbors and police, and eat free

National Night Out (NNO) in Morningside will be back in full swing on August 2, with free food, drinks, games, music, give-a-ways, police demos and more.

NNO was first held back in about 1981 to help neighborhoods across the country form relationships with the police. Morningside may have been there right from the start. Skyline held a great Night Out for years—then Skyline School shut down and we lost our space.

Anyways. Morningsiders, plan to lock your front door on August 2 and spend the evening outdoors with your neighbors and with Morningside Police and your own Town officials. Probably with County Police as well. Perhaps there'll be a fire engine to climb on. County officials also often show up. It's good community time.

Hours are 5:30 to 8:30 pm at the Morningside Municipal Center. Info: 301-736-7400.

Fairmount Heights Chief dies

Chief Edward Earl, "Chap" Ivey, who has headed the Fairmount Heights Police Department since Dec. 20, 2018, died June 14.

During his tenure, he also served as the President, Maryland Law Enforcement Chaplin Association, Prince George's Municipal Police Chiefs Association, Fairmount Heights Carjacking Task Force Partnership, Citizens Advisory Council and other community and professional associations.

Services were at First Baptist Church of Highland Park with burial at National Harmony Memorial Park.

Neighbors & other good people

Cynthia L. Miller was appointed Mayor of District Heights on May 3, to replace Johnathan Medlock who resigned May 3 to take a seat on the County Council. Harriette T. Irving was chosen Vice-Mayor.

Julie Koch-Michael, former Morningsider, enjoyed reading about the County Fair last week and sent this Fair memory: "We didn't go to the local county fair that I can remember. We drove all the way to the Gaithersburg Fair and then picked peaches at a peach grove on the way home. It was hot weather, and the peach fuzz got on us. A long day looking at animals, quilts,

flowers, jams, pies and then sitting in the unairconditioned car with peach fuzz is very memorable."

Do you have a County Fair memory?

At the polls

For my first return to Skyline School since it quit being a school, I went there to vote the mid-morning of July 19. Outside, there were two lonely poll workers with their signs. Inside, only five or six voters. I'm sure things picked up as the day went on.

I moved here in 1958, and remember voting at the Morningside Fire Department. Then for some years, at Skyline School. Back then, I was working for the League of Women Voters; I had to get to the polls just before closing, get the count and hurry home to call in my report.

The several past elections I've voted at the Suitland Community Center Park/School on Regency Lane in Forestville. I like the return to Skyline School and hope it continues.

As for who won? It may take several weeks to finish the count because so many voted by mail and the mail count (by hand) couldn't be started until Thursday.

At the very least, I'm still wearing my I VOTED sticker.

Postage increase

I knew it would happen because every recent year first class postage increased by 1¢. So, your next stamp will cost you 60¢. Additional ounce is 24¢. Postcard stamps, at 44¢, are available with four different barns or coral reefs.

As for the new stamps: You can get Pony Cars, cartoon elephants, Buzz Lightyear, Pete Seeger, National Marine Sanctuaries, Mariachi, American landscape painter George Morrison, and Nancy Reagan.

I love getting the philatelic magazine. I love postage stamps, and I love getting letters.

Movies on the Potomac at National Harbor

Pack your folding chairs, grab food to go, and meet at the Plaza's big screen for a FREE evening of fun for all ages! Here's the August schedule:

Family Movies, Sundays at 6 pm: "Newsies," Aug. 7; "Nanny McPhee," Aug. 14; "Annie" (2014), Aug. 21; and "The

Jungle Book" (1967), Aug. 28.

Date Night Movies, Thursdays at 7 pm: "Yesterday," Aug. 4; "Singin' in the Rain," Aug. 11; "In the Heights," Aug. 18; and "Hairspray" (1968), Aug. 25.

National Harbor Info: 877-628-5427.

Changing landscape

Amazon.com Inc. has inked a deal for a new delivery station in Forestville. The approximately 130,000-square-foot facility will be Amazon's first station built from the ground up in Greater Washington. Construction has not started yet, but the station, at 3700 Forestville Road, is expected to open in 2023.

Iverson Mall sold for \$20 million last Tuesday at a foreclosure auction after its prior owner defaulted on a loan it took out, backed by the 625,000-square-foot Prince George's County retail center. The buyers are studying various options, including multifamily development on a portion of the site.

A home at 4602 Morgan Road, in Morningside, recently sold for \$280,000.

RIP: Evelyn Mudd

Evelyn (Shields) Mudd, my dear sister-in-law, died July 10 in Saginaw, Mich.; she was 84. She was born into a big family in my hometown of Saginaw, earned a doctorate in Irish Studies at the University of Michigan, and taught English for years at Delta College.

She was a leader in many organizations and travelled the world—Ireland (often), China, Russia, Thailand, Turkey, Italy, Scandinavia, Bermuda, cruises, tours on Route 66, the Grand Canyon and more.

In 2002 she married, for the first time, my bachelor brother Tom. They've lived in the Mudd Family home, a Victorian mansion built about 1860. Together, Evelyn and Tom have had a very active and happy 20 years.

Milestones

Helen Rawlett, July 30; John Short, Paula Boxley, Howard C. Booth and Annie Desmarais, July 31; Carolyn Dade, Aug. 1; Chris Webb, Cornel Gotshall, Morningside Council Member Dave Williams and Samantha Wade, Aug. 3; Victoria Levanduski, Laura Cook and Sallee Bixler, Aug. 4; Miss Bailey Sparks, GeGe Feeney and my granddaughter Rose Seidman, Aug. 5.

by Audrey Johnson 301-922-5384

Brandywine-Aquasco

MCKINLEY M. HAYES IS HONORED

McKinley M. Hayes has been honored by his alma mater, the University of Maryland Eastern Shore. McKinley, class of 1972 a former administrator in the Prince George's County School System was gifted a bench in his honor for his contributions to the university community involvement and leadership in several organizations.

NOTTINGHAM MYERS ANNUAL HOMECOMING

Pull out those Jerseys because Sunday, July 31, 2022 will be our first Sunday leading up to Homecoming. That is right it is JERSEY SUNDAY. Wear your favorite team jersey and come ready to have an enjoyable time in the Lord during our Praise and Testimony Service. Invite your family and friends to worship with us.

Just a reminder, our annual Homecoming Service on August 21, 2022. Service will begin at 11 a.m. and our very own Pastor She-maiah Strickland will bring the message morning. The theme for Homecoming is Upon This Land—Worshipping, Waiting and Willing to be God's Servants. The scripture will come from 1 Cor 3:9-11.

NATIONAL NIGHT OUT

National Night Out for District V Station, 6707 Groveton Street, Clinton, Maryland 20735 is Tuesday, August 2, 2022.

BOWIE STATE UNIVERSITY

Bowie State University welcomes visitors to our campus. Experience our campus in person or during a virtual tour. Bowie State University is easy access to some of the nation's most exciting metropolitan areas. Bowie State University is in Bowie, Maryland, just east of Washington, DC and south of Baltimore, Maryland.

Travel by Rail: The campus has a train stop on the Marc Commuter Rail (MARC) Penn Line that runs between Baltimore's Penn Station and Washington's Union Station.

Travel by Bus: Bowie State University is a stop on three Metro lines operated by the Washington Metropolitan Area Transit authority: B21, B22, and B27, these bus lines connect the University with the New Carrollton Station of the Washington DC, Metro subway system.

Travel by Air: The closet airport is Baltimore/Washington International Thurgood Marshall Airport.

PHS TURNS 100

Pomonkey High School turns 100: It has been a long time since August 10, 2019. That was the date of the last in-person alumni get-together. Plans are underway for the BIG Celebration commemorating the Founding of Pomonkey High School, 1922-2022. We are making plans, reviewing plans, changing plans, and revising plans. Exactly why we started planning so early. We appreciate and are also getting suggestions from you. Keep them coming.

So, mark your calendars for Saturday, August 20, 2022. We will

see you at the Indian Head Village Green Pavilion, 100 Walter Thomas Road, Indian Head, Maryland 20640. Time is 11 a.m.-5 a.m. There will be a celebratory program, food trucks, a DJ, 50/50 chances, historical displays, and more. Come prepared to have a good time. Masks may be required. Proceeds to benefit the Scholarship and Restoration Funds.

ENTREPRENEURSHIP LIVING LEARNING COMMUNITY

Cultivating Next-Generation Innovators: The Entrepreneurship Community (ELLC) connects Bowie State University to the community. With housing for 500+ students, retail, space, and resources for entrepreneurs, the ELLC is a real-world innovation that encourages creative collaboration and entrepreneurial thinking.

BUILDING HIGHLIGHTS

Here are the key features of the Entrepreneurship Living Learning Community: Modern resident for 500+ students. Double-and single-occupancy suites with kitchenettes, as well as technology-infused classrooms, a fitness center, lounges, and study spaces.

Student businesses and market spaces: Students have the opportunity to develop their business aspirations and explore their ideas for new invention in specialized spaces infused with the latest technology.

Home to innovation centers: The Entrepreneurship Living Community is home to the BSU Entrepreneurship Academy and the Bowie Business Innovation Center (BowieBIC), the first business accelerator located at a Maryland historically Black college or university (HBCU). The Entrepreneurship Academy offers programs and activities to give students the tools to launch their own businesses and think innovatively in the workplace.

Public retail space: As a campus anchor designed to welcome the community to the campus, retail space will be available for the public to enjoy.

Sustainability Features: Water-conserving plumbing fixtures. Energy-efficient lighting and controls, including daylight access. Storm water management. Local building materials supplied within a 500-mile radius. Green housekeeping standards, including recycling collection bins. Electric vehicle charging stations.

\$42M public-private partnership: The construction is substantially funded with tax-exempt bonds through the Maryland Economic Development Corporation. The contractors are Balfour Beatty Construction, an industry leader for 85+ years. Smoot Construction, a minority-owned general contractor. Design Collective, Inc., an award-winning design firm.

Bowie State University (1865) 301-860-4000 or 1-877-77-BOWIE, 14000 Jericho Park Road, Bowie, Maryland 20715-9465. A University System of Maryland Member Institution. Contact webmaster@bowiestate.edu

Artists from A1

Marigolds, performing at Bourbon & Beyond in Louisville, Kentucky (September 15-18).

Many of these artists performed at BPMI's 20th annual Epic Event at Brighton Music Hall earlier this year.

"Being a senior can be daunting, but being selected for BPMI has given me confidence and opened up opportunities to pursue my career as a musical artist after graduation," said CHARLEY, who will perform at two festivals, Faster Horses and Sound on Sound, later this year.

While most Berklee classes take place over the course of one semester, BPMI Live runs on a three-semester, full-year cycle. In the fall semester, the class selects the artists and splits up into management teams. In the spring, students work on artist development, marketing, digital presence, budgets, merchandise, sponsorships, and advancing their assigned festival, in addition to organizing a spring musical showcase at a local venue. For the final semester, during the summer and early fall, teams rehearse with the artists to prepare them for the festival stage—a vastly different experience than a club show—and accompany them to each festival to handle on-site promotion, production, and tour management.

"I'm so proud of all the hard work and effort by the students in BPMI Live and our roster of artists as we prepare for a busy festival season," said Morgan Milardo, managing director for BPMI. "This course is so important for both artists and students as they learn to navigate the ever-evolving music industry, especially as live events have changed throughout the past two years. It's going to be an incredible learning experience for all, filled with exciting performances that only come as a result of hard work and dedication. I'm also incredibly grateful for our generous partners at Live Nation, Danny Wimmer Presents, Evenko, and Founders Entertainment that make the BPMI experience a reality."

Calendar of Events

Community Day Fish & Chicken Fry Free Covid Tests

Date and time: **Saturday, July 30, 2022**, 3-6 p.m.

Description: Presented by the Town of Fairmount Heights and Citizens Association. Meet & Greet with the newly elected Town Council. Free Covid Tests will be available.

Location: Town Hall (Rear of Building), 6100 Jost Street, Fairmount Heights, MD 20743

Contact: For more information, please contact Martes Barnhardt: 301-747-1371 or Joyce White 202-743-3899

National Night Out in Upper Marlboro

Date and time: **Tuesday, August 2, 2022**, 6-8:30 p.m.

Description: Come join your neighbors for the 39th anniversary celebration of National Night Out. Bring your own chairs and the whole family! Music, popcorn, musical chairs, kids corner, win gift cards! Help build a stronger and safer community! Get to know your neighbors! Co-sponsors: Prince George's County Police Department Division II, CSA 23 Leadership Council. No rain date.

Location: Marlborough Village Shopping Center, 5010 Brown Station Road, Upper Marlboro, MD 20772

Contact: For more information, call 301-390-2100 or email CSA23LC@gmail.com

Neighborhood Garden Party

Date and time: **Saturday, August 6, 2022**, 12-3 p.m.

Description: Riversdale House Museum invites our Riverdale Park neighbors to enjoy, explore, and engage during a party just for you. Discover ways you can get involved, share feedback, say hello & have fun! Enjoy lawn games, tours, & treats (while supplies last). Picnics & leashed pets welcome.

Cost: FREE! No registration necessary

Location: Riversdale House Museum, 4811 Riverdale Road, Riverdale Park, MD 20737

Contact: 301-864-0420; TTY 301-699-2544

Wine & Jazz at Marietta

Date and time: **Saturday, August 13, 2022**, 2-7 p.m.

Description: Bring your blanket or lawn chairs and join us for a leisurely day of Wine & Jazz on the green grounds at Marietta House Museum. Listen to the sounds of local popular artists AJQ Plus 1 jazz ensemble and Higher Standard Jazz. Local vendors will be onsite with food and crafts. Artisan crafters will be demonstrating woodcarving, decorating tips, artwork, and more. Take a guided tour of Marietta House Museum and the Duvall Law Office at listed times during the day (included with event admission). Stroll through the booths of local Maryland wineries, including Romano Vineyard and Winery, Olney Winery, and more. Sample their delicious wine in a provided tasting glass.

Ages: Ages 21 and up.

Cost: \$10 per person. May pay at the door or register through www.pgparcsdirect.com or call 301-464-5291.

Location: Marietta House Museum, 5626 Bell Station Road, Glenn Dale, MD 20769

Contact: 301-464-5291 or visit PGParks.com

Get Ready for Our 3rd Annual Bike Ride

Date and time: **Saturday, October 1, 2022**, 8 a.m.-12 p.m.

Description: Join the Office of the State's Attorney for Prince George's County, Maryland for our 3rd Annual PGSAO Purple Bike Ride, which raises awareness about domestic violence and funds to benefit survivors. This year we have three exciting routes, 5, 10 and 25 miles!!!

Cost: Free. Register to participate by visiting: <https://www.bikereg.com/pgsao-purple-bike-ride2022>.

Location: Fairwood Park, 12390 Fairwood Parkway in Bowie

Contact: For General Inquiries & Cycling Club Partnerships - Sade Dennis, fodennis@co.pg.md.us. For Partnerships, Sponsorships & Volunteering - Denise Douglas, dadouglas@co.pg.md.us

COMMUNITY

Town of Bladensburg Speed Camera Program Public Notice

Safe Speed Automated Enforcement Program

Town of Bladensburg uses speed cameras to encourage motorists to slow down in school zones and in areas designated as residential highways where traffic data and citizen complaints show that speeding is a problem.

The use of speed cameras in Maryland—called the Safe Speed Automated Enforcement Program—was authorized by the Maryland General Assembly under Maryland Transportation Article 21-809.

The Town of Bladensburg passed legislation, in September 16, 2019, **Ordinance 1-2019**, authorizing the use of speed cameras in school zones.

On July 11, 2022, the Town of Bladensburg Council amended this legislation, **Emergency Ordinance 3-2022**, to allow additional cameras on highways within residential districts.

The Bladensburg Police Department (BPD) supports speed cameras because they enhance public safety. Every day, citizens demand safe streets in the Town of Bladensburg, especially for the benefit of children and senior citizens. Speed cameras are an effective tool for slowing down motorists.

During the first 20 days after a camera is activated, motorists exceeding the speed limit by at least 12 miles per hour (mph) will receive warnings rather than citations.

After a speed camera has been in place for 20 days, citations will be issued to motorists traveling at least 12 mph over the speed limit.

Tickets generated by speed camera violations carry a \$40 fine; no license points are assigned because these are civil violations. Vehicle insurance providers are not notified of speed

camera citations. You may pay online or by mail; the options are included on the violation notice.

As required by Transportation Article § 21-809 of the Maryland Annotated Code, notice of the location of all unmanned stationary ASE systems shall be published on the local jurisdiction's website and in a newspaper of general circulation in the jurisdiction.

Locations of Speed Cameras in the Town of Bladensburg

Bladensburg will deploy mobile/portable speed camera units that will be moved between approved locations. The mobile/portable speed cameras will be placed in locations that are within one half square mile radius of the schools and residential highways located within the Town of Bladensburg. Deployment locations:

School Zone

- 4300 Blk 58th Ave Southbound, Monday-Friday: 6 a.m to 8 p.m.

Residential Zone

- 3800 Blk Kenilworth Ave North and Southbound, 24 hours a day - 7 days a week - 365 days a year
- 5600 Blk Annapolis Rd East and Westbound, 24 hours a day - 7 days a week - 365 days a year
- 4100 Blk 57th Ave North and Southbound, 24 hours a day - 7 days a week - 365 days a year
- 4900 Blk Tilden Rd Westbound, 24 hours a day - 7 days a week - 365 days a year
- 4200 Blk of Edmonston Road Southbound, 24 hours a day - 7 days a week - 365 days a year
- 5300 Blk Newton St Westbound, 24 hours a day - 7 days a week - 365 days a year

Bowie State Picked to Repeat as League Champions; Four Named All-CIAA Preseason

By JOLISA WILLIAMS
Bowie State Athletics

SALEM, Va. (July 20, 2022)—For the fourth consecutive year, the Bowie State football team has been picked as the preseason favorite to win the Central Intercollegiate Athletic Association (CIAA) crown by the league's head coaches and sports information directors, the conference announced Wednesday in conjunction with its annual Media Day held at the Sheraton Hotel.

The Bulldogs earned 134 total points—including six of the 12 possible first place votes—to finish ahead of Fayetteville State in the preseason poll. In addition to being tabbed to repeat as league champs, four Bowie State players received CIAA preseason honors.

Redshirt-senior and defensive lineman Joshua Pryor proved to be a dynamic playmaker for one of the league's best defenses by playing in all 14 games en route to All-CIAA second team honors and AFCA second team All-American. The Baltimore, Md., native racked up 72 total tackles—including three double-digit tackle performances—while notching 20.5 tackles for loss, six sacks, a pair of fumble recoveries, a forced fumble and a block kicked.

Graduate seniors and offensive linemen Quinton Bobo (White Plains, MD) and Mark Murphy (Seat Pleasant, MD) both competed in 14 games apiece last season as anchors of the Bulldogs offense which ranked first in the CIAA for total points (385), total touchdowns (60) and extra field goal attempts (54). BSU's offense compiled 4,923 yards of total offense including 2,489 rushing yards and 25 rushing touchdowns for a conference second best.

Last season **Darrious Bowman** made an impact on special teams with

his presence for the Bulldogs on his way to All-CIAA second team honors last season. The Fort Washington, Md., native appeared in 14 games while registering 19 total punt returns for a total of 293 yards, which ranked second in the CIAA.

Fayetteville State and Virginia Union round out the top-3 votes, predicting to finish second and third, respectively.

Under the leadership of interim head coach Kyle Jackson, Bowie State will open the 2022 season on Saturday, Sept. 3 when playing host to New Haven. Kickoff from Bulldog Stadium is scheduled for 1 p.m.

2022 CIAA Preseason Football Predicted Order of Finish

1. Bowie State
2. Fayetteville State
3. Virginia Union
4. Shaw
5. Chowan
6. Virginia State
7. Winston-Salem State
8. Elizabeth City State
9. Johnson C. Smith
10. Lincoln (PA)
- t-11. Livingstone
- t-11. St. Augustine's

North Division

1. Bowie State
2. Virginia Union
3. Chowan
4. Virginia State
5. Elizabeth City State
6. Lincoln (PA)

South Division

1. Fayetteville State
2. Shaw
3. Winston-Salem State
4. Johnson C. Smith
- t-5. Livingstone
- t-5. Saint Augustine's

For the most up-to-date information on Bowie State University Athletics and its 13 varsity sports teams, please visit www.bsbulldogs.com.

Cancer Survivor to Host Community Hike in Accokeek

By PRESS OFFICER
Fight Colorectal Cancer

Colorectal cancer (CRC) survivor Cheryl Alston, White Plains is hosting a hiking event on the National Colonial Farm Loop in Accokeek, Maryland on August 6 as part of a national event, Climb for a Cure, hosted by the national advocacy organization Fight Colorectal Cancer (Fight CRC). Proceeds from the event will support breakthrough research endeavors such as Fight CRC's Path to a Cure, a plan to bring attention to CRC and all of the issues surrounding it. The event is one of 11 community climbs occurring as part of the national event.

Alston was diagnosed with stage II CRC when she was 56 years old. She became involved with Fight CRC after feeling very alone in her own diagnosis. Now, Fight CRC has become a constant in her life and the lives of so many other survivors, caregivers, and advocates. "I climb for research and advocacy. I climb for those who cannot. I climb to incorporate the exercise with a larger mission. I climb for myself. I climb so that the world does not forget to be seen and screened," said Alston.

According to the American Cancer

Society, 1 in 23 men and 1 in 25 women will be diagnosed with colorectal cancer, which according to a 2021 JAMA study will be the leading cause of cancer deaths in those under 50 by the year 2030. Although one in three adults between the ages of 45 and 75 are not getting screened as recommended.

Alston serves as an Ambassador for Fight Colorectal Cancer and is an avid advocate. She will be leading a group of other patients, caregivers and loved ones who are passionate about colorectal cancer awareness and have chosen to join her.

This will be the seventh year Fight CRC has hosted Climb for a Cure. Started in 2015 by four Fight CRC advocates, Climb for a Cure inspires cancer survivors to push themselves physically and mentally as there is no greater challenge than fighting cancer. In 2022, participants are taking part through a Climb location near them or by creating their own climb.

Locals who are interested in attending can register at

<https://fightcolorectalcancer.org/be-a-champion/climb-for-a-cure/accokeek-maryland/>. Learn more about Climb for a Cure at FightCRC.org/Climb.



PHOTO COURTESY FIGHT COLORECTAL CANCER

Cheryl Alston

Fight Colorectal Cancer (Fight CRC) is a leading patient-empowerment and advocacy organization in the United States, providing balanced and objective information on colon and rectal cancer research, treatment, and policy. We are relentless champions of hope, focused on funding promising, high-impact research endeavors while equipping advocates to influence legislation and policy for the collective good. Learn more at FightCRC.org.

Maryland Chef Eric LeBlanc to Battle 13 Chefs From Around the Country for the Title King or Queen of American Seafood

Louisiana Lt. Governor Billy Nungesser to name America's Best Seafood Chef at the 2022 Great American Seafood Cook-Off in New Orleans

By PRESS OFFICER
Louisiana Seafood

NEW ORLEANS (July 21, 2022)—Louisiana Lieutenant Governor Billy Nungesser and the Louisiana Seafood Promotion and Marketing Board are excited to announce Chef Eric LeBlanc of Burton's Grill and Bar in Gaithersburg, and Riverdale Park, Maryland, will face-off against 13 other chefs from around the country to the nation's ultimate seafood cooking competition, the 18th Annual Great American Seafood Cook-Off.

Chef Eric LeBlanc serves as the executive chef at Burton's Grill and Bar, as well as the culinary director for the Red Heat Tavern restaurant group. Chef LeBlanc is no stranger to the event, serving as the sous chef for Chef Denise Herrera of Massachusetts in 2021 when she captured second place. Eric graduated from the New England Culinary Institute in 2005 before gaining experience in the kitchens of Chez Henri, Central Kitchen, and Grotto as a line cook. Other stops have included La Jolla, CA, and Costa Rica before returning to the northeast. In January of 2021, Eric LeBlanc joined the Burtons Bar & Grill and Red Heat Restaurant



PHOTO COURTESY LOUISIANA SEAFOOD PROMOTION AND MARKETING BOARD

Chef Eric LeBlanc of Burton's Grill and Bar in Gaithersburg is set to compete against 13 chefs from around the country in the 18th Annual Great American Seafood Cook-Off in New Orleans. The annual event is hosted by the Louisiana Seafood Promotion & Marketing Board in conjunction with the Louisiana Restaurant Association.

Group as Culinary Director. Chef Eric has been able to participate as a champions pavilion chef for the U.S. Open in 2011 and 2013. On Food Network, Leblanc has competed in the popular Cutthroat Kitchen

and Rewrapped shows, ultimately winning both, and was named the 2021 Grand Winner of the Wicked Bites and Chefs of the North Shore Pro Chef Competition.

The 2022 Great American Seafood Cook-Off will be held at the Ernest N. Morial Convention Center in New Orleans on Saturday, August 6. The 18th annual event gets underway with Opening Ceremonies at 11:15 a.m. as 14 chefs, each representing their home state, cook in front of a live audience and a panel of nationally acclaimed judges.

"The Great American Seafood Cook-Off is the perfect stage to celebrate Louisiana and America's domestic seafood industry – the best in the world," said Louisiana Lt. Governor Billy Nungesser. "This year there will be a very talented field of chefs from all over the country vying to be crowned the next 'King or Queen of American Seafood' right here in New Orleans. Each chef will be showcasing their skills with domestic seafood to present the best seafood dishes."

During the competition, each chef will prepare a dish highlighting the use of do-

See CHEF Page A7

Sunday Morning Coffee Co. Brings Premium Coffee Culture to D.C.'s First Wegmans Store

Black woman-owned brand pioneering coffee industry while educating customers about the Black culture and history of coffee

By RACINE TUCKER-HAMILTON
Sunday Morning Coffee Company

WASHINGTON (July 18, 2022)—Sunday Morning Coffee Company, a Black and woman-owned specialty premium coffee brand, made its debut in Washington, D.C.'s first Wegmans Food Market in Tenleytown.

"As a Black woman-owned business, we're excited to partner with Wegmans to provide even more customers with high-quality coffee that reflects integrity, sophistication, and a superior experience," says Savannah Mitchell, founder and CEO of Sunday Morning Coffee Company. "This is much bigger than just dark liquid in a cup, I want to educate Black and Brown communities about the socioeconomic power of coffee."

Sunday Morning's mission is to create easy moments for coffee lovers to experience. The company upholds this commitment by providing luxurious, premium blends, such as Bellissima (Espresso),

Dakota's Reserve (Mocha-Java), and Tiah Maria (Colombian), that have graced Wegmans shelves among several well-known national coffee labels. The smooth, sultry, and satisfying blends are available in 12-ounce, ground, and whole bean bags, featuring sustainable packaging and certified Fair Trade local roasters.

Only nine percent of coffee roasters are black and only 24 percent of all roasters are women. Mitchell, an Anne Arundel County resident is one of very few Black woman roasters in the country. Sunday Morning's beans are roasted locally and are cultivated in the top coffee growing regions in the world, such as Ethiopia, Kenya, Vietnam, Colombia, Brazil, Honduras and other global partners.

"I believe people are empowered by knowledge. Educating the community about the etymology and significance of the coffee bean is a top priority." Mitchell states that coffee was a high value commodity before, during and post slavery and widely exported by African leaders to

many European nations.

Founded in 2021, Sunday Morning Coffee is a WBENC certified Women Business Enterprise (WBE) and certified Black-owned company that offers the most luxurious dark roast, full-bodied medium roast, and robust light roast coffees from quality and responsible farmers.

For more information, visit <https://sundaymorningroast.com/>



PHOTOGRAPH COURTESY SUNDAY MORNING COFFEE COMPANY

Savannah Mitchell

COMMUNITY

Governor Larry Hogan Appoints Bowie Employee Tiffany Wright as Member of the Patuxent River Commission

By PRESS OFFICER
City of Bowie

On July 14, 2022, Governor Larry Hogan appointed Tiffany Wright as a member of the Patuxent River Commission for a term to expire September 30, 2025.

The Patuxent River Commission aims to protect, enhance, and restore the natural wildlife and environmental resources that the river provides.

Tiffany Wright is currently employed as a Watershed Manager in the City of Bowie Department of Planning and Sustainability. She is a graduate of Coastal Carolina University, holding a bachelor's degree in Marine Science.

Since joining the City in 2009, Tiffany has completed many major assignments and initiatives, such as starting the City's stream team program, implementing a new tree planting program for residents (Plant One Tree on Us), helping to

draft the City's first Sustainability Plan, and more.

In addition to her watershed manager duties, Tiffany assists the Emergency Operations Center and is the delegated authority to act on behalf of the Department Director upon activation of the City's Continuity of Operations Plan. She is also co-author and publisher of the annual State of the Environment Report, produces multi-media outreach material such as the Welcome to Your Watershed webinar, gives presentations at local schools and frequently assists the Chesapeake Bay Trust with reviewing their grant applications.

"Tiffany's many years of managing local stream clean ups, public education, forest cover expansion efforts and habitat restoration make her a perfect addition to this important Statewide Commission," says Joe Meinert, Director of the Planning and Sustainability Department for the City of Bowie.

Leadership from AI

sociate Training Institute Oversight Committee and the State Library Resource Center Oversight Commission. Gannon holds a Master of Library Science from the University of Maryland and a Master of Science in Counseling Psychology from Loyola University (MD).

About Nicholas A. Brown

Nicholas Alexander Brown is a Honduran-American library executive and musician based in Prince George's County, Maryland, where he serves as chief operating officer for communication and outreach at the Prince George's County Memorial Library System. He is the recipient of the 2021 Library Journal Marketer of the Year Award and was a Library Journal Mover & Shaker in 2019. Brown is a past president of the DC Library Association and Beta Phi Mu Iota

Chapter, a past chair of Library of Congress GLOBE, and an active committee co-chair in the ALA Rainbow Roundtable.

COO for Public Services Michelle Hamiel recently departed PGCMLS for a new appointment as director of strategic initiatives at Urban Libraries Council. The Public Services Division is currently under the leadership of Interim COO for Public Services Megan Sutherland.

About Megan Sutherland

Megan Sutherland joined Prince George's County Memorial Library System in 2017 as the librarian III at the Largo-Kettering Branch Library and has served as the east area director since 2019. Sutherland is a graduate of the Maryland Library Leadership Institute and the Maryland State Library Agency's Strategic Leadership program. She is an active member of the Maryland Library

Association and will serve on the executive board as the Professional Development Panel Officer and as co-chair of the Library Advocacy Interest Group.

The Prince George's County Memorial Library System (PGCMLS) *helps customers discover and define opportunities that shape their lives. The Library serves the 967,000+ residents of Prince George's County, Maryland through 19 branch libraries, a 24/7 online library, and pop-up services throughout the community. PGCMLS is a responsive and trusted community-driven organization. Programs, services, and outreach activities serve booklovers, immigrants and refugees, job seekers, children, young professionals, seniors, and families alike. Learn more at pgcmls.info/about-us.*

Prince George's County Named #1 Digital County in the 2022 Digital Counties Award

County is recognized as leader, turning challenges that emerged with the COVID-19 pandemic into opportunities to learn, invest, and collaborate.

By DAWN PAGE
Prince George's County Office of Information Technology

UPPER MARLBORO, Md. (July 25, 2022)—For the second year in a row, Prince George's County has been named the #1 Digital County in the United States in the 20th annual Digital Counties Survey, in the 500,000-999,999 population category. The survey, conducted by the Center for Digital Government (CDG), is an intense competition that honors the top ten Counties nationwide using smart strategies for digital services to move toward the future.

"We are Prince George's Proud that our County was named the #1 Digital County this year, as it reflects the hard work we have done over the past few years to create a 21st-century government that can better serve our residents," said Prince George's County Executive Angela Alsobrooks. "I want to thank our Office of Information Technology for their efforts to enhance our digital infrastructure and make our County a national leader. We are embracing a digital foundation which is a key foundation for new programs we are launching that will further improve the quality of life for our residents, and positions us for this new era of rising opportunity. We are excited that the best is truly yet to come for Prince George's County."

The County stood out from other jurisdictions based on its smart technology strategies to further countywide goals and operational efficiencies, connecting with the community with modern user experience and accessibility through several major and ongoing IT initiatives, including WEB portals, geospatial data, and apps accessible from anywhere. These include approaches underway to re-imagine broadband opportunities, safe technology infrastructure, and fast deployment of WEB apps. Among several apps, CDC highlighted PGCLitterTRAK which facilitates community involvement in the County's beautification goals, and modernized the 311 system (PGC311) to include a mobile app, and web portal which offers status updates and enhanced transparency for residents on issues.

The Office of Information Technology made bold moves in reworking its structure and focus by creating a new Digital Government Division—charged with optimizing customer-facing digital services and looking for opportunities to bring new process efficiencies through automation, and an executive level

Cyber Security Officer and division. Further recognizing the criticality of cyber in modern times, Prince George's County aggressively expanded its cybersecurity profile, including use of federal grants from the American Rescue Plan to enhance cybersecurity and resiliency goals for safe virtual working and constituent engagement through expansion of dedicated cyber professionals, a virtual security operations center, and SEIM (security event and incident management) capabilities.

Other highlights include work in the Health Department with a novel approach to electronic health records and health informatics, and being the first in the state to migrate to Next-Gen 911—a significant undertaking that now provides more accurate routing for emergency calls.

"I am proud of this award in recognition of the Office of Information Technology, our partner county agencies, and our amazing County Executive leadership for our ongoing efforts to deliver relevant and best practice technologies while expanding our digital footprint and virtual capabilities that serve agencies and the community," said Prince George's County CIO Wanda Gibson. "In the post-pandemic world, there have been many new challenges, but we have been able to pivot and continue providing essential services, and have made remarkable headway, never stopping to achieve new initiatives. We have seized the opportunity in the new virtual world, which catapulted us into the future. Our talented workforce fuels our drive and success in achieving our County's Proud Priorities and taking advantage of these times of rising opportunity. This award again demonstrates that we are a leader in our region, state, and nation, and we are ready for the next generation challenge."

What sets apart the winning counties this year is their making bold moves with the ability to leverage the challenging times to reimagine traditional strategies and propel their technology approaches forward. For more information about the Digital Counties Survey and a full list of winners, visit https://www.govtech.com/dc/articles/digital-counties-2022-winners-innovate-and-collaborate?utm_campaign=Newsletter%20-%20GT%20-%20GovTech%20Today&utm_medium=email&_hsmt=219437648&_hsenc=p2ANqtz-9BzLvs-qrE8g3gWQNCQ3Y3EEqFhWZWoJxGsXCwVTWHND9wRm4mJjvkLR4E_hXg5ogml5-4JQ1_LsJpUcZf8RobNfhvw&utm_content=219437648&utm_source=hs_email.

COMMENTARY

Marian Wright Edelman

Founder and President Emerita,
Children's Defense Fund



ChildWatch:

"The Future Has Its Eyes on You"

"The future has its eyes on you." That was the message children enrolled in Children's Defense Fund (CDF) Freedom Schools® summer programs across the country heard and shared as they participated in this year's National Day of Social Action on July 20. CDF Freedom Schools programs encourage students in grades K-12 (known as "scholars") to excel and believe in their ability to make a difference in themselves and their families, schools, communities, country, and world with hope, education, and action. Every summer scholars participate in a National Day of Social Action. This event has been a regular part of CDF Freedom Schools programming since the program's beginning, and gives young people a chance to participate in collective action and use their voices

to express their desire for change and their vision for a more equitable future. Above all, the National Day of Social Action reinforces CDF's message that children are never too young to make a difference.

This year's theme was Climate Justice is Racial Justice. CDF Freedom Schools leaders partnered with Youth vs. Apocalypse, a diverse group of young climate justice activists working together to lift the voices of youth, especially youth of color and working class youth, to fight for a livable climate and an equitable, sustainable, and just world. At CDF Freedom Schools sites across the country scholars took field trips to science museums, shared youth-produced videos, wrote letters to their elected officials, learned about clean water and other needs in their communities from

local experts, and found many other ways to learn more and share their urgent message.

This year's National Day of Social Action felt especially relevant during a week when record-breaking extreme weather made headlines around the world and at home, including in many of the states and communities where our scholars live. Children have their eyes on what adults are doing and not doing. When Time magazine named then-16-year-old climate change activist Greta Thunberg their 2019 Person of the Year—making her the youngest person ever honored—Time noted she represented a new wave of young people who refuse to accept the world adults have created for them: "She is a reminder that the people in charge now will not be in charge forever, and that the young people who are inheriting

dysfunctional governments, broken economies and an increasingly unlivable planet know just how much the adults have failed them." Time added: "Leaders respond to pressure, pressure is created by movements, movements are built by thousands of people changing their minds. And sometimes, the best way to change a mind is to see the world through the eyes of a child."

When we look outside through a child's eyes we are reminded that the earth is the Lord's, the psalmist says, and we should rejoice in it—not destroy it! When we look at our nation and world through our children's eyes and hearts we are able to see how much urgently needs action. These are overarching children's and human survival issues that often don't seem to matter to military, corporate, and political greedies who continue to threaten our existence by stealing billions of resources for the few instead of investing those resources to eliminate poverty and spread hope. But children understand the world they want and deserve. I am so proud of CDF Freedom Schools scholars and all young people who are doing their part to build that better world right now.

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Contents © 2022, The Prince George's Post

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Prince George's County, Md. Member National Newspaper Publishers Association, and the Maryland, Delaware, District of Columbia Press Association. The Prince George's Post (ISSN 10532226) is published every Thursday by the New Prince George's Post Inc., 15207 Marlboro Pike, Upper Marlboro, Md. 20772-3151. Subscription rate: 25 cents per single copy; \$15 per year; \$7.50 senior citizens and students; out of county add \$1; out of state add \$2. Periodical postage paid at Southern Md. 20790. Postmaster, send address changes to Prince George's Post, P.O. Box 1001, Upper Marlboro, Md. 20772-3151.

BUSINESS AND FINANCE

SBA Announces Funding Opportunity to Provide Entrepreneurship Training to Service-Disabled Veterans

By JACK SPIRAKES, MPA
U.S. SBA

WASHINGTON (July 20, 2022)—The U.S. Small Business Administration announced a new funding opportunity for eligible non-profit organizations, state and local government agencies, private sector firms, and institutions of higher learning to provide entrepreneurship training to service-disabled veterans. The awarded organization(s) can use the funding to market, deliver, and scale existing service-disabled veteran entrepreneurs' training programs for veterans, service-disabled veterans, and Reserve component members who intend to start new businesses or expand existing small businesses.

"In line with the Biden-Harris Administration's priorities, the SBA continues to work to remove barriers for service-disabled veterans who are interested in pursuing entrepreneurship after their military career," said Larry Stubblefield, As-

sociate Administrator for SBA's Office of Veterans Business Development. "Through this funding opportunity, awarded organizations will help us extend our reach to the service-disabled veteran small business community to help them succeed at every stage of their entrepreneurial journey."

The Service-Disabled Veteran Entrepreneurship Training Program (SDVTEP) award is for a base project period of 12 months, with three 12-month non-compete continuation year periods. A total of \$300,000 in funding is available for this program in FY 2022. SBA anticipates making up to six (6) awards, each valued between a minimum of \$50,000 up to a maximum award of \$150,000.

How to apply:

For specific instructions on obtaining, completing, and submitting

See **OPPORTUNITY** Page A7

Social Security Matters

Ask Rusty:

I'm 78 and Still Working; Should I Apply for Social Security?

By RUSSELL GLOOR,
National Social Security Advisor at the AMAC Foundation,
the non-profit arm of the **Association of Mature American Citizens**

Dear Rusty: I am 78, still working, have a good healthcare plan and I make a nice salary. Can I still get my Social Security check since I paid into it all these years? **Signed: Still Working in My 70s**

Dear Still Working: You not only can get your Social Security check now, I recommend you apply for it as soon as possible. Regardless of your current earnings, you'll not suffer any penalty because you are still working. That's because you stopped being subject to Social Security's "earnings test" when you reached your full retirement age (FRA) of 66 some years ago. Indeed, your Social Security benefit continued to grow until you reached 70 years of age, at which point it reached your maximum benefit, which is 32% more than your benefit would have been at age 66.

Since your benefit reached maximum some years ago at age 70, and since working now won't hurt your payment amount, you should claim your benefits immediately. You should also ask for six months of retroactive benefits. Although your benefit stopped growing at age 70 and you're now 78, Social Security will only pay up to six months of retroactive benefits, thus you have lost some of your benefits by waiting until age 78 to claim.

You can apply for your benefits either by calling SS at your local office or the national Social Security service center at 1-800-772-1213 to make an appointment to apply, or you can apply online at www.ssa.gov/retire. Applying online is by far the most efficient method, but you'll need to first create your personal "my Social Security" online account to do so (simply go to www.ssa.gov/myaccount and follow the instructions).

Since you're still working, and assuming you have "creditable" healthcare coverage from your employer, you can delay enrolling in Medicare until you stop working ("creditable" coverage is a group plan with at least 20 participants). If you haven't yet enrolled in Medicare and you've had creditable healthcare coverage since you were 65, you will not incur a late enrollment penalty for enrolling in Medicare now, but you can also continue to defer enrolling in Medicare without penalty if your employer coverage is "creditable."

I strongly encourage you to apply for your Social Security benefits as soon as possible, because you will continue to lose money by delaying further. You will still get credit for your current earnings even after you start your Social Security benefits and, if appropriate because of your recent earnings, your benefit amount will be automatically increased, so there is no reason to delay claiming Social Security any longer. You earned your Social Security benefits, you aren't subject to a penalty because you're still working, and you'll continue to get credit for your current earnings while still working, so you should apply for your Social Security benefits as soon as possible.

The 2.4 million member Association of Mature American Citizens [AMAC] www.amac.us is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC Action is a non-profit, non-partisan organization representing the membership in our nation's capital and in local Congressional Districts throughout the country. And the AMAC Foundation (www.AmacFoundation.org) is the Association's non-profit organization, dedicated to supporting and educating America's Seniors. Together, we act and speak on the Association members' behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at www.amac.us/join-amac.

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LHS Elects New Officers and Board Members

By PRESS OFFICER
Laurel Historical Society

The Laurel Historical Society (LHS) has elected new officers and members of the Board of Directors. The officers are President: Denise Redmond; Vice President: Alicia Fields; Treasurer: Robert Mignon; Recording Secretary: Melanie Dzwonchyk; and Corresponding Secretary: Amy Dunham. Beth West is the newly elected Board member. The officers and new board member terms began July 1, 2022 and run through June 2024.

Denise Redmond, the newly elected President of the LHS, has served on the LHS Board of Directors since 2020 and is a longtime community volunteer with the Woman's Club of Laurel, West Laurel Civic Association, and the Prince George's County Public Schools. She is also an award-winning Realtor with Long and Foster Realtor Real Estate. Bob Mignon, who was also newly elected to the position of Treasurer, is a long-time Laurel businessman, and former owner of MinuteMan Press. He is also active in the Lions Club, The Laurel Board of Trade, and Side By Side. Re-elected to their current officer positions were: Vice President Alicia Fields who is an Assistant Vice President Commercial Lender for Sandy Spring Bank, Recording Secretary Melanie Dzwonchyk, a former LHS President, and former editor of the Laurel Leader and Corresponding Secretary Amy

The Laurel Historical Society (LHS) has elected new officers and members of the Board of Directors. From L-R: Board Chair Karen Lubieniecki, Treasurer Bob Mignon, President Denise Redmond, Vice President Alicia Fields, Recording Secretary Melanie Dzwonchyk. Not pictured: Corresponding Secretary Amy Dunham and newly elected Board member Beth West. The officers and new board member terms began July 1, 2022 and run through June 2024.

Dunham who is a physical education teacher for the Prince George's Public Schools, based at Laurel Elementary.

LHS volunteer Beth West was elected to the LHS Board of Directors. West, who has been volunteering with the LHS for many years, is currently a Government Information Specialist at NIH. She is also a volunteer with the Woman's Club of Laurel. In addition to the officers, several currently serving members were reelected for another term: Mike Boivin, Larry Eldridge, Marlene Frazier, Michelle Keating, Karen Lubieniecki, and Margie McCeney.

The Laurel Historical Society is located at 817 Main Street, Laurel, Md. Its current Laurel Museum exhibit: What's Cookin' Laurel: Recipes, Restaurants & Community runs through December 2022. The Laurel Museum is open Fri.-Sat. 12-4. Admission is free. For John Brennan Research Library appointments, tour groups and more information visit www.laurelhistoricalsociety.org or contact info@Laurelhistoricalsociety.org, 301-725-7975.



PHOTOS COURTESY LAUREL HISTORICAL SOCIETY
Denise Redmond is the newly elected President of the Laurel Historical Society. She has served on the LHS Board of Directors since 2020 and is a longtime community volunteer with the Woman's Club of Laurel, West Laurel Civic Association, and the Prince George's County Public Schools. She is also an award-winning Realtor with Long and Foster Realtor Real Estate.

PGCMLS Welcomes New Board of Library Trustees Members

By SILVANA QUIROZ
Prince George's County
Memorial Library System

LARGO, Md. (July 11, 2022)—The Prince George's County Memorial Library System (PGCMLS) is honored to present two new members of the Board of Library Trustees. Patrice Garnette and Robert Fernandez were sworn in last week during a public hearing event at the Prince George's County Council. "We are excited to welcome these new board members who will advocate for and support the efforts of PGCMLS as we continue to work toward social impact for our community members," said Roberta Phillips, CEO.

The PGCMLS Board of Library Trustees is a seven-member board appointed by the County that governs the Library. During members' five-year terms, they bring knowledge of the community, a commitment to the rights of citizens to information, and a willingness to continually maintain and strengthen library services in Prince George's County.

Meet the New Board of Library Trustees Members:

Patricia Garnette is currently a capital markets compliance manager at Freddie Mac, overseeing the firm's compliance with financial obligations. Garnette is a former teacher, an avid reader, and a lifelong learner. "I strongly feel that communities have free access to outstanding reading and research materials and other important library services. For generations, my family has emphasized the power of reading and learning and regularly uses our local public library. I've passed that value on to my children and believe strongly in the need to have great library resources available to all families in my area," Garnette stated. She holds a J.D. from the George Washington University Law School, a master's degree from American University, and a bachelor's degree from Hampton University. She resides in Bowie, Maryland.

Robert Fernandez has been a faculty member and librarian at Prince George's Community College since 2017. Fernandez serves on the board of directors of Wikime-

dia District of Columbia, a 501(c)(3) non-profit organization that works with cultural institutions in the greater Washington DC area, including the Smithsonian, the Library of Congress, and the National Archives. He engages these institutions and their audiences with Wikipedia and other open-source educational projects. "I have been a library patron since my mother regularly brought me to Morristown Public Library as a toddler. Libraries have been a key element of my intellectual and social growth throughout my life. I wish to deepen my family's roots in this community and contribute to its growth and well-being. I feel the best way to do that is to volunteer in an area where I have a significant skill set and use that experience to improve my community. I've grown to understand this community better through my work with library patrons here, and I am committed to the rights of those patrons to access information," Fernandez said.

PGCMLS also congratulates **Sylvia Bolivar** for being reappointed as a board member. Bolivar has been part of the Board of Library Trustees since June 2008. She advises municipalities on community and economic development programs. Previously, Bolivar served as senior advisor for place-based initiatives in the U.S. Department of Housing and Urban Development.

The Board of Library Trustees ensures that PGCMLS continues providing services in the community, advocating and maintaining programs and initiatives that empower the residents of Prince George's County.

For more information about the Board visit <https://ww1.pgcmls.info/board-of-library-trustees>.

The Prince George's County Memorial Library System (PGCMLS) helps customers discover and define opportunities that shape their lives. The Library serves the 967,000+ residents of Prince George's County, Maryland through 19 branch libraries, a 24/7 online library, and pop-up services throughout the community. PGCMLS is a responsive and trusted community-driven organization. Programs, services, and outreach activities serve book lovers, immigrants and refugees, job



PHOTOS COURTESY PGCMLS
Patricia Garnette



Robert Fernandez



Sylvia Bolivar

seekers, children, young professionals, seniors, and families alike. PGCMLS is the recipient of the 2021 Urban Libraries Council Top Innovator Award for Workforce and Economic Development. Learn more at pgcmls.info/about-us.

HEALTH *and* WELLNESS

Maryland Department of Health Launches 988, the New National Suicide & Crisis Lifeline

By PRESS OFFICER
Maryland Department of Health

BALTIMORE (July 18, 2022)—The Maryland Department of Health (MDH) today announced the launch of 988, the new National Suicide & Crisis Lifeline, in Maryland.

Contacting 988 provides a direct connection to support for anyone experiencing a mental health or substance use crisis, having thoughts of suicide, or being worried about someone who may need crisis support.

"988 is an easy-to-remember number and an incredibly fast way to get anyone who experiences a behavioral health crisis the help they need right away," said MDH Secretary Dennis R. Schrader. "In addition, in Maryland, we are integrating 988 into our existing and expanding crisis system support network."

Suicide was a leading cause of death for people ages 10 to 34 years in 2020, according to the Substance Abuse and Mental Health Services Administration (SAMHSA). Moreover, from April 2020 to 2021, over 100,000 individuals died from drug overdoses in the U.S.

When someone in Maryland calls 988, the call is routed based on the

caller's area code, not their location. If your cell phone has an out-of-state area code, your call will be routed to the state in which the area code originates. For those calls routed to Maryland, the call is answered by one of eight strategically located call centers across the state. These centers provide phone, text and chat-based support and information regarding local resources free of charge.

The Lifeline provides phone services in English and Spanish and uses Language Line Solutions to provide translation services in over 150 additional languages for people who call 988. Veterans can access the Veterans Crisis Line by calling 988 and pressing 1.

MDH also launched an awareness campaign to promote the new three digit number. Radio, digital and streaming ads launched this weekend and will run across the state for approximately eight weeks. Billboards are slated to appear on the Eastern Shore and in Western Maryland in August.

"We must lead the charge in changing the narrative and educating Marylanders to call 988 for behavioral health crises," said Dr. Lisa Burgess, MDH Acting Deputy Secretary for the Be-

havioral Health Administration (BHA). "The 988 lifeline is a key component as we continue to expand and improve our crisis system in Maryland."

BHA is expanding crisis services across the state through the Mobile Response & Stabilization Services, a youth-specific crisis service model. Recently, BHA also developed mental health and crisis resources for coping with violence and resources to support minority mental health.

The 988 Suicide & Crisis Lifeline replaces the National Suicide Prevention Lifeline (1-800-273-8255) and Maryland's helpline (211, press 1). Both numbers will remain operational through the transitional period and beyond to ensure no resident is left without crisis support.

Learn more about 988 in Maryland: <https://health.maryland.gov/bha/Pages/988md.aspx>.

The Maryland Department of Health is dedicated to protecting and improving the health and safety of all Marylanders through disease prevention, access to care, quality management and community engagement. <http://www.twitter.com/MDHealthDept> and at [Facebook.com/MDHealthDept](https://www.facebook.com/MDHealthDept).

Maryland Delegation Members Announce \$1.25 Million to Prevent Youth Drug and Substance Use Across Maryland

WASHINGTON (July 15, 2022)—Yesterday, Congressman Steny H. Hoyer (MD-05), and Senators Ben Cardin (D-MD) and Chris Van Hollen (D-MD), and Congressmen Dutch Ruppersberger (MD-02), John Sarbanes (MD-03), Kweisi Mfume (MD-07), Anthony G. Brown (MD-04), Jamie Raskin (MD-08), David Trone (MD-06), and Andy Harris (MD-01) announced \$1,249,912 in federal funding to help prevent youth drug and substance use in communities across Maryland. This Drug-Free Communities (DFC) Support Program continuation grant is administered by the Office of National Drug Control Policy (ONDCP) with support from the Centers for Disease

Control and Prevention (CDC) National Center for Injury Prevention and Control (NCIPC).

"Drug and substance use has impacted countless families in Maryland and tackling it requires an all-hands-on-deck approach. We know that one of the best ways to take on this challenge is to invest in the folks who are already working in our communities to prevent youth drug and substance use, and who are best equipped to assist those in need. This funding will help reduce and prevent drug and substance use among young Marylanders by supporting on-the-ground efforts led by local leaders and community organizations," said the lawmakers.

Coalition recipients in Maryland include:

- \$125,000 for Works in Suitland Drug-Free Coalition
- \$125,000 for Access to Wholistic and Productive Living Institute in Suitland

The DFC Program is designed to support communities as they mobilize individuals and organizations to prevent youth substance use. DFC-funded coalitions serve as a catalyst for implementing evidence-based prevention locally and contribute to significant declines in prevalence of past 30-day youth use of alcohol, tobacco, marijuana, and the misuse of prescription drugs.

Expert Advice for Families Exploring Plant-Based Options

(Family Features) A growing number of families are interested in plant-based choices for themselves and their children. For parents, that means introducing foods thoughtfully to ensure kids are getting maximum nutrition, including plant-based protein.

Today's plant-based eaters span a wide spectrum, from flexitarians, who only occasionally eat meat or fish, to vegans, who avoid consuming animal-based products at all. According to a Food Industry Association report (<https://www.fmi.org/our-research/research-reports>), 81% of households with children include plant-based protein in meals and 40% of parents with children under 18 are incorporating more plant-based foods into their families' diets.

"With a new generation of parents, we see changing food values and an increased interest to incorporate more plant-based meals into diets," said Dr. Whitney Casares, Gerber's pediatric medical consultant and a fellow of the American Academy of Pediatrics. "It can be challenging to find plant-based

protein options that are appropriate for young eaters, and it can definitely be more work for families. Parents are becoming increasingly knowledgeable about how food choices influence overall health—not just for themselves, but their kids, too."

If you're looking for ideas to help you feed your child in line with your own plant-based food values, consider these tips from the experts at Gerber:

Incorporate plenty of color. Be sure you're feeding your little one a rainbow of color representing a variety of foods, including whole grains, legumes, fruits, veggies, meats and fish. Offering your toddler lots of colorful foods makes it appealing to the eyes, but all those colors also represent diverse nutrients for healthy growth and development.

Layer legumes with other ingredients. Give meals an added protein punch by incorporating mild-flavored beans with other, stronger flavors like berries. For example, Gerber Plant-tastic Organic Pouch Banana Berry & Veggie Smash with Oats is made with banana, berries, spinach, purple carrots, chick-

peas and oats with 2 grams of plant protein and a full serving of fruits and vegetables.

Keep serving favorites. Offering new foods along with familiar favorites can help young children accept the new foods. It can take up to 10 times for baby to accept a new food, according to Casares, so don't give up. Eating a variety of familiar foods and new additions throughout the week can also help little ones accept diverse options more readily.

Plan nutritious snacks. Meals aren't the only time to focus on good nutrition. Smart snacks that are developmentally and nutritionally appropriate play an important role in your toddler's overall diet. Options like Gerber Organic Plant-tastic Lil' Crunchies White Bean Hummus Baked Snacks have a mild flavor that appeal to little taste buds while providing 2 grams of protein in each serving.

Remember dessert counts, too. You may not think desserts and nutrition fit together, but you can actually pour some good-for-you goodness into special occasions. Think berries, bananas and other naturally sweet ingredients for sorbets and smoothies, and keep in mind there are plenty of dessert-friendly ways to incorporate extra protein, such as nut butters or Greek yogurt.

Prep for easy access. Just like adults, kids are likely to nibble on what's easy. Keep plant-based options readily available and prepared so they're the first options little ones reach for when they're hungry. Choosing healthy, plant-based options is easy if that's what's available.

Find more kid-friendly ideas and advice for plant-based eating at [Gerber.com](https://www.gerber.com).



Hospice of the Chesapeake Events Adult Grief Support Programs Meeting This Fall

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

PASADENA, Md. (July 21, 2022)—Chesapeake Life Center will offer a variety of grief support groups for adults that will be meeting in person and virtually this fall and through the end of the year.

The following grief support groups will meet in person:

- **Quarterly Child Loss Support Workshop** is for parents grieving the death of a child, regardless of age or circumstance. It will meet on our Pasadena campus from 5:30 to 7:30 p.m. Wednesday, Sept. 7 and Nov. 2. The cost is \$10.
- **Traumatic Loss Six-Week Group** focuses on how to heal from death losses that involve trauma. It is a safe space where to learn skills of grounding, containing overwhelming feelings, releasing trauma from the body, and how to safely express the loss and its circumstances. Led by two clinicians with expertise in traumatic loss, it will be meet on our Pasadena campus from 5:30 to 7:30 p.m. Tuesdays, from Sept. 13 to Oct. 18. The cost is \$60 and a six-week commitment is required. Call prior to registering as there will be a screening to ensure that the group is a good fit for you as a griever.
- **Loss of Life Partner/Spouse Monthly Evening Group** is for individuals grieving the death of a spouse or life partner. It will meet on our Pasadena campus from 6:30 to 8 p.m. on the second Wednesday of the month, Sept. 14, Oct. 12, Nov. 9 and Dec. 14. One group will meet both in-person and virtually.
- **SoulCollage Grief Support Group** has participants create a series of collages to commemorate lost loved ones and to visually journal the grief process. The group will meet from 5 to 8 p.m. Mondays, Sept. 12, Oct. 3, Nov. 7, and Dec. 5 at the nonprofit's office at 9500 Medical Center Drive, Suite 250, in Largo, Maryland, as well as via Zoom.

Attendance restrictions and requirements will be updated using the most recent Centers for Disease Control guidelines and organizational policies prior to each event. Childcare is not provided, and children are not permitted in any of these groups.

The following group will meet virtually via Zoom for Healthcare:

- **Loss of Life Partner/Spouse Monthly Morning Group** is for individuals grieving the death of a spouse or life partner. It will meet from 10:30 a.m. to noon on the second Wednesday of the month, Sept. 14, Oct. 12, Nov. 9 and Dec. 14.

Acknowledging that not everyone has access to this technology or may not be comfortable with it, the center suggests people call or email the office and grief professionals will work with individuals to help them find other appropriate resources if needed.

Registration is required for all groups and can be completed by calling 888-501-7077 or emailing griefinfo@chesapeakehospice.org. Visit www.hospicechesapeake.org/events for a complete listing of in-person and virtual groups and workshops for adults and children.

Annual Emily Schindler Lecture Explores Trauma-Informed Care Through the Lifespan

PASADENA, Md. (July 14, 2022)—Chesapeake Life Center invites the community to the 16th annual Emily Schindler Memorial Lecture, "Trauma-Informed Care Throughout the Lifespan," presented by Joanna J. Frankel, MSW, LCSW-C. The lecture will be held from 9 a.m. to 12:15 p.m. Wednesday, Sept. 28, at Owen Brown Interfaith Center, 7246 Cradlerock Way, Columbia, Maryland.

Trauma impacts every area of functioning, including physical, mental, behavioral, and social. Trauma-informed care means treating the whole person while understanding the traumatic experiences they have encountered from birth to the present time. This innovative seminar will allow the participants to view trauma throughout the lifespan and help them understand why learning about the child that came before the older adult is essential.

In this workshop, Frankel will explain the role of trauma assessments and the impact trauma at a young age can have on an older adult. Frankel also will identify the symptoms and diagnoses that manifest from trauma and demonstrate a plan of care that can minimize re-traumatization.

This annual lecture was created in 2005 through a gift to the Schindler family from the Saint Agnes Cancer Center. Emily Schindler was an 18-year-old freshman at Frostburg State University and a member of the SPY swim team in Severna Park, Maryland, when she was tragically killed in a car accident in 2004.

Registration begins at 8:30 a.m. and a light breakfast will be provided. Maryland Board social workers can earn three Category I continuing education credits and

Maryland counselors and therapists can earn three Category A continuing education credits. Pre-registration is required and can be completed at <https://education.hospicechesapeake.org/item/2022-schindler>. The cost is \$40. For details, call 888-501-7077 or email griefinfo@hospicechesapeake.org.

About the presenter:



Joanna J. Frankel, MSW, LCSW-C is a consultant specializing in the field of aging and the education of healthcare professionals. With over twenty years of experience, Joanna provides consultation services in nursing homes and other social services departments to maintain compliance and leads interactive and engaging continuing education courses for the healthcare field. She is a passionate and engaging speaker for continuing education courses, demonstrating success working with students. Joanna also provides guidance and support to individuals and families who are working through senior life transitions. She is an active member of Speak-Easy Howard County on The Conversation Project which is dedicated to helping people talk about their wishes for end-of-life care and has supported fundraising for the Alzheimer's Association.

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Chef from A3

domestic seafood while interacting with the live audience, celebrity hosts Chef Cory Bahr—Food Network Star Finalist, Food Network Chopped! Champion, and a former King of Louisiana Seafood— and KLFY TV10's Gerald Gruenig, along with "chef ref" Chef Keith Frentz, also a former King of Louisiana Seafood. Each dish will be presented to a panel of nationally renowned judges who will score based on presentation, creativity, composition, craftsmanship, and flavor. The Great American Seafood Cook-Off promotes the quality and variety of domestic seafood found in the United States.

To be eligible to compete in the event, chefs must either hold the current title of King or Queen of Seafood or be appointed by the lieutenant governor of their respective state or territory. The reigning King of American Seafood, Mississippi's Chef Austin Sumrall of White Pillars Restaurant in Biloxi won the title with his dish of Snapper Three-ways, including a raw preparation, snapper ribs, and a poached snapper jowl pho. Chef Sumrall bested 12 of the best chefs from around the country.

For more information on the competition, visit www.louisianaseafood.com/great-american-seafood-cook.

Opportunity from A5

an application, visit www.grants.gov and search SB-OVSD-22-001. Submissions must be sent via grants.gov no later than 11:59 p.m. ET on August 18, 2022. Proposals submitted via other media will be rejected and will not be evaluated.

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