

The Prince George's Post



A COMMUNITY NEWSPAPER FOR PRINCE GEORGE'S COUNTY SINCE 1932

Vol. 90, No. 25 June 23 — June 29, 2022

Prince George's County, Maryland

Newspaper of Record

Phone: 301-627-0900

25 cents

Local Stormwater and Green Infrastructure Project Provides Educational Opportunity at Greenbelt Elementary School



PHOTO COURTESY CLEAN WATER PARTNERSHIP

By PRESS OFFICER
Clean Water Partnership

On Wednesday, June 15, 2022, Dr. Charoscar Coleman, Associate Superintendent of Supporting Services with Prince George's County Public Schools (PGCPS), joined students, faculty, and staff at Greenbelt Elementary School, along with representatives from Anacostia Watershed Society and the Clean Water Partnership (CWP) to celebrate a newly completed bioretention

with a hands-on, interactive student planting event.

Bioretention Gardens are stormwater management devices that help protect our waterways and provide students with outdoor learning experiences. To date, the CWP has installed stormwater management practices at 56 schools across the Prince George's County Public Schools network.

"Through an active partnership with Prince George's County Public Schools, the team is protecting our environ-

ment and natural resources while supporting the education of our most precious resource, our students," said Dr. Coleman. "Together, we are building a more sustainable Prince George's County that we all can enjoy and take pride in."

In 2015, the Prince George's County Department of the Environment launched the Clean Water Partnership to improve the health of the County's waterways by removing pollutants, reducing the costs of retrofitting, and maintaining the

County's stormwater infrastructure. The CWP optimizes county residents' social and economic benefits by enhancing environmental stewardship by educating over 300 school children through building stormwater education into the curriculum and outdoor classrooms. Prince George's County was the first municipality to pursue the Community-Based Public-Private Partnership model developed by the U.S. Environmental Protection Agency.

Housing Association of Nonprofit Developers Presents: Homecoming in the Park, Reimagining Our Annual Conference

By PRESS OFFICER
HAND

WASHINGTON (June 17, 2022)—Last week, the Housing Association of Nonprofit Developers (HAND) hosted Homecoming in the Park, the organization's first-ever outdoor conference and first in-person conference in three years. HAND's Annual Conference is the largest convening of real estate and community development professionals in the Washington region.

HAND is a nonprofit membership collective of over 450 institutions across the private, public and social sectors to collaborate in the production and preservation of affordable housing in the Capital Region. This year's annual conference emphasized the HBCU (Historically Black Colleges and Universities) experience, one that values community, education, and activism. Data collected from HAND's first-of-its-kind Housing Indicator Tool (HIT) highlights the inequities in housing options for vulnerable populations. As HAND strives to achieve 374,000 new, affordable homes by 2030, addressing the racial inequities throughout the region and the nation is vital to this goal.

The annual conference featured park-side chats with notable speakers including:

Rashad Young, Senior Vice President & Chief Strategy Officer, Howard University, Eric Maribojoc, Executive Director of the Center for Real Estate Entrepreneurship, George Mason University School of Business, Maria Day Marshall, Director of Colvin Institute of Real Estate Development, University of Maryland, Anthony P. Savia, Vice President of Administration & Finance, Bowie State University, Chad Williams, Executive Director of West North Avenue Development Authority, Coppin State University, Drew Hubbard, Interim Director, D.C. Department of Housing & Community Development, Aspacia Xypolia, Director of Prince George's County Department of Housing & Community Development and Helen Mclivane Director of Office of Housing, City of Alexandria.

The panels were moderated by Monica Mitchell, Vice President of Wells Fargo and Senthil Sankaran, Principal of Housing Affordability & Finance of Amazon in the Community.

"Our annual conference highlights the great work of our members and our local policymakers to increase affordable housing in our region and breaking down barriers towards more equitable communities. We are working together to build a housing

ecosystem that preserves more homes and creates new ones, directly impacting the needs of middle and low-income workers," said Heather Raspberry, HAND's Executive Director. "This year's theme, Homecoming in the Park, pays homage to HBCUs which continue to provide opportunity to people of color and serve as integral links for development in a range of communities in our region."

The event follows the release of HAND's latest HIT data. The HIT measures the state of affordable housing across ten jurisdictions in the Washington, DC region and their progress toward meeting affordable housing goals. This year's data shows jurisdictions are responding to the challenge of creating more affordable housing. Through increased transparency in the process and a tool for accountability, the region has expanded housing options. Across all ten communities, 24,214 new affordable rental units were created in 2021.

HAND is a nonprofit membership association comprised of over 450 organizations working across the private, public and nonprofit sectors to collaborate in the production and preservation of affordable housing in the Capital Region of Baltimore, Washington, and Richmond.

Board of Elections Debuts 2022 Proud to Vote Toolkit

Primary Election Day is Tuesday, July 19, 2022

By PRESS OFFICER

Prince George's County Board of Elections

LARGO, Md. (June 15, 2022)—The Prince George's County Board of Elections is debuting its 2022 PROUD TO VOTE Toolkit ahead of the 2022 Maryland gubernatorial Primary Election. This toolkit is designed to increase voter turnout by reaching all eligible voters and getting messaging to every generation—the Greatest, the Silent, Boomers, Generation Z, Millennials and Zoomers—so that they are aware of redistricting, polling place, and election date changes.

"We are excited about this toolkit. It is inclusive with messaging to everybody," said Alisha L. Alexander, Elections Administrator. "There are numerous changes to the 2022 election season and important dates for voters to be mindful of. The deadline to register to vote, update your address, or change party affiliation is Tuesday, June 28, 2022. The deadline to submit a Vote By Mail application is Tuesday, July 12, 2022. In addition, there are different county, legislative, congressional and school board districts this election cycle. Redistricting information is readily accessible through a GIS Story Map we developed for existing and new County voters."

"We also want voters to be aware of the fact that Maryland

has a closed primary. This means that only registered Democrats and Republicans can vote in the primary election unless there is a nonpartisan race in the voter's district," adds Dancan M. Banks, Deputy Administrator.

The PROUD TO VOTE Toolkit features messaging and infographics in English and Spanish. **Early Voting is Thursday, July 7 through Thursday, July 14, 2022.** Voters can vote in-person at one of the 13 Early Voting Centers located throughout the County. In addition, there are 38 safe and secure drop boxes around the County available now for voters to cast their voted ballots; drop boxes have been out since Monday, June 13, 2022. **Primary Election Day is Tuesday, July 19, 2022.** For more information, visit elections.mypgc.us or call 301-341-7300. Download the 2022 PROUD TO VOTE TOOLKIT at https://drive.google.com/drive/folders/1ncTYseOn1L3qIT4y-Cjz6_WzsbEihSi.

The mission of the Board of Elections is to promote voter education, administer an efficient voting process, maintain an accurate voter registration database, and ensure that elected officials are elected in accordance with Federal, State, and County election laws.

AKA Chapter of Psi Epsilon Omega to Host 2022 MD State Candidate Forum—June 28, 2022

This virtual Candidate Forum will provide voters an opportunity to meet and engage with candidates campaigning to represent districts 21, 22, and 23 in the Maryland General Assembly. The forum will be held **June 28, 2022** from 6:30–8:30 p.m. Register today! The community should be informed of their options at the ballot box. Get registration details here: <https://tinyurl.com/2022PEOCANFORUM>

—PEO Publicity Committee

CAIR Launches 'Get Out the Jokes' Comedy Tour; Multiple City Events Apply Humor to Get Out the Vote

By PRESS OFFICER
CAIR

COLLEGE PARK, Md. (June 15, 2022)—The Council on American Islamic Relations (CAIR) is using humor to educate and motivate people to vote in this year's elections by launching a multi-city comedy tour headlined "Get Out the Jokes". The first stop on the tour will be in College Park, Md., on **June 25**.

"Get Out the Jokes" is hosted by renowned comedian Moses the Comic, and features an all-star cast of side-splitting comedians, including, Sabeen Sadiq, Ather Yacoub, and Omar Regan. The tour is part of CAIR's efforts to increase Muslim voter participation by 200,000 in the upcoming election to reach a total of 1.2 mil-

lion Muslim voters.

"We're gonna make you laugh all the way to the ballot box," quipped Moses the Comic. "And make the politicians cry over this year's record voter turnout!"

The tour opens in College Park on Sat. June 25, from 8:30–11 p.m. at the William L. Hoff Theater, 0126 Stamp Student Union, College Park, Md., 20742. Purchase tickets through Eventbrite.

"Exercising our right to vote in America is a serious matter," said Nihad Awad, National Executive Director of CAIR. "But there's certainly no reason why we can't use a little humor to persuade people, especially young voters, to exercise that right."

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TOWNS *and* NEIGHBORS

In & Around Morningside-Skyline

by Mary McHale 301-735-3451

Remembering what it was like when the McHales moved here

Sixty-four years ago this week, Jack and I moved into a house at 5904 Skyline Drive. We had relocated from Mill Valley, California, where Jack was a young FBI agent in San Francisco, and I was busy with five (and soon, seven) very young children.

Washington was a new, exciting place, and Dwight D. Eisenhower was President.

Our new house was priced at \$20,500, which was more than we could afford, but we loved the four bedrooms (two very large), the brick exterior, the quiet neighborhood and the trees (we had no trees in Mill Valley).

We liked the location—a half-block from the bus stop. Jack walked up to Suitland Road every morning to catch the bus to work at the Justice Department on Pennsylvania Avenue. I liked the fairly short drive into D.C. to shop at Hecht's or Woodies—back when the stores had parking lots, and I could find a baby-sitter.

After our furniture arrived and the house was more or less in order, I registered Kathleen for 2nd grade at Morningside Elementary and signed up Mike for Mrs. Smith's Morningside Kindergarten at the Town Hall. I started a search for an obstetrician and a pediatrician.

I immediately subscribed to all three Washington newspapers: The Post, The Evening Star and a tabloid which I think was The Daily News. I did the crossword and the bridge hand in all three. (Where did I find the time?)

We registered at a new parish, St. Philip the Apostle, which didn't even have a church building yet. We attended Sunday Mass in the Multipurpose Room at Morningside School until St. Philip's opened on Henderson Road the March of 1959.

We bought groceries at G. I. Market, and shopped in Suitland at Peoples Drug, Ernest Hardware, Lane Shop for women, Scheer's Men's Wear, and most of all, the Bo Peep Shop for children. We gassed our car at Morningside Esso, up at the corner.

We had good next-door neighbors, Ted & Lee Burke and Tom & Gladys Cave, and the Curcios and Tretlers and Diffells and Stines and more.

Today, all those businesses are gone.

All those dear neighbors are only memories. But we had a nice house—with lots of trees—at 4304 Skyline Drive and, 64 years later, I'm still there.

Neighbors & other good people

Sue Frederick emailed the sad news that her last snake recently died at about 25, a normal range, but at the top end for corn snakes. His name was Smoke, and she had him since he was about a year old.

Ange Meoli, formerly of Auth Village, remembers the Spelling Bee he was in back in junior HS. He writes, "I was struck down by the word 'committee'. I'd left out a t."

Come on, tell me what happened when you were in a Bee.

Exercising democracy

Maryland's 2022 primary election will determine nominees for governor, lieutenant governor, and eight congressional seats, a U.S. Senate seat and other seats in the state Senate and General Assembly.

Voting at the polls will be Tuesday, July 19. Polls will be open 7 a.m. to 8 p.m. and voters still in line at 8 will be allowed to vote. AARP's voter guide can be found at aarp.org/mdvotes.

By the way, it looks like Skyline School, which has become a county school office, will be the polling place for our community.

Golf Tournament 2022

The Forestville Pregnancy Center is hosting its annual golf tournament August 9 at Oak Creek Golf Course. If you wish to play, go to Yearly Events at forestvillepregnancycenter.org. You can register your foursome (\$500) or become a hole sponsor (\$150). "Either way, you are helping to save lives... two at a time."

Changing landscape

The Federal Railroad Administration has unveiled more details of its vision to turn Washington's Union Station into a modern transit hub. They show a spacious, light-filled atrium with large skylights and soaring ceilings, wide rail platforms, an attached bus terminal and updated concourses lined with shops and restaurants that provide easy access to Metrorail,

buses, taxis, ride-shares, streetcars and parking. The station's iconic main hall will be preserved.

Restaurant Row Apollo, 4501 Telfair Blvd., is opening in Camp Springs (near the Branch Avenue Metro Station). It will have dine-in and curbside pickup.

For quite a few years, The Washington Post has included with its Saturday paper a plastic bag containing Parade Magazine, Washington Post Magazine, retail store circulars and coupons. Now, to reduce the use of plastic, those items will be inserted in Sunday's Comics section. Nothing will be eliminated—except the plastic wrap. Questions? Contact Customer Care at help@washpost.com.

A house at 6711 Larches Court, in Morningside, just sold for \$255,000.

Movies on the Potomac

Pack your chairs, grab food to go from one of the local dining establishments, and meet at National Harbor's big screen for an evening of fun. And it's free.

Family Movie Nights are Sundays, beginning at 6 p.m. They include: "The Great Outdoors," June 26; "Lady and the Tramp," July 3; "Ratatouille," July 10; "Cloudy with a Chance of Meatballs," July 17.

Date Night Movies are Thursdays, beginning at 7 p.m. Including: "Under the Tuscan Sun," June 30; "Julie & Julia," July 7; "The Hundred-Foot Journey," July 14 and "The Founder," July 14.

Movies on the Potomac continue Sundays and Thursdays through September.

Milestones

Happy Birthday to Michael Taylor and Larry Frostbutter, June 25; Angela Booth and Mable Hemmes, June 26; Charles "Chuckie" Henry, Rose Hoffman, Veda Curcio, Shawn Kumra and Cathryn Cordero Pracht, June 27; Mike Dudding, Juanita Eppard, Erica R. Webb, EvaMarie Anthony and my granddaughter Leah Katherine Mudd, June 28; Faith "Dycki" Brown, Alexis Schuler and my great-grandson Wesley McHale, June 29; Linda Carson and Karen (Beardmore) Ellis, June 30.

Happy anniversary to Jack & Kimberly Hay, their 36th on June 28; and Carl & Sue (Stine) Mason, their 37th on June 29.

Brandywine-Aquasco

by Audrey Johnson 301-922-5384

COUNCIL MEMBER SYDNEY HARRISON

On Saturday, June 25, 2022 from 9a.m.–11a.m., Vice Chair Sydney Harrison will partner with Clinton Baptist Church, 8701 Woodyard Road, Clinton, Maryland to host the district 9 Shred, Bulk Trash, and Community Day. Please take this opportunity to safely discard unwanted documents, bulky trash items, while gathering your neighbors to help clean up your neighborhood.

Acceptable bulk materials include items such as sofas, dressers, tables, bookcases entertainment centers, desk, fans, vacuums, chairs, doors, cabinets, smaller household items, mattresses, and box springs (must be covered in protective encasements), grills without tanks, and absolutely no electronic items to include TVs. TVs can be dropped at the landfill Thursday-Saturday. Information received from email sent to me from Council Member Sydney Harrison's Office.

INNOVATING COMMERCE SERVING COMMUNITIES

Recently, Vice Chair Harrison joined County Executive Angela Alsobrooks, the County's Economic Development team, at the innovating Commerce Serving Communities Conference. They are collectively working to bring quality sit-down restaurants, grocery stores, retail establishments, and entertainment amenities to all of Prince George's County.

NOTTINGHAM MYERS UNITED METHODIST CHURCH

Building on our Foundation to our future. We are a small church with a big vision that serves a bigger God. Our story continues. We are praising our way to 155 years and expanding our connection and service to the community. We ask that you continue to pray with us and share our posts on Facebook with your family and friends to support for our effort to grow our presence in the Community. God Bless.

OUR BEGINNING: Music has always been a vital part of the worship from the early beginnings of Nottingham Myers. In 1928 The Rising Sun Quartet was organized at Brooks Church. The members of the Quartet were Preston Johnson, Bernard Johnson, Robert O. Johnson, Sr., and Russell Johnson later added additional members to form the Rising Sun Chorus.

The Rising Sun Chorus became renowned throughout the Washington Metropolitan area. The group recorded one album in the early 1950s. The Rising Sun Chorus spread the Gospel for 50 years.

The Busy Bees was a female group that was organized at Brooks Church in 1938. The original members were Inez Hawkins, Estelle Rousey, Darrine Johnson, Burnell Johnson and Marjorie Johnson. Later Rose Evans became part of the group. These ladies sung across the Washington Metropolitan area for 12 years.

St. Mary's Episcopal Church was born out of the vision of Sister Jane Johnson. In 1900 a 1.38-acre parcel of land was purchased from James and Susan Savil of Washington, DC for \$50 to build a church. The land was deeded to trustees: Alan Spencer, William Miller, Charles Greenleaf, Jernia Douglas and Isaac Coates.

A log building that was on the land was used for the church. Under the leadership of Rev. Snoden a new edifice was built. In 1947 under the leadership of Rev. F. D. Myers it was renovated to add a choir room, a loft, and a basement. Sadly, St. Mary's was destroyed by fire in 1965.

St. Mary's Church also had a singing group that spread the Gospel across the Metropolitan area. The Faithful Few Chorus was formed in 1947 and enjoyed singing the Gospel for over 40 years. Eddie McClendon and Thomas Simms served as President of the Chorus.

In 1968, three years after the fire destroyed St. Mary's Church, the laity of Brooks and St. Mary's met to discuss the possibility of merging the two churches. After much discussion and prayer, a favorable vote was taken with the stipulation that a new name would be given to the newly merged church. The first suggestion was Nottingham-Croom United Methodist Church. Later the laity met again and suggested "Frederick Myers UMC." Due to the limited space in the conference journal, it was determined it was too long of a name. On January 5, 1969, Myers United Methodist Church was born, named in honor of the late Rev. Frederick F. D. Myers. More information to follow later.

SAVE THE DATE

The Third Purple Bicycle Ride for domestic violence awareness & prevention #TEAMPGSAO will be held Saturday, October 1, 2022. Information received from the Office of the State's Attorney for Prince George's County, Maryland.

OUR STREETS OUR FUTURE

June is Gun Violence and Awareness month. The Office of the State's Attorney for Prince George's County presents Our Streets Our Future. A public safety & gun violence prevention community call to action rally. #NOMORESILENCE, #STOP-GUNVIOLENCE #TEAMBRAVEJUSTICE June 28 5:30-7:30 p.m. Description: Gun Violence Prevention & Anti-Carjacking Kick Off Event for 2022. Hosted by DJ EZ Street WHUR 96.3. For more information contact: pgsao@princegeorgescountymd.gov The rally will be held at Eastover Shopping Center (Parking Lot) 5135 Indian Head Highway, Oxon Hill, Maryland 20775. Register today. Information received from #BRAVEJUSTICE News, Updates & Events Aisha N. Braveboy State's Attorney for Prince George's County. Email received from State's Attorney Office.

Around the County

Free Independence Day Lyft Rides Offered to Prevent Drunk Driving

Over 40% of U.S. Highway deaths during Independence Day involve drunk drivers

WASHINGTON (June 15, 2022)—Preparing to combat that time of year when, according to the National Highway Traffic Safety Administration, over 40-percent (41%) of U.S. traffic deaths involve drunk drivers,* a local nonprofit organization announced today that free safe rides will be offered to would-be drunk drivers throughout the Washington-metropolitan area during next month's Independence Day holiday.

Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the 2022 Independence Day SoberRide® program will be in operation beginning at 4 p.m. on Monday, July 4 (Independence Day) and operate until 4 a.m. on Tuesday, July 5 as a way to keep local roads safe from impaired drivers during this traditionally high-risk holiday.

During this twelve-hour period, area residents age 21 and older celebrating with alcohol may download the Lyft app to their phones, then enter the SoberRide® code in the app's "Payment" tab (under the "Add Lyft Pass" option) to receive their no-cost (up to \$15) safe transportation home. WRAP's 2022 Independence Day SoberRide® promo code will be posted at 3 p.m. on Monday, July 4 on www.SoberRide.com

"Over 40-percent of U.S. traffic fatalities during the Independence Day holiday involve drunk drivers according to the National Highway Traffic Safety Administration," said Kurt Erickson, WRAP's President. "And July 4th's nighttime hours are of particular concern as 85% of fatal drunk driving crashes in the U.S. during the Independence Day holiday occur at night."

SoberRide® is offered throughout Lyft's Washington D.C. coverage area which includes all or parts of: the District of Columbia; the Maryland counties of Montgomery and Prince George's and towns therein plus the cities of Bowie, College Park, District Heights, Gaithersburg, Glenarden, Greenbelt, Hyattsville, Laurel, Mount Ranier, New Carrollton, Rockville, Seat Pleasant and Takoma Park; and the Northern Virginia counties of Arlington, Fairfax, Loudoun and Prince William and towns therein plus the cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park.

Since 1991, WRAP's SoberRide® program has provided 82,300 free safe rides home to would-be drunk drivers in the Greater Washington area.

Founded in 1982, the nonprofit [501(c)(3)] Washington Regional Alcohol Program (WRAP) is a coalition of diverse interests using effective education, innovative programs and targeted advocacy to end alcohol-impaired driving and underage drinking in the Washington, DC metro area. Through public education, innovative health education programs and advocacy, WRAP is credited with keeping the metro-Washington area's alcohol-related traffic deaths historically lower than the national average.

More information about WRAP's SoberRide® initiative can be found at www.SoberRide.com.

*National Highway Traffic Safety Administration (NHTSA) <https://www.trafficsafetymarketing.gov/get-materials/drunk-driving/drive-sober-or-get-pulled-over/4th-july-drive-sober> —Washington Regional Alcohol Program (WRAP)

Local Resident Graduates From Dickinson College

CARLISLE, Pa. (June 17, 2022)—Bryce Baylor, son of Buddy and Erice Baylor of Bowie, Md., graduated from Dickinson College on May 22 with a BA in economics. Baylor is a graduate of Landon School.

—Media Relations, Dickinson College

Local Resident Named to Dean's List at Gonzaga University

SPOKANE, Wash. (June 17, 2022)—The following local resident has earned placement on the Gonzaga University Dean's List for spring semester 2022. Students must earn a 3.5 to 3.84 grade-point average to be listed.

Glenn Dale, MD: Carissa Victoria Halili

—Marketing & Communications, Gonzaga University

Valronica Scales Graduates From Northern Illinois University

DeKALB, Ill. (June 16, 2022)—Over 2,200 students received their degrees from Northern Illinois University in May. Included among the graduates is Valronica Scales of Lanham who earned a Doctor of Education in Higher Education.

—Mary Spring, Northern Illinois University

Local Residents Graduate From William & Mary

WILLIAMSBURG, Va. (June 15, 2022)—The following local residents recently graduated from the College of William & Mary:

Fort Washington, MD: Zenobia Goodman, Bachelor of Arts, Delharty Manson, Bachelor of Arts

Hillcrest Heights, MD: Malcolm Spencer, Bachelors of Business Administration

In addition, the following local residents were recently named to the Dean's List at the College of William & Mary for the spring 2022 semester:

Cheverly, MD: Sami Popol

Fort Washington, MD: Del Manson

In order to achieve Dean's List status, a full-time degree seeking undergraduate student must take at least 12 credit hours and earn a 3.6 Quality Point Average during the semester.

William & Mary is the second oldest institution of higher learning in the United States.

—Claudette Brooks, College of William & Mary

COMMUNITY

Kids Day on the Plaza Every Thursday Through August 25 at National Harbor

A summer of fun for kids with Kids Day, Funambula at MGM National Harbor and UniverSoul Circus returns

By PRESS OFFICER
National Harbor

NATIONAL HARBOR, Md. (June 15, 2022)—National Harbor celebrates summer with an ongoing Kids Day every Thursday at 10:30 a.m. at the waterfront plaza stage (150 National Plaza.) The fun Thursday mornings continue through August 25.

Activities rotate and include crafts with Maryland National Capital Park and Planning Commission's Art on a Roll Van, meet and greet with the Prince George's County Police Department and the Prince George's County Fire/EMS Department and interactive story time with the Prince George's County Memorial Library System. Interactive story time takes place on June 30; July 14, 28 and August 11 and 25.

The Capital Wheel features a special "Kids Day" free kid's ticket with the purchase of an adult ticket on Kids Days so parents can extend the fun of the morning's activities.

"Thursday mornings at National Harbor have been designed to entertain and educate area kids and provide fun," explained Deborah Topcik, director of marketing at National Harbor. "It's another way that National Harbor supports our community."

It's a summer of fun for kids and families with FUNAMBULA coming to The Theater at MGM National Harbor on June 29 through July 13. FUNAMBULA brings theatrical circus with more than a dozen acts including death-defying daredevils, mesmerizing acrobats and a variety of never-before-stunts. Tickets are available online at mgmnationalharbor.com. FUNAMBULA performances are 7 p.m. Monday–Wednesday, excluding July 4, and 3 p.m. and 7 p.m. on July 3, 9, and 10. Tickets are just \$15, plus four tickets for \$44 Family Fun Packs are available.

UniverSoul Circus returns to the Plateau at National Harbor (300 Waterfront St.) from June 30 through July 24 with a highly interactive combination of circus arts, theater and music that spans genres. Celebrating 29 years of fun, the show has been described as "the coolest show on earth." For tickets and information, visit www.universoulcircus.com/dmv.

For more information on National Harbor, visit www.nationalharbor.com; or for more info on Kid's Day: www.nationalharbor.com/events/annual-events/summer/kids-day-on-the-plaza/.

Vote from A1

Other cities on the tour schedule (subject to change) include:

- Milwaukee, Wis., July 16
- Raleigh, N.C., July 30
- Charlotte, N.C., August 6
- Charleston, S.C., August 20
- Charleston, W.Va., September 17
- Nashville, Tenn., October 1
- Washington, D.C., October 29
- New Orleans, La., December 10

"This year's midterm elections will determine the makeup of Congress and many state houses

across the U.S. for years to come. It is essential that unregistered voters register to vote, and all registered voters go to the polls to have a say in who governs us and how," commented Robert McCaw, CAIR's Director of Government Relations.

"Get Out the Jokes" comedy tour also raises funds to continue CAIR's work to empower American Muslims, protect civil rights and civil liberties, and promote equality and justice so that Muslims of all generations and backgrounds have the freedom to be themselves in America.

CAIR's mission is to protect civil rights, enhance understanding of Islam, promote justice, and empower American Muslims.

Silver Spring Native Serves Aboard USS Abraham Lincoln



PHOTO BY PETTY OFFICER 3RD CLASS CLAYTON WREN

PHILIPPINE SEA (June 9, 2022) Airman Aboubacar Toure, from Silver Spring, MD, conducts aircraft maintenance on an E-2D Hawkeye, assigned to the "Wallbangers" of Carrier Airborne Early Warning Squadron (VAW) 117, aboard the Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72). Abraham Lincoln Strike Group is on a scheduled deployment in the U.S. 7th Fleet area of operations to enhance interoperability through alliances and partnerships while serving as a ready-response force in support of a free and open Indo-Pacific region.

Hospice of the Chesapeake News

Serving Anne Arundel, Charles, Prince George's Counties and now Calvert County

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

Hospice of the Chesapeake Announces Acquisition of Calvert Hospice
PASADENA, Md. (June 17, 2022)—Hospice of the Chesapeake announced today the organization has finalized the acquisition agreement of Calvert Hospice. Effective June 14, 2022, the two organizations became one under the Hospice of the Chesapeake brand umbrella which also includes Chesapeake Supportive Care, Chesapeake Life Center, Chesapeake Kids, John & Cathy Belcher Institute, and Hospice of Charles County.

The finalization of this acquisition brings together two local not-for-profit organizations each with a long legacy of community support to further strengthen the access to healthcare available to the citizens of Calvert County. Hospice of the Chesapeake, founded in 1979, is a highly successful care company offering hospice care, supportive care, specialty programs for children and Veterans and grief support services to the community.

The leadership team encompasses a tremendous amount of national expertise in hospice care, palliative/supportive care, free-standing inpatient care centers, grief support and community outreach/education. In 2021 the organization cared for 3800+ hospice patients, 2000+ palliative/supportive care patients, and served 450+ clients in grief support services. Hospice of the Chesapeake is currently caring for 590+ hospice patients and their families every day and, with the addition of Calvert County, will reach more than 630+ patients each day throughout our region.

"We are honored to share the news of the finalization of the acquisition agreement, and we are incredibly grateful to the Calvert Hospice Board of Directors and team members for their patience over the last 60 days, their dedication to their mission and their partnership in this exciting expansion of care," said Michael Brady, CEO, Hospice of the Chesapeake.

The final execution of this agreement positions Hospice of the Chesapeake as one of the largest hospice care providers in

the state and a member of an exceedingly small elite group of hospice providers nationally caring for this level of patients and families daily.

Michael Brady, CPA, CEO, will continue to lead the organization with the clinical leadership of Rebecca Miller, MSW, Chief Clinical Officer; the medical leadership of Eric Bush, MD, RPh, MBA, CHCQM; Chief Medical Officer; the financial leadership of Gerald Hill; and the external relations leadership of Shauna Chabot, MBA, CFRE, Chief Advancement Officer.

For more information, please visit www.hospicechesapeake.org.

Welcoming You Back Never Felt So Great as Fashion for a Cause Raises Over \$175K for Chesapeake Kids

(June 17, 2022)—A high-spirited crowd of over 350 people had a lot of fun and raised a lot of money during the 12th annual Fashion for a Cause, bringing in over 175,000 for Chesapeake Kids. Held June 2 at Porsche Annapolis, the annual event raises funds and awareness for the Hospice of the Chesapeake program which supports children living with and affected by advanced illness and loss.

This unique event began in the morning with Porsche Annapolis surrendering their facility to a production team that turned their new service bay into a happening night spot complete with a fashion runway. Tool carts lined the walls, food trucks parked outside the garage doors and food and drink vendors set up throughout the room.

Serving as the event's emcee was Bryan Nehman, cohost of C4 and Bryan Nehman weekday mornings on WBAL NewsRadio.

The looks modeled by 28 community members included summer fashions and accessories provided by Annapolis clothing retailers 3 Sisters, Anthropologie, B Boutique, Charm City Run, JBD Clothiers, J.McLaughlin, Lilac Bijoux, The Lucky Knot, Mantovani Moda, The Pink Crab, Scout & Molly's of Annapolis, South Moon Under, Stardust Deluxe and Trendy Tides Boutique. There were many delicious sips and bites provided by a dozen different vendors: Carpaccio Tuscan Kitchen and Wine

Bar, Green Valley, Kilwins Chocolate & Ice Cream, Light House Bistro, Luna Blu, Main & Market, MMpanadas, Pusser's Caribbean Grille, Sweet Satisfaction, and Tap 99.

The event was generously supported by community businesses and leaders including Presenting Sponsor Porsche Annapolis; Red Carpet Sponsors Sara Starry and The Wilburn Company; Fashionista Sponsors Charter Financial Group, Gilligan Creative, Moran Insurance, The Murray McGeheir Group, Purple Cherry Architects, Tap 99 & Laura Westervelt; and dozens more.

For a video clip of highlights from the event, visit <https://vimeo.com/718450885>. For more photos from the event, visit the nonprofit's Facebook page at www.facebook.com/pg/hospicechesapeake/photos.

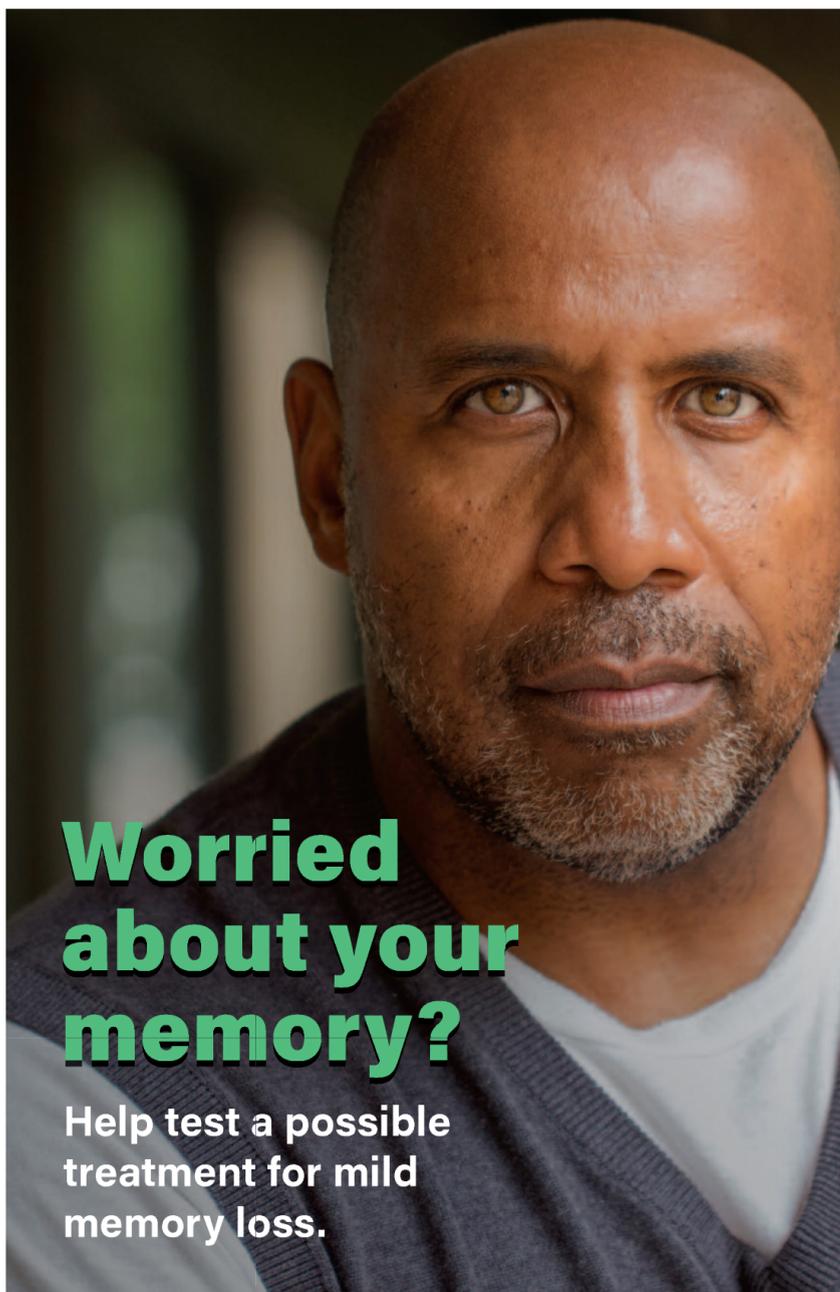
New Date and Time for Rhythm & Grieve Children's Summer Workshop

(June 13, 2022)—Chesapeake Life Center has changed the date and time of its Rhythm & Grieve Children's Summer Workshop to later in the summer. Originally planned for Saturday, June 11, the workshop will now take place from 2:30 to 6:30 p.m. Friday, July 22, at Yoga Barn in Severna Park, Maryland.

This is a workshop for elementary-school children ages 6 to 12 that incorporates music to help children express their grief through sound, art, and movement. Kids will start by engaging their bodies through music and yoga. They will then make their own drum to honor their loved ones, creatively express their emotions, and connect with others.

The cost for each program is \$40, and includes meals, and activities. Scholarships are available; inquire upon registering. Space is limited. Registration is required and on a first-come, first-served basis. You can register by calling 888-501-7077 or emailing griefinfo@chesapeakelifecenter.org. Attendance restrictions and requirements will be updated using the most recent Centers for Disease

See HOSPICE Page A6



Worried about your memory?

Help test a possible treatment for mild memory loss.

Volunteer for the MIND Study
866-MIND-150 | MINDstudy.org

In partnership with the NIH



COMMENTARY

Marc Morial

President and CEO, National Urban League



To Be Equal:

As Father's Day Coincides With Juneteenth, We Celebrate #BLACKDADS

"What it meant to be a newly freed Black man and a father in 1865 mirrors what it means to be a Black man and a father today: providing for and protecting your family, nurturing your children's sense of self-worth and identity, defying stereotypes, resisting oppression, keeping the faith, and reckoning with the understanding, as Smithsonian Institution secretary Lonnie Bunch observed, that emancipation is 'process that is still unfolding—not simply a day or a moment of jubilee.'"

—Johnathon Briggs

In the 50 years since Father's Day became an

official national holiday, this is the second time it has fallen on June 19—Juneteenth, which was designated a federal holiday just last year. While the timing may be a coincidence, the intertwining of the two holidays is an opportunity to reflect on the unique nature of Black fatherhood—both today, and on the day when Union Army general Gordon Granger arrived in Galveston, Texas, to deliver General Order No. 3 informing the people of Texas that all enslaved people were free.

Among the many horrors of the "peculiar institution," as white southerners euphemistically referred to slavery, perhaps the most agonizing

was the wrenching of children from their parents.

"Night and day, you could hear men and women screaming ... ma, pa, sister or brother ... taken without any warning," a formerly enslaved woman told an interviewer from the Federal Writers Project in 1938. "People was always dying from a broken heart."

After emancipation, thousands of formerly enslaved people placed newspaper ads hoping to reunite with loved ones. Last Seen: Finding Family After Slavery, an online database of these ads, calls them "testaments to their enduring hope and determination to regain what was taken from them."

But the brutality of family separation as a means of maintaining white supremacy did not disappear with emancipation. Jim Crow took over where the slave auctioneer left off.

In 1965, a federal report, The Negro Family: The Case For National Action, commonly known as the Moynihan Report, popularized the enduring myth that absent fathers are the biggest obstacle to racial economic and political parity.

The Moynihan Report is not just a classic case of blaming the victim, it is the original case; psychologist William Ryan actually coined the phrase in direct response to the report.

"By focusing our attention on the Negro family as the apparent cause of racial inequality, our eye is diverted," Ryan wrote. "Racism, discrimination, segregation, and the powerlessness of the ghetto are subtly, but thoroughly, downgraded

in importance."

In the decades since its publication, research has debunked not only the conclusion of the Moynihan Report, but its premise. Not only are missing Black fathers to blame for racial inequality, Black fathers aren't even missing. According to the Centers for Disease Control and Prevention, the majority of black fathers actually live with their children. And, whether they live with their children or not, Black fathers are more involved with their children than those of other racial and ethnic groups—70% were likely to have engaged in childcare tasks every day, compared with 60% of white fathers and 45% of Hispanic fathers.

The myths about Black fatherhood have never aligned with the loving and joyful experience that most of us know. I was blessed with a wise and loving father who was my greatest mentor and role model. I have been triple blessed to be a father to three children who are the source of overwhelming pride and unending joy. The ugly stereotypes of the past are being replaced with loving images of Black fathers pushing strollers, fixing their daughters' hair, dancing, cooking and playing with their children.

The National Urban League wishes a happy Father's Day—and happy Juneteenth—to every family as we take our inspiration from everyone working to create a better world not only for their own children but for all children.

—June 17, 2022

Marion Wright Edelman

President Emerita,
Children's Defense Fund



ChildWatch:

Celebrating Juneteenth

For the second year America is proudly celebrating Juneteenth as a federal holiday, marking the jubilant date in 1865 when many enslaved people in Texas finally learned they were free from federal troops arriving in Galveston after the end of the Civil War—more than two and a half years after President Lincoln had signed the Emancipation Proclamation freeing all slaves in the Confederate states. Black families have celebrated Juneteenth for generations, starting in Texas. The scholar Annette Gordon-Reed has written about her childhood memories of Juneteenth in her Texas hometown, describing the red soda, barbecued meat, games, and firecrackers, and the way Black community

elders used the holiday to teach history:

"In my small town, the story of Gordon Granger, the U.S. Army general who announced, in Galveston, on June 19, 1865, that slavery was over, was told with seriousness and bits of gallows humor. The older people joked that the Emancipation Proclamation had actually been signed two years before, but 'the white people' wanted to get a few extra harvest seasons in before they told 'the Negroes' about it. My father would say, with a sardonic smile and a short laugh, that it was worse than that: 'the slaves have never really been freed.'"

Her father was not the only one who felt that way. Today Juneteenth is a chance for all of us to

honor this history together, rejoice in how far we've come, and reflect on how far we still have to go in the slow, hard, and unfinished journey towards freedom and racial justice in our nation. In my dear friend and beloved role model Fannie Lou Hamer's eternal words, nobody's free until everybody's free.

I share again a prayer by Reverend James Forbes, Senior Minister Emeritus of Riverside Church in New York City and an anchor of the Children's Defense Fund's Samuel DeWitt Proctor Institute at Haley Farm, to sustain and strengthen us as we carry on the struggle to set all of our children free from poverty, racism, and violence in all forms, especially gun violence.

TO SET ALL THE CHILDREN FREE

"We shall overcome" has got to be more than a frame of mind

It's working hard in our own backyard—to leave no child behind

"We shall overcome" has got to be more than a children's prayer

It's sacrifice, at any price, to show them that we care

"We shall overcome" has got to be more than a memory

It's a new resolve, to get involved in building

community

"We shall overcome" has got to be more than a distant dream

And a place on the freedom team

"We shall overcome" has got to be more than a protest song

It's a loving vow, to show somehow, we all can get along

"We shall overcome" has got to be more than a melody

It's a one-by-one till the job is done to set all the children free

"We shall overcome" has got to be more than a freedom song

It's confidence, being convinced that right will conquer wrong

"We shall overcome" has got to be more than a song we sing

It's the will to fight, to make things right, so the freedom bell can ring

For the children, ring

For the children, ring

Through the power of the Spirit, let's empower each other to go out with power to set all the children free.

—June 19, 2022

Aisha N. Braveboy

Prince George's County State's Attorney



Statement From State's Attorney Braveboy

"The Prince George's County Police have charged a man with multiple hate crimes and destruction of property and have accused him of writing homophobic slurs on two libraries.

I cannot comment directly on this specific case since it is still under review. However, I will say as State's Attorney and as a human being, I condemn all acts of violence, hate and discrimination. No one should be afraid, intimidated

or harassed for living their truth and expressing who they are regardless of their race, creed, gender, sexual orientation, gender identity or religion.

Anyone who violates the right of another individual to live freely will be appropriately charged and prosecuted by my office.

I successfully fought in Annapolis to strengthen the hate crime law to ensure my prosecutors and others in

Maryland have the tools to appropriately charge such crimes. In addition, I created the first-ever LGBTQ Task Force in the State's Attorney's Office to assist with issues of concern with individuals in that community.

My office supports justice for all people and will not tolerate actions of hate. It is especially paramount during Pride Month to share this message of equality and acceptance of all human beings."

Hoyer, Van Hollen, Cardin, Brown Announce Continued Viability of Maryland FBI HQ Sites

WASHINGTON (June 17, 2022)—Today, Congressman Steny H. Hoyer (MD-05), Senators Chris Van Hollen (D-MD) and Ben Cardin (D-MD), and Congressman Anthony Brown (MD-04) released the following statement announcing the General Services Administration's finding that the two Maryland sites proposed for the new Federal Bureau of Investigation (FBI) headquarters remain viable options for the new consolidated campus:

"Today's GSA finding that the two Maryland FBI campus sites remain viable options to meet the needs of the Bureau is another positive step towards our goal of securing a new, consolidated headquarters. For far too long, the FBI workforce has remained in a building that does not meet their security or operational needs. That's why we will keep pushing for the new headquarters, and we are confident

that the Maryland sites in Greenbelt and Landover are the best locations. We urge the GSA to work quickly, in accordance with the provisions we secured in the Omnibus law enacted in March, to select a final headquarters location this fall," said the lawmakers.

Since 2004, the FBI has been working towards a new consolidated headquarters with the GSA. Such a facility would bring together the headquarters employees currently located at the Hoover Building with others in leased locations around the National Capital Region. During the Obama Adminis-

tration, the GSA and the FBI identified two sites in Maryland that met the needs of the FBI for a new headquarters—Greenbelt and Landover. The Trump Administration abruptly stopped work on this process, negating nearly 14 years of planning and advocacy, and suggested that the FBI's needs be served by tearing down the current building and building a new headquarters on the existing site. The Trump plan would have failed to provide adequate security for the

See FBI HQ Page A7

Board of Education Extends Deadline for Ethics Advisory Panel Application

By PRESS OFFICER
PGCPS

UPPER MARLBORO, Md. (June 16, 2022)—The Prince George's County Board of Education has extended the deadline to Sunday, July 31 for residents to apply to serve on its five-member Ethics Advisory Panel. Panel members are appointed by the Board Chair with Board approval to a three-year term. As noted in Board Policy 0107, the panel is an advisory body responsible for interpreting the ethics policy, including issuing advisory opinions to the Board concerning its application and addressing complaints filed regarding alleged violations.

Panel members may not be incumbent members of the Board of Education or employees of Prince George's County Public Schools (PGCPS), elected officials, candidates for elective office or em-

ployed by businesses working with PGCPS. All individuals recommended for membership on the panel are subject to fingerprinting and a criminal background check before final approval.

Individuals interested in serving on the Panel must submit a letter of interest along with a resumé or other documentation to support the application as soon as possible, but no later than 5 p.m. on Sunday, July 31, 2022. Individuals with strong, demonstrable experience in reviewing and evaluating ethical matters or providing advice concerning administrative and legal matters are encouraged to apply.

Please send a letter of interest and resumé by mail to Annice Ellis, Board Administrative Director, Prince George's County Board of Education, 14201 School Lane, Room 121, Upper Marlboro, MD 20772, or by e-mail to annice.ellis@pgcps.org. The Board will issue Panel appointment notifications upon completion of the process.

The Prince George's Post

The Prince George's Post
P.O. Box 1001 15207 Marlboro Pike
Upper Marlboro, MD 20772-3151
Phone: 301-627-0900 • Legal Fax: 301-627-6260
Email: pgpost@gmail.com
Contents © 2022, The Prince George's Post

Publisher/Senior Editor Legusta Floyd	Editor Lisa Duan
General Manager/ Legal Advertising Manager Brenda Boice	Administrative Assistant/ Billing -
Legal Advertising Assistant Robin Boerckel	Web Manager Kyler Quesenberry

Prince George's County, Md. Member National Newspaper Publishers Association, and the Maryland, Delaware, District of Columbia Press Association. The Prince George's Post (ISSN 10532226) is published every Thursday by the New Prince George's Post Inc., 15207 Marlboro Pike, Upper Marlboro, Md. 20772-3151. Subscription rate: 25 cents per single copy; \$15 per year; \$7.50 senior citizens and students; out of county add \$1; out of state add \$2. Periodical postage paid at Southern Md. 20790. Postmaster, send address changes to Prince George's Post, P.O. Box 1001, Upper Marlboro, Md. 20772-3151.

BUSINESS AND FINANCE

Social Security Matters

Ask Rusty:

How Does Social Security Disability Work With Private Disability Insurance?

By RUSSELL GLOOR,
National Social Security Advisor at the AMAC Foundation,
the non-profit arm of the Association of Mature American Citizens

Dear Rusty: If someone is collecting long-term disability through their company and the company states the employee also must apply through Social Security, how does this work? Does the amount of Social Security decrease from the amount that the person would normally receive upon retirement? Is long-term disability for life, or just until you are of retirement age? How about for the spouse of that individual? Would it have any impact on them? **Signed: Concerned**

Dear Concerned: It's common for private long term disability (LTD) insurers to require that you apply for Social Security Disability Insurance (SSDI) benefits. Typically, the private LTD benefit will be offset (reduced) by the federal SSDI benefit.

The SSDI benefit amount, if awarded, will be the full Social Security benefit earned up to the point the recipient becomes disabled and unable to work. That means someone on SSDI before full retirement age (FRA) gets their FRA amount earlier (FRA is somewhere between 66 and 67 depending on the year of birth). The SSDI benefit will be based on the disabled person's lifetime earnings history, unreduced for claiming earlier than full retirement age. SSDI will automatically convert to regular SS retirement benefits at the same amount when FRA is attained. Thus, getting SSDI doesn't detract from the person's FRA benefit amount; rather they get their FRA amount earlier.

Social Security disability benefits last for as long as you remain disabled, or up to your SS full retirement age. To be eligible, the disability must be expected to last for at least one year, and the disability must render you unable to perform significant work. You must also have worked recently (usually at least 5 of the last 10 years) to maintain eligibility, and you must have contributed Social Security FICA payroll taxes (or self-employment taxes) from your work earnings. Only very limited work earnings are allowed when collecting Social Security Disability Insurance benefits, and Social Security may periodically require confirmation of continued SSDI eligibility.

Applying for SSDI is a relatively easy process which can be done online at www.ssa.gov/applyfordisability, or by calling SS directly at 1.800.772.1213. Depending on the nature of the disability, it usually takes 3 to 5 months to obtain a determination and, if SSDI is approved, there is a 5 month wait for benefits to start. If the SSDI application is initially denied (about 65% of all initial applications are) you can exercise several levels of appeal, starting with simply requesting a reconsideration by Social Security, followed, if necessary, by a hearing with an independent Administrative Law Judge, a review by the SSDI Appeals Council, or even an appeal to Federal Court. Hopefully, if the applicant is now on private long term disability, the SSDI application will be initially approved.

As for whether the spouse of a person on SSDI is affected, much depends on the spouse's age and how the spouse's own SS retirement benefit compares to the disabled partner's SSDI benefit. Benefits for a spouse are available as early as age 62, but the spouse's personal FRA benefit amount (from their own lifetime earnings record) must be less than 50% of the disabled partner's SSDI amount to get a spousal boost from the disabled spouse. Otherwise, one marriage partner being on SSDI will not affect the other partner's personal Social Security retirement benefit.

The 2.4 million member Association of Mature American Citizens [AMAC] www.amac.us is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC Action is a non-profit, non-partisan organization representing the membership in our nation's capital and in local Congressional Districts throughout the country. And the AMAC Foundation (www.AmacFoundation.org) is the Association's non-profit organization, dedicated to supporting and educating America's Seniors. Together, we act and speak on the Association members' behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at www.amac.us/join-amac.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Governor's Office of Small, Minority & Women Business Affairs Announces Mid-Year Technical Training Classroom Schedule

Free Program Helps Small, Minority, Women, and Veteran-owned Businesses Compete with Confidence

By ALISON TAVIK
Governor's Office of Small, Minority & Women Business Affairs

ANNAPOLIS, Md. (June 15, 2022)—The Governor's Office of Small, Minority & Women Business Affairs today announced the mid-year schedule of its 2022 Technical Training Classroom webinar series. The free program offers two sessions each month to small, minority, women, and veteran-owned businesses to help them compete for state-funded contracts.

"We want to see Maryland's small business community compete with confidence in the state contracting arena," said Jimmy Rhee, special secretary of the Governor's Office of Small, Minority & Women Business Affairs. "The curriculum of this webinar series is carefully curated to achieve that goal."

Staff from the Governor's Office of Small, Minority & Women Business Affairs will teach classes focused on navigating the state procurement process while small business owners and representatives from small business resource organizations will lend their expertise to cover topics focused on improving overall operational efficiencies. Participants are given access to the instructor's slide deck and the video recording post session to use as resource materials.

"Since moving this series to a virtual platform in 2020, we have seen increased engagement," Rhee said. "Geography is

no longer a barrier and small businesses from across the state have easy access to this robust curriculum."

There is no cost to attend any of the Technical Training Classroom webinars. All sessions begin at 10 a.m. Advance registration is required and opens three weeks in advance. See <https://gomdsmallbiz.maryland.gov/Pages/Technical-Training-Classroom.aspx>

Technical Training Classroom Webinars

- 06/28/2022—Writing A Proposal 1: Reading A Solicitation (*registration is open*)
- 06/30/2022—Writing A Proposal 2: Developing An Outline (*registration is open*)
- 07/26/2022—The Art & Science of Price, Costing, and Negotiations
- 07/28/2022—Maryland's Veteran-Owned Small Business Enterprise (VSBE) Program
- 08/23/2022—Writing a Business Plan to Access Capital & Maximize Growth
- 08/25/2022—Subcontracting in Maryland's Minority Business Enterprise (MBE) Program
- 09/27/2022—Strategies for Business Networking
- 09/29/2022—State Procurement 101

- 10/25/2022—Navigating eMaryland Marketplace Advantage (eMMA)
- 10/27/2022—Maryland's Minority Business Enterprise (MBE) Contractors' and Subcontractors' Rights & Responsibilities

- 11/15/2022—Crafting a Compelling Capability Statement
- 11/17/2022—Maryland's Veteran-Owned Small Business Enterprise (VSBE) Program

- 12/13/2022—Prime Contracting in Maryland's Small Business Reserve (SBR) Program
- 12/15/2022—The Secret Sauce for Doing Business with the State of Maryland

Sign up to receive email notification when registrations open by submitting your email address in the STAY CONNECTED box of our website at gomdsmallbiz.maryland.gov.

Maryland is OPEN for Business. As a coordinating office for Governor Larry Hogan, the Governor's Office of Small, Minority & Women Business Affairs connects the small business community, including those firms owned by minorities, women, and veterans, to greater economic opportunities. Learn more by visiting our website at gomdsmallbiz.maryland.gov and connect with us on Facebook and Twitter @gomdsmallbiz.

PGCC Cyber Program Designated By NSA as a National Center for Academic Excellence in Cyber Defense

By PRESS OFFICER
Prince George's Community College

LARGO, Md. (June 15, 2022)—Prince George's Community College (PGCC) today announced that its cyber defense program has been designated as a National Center for Academic Excellence in Cyber Defense (CAE-CD) by the National Security Agency (NSA). The selective five-year designation, effective through 2027, constitutes a renewal of the College's distinction initially instituted in 2014.

The CAE-CD designation is reserved for colleges and universities with robust programs that meet the NSA's standards for cybersecurity and demonstrate a commitment to academic excellence. Prince George's Community College is among fewer than 400 colleges and universities nationwide that have earned the designation, which signals to students that their classes will prepare them well for cybersecurity, computer engineering, computer science, and engineering technology careers. The program also ensures that students are sufficiently trained to protect and defend government and business systems against modern cyber threats.

"The residents of Prince George's County have access to quality programs, top-notch faculty and staff, and a wealth of resources right here at the College," said Falecia D. Williams, Ed.D., president of Prince George's Community College. "The renewal

of our National Center for Academic Excellence in Cyber Defense designation is validation from the NSA that our cybersecurity programs are indeed what we express them to be. Students who complete our rigorous, guided curriculum graduate with the requisite skills needed to fill the competitive jobs of today and tomorrow."

The NSA awards the CAE-CD designation to regionally accredited academic institutions offering cybersecurity degrees and certificates at the associate, bachelor's, and graduate levels.

"The CAE-CD redesignation recognizes the outstanding work of our students and faculty," said Koujo Koumadi, Ph.D., professor of networking and cybersecurity in the College's Technology, Engineering, and Construction Department. "We could not have done it without sound leadership and the active participation of colleagues in all departments." He noted that the redesignation process began in 2021, and the department had to submit detailed documentation on the programs and courses, including student lab work samples, and had to prove that the College adheres to and implements adequate cybersecurity principles and policies.

In evaluating and awarding the designation, the NSA partners with the Federal Bureau of Investigation (FBI), the National Institute of Standards and Technology (NIST)/National Initiative on Cybersecurity Education (NICE), the National Science

Foundation (NSF), the Department of Defense Office of the Chief Information Officer (DoD-CIO), and the U.S. Cyber Command (USCYBERCOM).

In 2014, Prince George's Community College was among the first 44 institutions designated by the National Security Agency and Department of Homeland Security (DHS) as a National Center for Academic Excellence in Information Assurance (IA) /Cyber Defense (CD).

Cyber resources on the Largo campus include the National CyberWatch Center headquarters that the College helped establish in 2017. Funded by the National Science Foundation, the Center leads collaborative efforts to advance cybersecurity education and strengthen the national cybersecurity workforce.

The College also operates free GenCyber Summer Camps for underrepresented elementary, middle, and high school students, which take place in July. The summer camps are funded by the National Security Agency and National Science Foundation.

College students and adults interested in earning a cybersecurity certificate or degree are encouraged to consider the program offerings at Prince George's Community College in the Department of Technology, Engineering, and Construction. For more information, contact Department Chair Michael Smith at smithmw@pgcc.edu or 301-546-0752.

LGBTQI+-Owned Businesses—Part of America's Inclusive Economy

SBA Celebrates its Commitment to Inclusiveness during LGBTQI+ Pride Month

By SBA Mid-Atlantic Regional Administrator
John Fleming
U.S. Small Business Administration

Diversity is the hallmark of our national identity. It comes in many forms: gender, race, religion, sexual orientation, gender identity, age, culture, and socioeconomic background—all contributing to a unique experience and view of the world. Bringing together people of various backgrounds with different life experiences provides unique perspectives. Everyone has their own way of viewing situations shaped by their individual experience.

Diversity empowers groups to find unique solutions and improves inter-group understanding.

During Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex (LGBTQI+) Pride Month, and all year round, I encourage small business owners in the Mid-Atlantic Region to continue to embrace inclusivity so that people of all backgrounds feel safe and welcomed.

Later this month, in celebration of Pride, the U.S. Small Business Administration hosts a live webinar panel with the SBA's Washington Metropolitan Area District Director Larry G. Webb, Co-founder and President of the National LGBT Chamber of Commerce Justin Nelson, and small business owner Rachel Kalenberg of Gillette, Wyoming's Pizza Carrello. Registration is required.

The discussion will focus on financial well-

ness and the importance of equity and opportunity to help uplift and support LGBTQI+-owned small businesses across the country. The panel will also discuss SBA initiatives and resources, and those of our community partners, that support LGBTQI+ entrepreneurs seeking to launch, pivot and grow in a post-COVID world – a priority of the Biden-Harris Administration and SBA Administrator Isabella Casillas Guzman.

The National Gay & Lesbian Chamber of Commerce has offered LGBT-owned businesses certification since 2004, and is the exclusive, third-party certification body verifying that eligible businesses are majority-owned by LGBTQI+ individuals. The certification, LGBT

Business Enterprise® (LGBTBE®), requires a business be at least 51% owned, managed, or operated by an LGBTQI+ person, and the business must be independent from a larger non-LGBTQI+-owned business.

All SBA programs and services are extended to the public on a nondiscriminatory basis. SBA's support of, or participation in this event is not an endorsement of any product, service, or entity. Reasonable accommodations for persons with disabilities will be made if requested at least four days in advance of this event. Please send an email to reasonableaccommodation@sba.gov with the subject header "ACCOMMODATION REQUEST."

HEALTH *and* WELLNESS

Nicotine to Help Treat Memory Loss?

By PRESS OFFICER
Georgetown University Memory Disorders Program

A study funded by the National Institutes of Health is testing whether the nicotine patch can improve memory and functioning in people who have mild memory loss or Mild Cognitive Impairment (MCI). The MIND Study—or Memory Improvement through Nicotine Dosing—is the largest and longest running study of its kind. MIND is looking

for study volunteers living in the D.C. metro area who have mild memory loss but are otherwise healthy, non-smokers over the age of 55 to participate in the trial at the Georgetown University study site.

According to the Alzheimer's Association, approximately 12 to 15% age 65 or older have mild memory loss or MCI and are more likely to develop Alzheimer's disease or other dementias. Currently, there is no FDA approved medication indicated to treat this con-

dition; however, nicotine stimulates an area in the brain known to be important for thinking and memory, and scientists believe it could be an effective treatment for adults with MCI.

"People often think nicotine is addictive and harmful, because it is in tobacco products, but it's safe when used in patch form," said Angelica Forero, MIND Study clinical trials manager at Georgetown University. "Nicotine is an inexpensive, readily available treatment that could have significant benefits for

people experiencing mild memory impairment."

The MIND Study needs people to enroll in sites across the United States. Researchers are looking for healthy, non-smoking adults over the age of 55 who are in the earliest stages of memory loss to participate in the MIND Study.

"The MIND Study will provide valuable information for researchers with regard to early memory loss that is associated with normal aging and early Alzheimer's disease, but we need volunteers if we are going to succeed," said Forero.

You, or a loved one, may be eligible

to participate if you have been diagnosed with MCI or if you or your family members notice changes in your memory:

Are you, or a loved one, having difficulty remembering recent events? Have you noticed changes in your memory or your loved one's memory?

Is your memory as good as it was two years ago? If you asked someone close to you about your memory, what would they say?

Potential study volunteers can learn more about the trial taking place at Georgetown University by visiting www.MINDstudy.org or by calling 1-866-MIND-150.

Wreaths Across America Radio Hosts Sixth in Series of RoundTable Discussions on Veteran Healing

For PTSD awareness month, the focus of this live discussion is PTSD and Suicide

By PRESS OFFICER
Wreaths Across America Radio

COLUMBIA FALLS, Maine (June 14, 2022)—Wreaths Across America Radio is proud to announce the sixth in its series of roundtable discussions focused on Veteran Healing through sharing stories of resilience, purpose, and success. This live discussion will take place on **Thursday, June 30, 2022**, at 12 p.m. ET, and can be heard exclusively on Wreaths Across America Radio.

The discussion will focus on post-traumatic stress disorder (PTSD) and veteran suicides, discussing the causes, highlighting the avenues to get help, and learning how to make those connections so veterans can empower themselves into building supportive communities. Guest panelists—listed below—will be interviewed by Wreaths Across America's Executive Director Karen Worcester and Director of Military & Veteran Outreach, former United States Army Captain Joe Regan.

Guest Panelists Include:

Major General (Ret.) Gregg Martin: General Martin is a vocal

advocate for mental health awareness. Among his many positions he was the Commandant of the U.S. Army War College, and President of the National Defense University. He is the former Deputy Commanding General of U.S. Central Command, the Commanding General of the Maneuver Center of Excellence, and Commandant of the U.S. Army Engineering School.

Cindy Roberts: Cindy is the Department of New York, President, American Gold Star Mothers, Inc. She and her husband Bob are the proud parents of SGT Kristie Roberts who served in the Army National Guard as a medic. Kristie took her own life on Aug. 21, 2012, and every day since her parents have worked tirelessly to help "stop the negative stigma" associated with suicide. This includes service and support to the national nonprofit Mission 22.

"I have the utmost respect for all those who have served and are serving our country," said Karen Worcester, Executive Director, Wreaths Across America. "This discussion, like all our Roundtables have been to date, is so important to be had, if it can help even one person find a path forward."

The goal of the Wreaths Across America Radio roundtable series on Veteran Healing is to help reduce barriers for veterans by:

- Supporting generational bonds between service veterans through stories of service and success;
- Destigmatizing issues faced by veterans and asking for help;
- Combating inaccurate perceptions of veterans by discussing the diverse experiences, challenges, and success of service members, veterans, and their families; and
- Connecting veterans with valuable resources.

You can listen to Wreaths Across America Radio's 24/7 internet stream anytime and anywhere on the iHeart Radio app, Audacy app, TuneIn app, or at www.wreathsassamerica.org/radio

This is the sixth broadcast in this series, Roundtable discussions are broadcast on Wreaths Across America Radio at least once per quarter. All panel discussions are broadcast exclusively on Wreaths Across America Radio.

Wreaths Across America Radio is a 24/7 Internet stream. Its unique format provides informational and inspiring content about members of the U.S. armed forces, their families, military veterans, and volunteers throughout the country and overseas who support the mission to Remember, Honor and Teach. Along with the inspiring content, Wreaths Across America Radio plays a variety of music with roots firmly planted in patriotism and a country music thread running through the core of the stream. Wreaths Across America Radio has a live morning show every weekday morning from 6 am to 10 am eastern, along with a variety of special programs that support the mission. Listen live at www.wreathsassamerica.org/radio, via the iHeart Radio app, or download it at the App Store or on Google!

Do You Need an Organized Exercise Regimen or Do Your Daily Chores Provide the Workout You Need?

By JOHN GRIMALDI
Association of Mature American Citizens

WASHINGTON (June 17, 2022)—When we were young and in good health it seldom, if ever, occurred to us that one day we would be too old to dance the night away. We were full of vim and vinegar. No one had to tell us that we needed to get more exercise; we were always in motion from the time we woke up in the morning to the time we called it a day—sometimes in the wee small hours of the next morning. And then, one day, we realized that it was time to slow down.

So we took off our dancing shoes, put on a pair of house shoes and passed the time on a comfy couch reading a book or watching TV. But, just as we began to accustom ourselves, friends, family and our doctors sounded the alarm, telling us that we needed to get more exercise. Go for a long walk, they said. Go to the gym and work out. They were right, of course: as Sir Isaac Newton put it, "A body at motion stays in motion; a body at rest stays at rest." And, too much rest, can lead us to a final resting place.

Indeed, according to the American Academy of Family Physicians "Exercise is an important part of nearly everyone's everyday health, including older adults. Experts say seniors should be as active as possible. If you are an older adult, exercise can help you live a longer, healthier life."

We Baby Boomers tend to be nonconformist individualists, as someone once put it, and a goodly number of us may not be the type to engage in organized workouts. But we do prefer an active

lifestyle. That means we like to keep busy and we like to engage in systemic activities in our daily lives—activities that keep us on the go in ways that burn energy. So, does that count as "exercise?" The consensus is that it just might.

National Academy of Sports Medicine [NASM] says "Absolutely, cleaning your house is exercise. While you may not be in a gym pumping iron or running on a treadmill, it is still exercise and requires you to work and burn more energy than being sedentary. Cleaning the house is an example of moderate intensity activity, the kind the NASM and health experts recommend that you perform daily to maximize health and fitness. Daily chores like cleaning your house, mowing the lawn, cleaning the car, shopping for food and other things are all examples of moderate exercise, which helps improve health and fitness."

As always, says the Association of Mature American Citizens [AMAC], when it comes to matters of health, it's always a good idea to consult with your healthcare provider. So rather than "guessing" that your daily chores provide the exercise you need, make a list and check it with your doctor.

The 2.4 million member Association of Mature American Citizens [AMAC] www.amac.us is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC action is a non-profit, non-partisan organization representing the membership in our nation's capital and in local Congressional Districts throughout the country.

Presumed Human Monkeypox Virus Infection Identified in Maryland Resident

Individual presented with mild symptoms; no additional precautions recommended for the general public

Current CDC data indicates cases have been identified in at least 20 states, including Maryland

By PRESS OFFICER
Maryland Department of Health

BALTIMORE (June 16, 2022)—The Maryland Department of Health (MDH), in collaboration with the U.S. Centers for Disease Control and Prevention (CDC), today identified the first presumed case of human monkeypox virus infection in an adult Maryland resident from the National Capital Region. The individual is currently recovering in isolation and is not hospitalized. The initial testing was conducted at the State Public Health Laboratory. MDH is awaiting confirmatory testing to be conducted at the Cen-

ters for Disease Control and Prevention (CDC).

"Although human monkeypox is a rare infection in the United States, this Maryland case and other cases in the region and country remind us that we need to be prepared and take steps to prevent infection and its spread," said MDH Deputy Secretary for Public Health Dr. Jinlene Chan. "MDH will continue to work with local and federal public health authorities and communicate responsibly with Maryland residents as we learn more."

Hospice from A3

Control guidelines and organizational policies prior to each event.

Visit www.hospicechesapeake.org/events for a complete listing of in-person and virtual groups and workshops for adults and children.

Quilters Celebrate 200th Patriotic Quilt Stitched for Veteran Patients of Hospice

(June 7, 2022)— Eight years ago, Millie Gentile of Pasadena learned from a good friend about a local hospice organization's Honor Salute program, wherein dying veterans were thanked for their service with a brief but formal acknowledgement from military volunteers. Part of that heartwarming ceremony includes the gift of handmade patriotic lap blankets. The skilled quilter donated a red, white and blue quilt she stitched and was so moved by the idea, she told her friends.

Luckily for Hospice of the Chesapeake, those friends happened to be the Downs Park Quilters. They all agreed with Gentile that creating and donating quilts for this project fit in well with the club's mission of turning their love of quilting into love for the community.

That was more than 200 patriotic quilts ago. The group invited the organization to the Chesapeake Room of the park's visitor's center for its June 3 meeting to personally receive and celebrate the most recent quilts that brought them to the impressive 200 mark. Hospice of the Chesapeake's Volunteer Services Coordinator Renate Little, who manages the organization's all-volunteer honor salutes, attended with longtime We Honor Veterans volunteer Bill Lovelace to accept the quilts and talk with the group about the impact of their gifts.

Lovelace, who has helped to facilitate more than 200 honor salutes for the nonprofit, moved many of the quilters to tears as he shared stories of how moved patients and families are by not only the generosity, but by the craftsmanship of the quilts. One story he told that brought smiles was about a veteran who immediately took to his new lap blanket. He quickly handed over his old one to his family and said, "Get rid of this ratty old thing—this is the blanket I will be using from now on!"

"We very much appreciate that (Hospice of the Chesapeake) takes the time to acknowledge these veterans. That is very meaningful for us," Burkman said, adding that Gentile is an important part of the group's efforts. The quilting group meets Friday mornings in the park to share their love of quilting. Besides stitching blankets for Veterans, the group also sews quilts for premature babies at local hospitals and pillows for breast cancer survivors.

Though some of the members will create a quilt from start to finish, many of these beautifully crafted pieces are created by as many as 10 or more quilters, said Debi Burkman, president of the quilters. Each of the blocks in the pattern may have been created by a quilter at home and then brought in on a sewing day. With people pinning, ironing, stitching and running from table to table, the group can finish five to seven quilt tops in just one day.

To donate quilts or learn more about the We Honor Veterans program, contact Hospice of the Chesapeake at volunteers@hospicechesapeake.org or call 410-987-2003.

For 40 years, Hospice of the Chesapeake has been caring for life throughout the journey with illness and loss. For more information, please visit www.hospicechesapeake.org.



PHOTO CREDIT ELYZABETH MARCUSSEN

(June 3, 2022)—Members of the Downs Park Quilters display some of the 200 quilts they created to give to veteran patients of Hospice of the Chesapeake.

COUNTY CHURCH DIRECTORY

UNITED METHODIST	BAPTIST	BAPTIST	UNITED METHODIST
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Virus from A6

Human monkeypox is in the same family of viruses as smallpox but generally causes a milder infection. It can be spread between people through direct contact with skin lesions, body fluids or contaminated materials such as clothing or linens. It can also be spread through large respiratory droplets, which generally cannot travel more than a few feet, and prolonged face-to-face contact is required. The World Health Organization is in the process of establishing a new name for the virus.

Presenting symptoms typically include fever, chills, new swelling of lymph nodes, and a distinctive rash that often starts on the face and spreads to other parts of the body; however, onset of rash lesions elsewhere in the absence of other symptoms has been reported. Symptoms generally appear seven to 14 days after exposure and, for most people, clear up within two to four weeks. Individuals identified as having been potentially exposed to this case will be monitored for symptoms for 21 days after exposure.

While the risk of human monkeypox transmission remains low, the public is strongly encouraged to stay alert for any symptoms.

MDH provides human monkeypox information and resources for residents and clinicians on its website. Visit health.maryland.gov/monkeypox.

Additional details about human monkeypox cases are available on the CDC's website.

The Maryland Department of Health is dedicated to protecting and improving the health and safety of all Marylanders through disease prevention, access to care, quality management and community engagement. Follow us at <http://www.twitter.com/MDHealthDept> and [Facebook.com/MDHealthDept](https://www.facebook.com/MDHealthDept).

FBI HQ from A4

FBI community and would not have met critical needs. Given these concerns, the Congressional delegation fought throughout the Trump Administration to preserve the FBI headquarters project at the three original sites, as defined by years of study and a Congressionally-approved prospectus.

The members of the Maryland Congressional delegation successfully included language in the FY2022 omnibus package to advance the process for constructing a new, consolidated FBI headquarters project. This language required the GSA to provide today's update on the viability of the three sites and requires the GSA to select a site for the FBI that will meet the FBI's needs today and into the future.

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