

The Prince George's Post



A COMMUNITY NEWSPAPER FOR PRINCE GEORGE'S COUNTY SINCE 1932

Vol. 87, No. 32 August 8 — August 14, 2019

Prince George's County, Maryland

Newspaper of Record

Phone: 301-627-0900

25 cents

Undergraduates Make New Discoveries in BSU Research Program

In its 5th year, Summer Undergraduate Research Institute engages more than 70 students

By DAMITA CHAMBERS
Bowie State University

BOWIE, Md. (July 29, 2019)—Isata Yokie never dreamed that she'd spend a summer doing research in Kenya. She could hardly imagine working side by side with accomplished scientists to uncover how a native medicinal plant used by pregnant women can be harmful when eaten in large amounts.

"I didn't see myself doing work like this," said Yokie, a

Bowie State University rising senior majoring in biology. "Doing this research has been an eye-opener for me. It's teaching me that food safety is something that everyone needs to pay attention to."

Yokie is one of a record 72 student researchers who participated in the 5th annual Summer Undergraduate Research Institute (SURI), a project of the Education Innovation Initiative (EI2). The intensive nine-week program makes it possible for

the students to hone their analytic skills and establish mentor relationships with the 20 Bowie State faculty researchers, who helped guide their projects. Students showcased their projects in oral and poster presentations at the SURI Research Symposium on July 30-31, preparing them to submit their work for academic journals or research conferences.

For the first time this year, SURI included nine students, including Yokie, who traveled

to Kenya for Bowie State's new Global Engagement Research Experience for Undergraduates, working on food safety and security research funded by a two-year National Science Foundation grant. Led by BSU's Dr. Anne Osano, the project connected the students from around the country with researchers at the University of Nairobi and Egerton University. Not only did the students come from Bowie State, but they also came from Farmingdale State College, Interamerican University of Puerto Rico, Indiana University, Morgan State University, Oklahoma State University, University of Georgia and University of Maryland.

The SURI projects are diverse and involve faculty from across various disciplines. Some SURI scholars used machine learning to identify star NBA players using game stats, ex-

See DISCOVERIES Page A8

Council Responds to Change in Fire Department Leadership

By ANGELA ROUSON
Prince George's County Council Media

UPPER MARLBORO, Md. (July 31, 2019)—The Prince George's County Council thanks outgoing Fire Chief Benjamin Barksdale for his commitment to the residents of Prince George's County. Chief Barksdale has more than 35 years of fire service, nine of those years in Prince George's County and three as Prince George's County Fire Chief. The Council has worked with Chief Barksdale on a wide range of initiatives, and his passion and dedication to securing the safety of our residents is to be commended. He has led the Fire/EMS Department with distinction and we appreciate his service. We wish him all the best in his well-deserved retirement.

The Council also congratulates Prince George's County Fire/EMS Department Chief Deputy Tiffany Green on her appointment as Interim Fire Chief for Prince George's County, announced by County Executive Angela Al-

sobrooks. Interim Fire Chief Green has over 24 years of combined volunteer and career fire service, and we are confident that the department will continue to excel under her leadership. The Council recognizes the historical significance of her appointment as the first female Fire Chief, and we look forward to reviewing her submission as a part of the Council's confirmation process.



PHOTO COURTESY OF PRINCE GEORGE'S COUNTY FIRE/EMS DEPARTMENT
Interim Fire Chief Tiffany D. Green



PHOTOGRAPH CREDIT BOWIE STATE UNIVERSITY

Bowie State University professor David Igwe (second from the left) leads students Pierre Ayiuwe (left), Elaine Obahiagbon (second from the right) and James Bisher (right) in using DNA barcoding to explore the genetic diversity of mushrooms sampled within Prince George's County.

Maryland Comptroller's Unclaimed Property Program Surpasses \$1 Billion in Claims

From modest beginning in 1966, returning money and property to rightful owners has become major agency initiative

By MAUREEN O'PREY
Comptroller of Maryland

ANNAPOLIS, Md. (July 9, 2019)—Comptroller Peter Franchot announced that the Unclaimed Property section of the agency has surpassed a significant milestone—processing more than \$1 billion in claims since the program began in 1966.

"It's a testament to the hard-working men and women of our agency that so many Marylanders have reclaimed their money and property," said Comptroller Franchot. "From dormant bank accounts and forgotten security

deposits to abandoned insurance claims and property left in safe deposit boxes, we have doggedly worked to identify the rightful owners and return what is theirs."

In its first year, the Unclaimed Property section paid out 12 claims with a value of \$711.48. More than 50 years later, the program disburses more than \$60 million annually.

Each year, the Comptroller's Office launches a public awareness campaign to promote the publication of the unclaimed property list. This year's theme, incorporated in the print insert distributed to newspapers

throughout the state and a video titled "Unclaimed Property Brothers," features Comptroller Franchot and his previously unknown "twin" brother Pierre finding unclaimed property during a home renovation.

In addition, the list of 69,039 accounts worth more than \$59 million will be the highlight of the Comptroller's booth at fairs and festivals around the state this summer and fall.

Last year, 3,160 people at Maryland fairs and festivals stopped by the agency's Unclaimed Property display to peruse the published list. Of that total, 642 people (more than 20

percent of those who searched) discovered and received more than \$557,000 in unclaimed funds.

In total, the agency has more than 1.3 million accounts worth more than \$1.6 billion in its Unclaimed Property program. Individuals and businesses can also search the online Unclaimed Property database at www.marylandtaxes.gov.

This year, the Unclaimed Property booth will be set up at the following fairs and festivals:

Maryland State Fair
August 23–September 2
2200 York Road
Timonium, MD

Prince George's County Fair
September 5–8
Show Place Arena
14900 Pennsylvania Ave.
Upper Marlboro, MD

State's Attorney Announces Comprehensive Plan For Youth Justice Reform

By DENISE ROBERTS
Office of the State's Attorney, Prince George's County

UPPER MARLBORO, Md. (July 31, 2019)—Prince George's County State's Attorney Aisha N. Braveboy unveiled her comprehensive youth justice reform plan, which is aimed at reducing the number of juveniles that enter the criminal justice system.

"Reforming the juvenile justice system is one of my top priorities. Often we see young people coming into the criminal justice system for minor offenses," State's Attorney Braveboy said. "But when you peel back the layers you find they have faced mental health issues, abuse, homelessness and other problems that have led them down this path. I believe with intervention and other solutions we can make a difference in their lives."

In light of that, Braveboy has renamed and restructured the Youth Justice Reform unit in her office to include seasoned attorneys and staff who look beyond the crime and seek the cause of the actions of youth offenders.

This unit will also partner with various law enforcement, public health and community partners that will assess juveniles for any necessary social support, counseling, tutoring and family intervention.

The partners include Prince George's County Public Schools; Prince George's County Office of Sheriff; Community Public Awareness Council, Key Bridge Center for Conflict Resolution and Jordan Peer Recovery; WIN Family Services and Interdynamics, Inc.

Braveboy added, "These partners have pledged to work collectively and bridge the gap to provide services for our youth in the places where they need assistance. The priority for this network of non-profits and community partners will be to chip away at the school to prison pipeline."

In addition, the State's Attorney's Office, in partnership with Bowie State University's Criminal Justice Department, will hold Prince George's County's first Youth Justice Summit in November. This will be an annual event that convenes stakeholders to identify the root causes of behavior that leads juveniles into the criminal justice system. Attendees will also work to development comprehensive policies and initiatives around youth justice reform.

INSIDE

Maryland Humanities Awards Over \$6,000 to Maryland Nonprofits

Charles H. Flowers High School receives funding for art project for students with cognitive disabilities.

Community, Page A3

Call for Passage of the End Racial and Religious Profiling Act

"The End Racial and Religious Profiling Act takes an important step toward reforming our broken criminal justice system, keeping communities of color safe, and building trust between law enforcement and the people they are supposed to serve," said Cardin.

Commentary, Page A4

University of Maryland School of Nursing's Friedmann Receives International Distinguished Anthrozoologist Award

At UMSON, Friedmann serves as professor and associate dean for research; she teaches research methods and statistics and has served on more than 50 doctoral dissertation committees ...

Business and Finance, Page A5

Time to Prepare for Back to School

- Tips to save money on tech
- Maryland Tax-Free Week
- Back-to-School events to help students look forward to learning and cope with changes.

Out on the Town, Page A6

Earth Talk

Dear EarthTalk:
I was appalled to find out on a recent backpacking trip to Yosemite National Park that I could get three bars of service on my cell phone. What about getting away from it all?

—James P., Seattle, WA

Features, Page A7

TOWNS and NEIGHBORS

In and Around Morningside-Skyline

by Mary McHale 301-735-3451

Bring the kids to Back to School Party August 17 at Sports & Learning

Help your family get ready for the upcoming school year by attending the Back to School Block Party hosted by the Prince George's Public Schools on Saturday, Aug. 17, 9 a.m. to 2 p.m., at the Prince George's Sports & Learning Complex in Landover.

The event features backpack giveaway, vendor booths, free vision and dental screenings for children, video game trucks, school and county resources, musical entertainment, food trucks and door prizes.

The Sports & Learning Complex is at 8001 Sheriff Road in Landover. For more information, call 301-952-6380.

Neighbors and other good people

Tiffany D. Green is the new Fire Chief for the Prince George's County Fire & EMS Department. She began her career back in 1999 as a volunteer with the Oxon Hill Volunteer Fire Department, continued with bachelor's and master's degrees, and rose through the firefighting ranks to where she is now. But it all started as a volunteer at the Oxon Hill VFD.

Father John A. Vidal is the new administrator of St. Ignatius Parish in Oxon Hill. He is also continuing as pastor of the Ordinary Community of St. Luke Parish in Washington.

JoAnne Mulcahy was honored with a retirement party on May 31 at St. Philip's where she had served as parish secretary for some years. Before that, she was secretary for St. Bernardine's in Suitland. Congratulations on your retirement, JoAnne, but it's hard to lose someone who knows everyone and everything about the parish!

Michael Beall and Katie Short were married May 31 in Philadelphia. Michael is the son of David Beall and grandson of Rita Beall of Morningside and the late Michael Beall.

Julie Koch-Michael emailed after reading last week's column: "Nice seeing Thelma Shaub's name. She must have gone to the M'side Baptist church when I was little as I remember her coming to our house at Easter to deliver an Easter basket and purple stuffed rabbit to my brother when he was sick in bed. She came with her entire Sunday School class (they must have walked

from the church to 305A Boxwood Dr. to deliver it). Never forgot her for that."

Booth Escape tour

The Surratt House is taking registrations for their September John Wilkes Booth Tours, which will be on Sept. 14, 21 and 28. Call 301-868-1121 to be placed on a mailing list for full details.

The tour goes from the Surratt House in Clinton to Ford's Theatre and then follows the route Booth took from there to the site of the Virginia farmhouse where he met his fate.

I have taken this all-day tour two or three times; it's remarkable. And it's great that the Surratt House continues to host it.

Enjoy a Golf Tournament?

The annual Golf Tournament, sponsored by the Forestville Pregnancy Center, will be at Oak Creek Golf Course on August 13. The \$125 fee covers breakfast, snacks and refreshment during the day, lunch, door prizes and more. They have four Hole-in-Ones with a chance to win \$10,000. Register through www.forestvillepregnancycenter.org or GiveDirect.

Coming up

Not coming up: Morningsiders should be reminded that there's no monthly Town meeting in August. See you in September.

As for the Skyline Citizens Association, it'll be 50 years old in May. We Skyliners hope to celebrate in a big way. Former Skyline residents are invited to call me (301-735-3451) with ideas and memories.

Changing landscape

Rich Landon has emailed these landscape changes:

Suitland Elementary on Towne Park Road (formerly, Homer Avenue), right off Suitland Road near the Post Office, has a green-and-yellow steel recycling container in the parking lot for paper, which in turn will generate money for the school. Clean paper only; if you add cardboard, it must be broken down. No Pizza boxes!

Wendy's restaurant on Silver Hill Road, in Suitland, is closed. It's next to a Kentucky Fried Chicken, which closed several years ago.

There's another Royal Farms under

construction in Forestville, at the corner of Marlboro Pike and Forestville Road. It is just 8/10th of a mile from the newly-opened Royal Farms at Pennsylvania Avenue and Donnell Drive.

The Teppanyaki Grill and Buffet in Penn Station Shopping Center in District Heights has closed.

Lidl grocery on Marlboro Pike and Boones Lane in Forestville, across from Penn Mar, has a sign up: "Hiring."

Morningside Memories: 65 years ago

On May 7, 1954 Mayor William Shugarts handed the gavel over to his successor, Mayor Matthew P. Rosch, who would also head the Town Council, which included Donald Holmes, Robert Morris, Lee Parr and W. Jay Lowery.

The Morningside Press announced babies born the previous autumn: Mr. & Mrs. Edward McClain, son Robert J., born Nov. 23; Mr. & Mrs. Walter Donaldson, Lou Ann, born Nov. 25; Mr. & Mrs. J. Herbert Johnson, Linda Lou, born Dec. 3; and Mr. & Mrs. Robert Bostock, Bruce Wayne, born Oct. 7.

Mrs. Daniel Snyder opened her new beauty shop at 305 Larkspur Road on Dec. 16, 1953. Come in for "permanent waving, hair styling, hair cutting and manicuring."

Anna Livesay, one of Giant's first female managers

Anna M. Livesay, 97, a Clinton resident for 70 years, died July 23. For the past 18 months she was at Brightview Assisted Living in Edgewater.

During World War II, she was one of the first female managers at Giant Food Stores. After starting her family, she worked for many years at the Tanglewood Elementary School cafeteria.

Anna was predeceased years ago by her husband of 38 years, Charles Livesay. Survivors include daughters Anna Fuller, Linda Atkinson and Charlotte Estes (Mark); grand- and great-grandchildren; and three sisters. Mass of Christian Burial was at St. John's in Clinton.

Milestones

Happy birthday to Savannah Foster, Aug. 11; Mary Berkley and Brittany Short, Aug. 13; Margaret Hunt and Nancy Stacey, Aug. 16.

Happy 40th anniversary to Sharon and Mike Fowler on Aug. 11.

Around the County

Local Students Honored

Delegate Healey Announces 2019–2020 Academic Scholarship Recipients

PRINCE GEORGE'S COUNTY (July 31, 2019)—Anne Healey, State Delegate From District 22, has awarded scholarships for the academic year 2019–2020 to area students. The selections were based on the applicant's strong academic profile and exemplary record of community service. This year's recipients are as follows:

Lanham	Abisola Ajayi	Mona Gassama
Alexis Johnson	Winifred Mepha	Mariatu Bah
Moria Saint Firmin	Farida Abubakar	William Nguyen
Nia Williamson	Brenda Tankeu	Uieal Kidane
Josiah Ekong	Nnedi Anyejiuwa	Suleiman Kassamia
Khadija Mara	Alia Hassan	Elisee Djapa
Daisha Keys	Lisette Jaqueline Martinez	James Kamara
Alex Kidane	Justin O Maduka	Aziza Austin
Blessing Ajayi	Alexandrea Shields	Leila Dawson
Alexis Johnson	Chioma Ahaghotu	Roselyn Ndjee
Adeyinka Telli	Ihunanya Onyejiuwa	
Achalefac Akem		
Greenbelt	Lynette Raheem	Maria Saavedra
Favour Dimelu	Patience Amponsah	Ray Jefferies
Donika Gibson	Deborah Dimelu	Olaoluwa Adebajo
Elijah David Johnson	Habayattu Bah	Nelson Chen
Arsalan Siddiqui	Mauricia Brown	Nastassja Stephens
New Carrollton	Danielle Wilson	Esther Maidoh
Christian Barrera	Crystal Omari	Ashley Sorto
Adelaide Lem	Crystal Ran Evans	Mabel Gbenro
Ayukegba	Chelsea Parra	
Riverdale	Anjodi Shenari	Ngoc Nguyen
Anjodi Williams	Williams	Evelyn Ramirez Rosales
Steven Coto-Marin	Uzoma Nwanna	Ivon Morales
Patrick Gallaher	Roberto Carlos Sanchez Perez	Giselle Landaverde
Wendy Maceda-Bravo		
Hyattsville	Rukayat Fakoya	Taniece Reed
Andrea Valladares	Joan Maher	Erick Rivadeneira
Shalom Akpakla	Nene Diallo	Alyssa Boyd
Tamara Simpson	Akinmade Oluwarotimi	Hillary Agyemang
Anita Marfo		Shalom Akpakla
Bowie	Berwyn Heights	College Park
Andrew Osuji	Teresa Tinta	Riah Joo
Kimberly Osuji	Ayotide Bello	
	Teresa Tinat	
Landover	Lindsey Cooper	Tiffany Marie Jackson
Jeannette Koumba		
Millimono		

—Donna Ross, Esq., Chief of Staff for Delegate Healey

Free August Health Resources Provided by Doctors Community Health System

LANHAM, Md. (August 1, 2019)—Throughout the year, Doctors Community Hospital offers numerous screenings and support groups. They are designed to help people maintain and improve their overall health. Some of the upcoming events include:

Free Blood Drive Friday, August 16, 2019, 10 a.m.–3 p.m. Doctors Community Hospital, 8100 Good Luck Road North Building, 5th Floor, DSE Room, Lanham, MD 20706 301-552-8601 | 1-800-RED-CROSS

The American Red Cross has a critical shortage of type O blood and urges type O donors to give now to ensure blood is available for patients facing trauma and other life-threatening situations.

Free Screenings on Mobile Health Clinic

Visit the Wellness on Wheels (WOW) mobile health clinic to receive free screenings (diabetes, cholesterol and blood pressure) as well as medication reviews and education. For updated care locations, call 301-324-4968 or visit DCHweb.org/WOW.

August 8—Laurel-Beltsville Senior Activity Center, 7120 Contee Road, Laurel, MD (9 a.m.–1 p.m.)

August 17—School and Health Fun Day—T. Howard Duckett Community Center, 16601 Supplee Lane, Laurel, MD (9 a.m.–1 p.m.)

August 19—Shoppes at New Carrollton, 7898 Riverdale Road, New Carrollton, MD (10 a.m.–4 p.m.)

August 20—Langley Park Senior Activity Center, 1500 Merrimac Road, Hyattsville, MD (10 a.m.–4 p.m.)

August 21—National Senior Citizens Day event, Theresa Banks Complex, 8615 McLain Avenue, Glenarden, MD (10 a.m.–1 p.m.)

August 23—Prince George's Community Federal Credit Union, 15201 Hall Road, Bowie, MD (10 a.m.–4 p.m.)

August 26—Shoppes at New Carrollton, 7898 Riverdale Road, New Carrollton, MD (10 a.m.–4 p.m.)

August 27—John E. Howard Senior Activity Center, 4400 Shell Street, Capitol Heights, MD (9 a.m.–1 p.m.)

August 28—City of Glenarden Nutrition Center James R. Cousins, Jr. Municipal Center, 8600 Glenarden Parkway, Glenarden, MD (10 a.m.–4 p.m.)

August 29—Powder Mill Village Apartments, 3625 Powder Mill Road, Beltsville, MD (10 a.m.–4 p.m.)

—Chondria Andrews, Doctors Community Hospital

Kickball For a Cause

Saturday, August 24, 2019, 8 a.m.–4 p.m. at Jericho Park

The Bowie Police Department is thrilled to announce its first ever Kickball for a Cause charity tournament! With a little help from our friends at DC Fray, our Department is excited to host a day filled with fun, food, competition, and kickball in support of an incredible organization: HEROES, Inc. an incredible nonprofit dedicated to honor the supreme sacrifice of law enforcement officers and firefighters who give their lives in the line of duty. Register you and/or your team at www.cityofbowie.org/kickball. The registration form will allow you to complete a profile and then select your team criteria. Due to limited parking at the field location, a shuttle bus will be provided for those who park in the Bowie State MARC Park & Ride lot at 13900 Jericho Park Rd. Teams must be registered before the event date. **NOTE: Teams who register less than two weeks prior to event date may not receive a shirt.**

—Una Cooper, City of Bowie

Brandywine-Aquasco

by Audrey Johnson 301-922-5384

FAMILY AND FRIENDS DAY

Everyone is cordially invited to join us at Clinton United Methodist Church Sunday, August 18, 2019 for our Family and Friends Day at our 8 a.m. and 10:30 a.m. service. Rev. Dorothea Belt Stroman, Pastor. Our church address is 10700 Brandywine Road, Clinton, Maryland 20735. The Church office number is 301-868-1281.

Rev. Dr. Ellice Smith Bryant, Assistant Minister, St. Paul Baptist Church, Capitol, Heights, Maryland is the guest speaker at both morning services. Music: 8 a.m.—Men's Choir and 10:30 a.m.—Gospel Choir. A light lunch and fellowship immediately following the 10:30 a.m. service in the Multipurpose Room.

COUNTY CLICK 311

Prince George's County Click 311 is easy, convenient, accessible. County Click 311 is a one stop call center that residents may call to get answers and resolve non-emergency issues. To request assistance with trash collection, pothole repair, or illegal parking, etc., contact 311.

Hours of operation are Monday through Friday from 7 a.m. to 7 p.m. If you are calling from an outside region, please dial 301-883-4748 to connect to 311. Residents may submit a service request or research a question online 24 hours a day, 7 days a week at www.CountyClick311.com.

PRINCE GEORGES COUNTY PUBLIC SCHOOLS

Eleanor Roosevelt High School students Place in State Envirothon. Students from Eleanor Roosevelt High School (<https://www1.pgcps.org/eleanorroosevelt/>) competed against teams from 15 counties across the state and took fifth place in the annual Maryland Envirothon completion at St. Mary's College (<https://envirothon.org/>).

The Envirothon offers high school students an opportunity to gain hands-on training and experiences in natural resources by career experts. Teams consist of five students who work together throughout the school year and are tested in the classroom and the field in aquatics, forestry, agriculture, soils and wildlife.

This is the third time in the last five years that the Roosevelt team has placed in the competition, and each student will receive a \$1,000 scholarship from the Prince George's County Soil Conservation District.

PROSTATE CANCER AWARENESS

Join us Saturday, September 21, 2019 at 7 a.m. for the Prostate Cancer Awareness (Walk-Run-Ride). Partners are Prostate Cancer Foundation, Prince George's County Health Department, The Stan Richard's Group, Blue Flowers Org (Empowering women and the men in their lives against prostate cancer) and Quest. The event will occur at Allen Pond Park, Bowie, Maryland. If you would like to register or make a donation log on to www.emmanualhealthedu.com/ calendar.

MARYLAND HORSE AND PONY SHOW

Come out and see the Maryland Horse and Pony Show Wednesday, September 11, 2019–September 15, 2019 at 8 a.m. at the Show Place Arena. The address is 14900 Pennsylvania Avenue, Upper Marlboro, Maryland 20772.

Registration is required for participants. Contact event promoter directly. For more than 70 years the Maryland Horse and Pony Show has been a premier equestrian event. This show provides the perfect chance for participants to show indoors before the Washington International Horse Show and The Capital Challenge Horse Show. All ages are welcome. To register and receive more information visit (<http://www.mncppcapps.org/pgparks/disclhttp://mdhsa.org/>). Telephone number is 301-952-7900 and Fax: 301-952-8167.

"AROUND THE COUNTY"

Council Chair Todd M. Turner welcomes PGCPs CEO to "Around the County". Dr. Monica Goldson is a featured guest on the Council Cable program. The current edition of "Around the County," now airing on Prince George's Community Television, features an interview with Dr. Monica Goldson, Chief Executive Officer, Prince George's County Public Schools (PGCPS). "Around the County," a production of the Prince George's County Council, is hosted by Prince George's County Council Chair Todd Turner (D)-District 4.

"Around the County" airs on CTV Channel 70 (Comcast), on Mondays at 11:30 p.m.; Wednesdays at 6 p.m.; and Fridays at 6 p.m. Community Television of Prince George's is an award-winning, non-profit cable access facility serving as the media hub of information for Prince George's County. For additional information call 301-773-0900 or visit www.pgctv.org.

COMMUNITY

The American Counseling Association's Counseling Corner

Do You Really Listen to What Others Have To Say?

Most of us like to hear ourselves talk. We enjoy sharing information about ourselves, our jobs, and our recent activities. And there's nothing wrong with that, unless we spend so much time talking that we forget to actually listen to what others are sharing.

Being a good listener is an essential skill in maintaining strong personal relationships, whether with relatives or with our friends. Yet, too often we tend to believe that solid relationships just seem to happen. Having good friends takes some work and effort on our part, and a major element in building those relationships is learning how to listen.

Most of us have probably had the experience of having a friend clearly demonstrate he or she really wasn't listening when we had shared something important with them. Their words or actions indicate that what we had to share simply wasn't heard or understood.

Sadly, many of us do the same thing without realizing that we've put listening to what a friend is communicating on automatic, mainly hearing the words but not registering the meaning. That can be a real problem when what is being shared is truly important to the person talking to you.

So how do you become a better listener? A good starting point is to pay attention to how others listen when you have something significant to share. Try to note what a good listener, someone you appreciate, says or does to indicate that they're paying attention to you and what you're saying.

Next, do the same type of observing with someone who doesn't really seem to hear you when you share something important. How do they show they're not really paying attention? Are they distracted? Evaluate if your own actions favor those of the good or poor listener.

If your listening needs improvement, it isn't difficult to become a good listener. Start by simply listening more than you speak when someone is communicating something important. Don't interrupt with your own stories and ideas, even if you think your experience is similar.

Instead, take time to seek clarification if things were said you didn't understand, and show you're paying attention by feeding back key parts of the conversation. At the end, try to summarize what was shared to demonstrate you heard and understood the key points.

Being a good listener is an important skill and an essential element in building and maintaining strong friendships.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

U.S. Navy Tattoo at Fort McHenry National Monument and Historic Shrine

Be a part of one of the oldest ceremonies in Baltimore City! Over 100 years ago, Baltimore residents spent Saturday evenings watching the military review of soldiers following evening tattoo calls. The tattoo, a musical call, was played to notify soldiers of the end of the day, and the tradition lives on today. Join us on **Saturday, August 10 at 6 p.m.** and experience the United States Navy Twilight Tattoo at Fort McHenry National Monument and Historic Shrine, the birthplace of "The Star-Spangled Banner." **The U.S. Navy Band, Drill Team and Color Guard** will dazzle with military pageantry, drills, and music performances inside the historic Star Fort. Fort McHenry's very own Fort McHenry Guard will demonstrate War of 1812-era musket and cutlass drills, as well as fife and drum performances. As part of the ceremony, the National Park Service's own Vincent Vaise will be named Honorary Colonel of the Fort McHenry Guard.

Vince Vaise served as a Park Ranger at Fort McHenry and Hampton National Historic Site from 1994–2006, and as Chief of Interpretation from 2006–2016. Vince helped lead Fort McHenry and park partners through the events surrounding the commemoration of the Bicentennial of the War of 1812, including the "living" American flag created on the park grounds with the help of 6,300 students. Vince currently serves as the Chief of Visitor Services at the National Capital Parks-East. The park is a collection of sites in the eastern portion of Washington D.C. including such important sites as Frederick Douglass's House and the Kenilworth Aquatic Gardens.

The evening program concludes with a flag change inside the Star Fort and the playing of Taps at the water battery.

The program will take place inside the Star Fort and will be free of charge. Free parking is available on site on a first come, first served basis. All programs are weather permitting. Visitors may also explore the exhibits and feature movie in the Visitor and Education Center.

—Abbi Wicklein-Bayne, Ft. McHenry NMHS

Accounting: One-on-One Business Clinic at the Bowie BIC
Jamie Lewis, CliftonLarsonAllen LLP
August 15, 2019 • 11:00 a.m.–3:00 p.m.

Bowie Business innovation Center (Bowie BIC) offers a FREE monthly Accounting Business Clinic for entrepreneurs and small businesses hosted by Jamie Lewis, Principal with CliftonLarson-Allen LLP. Jamie will be available to meet One-on-One with entrepreneurs and early stage companies who have questions related to business taxes, and accounting issues for their businesses.

The sessions are opened to all Bowie BIC clients. Entrepreneurs from the Bowie business community are also welcome. Please call or email Crystal Clark, Operations Director & Student Liaison (crystal.clark@bowiebic.com) to schedule a specific time with Jamie. Bowie Business Innovation Center, Located at Bowie State University, Center for Business, Suite 2312, 14000 Jericho Park Road, Bowie, MD 20715, 301.383.1550, www.bowiebic.com

Maryland Humanities Awards Over \$6,000 to Maryland Nonprofits

Charles H. Flowers High School Receives Funding for Art Project for Students with Cognitive Disabilities

By SARAH WEISSMAN
Maryland Humanities

BALTIMORE (July 30, 2019)—Maryland Humanities is pleased to award a total of \$6,360 in mini grant funding to organizations in Maryland's Capital Region, Central Maryland, Western Maryland, and on Maryland's Eastern Shore. The mini grant recipients are: The Annapolis Maritime Museum, Charles H. Flowers High School, Hearing and Speech Agency of Metropolitan Baltimore (HASA), Strong City Baltimore, United Way of the Lower Eastern Shore, and Washington County Museum of Fine Arts. Recipients are located in Anne Arundel County, Baltimore City, Prince George's County, Washington County, and Wicomico County.

Projects funded in this round of awards include a play reading and related programming inspired by public conversation about the removal of monuments in Baltimore; sign language interpretation for the literature portion of Baltimore Book Festival/Light City; and a panel discussion asking "What Is the Black Aesthetic?"

Maryland Humanities provides mini grants (up to \$1,200) and major grants (up to \$10,000). Funding goes to nonprofit organizations that use the humanities (literature, philosophy, history, etc.) to inspire Marylanders to embrace lifelong learning, exchange ideas openly, and enrich their communities. Grant criteria encourage free public programming in many forms.

Maryland Humanities' Grants Program is funded by the National Endowment for the Humanities, the Maryland Historical Trust in the Maryland Department of Planning, and the Maryland Department of Labor, Licensing, and Regulation.

To learn more about our Grants Program, eligibility, and deadlines, visit www.mdhumanities.org/grants.

July 2019 Mini Grant Awards include:
Charles H. Flowers High School
"What We See": African American Art
Though the Eyes of High School Students with Special Needs
Prince George's County
Grant Award: \$600

This is an art project to give students with cognitive disabilities the unique opportunity to interpret how they see African American art through various mediums. The students will choose an art piece from local African American artists and create their own interpretation of what they see with assistance from staff and art teachers. The project will allow this population of people to show their works in a public exhibit and to discuss their interpretation of selected art pieces from local African American artists in Maryland.

Maryland Humanities is a statewide nonprofit organization that creates and supports educational experiences in the humanities that inspire all Marylanders to embrace lifelong learning, exchange ideas openly, and enrich their communities. For more information, visit www.mdhumanities.org. Maryland Humanities is generously supported by the National Endowment for the Humanities, the State of Maryland, private foundations, corporations, small businesses, and individual donors. Connect with Maryland Humanities on Facebook, Twitter, and Instagram.

Upper Marlboro Teacher to Apply In-Depth Holocaust History Training from the United States Holocaust Memorial Museum's 2019 Belfer National Conference for Educators to Coming School Year

One of 260 teachers nationwide who completed professional development conference this summer in D.C., in order to bring effective Holocaust education to classrooms

By SAMANTHA LUCKERT
United States Holocaust Memorial Museum

WASHINGTON (August 1, 2019)—Karen Gibson, of Upper Marlboro, a teacher at Judy Hoyer Family Learning Center in Adelphi, is bringing back lessons designed to engage and promote students' understanding of Holocaust history from the nation's leading Holocaust education conference this summer at the United States Holocaust Memorial Museum.

Gibson was one of 260 participants from all over the country who attended the Museum's annual Arthur and Rochelle Belfer National Conference for Educators, a three-day workshop for teachers hosted by the Museum from July 22 to 24 and from July 25 to 27. The 2019 conference is a vital part of the Museum's ongoing effort to equip educators throughout the country with the knowledge and skills to effectively bring Holocaust education into their classrooms.

"Educating students about the history of the Holocaust provides an opportunity for young people to think critically not only about the past but also about their roles in society today," says Gretchen Skidmore, director of education initiatives for the Museum's William Levine Family Institute for Holocaust Education. "As the global leader in Holocaust education, the U.S. Holocaust Memorial Museum works to ensure teachers have the training and resources they need to introduce their students to this important and complex history—and show them how its lessons remain relevant to all citizens today."

Every year, the Museum trains hundreds of teachers through training programs held in Washington and around the country. The institution provides these teachers with advanced tools and teaching materials for students of history, English, social studies, language arts, library science, journalism and more.

Free Healthcare Symposium Includes 5 Free CEUs For Social Workers

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

PASADENA, Md. (July 31, 2019)—The learning sessions are free, the five continuing education units are free, even the meals are free: All that remains is for people to register online for the Caring for the Continuum of Life: A 2019 Healthcare Symposium. It will be held from 8 a.m. to 4 p.m. October 19 at First Baptist Church of Highland Park, 6801 Sheriff Road, Landover, Maryland.

Last year's inaugural event was so successful, Hospice of the Chesapeake, Chesapeake Life Center and Chesapeake Palliative Medicine will once again host this free educational opportunity for professionals and community members. The symposium will feature a full day of presentations from more than 15 experts in the fields of hospice and palliative care, grief counseling and spirituality. Three of the nine sessions offer free continuing education units for Maryland social workers, while all will offer insight into important end-of-life topics that should be part of the vocabulary of every health professional and family.

Karen Bullock, Ph.D., LCSW, a professor and the Assistant Dean of the School of Social Work at North Carolina State University, will open the session with "Courage, Hope and Transformative Leadership: Key Components in Connecting Culture to Caring for Those with Serious Illness." Professionals can earn one CEU with this session that will explore the racial and ethnic disparities in access and utilization of palliative and hospice care.

At the Belfer conference, the participants teamed up with Museum educators and scholars in sharing rationales, strategies and approaches for teaching about the Holocaust. They also explored the Museum's latest exhibition, Americans and the Holocaust, which examines American society in the 1930s and '40s and the factors that shaped Americans' responses to Nazism. Program participants also heard from Esther Starobin and Louise Lawrence-Israëls, two Holocaust survivors who volunteer at the Museum.

The Museum's website, www.ushmm.org, provides resources at no cost to educators, including a range of online training modules, exemplary lesson plans and extensive historical information about the Holocaust.

For more information about the conference or to arrange an interview with this year's participants or organizers, please contact Raymund Flandez at 202.314.1772 or rflandez@ushmm.org.

Established in 1993, the Arthur and Rochelle Belfer National Conference for Educators brings hundreds of middle, high school and community college teachers to Washington, D.C., each summer to train them in effectively teaching the Holocaust to their students. The Museum gives participants a chance to interact with its scholars and educators to reinforce their understanding of Holocaust history and to engage in successful strategies in bringing the lessons of the Holocaust to their classrooms. The conference is funded in part by the Arthur and Rochelle Belfer Foundation.

A living memorial to the Holocaust, the United States Holocaust Memorial Museum inspires citizens and leaders worldwide to confront hatred, prevent genocide, and promote human dignity. Its far-reaching educational programs and global impact are made possible by generous donors. For more information, visit www.ushmm.org.

This will be followed by a series of breakout sessions in two different tracks. The first track for professionals offers two sessions, each offering two CEUs. Yolanda Wilson, Ph.D., an Assistant Professor at Howard University will present, "Implicit Bias and Racism in End-of-Life Care," and Deborah G. Haskins, Ph.D., President for the Maryland Council on Problem Gambling, will present "This Is Too Hard," a discussion of coping after loss to homicide and providing hope to its survivors.

A second track is designed to offer information of interest to people in the community. The five sessions include a discussion of myths and misunderstandings about caring for serious and life-limiting illnesses, a presentation by Cereta A. Lee, the Registrar of Wills for Prince George's County, on the importance of putting healthcare decisions in writing in advance, a session discussing how spirituality plays a part in living with serious illness and an overview of the types of loss and how it affects our grieving.

The closing session, DocTalk With Faith-Based Leaders, is an open discussion with physicians and faith-based leaders on living with serious, life-limiting illnesses.

While enjoying a free lunch, attendees will have an opportunity to visit the Wellness Space in the Exhibitor Hall to learn more about and experience therapeutic sound and music, Comfort Touch, aroma therapy, and acupuncture demonstrations.

As there is no charge for any portion of this event, it is required that all attending register in advance as space is expected to quickly fill up. For details and to register, visit www.caringforlifemd.org.

COMMENTARY

Benjamin L. Cardin

United States Senator for Maryland



Cardin, Civil Rights Leadership Groups Call for Passage of the End Racial and Religious Profiling Act, Legislation to End Profiling By Law Enforcement Nationwide

By SUE WALITSKY
Cardin Communications

WASHINGTON (August 1, 2019)—U.S. Senator Ben Cardin (D-Md.) hosted key civil rights organizations Wednesday for a briefing on the End Racial and Religious Profiling Act of 2019 (S. 2355). Cardin also introduced legislation that would ban discriminatory profiling by federal, state and local law enforcement nationwide. The bill is designed to promote best practices in community-based law enforcement with the goal of strengthening enforcement of the constitutional right to equal protection under the law. In addition to Senator Cardin, participants included Jennifer Bellamy, Senior Legislative Counsel, ACLU; Monica Gray, CEO of YWCA National Capital Area; Hilary Shelton, Director NAACP Washington Bu-

reau and Senior Vice President for Advocacy and Policy; and Lakshmi Sridaran, Interim Co-Executive Director, South Asian Americans Leading Together.

Original cosponsors of ERRPA include: Senators Sherrod Brown (D-Ohio), Elizabeth Warren (D-Mass.), Dianne Feinstein (D-Calif.), Kamala Harris (D-Calif.) Richard Blumenthal (D-Conn.), Christopher Murphy (D-Conn.), Chris Coons (D-Del.), Mazie Hirono (D-Hawaii), Richard Durbin (D-Ill.), Ed Markey (D-Mass.), Chris Van Hollen (D-Md.), Debbie Stabenow (D-Mich.), Amy Klobuchar (D-Minn.), Tina Smith (D-Minn.), Cory Booker (D-N.J.), Tom Udall (D-N.M.), Jeff Merkley (D-Ore.), Bernie Sanders (I-Vt.), Maria Cantwell (D-Wash.), Patty Murray (D-Wash.), Tammy Duckworth (D-Ill.), Tim Kaine (D-Va.), Kirsten Gillibrand (D-N.Y.) and Robert Menendez (D-N.J.).

“The End Racial and Religious Profiling Act takes an important step toward reforming our broken criminal justice system, keeping communities of color safe, and building trust between law enforcement and the people they are supposed to serve,” said Cardin. “Discriminatory profiling unfairly targets individuals simply because of their race, religion, skin color, or country of origin, relying on harmful stereotypes and bias. This is wrong, it’s ineffective, and, as we’ve seen far too often, it can be deadly. Congress must pass this law to enact a national standard prohibiting this dangerous practice and further enforcing equal justice for all.”

“For centuries, discriminatory profiling practices have harmed communities of color. Profiling undermines the respect and trust between law enforcement and communities of color essential to police work sending the message that some citizens do not deserve equal protection under the law,” said Bellamy. “We know that profiling of any kind is ineffective and diverts law enforcement’s time, money, and energy away from actual threats. The time is now to end racial profiling once and for all.”

“The NAACP is proud to support the “End Racial and Religious Profiling Act of 2019” and thank Senator Ben Cardin of Maryland and the 25 U.S. Senators who have already co-sponsored this crucial legislation,” said Shelton. “Racial, ethnic and religious profiling by law enforcement officials is a serious, and often painful, problem in the United States, and as we see too often it can result in deadly consequences. This discriminatory practice severely undercuts the very trust and integrity in our law enforce community necessary to engage community members to coordinate in the preven-

tion of crime as well solving them once committed. The End Racial and Religious Profiling Act of 2019 comprehensively addresses the insidious practice of biased treatment by law enforcement because of who you are, which God you worship, or who you are perceived to be.”

“From the Muslim Ban to the separation of migrant families, communities of color have been a target of this Administration’s racial profiling policies from day one. These policies have empowered and encouraged increased racial profiling of our communities by law enforcement,” said Sridaran. “In parallel, we have seen hate violence toward South Asian, Muslim, Sikh, Hindu, Middle Eastern, and Arab Americans and those perceived as such increase. It is imperative that there are laws and policies that comprehensively and explicitly ban racial profiling at all levels of government. The End Racial and Religious Profiling Act of 2019 would play a critical role in protecting our communities and it must be passed immediately.”

“Institutional and structural violence has been an historically harmful part of political, economic, and legal systems across the country,” said Alejandra Castillo, CEO of YWCA USA. “Unless we begin identifying and documenting patterns and practices that result in racial and religious profiling, people of color, especially women and girls, will continue to be subjected to undeserved and unwarranted disrespect and violence. The End Racial and Religious Profiling Act, introduced by Senator Ben Cardin, takes a step in the right direction by making it easier for law enforcement to implement practical, common-sense practices to identify, document, and prevent racial and religious profiling.”

Marion Wright Edelman

President Emerita,
Children’s Defense Fund



ChildWatch:

Protect Children, Not Guns

Will our nation ever decide to prioritize children’s lives over guns? Once again the headlines this week were all too familiar: “‘Nothing short of horrific’: Three killed, including two children, in shooting at California food festival.” “Gilroy joins grim fraternity of communities terrorized by mass shootings.” On Sunday, a dozen people were injured by a gunman with an assault-style weapon who fired on the Gilroy Garlic Festival, a beloved annual community event in the city 80 miles southeast of San Francisco. The three people killed were 25-year-old Trevor Irby, 13-year-old Keyla Salazar, and six-year-old Stephen Romero. Keyla’s aunt told reporters that she was eating ice cream with her parents and younger sisters when the shooting started, and stayed behind to try to help an older relative who used a cane. Stephen’s father Alberto told a local television station that he was at home when his wife called to tell him that she, her mother, and Stephen had all been shot. He raced to the hospital where his son was in critical condition only to be told minutes later that Stephen had died: “My son had his whole life to live, and he was only six.”

Why does gun violence remain a uniquely horrible American epidemic? Mass shootings like the one in Gilroy may make national headlines, but children continue to be killed and injured by guns every day in America. The day after the Gilroy shootings, 11-year-old Karon Brown was laid to rest in Washington, D.C. Karon had been at a McDonald’s near his home picking up a snack for his sister on July 18 when a fight broke out between several adults and a group of children. His 12-year-old brother managed to race home, but Karon not so lucky. He was shot as he tried to get into a car and flee. Karon’s mother had recently moved her family to that community in part to try to escape the violence in their previous neighborhood where

Karon’s classmate and friend 10-year-old Makiyah Wilson was shot and killed last year walking from her front porch to the ice cream truck. At a community vigil, Karon’s family remembered the rising sixth grader as a loving, funny child who wanted to grow up and play in the NFL. “He was the joy of our lives,” his mother said.

Every year, students at Children’s Defense Fund Freedom Schools® summer enrichment program sites across the country participate in a National Day of Social Action to highlight policy concerns that matter to children and youths and teach them that they are never too young to speak out and make a difference. This year CDF Freedom Schools scholars demanded action on gun violence prevention. On July 17th, scholars in kindergarten through 12th grade marched to places of power in their communities with homemade signs and chants to call on lawmakers to Protect Children, Not Guns. One CDF Freedom Schools site produced their own music video to make their voices heard.

In 2017, 3,410 children or teens were killed with guns—enough to fill 71 school buses. Many of our CDF Freedom Schools children know that one life lost to gun violence is too many and it’s long past time to act.

In Washington D.C., where Karon’s murder is one of a string of devastating gun deaths this summer, hundreds of students rallied at the U.S. Capitol to demand Congressional action. The day after Karon was killed, 17-year-old rising D.C. high school senior Ahkii Washington-Scruggs and his father were found shot to death in their apartment across town. Ahkii, a football player who also loved poetry and art, recently shared a poem he’d written, “I’m From,” with his coach:

I’m from a city where it’s a blessing to see the age 20

Where I’m from you get killed over stupid stuff...

In St. Paul, Minnesota, 1,100 students were joined by elected officials marching to the State Capitol. Eleven-year-old students Sekinat Fakunle and Destiny Cannon described to a reporter a recent school shooting drill where they practiced hiding behind a coat rack: “It’s scary,” said Destiny. “That’s why we’re here. We’re protesting for people to put their guns down.” In North Charleston, South Carolina, where CDF Freedom Schools scholars were joined by parents, community leaders, and the police chief at a 200-person rally, rising eighth-grader Dajia Hart said, “Today we are going to be marching for all lives that have been lost. It makes me upset.”

In Jackson, Tennessee, where a three-year-old died after finding a loaded gun under a mattress in May, scholars were taught what to do if they find a gun. Tanya Rivers, whose 16-year-old son James died in an accidental shooting in February, was one of the speakers and said: “If you see a gun, don’t play with it. Let someone know. I’m begging you, don’t play with guns. You are the future, you have a life to live, but you can’t live it if you’re not here.” Her words sounded much like Alberto Romero’s after he lost his son in Gilroy this week: My son had his whole life to live.

Our children are telling us they want to live and desperately crying for adults to do something. Instead a child or teen is killed with a gun every two hours and 34 minutes in our gun saturated nation. Parents are now adding bulletproof backpacks to their back-to-school lists. When will we act and provide the common sense gun violence prevention measures our children deserve? How many news stories with the same headline and deadly ending are too many? It is way past time for adults in America to protect children, not guns.

Chris Van Hollen

United States Senator for Maryland



Senate Passes Van Hollen Bill to Authorize Honorary Promotion of Bethesda Veteran Charles McGee

By FRANCESCA AMODEO
Van Hollen Press Office

WASHINGTON (July 31, 2019)—[Last week], U.S. Senator Chris Van Hollen (D-Md.) announced the Senate passage of his legislation to authorize the honorary promotion of Colonel (Ret.) Charles E. McGee, United States Air Force to Brigadier General. Col. McGee, a resident of Bethesda, Md., served with the Tuskegee Airmen in World War II, completing 136 combat missions. He completed an additional 100 combat missions in the Korean Conflict and 173 combat missions in the Vietnam War, amassing a record three-war total of combat missions—409—of any Air Force fighter pilot, with 100 missions or more in each. Col. McGee completed a distinguished 30-year career in the United States Air Force, serving in numerous leadership and command capacities and becoming the first African American to command a stateside Air Force Wing and Base. Now that the legislation to authorize the promotion has been passed by the Senate, it will head to the House of Representatives.

“Charles McGee’s service to our nation is truly remarkable and fully merits this distinguished recognition. I was proud to see the Senate come together on a bipartisan basis and unanimously pass this legislation to provide Col. McGee with this honor. I will keep working with my colleagues

in the House to get this done as soon as possible for Col. McGee and his family,” said Senator Van Hollen.

“We are delighted that the honorary promotion is moving forward. Our father’s achievements are most worthy of this recognition. His life of service is an example and inspiration to all,” said Charlene McGee-Smith PhD, biographer and Col. McGee’s oldest daughter.

Yvonne McGee, Col. McGee’s youngest daughter said, “Our hearts are overflowing with joy that Dad’s long overdue promotion is finally coming to fruition. For a man who’s entire life has been in service to God and country, attaining this, from representatives of the same institution that 78 years ago wanted to limit his participation in the American dream, is the perfect way for a grateful nation to say ‘thank you’. We are so proud of our Senator Van Hollen, who’s support and tenacity was key in making this possible and the best present ever for Dad’s upcoming 100th birthday!”

In March, the Secretary of the Air Force determined that Col. McGee is qualified for and merits an honorary promotion to Brigadier General. Now, Congress must enact legislation authorizing the President to issue the promotion. The text of Senator Van Hollen’s legislation authorizing the promotion can be found at www.vanhollen.senate.gov/imo/media/doc/ARM19C01.pdf.

The Prince George’s Post



Your Newspaper
of Legal Record

Call: 301-627-0900
Fax: 301-627-6260

Do you have news or events to share? We’d love to hear from you!

Email the editor at pgpost@gmail.com

The Prince George’s Post

The Prince George’s Post
P.O. Box 1001 15207 Marlboro Pike
Upper Marlboro, MD 20772-3151
Phone: 301-627-0900 • Legal Fax: 301-627-6260
Email: pgpost@gmail.com
Contents © 2019, The Prince George’s Post

Publisher/Senior Editor Legusta Floyd	Editor Lisa Duan
General Manager/ Legal Advertising Manager Brenda Boice	Administrative Assistant/ Billing Julie Volosin
Legal Advertising Assistant Robin Boerckel	Web Manager Kyler Quisenberry

Prince George’s County, Md. Member National Newspaper Publishers Association, and the Maryland, Delaware, District of Columbia Press Association. The Prince George’s Post (ISSN 10532226) is published every Thursday by the New Prince George’s Post Inc., 15207 Marlboro Pike, Upper Marlboro, Md. 20772-3151. Subscription rate: 25 cents per single copy; \$15 per year; \$7.50 senior citizens and students; out of county add \$1; out of state add \$2. Periodical postage paid at Southern Md. 20790. Postmaster, send address changes to Prince George’s Post, P.O. Box 1001, Upper Marlboro, Md. 20772-3151.

BUSINESS AND FINANCE

Social Security Matters

Ask Rusty:

State Pension May Eliminate Survivor Benefit

By RUSSELL GLOOR,
AMAC Certified Social Security Advisor
Association of Mature American Citizens

Dear Rusty:

Please validate or negate this dreadful information: My husband and I are recently retired and living on our combined retirement plans. I was told that when my husband dies, I will NOT be allowed to draw ANY of his hard-earned Social Security income. I cannot survive on my Louisiana teacher retirement alone. We were never informed of this until we had worked hard for 40 years & retired. Can you advise me on this dreadful turn of events. *Signed: Bewildered in Louisiana*

Dear Bewildered: Unfortunately, I don't have good news. If your teaching career and the associated pension were in the State of Louisiana, I'm afraid that any Social Security survivor benefit you might be eligible for from your husband will be impacted by the Government Pension Offset (GPO)—a provision of Social Security which applies to anyone with a pension from an employer who did not participate in the Social Security program. Louisiana is, unfortunately, one of 27 U.S. States whose employees may be affected by the GPO, because neither you nor the State of Louisiana contributed to the Social Security program while you were employed there. It's unfortunate you weren't made aware of this by your employer, but it's well documented in the State's "LASERS" information which you can view at this link: <https://www.lsuhs.edu/administration/hrm/benefits-retirement-nons.aspx>

The GPO will reduce your Social Security survivor benefit by 2/3rds of the amount of your LA State pension, and if 2/3rds of your LA pension is more than your SS survivor's benefit, the Social Security survivor benefit will be eliminated. I know it's no solace, but you are not alone in your dismay over this provision. In fact, a bill is active in Congress to eliminate the GPO (and a sister provision known as the Windfall Elimination Provision, or WEP), but that bill has made little headway despite having 195 Congressional co-sponsors. The bill I'm referring to is known as the "Social Security Fairness Act", which is House bill H.R. 1205 (there is a corresponding Senate bill S.915). You can examine it at <https://www.congress.gov/bills/115th-congress/house-bill/1205>, but I must let you know that very little progress has been made on this bill since it was introduced almost two years ago. For the record, the Association of Mature American Citizens (AMAC) has expressed support for the bill's passage, but to no avail in a Congress which is instead debating ways to resolve Social Security's larger financial issues which are now projected to deplete the Trust Fund by 2035. I'm afraid the only suggestion I can offer for your personal situation is to contact your Congressional Representatives and ask for their support and action on H.R. 1205 and S.915.

The 2 million member Association of Mature American Citizens (AMAC) (<https://www.amac.us>) is a vibrant, vital senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at <https://amac.us/join-amac>.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

FirstLight Home Care of Bowie Assists Aging Seniors, Other Adults in Need of Home Care

Local entrepreneurs aim to meet increasing need for non-medical care in their community

By CRESTA LEWIS
FirstLight Home Care

BOWIE, Md. (August 1, 2019)—FirstLight® Home Care, an award-winning provider of non-medical home care services, is pleased to announce the opening of its Bowie office, located at 16701 Melford Blvd., Suite 400. Local entrepreneurs and owners, Robyn and Lenard Peake, provide a variety of home care services to residents in Bowie, Upper Marlboro, Clinton and surrounding communities.

FirstLight Home Care of Bowie delivers non-medical home care to people who need companionship and help at home, including adults with disabilities, those recovering from illness, injury or surgery and anyone over the age of 18 who needs extra assistance. Highly-trained FirstLight caregivers assist with many needs, from errands, transportation and household tasks to help with individual needs, like bathing and hygiene.

"It's a privilege to be able to serve our communities by helping people maintain their independence in the place they call home," said Robyn. "We envision raising the bar by providing exceptional service and care to our caregivers and clients. Our goal is to be the clear choice for home care services in our area."

Lenard added, "We want to be that extra helping hand for seniors, people recuperating from cancer or surgery and those with disabilities, as well as the family caregivers out there who may be feeling overwhelmed. As a former U.S. Marine, I am honored to also provide the best home care services for the veterans in our community."

Since opening its first franchise location in 2010, FirstLight Home Care has experienced steady growth and is now serving or in the process of serving clients in more than 250 locations in 34 states throughout the U.S.

University of Maryland School of Nursing's Friedmann Receives International Distinguished Anthrozoologist Award

International Society for Anthrozoology presents 2019 award for outstanding lifetime achievement.

By LAURA HAGER
University of Maryland School of Nursing

BALTIMORE, Md. (July 30, 2019)—Erika Friedmann, PhD, associate dean for research, University of Maryland School of Nursing (UMSON), has been named the recipient of the 2019 Distinguished Anthrozoologist Award by the International Society for Anthrozoology (ISAZ).

Friedman was honored at ISAZ's 2019 Conference in Orlando, held July 1-4, where she presented "Human-Animal Interaction Research Related to Human Health: What We Know and Challenges for Future Research." The Distinguished Anthrozoologist Award recognizes outstanding lifetime achievement in anthrozoology/human-animal interaction studies by an ISAZ member who is a senior scholar. The award is presented every other year in recognition of a corpus of published work (books, journal articles, and/or book chapters) that are judged to have made a particularly significant or scholarly contribution to the understanding of human-animal interactions and relationships.

Friedmann's PhD work gave rise to one of the preeminent publications in anthrozoology, "Animal Companions and One Year Survival After Discharge From a Coronary Care Unit," published in 1980 in *Public Health Reports*, and provided the first scientific evidence that pet ownership could have a measurable and significant impact on human health. She has authored or co-authored more than 150 scientific papers, reviews, and book chapters, with many addressing the impact of companion animals on human health and well-being. She has also been highly successful in obtaining funding for human-animal interaction research, including a 2019 National Institutes of Health (NIH) Exploratory/Developmental Research Grant for the project "Evaluating the Efficacy of a Service Dog Training Program for Military Veterans with PTSD" with co-principal investigator Cheryl Krause-Parello, PhD, RN, president of ISAZ.

"I am extremely honored to receive this award from my peers. It is particularly meaningful, having been a part of the maturing of a field that my colleagues and I developed from infancy 30 years ago," Friedmann said. "I couldn't have imagined that my dissertation research could supply the impetus for a scholarly field and influence public perceptions. It's gratifying to know that the science behind our knowledge that owning a pet and interacting with animals are beneficial to people's health, stemmed from my collaborators' and my research. I am excited to continue to develop this understanding, particularly with the validation of the field that comes from NIH calls for research in human-animal interaction. There is so much more to learn."

Friedmann, one ISAZ's co-founders, was elected a fellow of the society in 2016. She served three terms as the organization's president, has been a board member for 27 years and was just



PHOTOGRAPH COURTESY UNIVERSITY OF MARYLAND SCHOOL OF NURSING

Erika Friedmann with Cheryl Krause-Parello, PhD, RN, president of ISAZ)

elected to another two-year term, and is the deputy editor of ISAZ's journal, *Anthrozoös*. In 2017, Friedmann was named an honorary member of Sigma, the honor society of nursing, in recognition of her achievements contributing to the advancement of nursing and health care. At UMSON, Friedmann serves as professor and associate dean for research; she teaches research methods and statistics and has served on more than 50 doctoral dissertation committees since she joined the faculty 16 years ago. In addition to conducting her own research, she supports, facilitates, and mentors UMSON faculty to develop their own research and scholarship.

"We congratulate Dr. Friedmann on this extraordinary honor recognizing her long-standing contributions to the field of anthrozoology," said UMSON Dean Jane Kirschling, PhD, RN, FAAN. "Dr. Friedmann has had a distinguished career, having shown exceptional promise and impact while still a graduate student, and she has been in the unique position of being able to nurture and grow an entire field of study. As a researcher and scholar, as an educator, and as a mentor to the next generation of researchers, she continues to make her mark. We are enormously proud of our colleague, applaud her accomplishments, and look forward to what we know will be her continued contributions to research, education, and practice."

The University of Maryland School of Nursing, founded in 1889, is one of the oldest and largest nursing schools in the nation and is ranked among the top nursing schools nationwide. Enrolling nearly 2,000 students in its baccalaureate, master's, and doctoral programs, the School develops leaders who shape the profession of nursing and impact the health care environment.

Maryland Retains Triple-AAA Bond Rating, To Sell Up To \$550 Million of General Obligation Bonds

By CHRISTIAN LUND
Maryland State Treasurer's Office

ANNAPOLIS (July 29, 2019)—Maryland State Treasurer Nancy K. Kopp announced [last week] that the three major bond rating agencies have reaffirmed the State's AAA bond rating, all with stable outlooks, in advance of the upcoming competitive sale of State General Obligation Bonds on Wednesday, August 14, 2019.

Maryland is one of thirteen states* to hold the coveted AAA rating, the highest possible rating, from all three major bond rating agencies. S&P Global Ratings has rated the bonds AAA since 1961, Moody's Investors Service has assigned the bonds a rating of Aaa since 1973, and Fitch Ratings has rated the bonds AAA since 1993.

Treasurer Kopp said, "We are pleased that Maryland continues to be recognized as a triple-AAA State, a distinction that reflects Maryland's fiscal strength and longstanding commitment to prudent, proactive financial management. The rating agencies recognize that Maryland's dynamic economy, highly educated workforce, and above-average wealth and income levels make it an outstanding investment."

"The lower interest rates that the State will achieve on its bonds due to its outstanding credit rating will save Maryland residents millions of dollars and allow those dollars to be directed to investment in our local communities, notably our schools, libraries, institutions of higher education, healthcare facilities and cultural projects important to the residents of our State," Treasurer Kopp added.

Fitch Ratings, in assigning its AAA rating and stable outlook, said that Maryland's rating "reflects its broad, diverse and wealthy economy, extensive budget controls and sound financial operations, and strong management of debt."

Fitch further noted: "Fiscal management is very strong, with consensus-oriented long-term planning and multiple sources of flexibility including a consistently solid budgetary reserve and a demonstrated ability to adjust spending to address changing circumstances. Although liabilities are elevated for a state, they are moderate relative to resources and carefully managed."

Moody's Investors Service, in providing its rationale for its Aaa rating, said "The highest-quality rating reflects Maryland's strong financial management policies, ample liquidity levels, stable economy and high personal income levels, all of which offset the state's economic exposure to constrained federal spending, as well as the above-average debt and pension burdens stemming from the state's practice of issuing debt and absorbing certain pension costs on behalf of local governments." In explaining the stable outlook, Moody's indicated "The state's proactive fiscal management enables it to make midcourse corrections and

weather economic cycles. It has also taken often difficult actions to strengthen the foundation for long term fiscal sustainability. Even so, growth in fixed costs for pensions, debt service and retiree health benefits will continue to be a challenge."

In assigning its AAA long-term rating and stable outlook, S&P Global Ratings said: "Our 'AAA' long-term rating on Maryland's GO bonds reflects our view of the State's: Broad and diverse economy, which continues to post slow growth; Strong wealth and income levels relative to those of the nation; Long history of proactive financial and budget management, including implementation of frequent and timely budget adjustments to align revenues and expenditures and long-term financial planning that should continue to be helpful in addressing future budget challenges; and Well-developed debt management practices with a moderate debt burden for most measures and rapid amortization, although long-term pension and other postemployment benefits liabilities remain moderately high, in our opinion."

S&P Global Ratings further stated: "The stable outlook reflects Maryland's continued focus on structural budget alignment and maintenance of minimum state reserves at levels we consider good, despite continued slow economic growth. The state's continued practice of making proactive midyear adjustments to align the budget in case of slower-than-anticipated revenue growth will remain an important credit factor over the two-year outlook horizon, given Maryland's above-average economic dependence on federal government employment and spending."

The bond sale will include \$500,000,000 of tax-exempt bonds and \$50,000,000 in taxable bonds. The tax-exempt bonds will be sold in two bidding groups to enhance competition: Bidding Group 1—\$248,700,000 of tax-exempt bonds; and Bidding Group 2—\$251,300,000 of tax-exempt bonds. Both bidding groups are expected to be sold to institutions.

As is always the case with Maryland's tax-exempt General Obligation Bonds, the State will use the proceeds to finance important capital projects and improvements, such as public schools, community colleges, university projects and hospitals.

The Maryland Board of Public Works, composed of Governor Lawrence J. Hogan, Jr., Treasurer Nancy K. Kopp, and Comptroller Peter Franchot, will preside over the competitive bond sale on Wednesday, August 14, 2019 in the Assembly Room in the Goldstein Treasury Building in Annapolis.

The Maryland State Treasurer's Office expects to conduct another bond sale in early 2020.

* The other twelve states with AAA ratings from all three rating agencies are Delaware, Georgia, Florida, Indiana, Iowa, Missouri, North Carolina, South Dakota, Tennessee, Texas, Utah, and Virginia.

OUT on the TOWN

Time to Prepare for Back to School

PHOTOGRAPH CREDIT MCONNORS MORGUEFILE

TECHNOLOGY

Tips to Save Money on Tech This Back-to-School Season

(StatePoint) Just a couple of decades ago, when it came to technology, the average student could slide by with just a calculator and perhaps a wristwatch. To make the grade these days, your kids will likely need a full suite of mobile devices.

With the skyrocketing cost of brand-new devices, you may be unwilling or unable to outfit teens and college students with the latest releases this back-to-school season. However, there is good news: a large shift in how consumers are buying and selling their gear means that you can make proper upgrades for students of all ages without the sticker shock.

“Savvy consumers are catching on to the fact that you can easily find a high-quality refurbished device if you look in the right places,” says David Conti, senior director of e-Commerce at MyWiT.



PHOTOGRAPH CREDIT © SYDNEY BOURNE/CULTURA VIA GETTY IMAGES

In a world where staying connected is critical to a student's success, keep in mind that getting reliable technology doesn't need to break the back-to-school bank.

If you think that a refurbished device equates to poor quality, think again. A large percentage of refurbished mobile phones, tablets and accessories were perfectly good devices that owners simply traded in for newer models. But back-to-school shoppers should beware. Different sellers have their own standards, and you'll want to stick to reputable sources where you can trust the device you purchase will be in fully functional condition and works exactly as expected.

In the case of MyWiT—a company that sells new, like-new and refurbished smartphones and tablets—and has a state-of-the-art repair facility capable and approved to restore devices to manufacturer and carrier specifications—every device for sale has undergone an extensive 65+ point inspection of cosmetics, functionality and connectivity to ensure optimal performance. Tests verify every function (camera, audio, SIM, WiFi, Bluetooth, etc.) is in 100 percent working order and connectivity tests ensure wireless devices deliver a consistent quality of connection and do not drop available signals. What's more, purchases come with a 90-day money-back guarantee, so you can have peace of mind as the new school year kicks into gear.

“Technology should be accessible to everyone,” says Conti. “Unfortunately, many families shopping this back-to-school season may not be aware of the quality of refurbished options and, as a result, may feel priced out of the latest high-quality technology.”

Whether buying a refurbished iPhone, Samsung Galaxy smartphone or iPad, keep in mind that kids can take an active role in extending the life of their devices with proper maintenance. Send kids back to campus with protective gear like cases, screen protectors and waterproof backpacks that come with specialized compartments for all their gear.

More information can be found at MyWiT.com.

MARYLAND TAX-FREE WEEK

Maryland is one of the many states offering a summertime tax-free shopping event, just in time to get the kids ready to go back to school. Unlike most states that limit tax holidays to a single weekend, Maryland's sales tax holiday lasts an entire week—August 11 to 17 in 2019. During that time span, you'll save the 6% sales tax on many qualifying items.

Offers.com created this guide so Maryland consumers know exactly what's tax-free: <https://www.offers.com/blog/post/maryland-tax-free/>

Which items are included in Maryland Tax-Free Week?

The back-to-school tax holiday in Maryland sounds easy enough: All clothing and footwear \$100 or less (per item) is tax-free. However, items like purses and briefcases remain taxable while other seemingly luxury items—like rented formal wear—are tax free.

Plus, only the first \$40 of backpacks and bookbags is tax exempt.

Confused? Take a closer look at what's being taxed and what's not: http://comptroller.marylandtaxes.gov/Public_Services/Agency_Information/Office_of_the_Comptroller/Comptroller_Initiatives/Shop_Maryland_Tax-free_Week/TaxableItems.pdf

Does Maryland Tax-Free Week include online?

Yes. Tax-free shopping extends to online purchases, as long as you order and pay for your item during the tax-free period. So skip the stores and have your items delivered to your door. Find promo codes to your favorite stores with back-to-school coupons and sales.

Tax-Free Shopping Tips

Even though the Maryland tax holiday falls during the back-to-school rush, there are some school-related items that aren't included in the list of exempt purchases. Make the most of your tax-free shopping by remembering a few golden rules:

- Steer clear of taxable lunchboxes, textbooks and school supplies, unless they're on sale. Focus your shopping efforts on non-taxable clothing and shoes instead.
- Stock up on diapers and baby clothes now, if you need them—you're going to use them later.
- No rainchecks accepted—if you buy an item after tax-free week using a raincheck, you'll still owe tax on that item.
- Shop for the whole family. Though it's a great time to pick up fall and winter items for the kids, the tax holiday also extends to adults.

—Will Webber, Offers.com

BACK-TO-SCHOOL EVENTS

Back-to-School Stuff-A-Bus

Join PGCPs for our 10,000 backpack challenge! Help send 10,000 PGCPs students back to school with a backpack and supplies for the start of the school year!

Dates, Times and Locations

August 8 • 11 a.m.–3 p.m.

Wegmans, 9001 McHugh Drive, Lanham, MD 20706

August 10 • 9 a.m.–Noon

PGCPs & WHUR

Back to School Supply Drive and Shredding Event

Bowie Town Center, 15606 Emerald Way, Bowie, MD 20716

School Supplies Needed!

Backpacks: red, blue, yellow, green or clear

Elementary School Supplies: wide-ruled composition books, crayons, glue sticks and #2 pencils

Middle & High School Supplies: college-ruled notebook paper, blue/black pens, highlighters and pocket folders

PGCPs Back-to-School Block Party

Date and Time: Saturday, August 17, 2019, 9 a.m.–2 p.m.

Description: The PGCPs Back-to-School Block Party helps families prepare for the upcoming school year. The event features a free backpack giveaway (must register online www.1.pgcp.org/btsblock

party/ and children must be present to receive a backpack), exhibitors, free dental and vision screenings for children, video game trucks, and more. PGCPs representatives will be on hand to share information about a variety of student services.

Cost: Free

Ages: All ages are welcome

Location: Prince George's Sports & Learning Complex, 8001 Sheriff Rd, Landover, MD 20785

Contact: 301-952-6380, <https://www.pgcp.org/btsfair/>

End of Summer @ Your Library

Date and Time: Thursday, August 15, 2019, 3–4:30 p.m.

Description: Come and celebrate the end of summer at your library with games and crafts!

Cost: Free

Ages: Elementary (5–12 yrs)

Location: Beltsville Branch Library, 4319 Sellman Rd, Beltsville, MD 20705

Contact: 301-937-0294

“Back-to-School Prep: Unmask Your Grief”

Date and Time: Wednesday, August 21, 2019, 6–8 p.m.

Description: Going back to school can bring a mix of feelings, as the summer comes to an end. After the death of a loved one, these feelings can include anxiety and dread. Entering the classroom, a student might feel like everyone is staring at them, as they wonder, “What am I going to say?” The grief experts at Chesapeake Life Center understand why teenagers might put on a mask and pretend that they're “just fine.” Talk with other grieving teens about what to share and what to keep private, how to handle the stress of school and activities while finding ways to have fun.

Cost: \$10 per teen and includes dinner. **Registration required.**

Ages: Grieving teenagers 13–18

Location: Hospice of the Chesapeake's John & Cathy Belcher Campus, 90 Ritchie Highway, Pasadena, MD

Contact: 1-888-501-7077, griefinfo@chesapeakelifecenter.org

Greater Washington Urban League: 7th Annual Health & Wellness Back 2 School Community Festival

Date and Time: Saturday, August 24, 2019, 11 a.m.–3 p.m.

Description: Gearing up for a new school year can be stress-free! Parents and children can take advantage of free health screenings, family-friendly fitness demonstrations, workshops, healthy food tasting station, interactive games, and a school supply giveaway just for students! NEW this year: festival guests can vote for their top 3 chefs in a first time #GWUL Cook-Off! We want to inspire children in Prince George's County, MD and the DC Metro Area to look forward to learning and knowing that they are important in our community. *NOTE: Registration does not guarantee school supplies. Early arrival strongly suggested*

Cost: Free. **Register via eventbrite**

Ages: All ages are welcome

Location: Kentland Community Center, 2413 Pinebrook Ave, Landover, MD 20785

Back to School!

Date and Time: Thursday, August 29, 2019, 4–6 p.m.

Description: School is in and the library is your destination for great learning resources. Before heading back to school, join us for fun outdoor games, cool STEM activities, and much more! All are welcome!

Cost: Free

Ages: Elementary (5–12 yrs)

Location: South Bowie Branch Library, 15301 Hall Road, Bowie, MD 20721

Contact: 301-850-0475

ERIC D. SNIDER'S IN THE DARK

... Movie Review ...

The Last Black Man in San Francisco

The Last Black Man in San Francisco
Grade: B+
Rated R, a lot of harsh profanity and a naked old man walking around
2 hrs., 1 min.

“The Last Black Man in San Francisco” sounds like a play on a science-fiction concept, but this gorgeously filmed semi-autobiographical story is grounded in all the realities of the modern, changing world. It stars and was written by SF native Jimmie Fails and was directed by his childhood friend Joe Talbot—the feature debut for both of them, though you'd never know it—with Fails playing a version of himself. In the film, Jimmie and his friend Monty (Jonathan Majors) seek to reclaim the house that Jimmie's grandfather built in 1946

(which the family subsequently lost) before the neighborhood is fully gentrified. Jimmie can already see history being erased when a tour guide tells his gaggle of Segway-riding listeners that Jimmie's grandfather's house was built in the 1850s by white people.

This is the third film in barely a year, after “Blindspotting” and “Sorry to Bother You,” to address black people's concerns about the Bay Area's shifting demographics and culture, but the first to keep itself grounded in reality. Even so, the film is full of lyrical reveries as it artfully follows Jimmie and Monty around the neighborhood. It's a love letter to the real San Francisco and a poignant rumination on changing with the times, the lies we tell ourselves, and how we choose which parts of the past



ROTTENTOMATOES.COM

Jimmie Fails dreams of reclaiming the Victorian home his grandfather built in the heart of San Francisco. Joined on his quest by his best friend Monty, Jimmie searches for belonging in a rapidly changing city that seems to have left them behind.

to keep and which to discard. With Fails' soulful melancholy bolstered by textured performances from Majors, Danny Glover (as Monty's blind

grandfather), and Tichina Arnold (as Jimmie's auntie), it's a well-acted and lovingly detailed slice of 21st-century life.

OPEN TO THE PUBLIC



PHOTO COURTESY NPS

Founded in 1957 to protect the view from Mount Vernon across the Potomac River, the Accokeek Foundation, an educational nonprofit, became one of the nation's first land trusts. Today, the Foundation stewards 200 hundred acres of Piscataway National Park in Accokeek, MD, where visitors can hike a network of trails winding through wetlands, visit a native tree arboretum, and observe an award-winning forest restoration project. The Foundation also runs the National Colonial Farm, a living history museum that depicts a Maryland middle-class family farm on the eve of the American Revolution. Through their heritage breed livestock and seed saving programs, nearly extinct heirloom crops and animals are preserved for future generations. The Foundation's organic Ecosystem Farm emphasizes the future of agriculture as farmers learn the tools of a new trade and practice sustainable use of natural resources. “Shares” of the farm's organic produce are sold to area households. The park's beautiful grounds, trails, and programs are open to the public year 'round from sunrise to sunset. The National Colonial Farm and the Visitor Center is open March–December, 10 a.m. to 4 p.m., Tuesday–Sunday.

The Accokeek Foundation at Piscataway Park: 3400 Bryan Point Road Accokeek, MD 20607 • (301) 283-2113 • accokeekfoundation.org

Calendar of Events

August 8–August 14, 2019

Freebie Fridays at the Museum

Date and Time: Friday, August 9, 2019, 11–3 p.m.
 Description: Learn some neat historical facts about a famous Prince George's County family while enjoying FREE tours in the air-conditioned museum. Be there or be ... hot! Tours depart every 30 minutes beginning at 12 noon. Last tour 2:30 p.m.
 Cost: Free
 Ages: All ages are welcome
 Location: Surratt House Museum, 9118 Brandywine Road, Clinton, MD 20735
 Contact: 301-868-1121; TTY 301-699-2544

Ally Theatre Company's The War Boys

Date and Time: Friday, August 9, 2019, 8 p.m. Through Saturday, August 31, 2019, 8 p.m.
 Description: In their spare time three vigilantes, childhood friends, enjoy patrolling the U.S./Mexican border. But these youths soon learn that even the most guarded borders are permeable. When the lines between fantasy and reality become dangerously blurred, these young men are forced to decide what it means to be an American, and who has the right to belong.
 Cost: \$25, Students/Seniors/Veterans/Teachers \$17
 Ages: 16 and up. **This play contains adult content.**
 Location: Joe's Movement Emporium, 3309 Bunker Hill Road, Mount Rainier, MD 20712
 Contact: www.joesmovement.org/new-events/the-war-boys

Amélie the Musical

Date and Time: August 9–24, 2019, Fridays, Saturdays, 8 p.m., Sundays, 3 p.m., closing Saturday, August 24, 3 p.m.
 Description: Based on the 2001 romantic comedy film, Amélie is the story of an extraordinary young woman who lives quietly in the world but loudly in her mind. Be inspired by this imaginative dreamer who finds her voice, discovers the power of connection, and sees possibility around every corner!
 Cost: \$25.00 general admission, \$22.00 seniors (60+), active military, and full time students, \$15 for children under 12.
 Ages: All ages (NOTE: may not be suitable for children.)
 Location: The Bowie Playhouse, 16500 White Marsh Park Drive, Bowie, MD 20715
 Contact: 410-757-5700 or 301-832-4819

Livin' the Legacy Horse Show and Clinic

Date and Time: Saturday, August 10, 2019, 8 a.m., clinic, Saturday, August 10; Open Horse Show, Sunday, August 11.
 Description: Dakota's Legacy and the Livin' the Legacy Show Series returns to The Prince George's Equestrian Center. Come out and support this equestrian show under the covered ring!
 Cost: Free for spectators
 Ages: All ages are welcome
 Location: The Show Place Arena, 14900 Pennsylvania Avenue, Upper Marlboro, MD 20772
 Contact: https://dakotaslegacy.com/

Exhibit Opening: Doing the Work, Celebrating 50 Years of MCAAHC

Date and Time: Saturday, August 10, 2019, 3–5 p.m.
 Description: This exhibit showcases ephemera, photographs, and archival documents to detail the history and impact of MCAAHC. Doing the Work invites visitors to learn about the Commission's impact on their local communities and consider their personal role in preserving Maryland's African American heritage.
 Cost: Free. Register: <https://bdmuseum.maryland.gov/events/>
 Ages: All ages are welcome
 Location: Banneker-Douglass Museum, 84 Franklin Street, Annapolis, MD 21401
 Contact: 410-216-6180

Corn Roast at Bowie Farmers' Market

Date and Time: Sunday, August 11, 2019, 10–12 p.m.
 Description: Come to our annual corn roast and enjoy FREE, fresh hot buttered corn-on-the-cob, compliments of the Bowie Farmers' Market vendors and the City of Bowie (while supplies last)!
 Cost: Free
 Ages: All ages are welcome
 Location: Bowie High School Parking Lot, 15200 Annapolis Rd., Bowie, MD 20715
 Contact: 301-809-3078

Seasonal Selections: Herbs and Vinegars

Date and Time: Sunday, August 11, 2019, 12:15–3:15 p.m.
 Description: Grab some 19th-century inspiration and a new recipe or two as you pop into the open hearth kitchen to watch the Riversdale Kitchen Guild demonstrate 19th-century foodways and recipes. This week, the Guild explores vinegar recipes featuring herbs from the garden.
 Cost: Free
 Ages: All ages are welcome
 Location: Riversdale House Museum, 4811 Riverdale Road, Riverdale Park, MD 20737
 Contact: 301-864-0420; TTY 301-699-2544

Fairy Tale Fun

Date and Time: Tuesday, August 13, 2019, 10–11 a.m.
 Description: Make new friends while enjoying stories, snacks and a craft! No reservations required.
 Cost: Free
 Ages: 2–5 years old
 Location: Belair Mansion, 12207 Tulip Grove Drive, Bowie, MD 20715
 Contact: 301-809-3089

Outdoor Summer Movie Series: Coco

Date and Time: Friday, August 16, 2019, 8:30 p.m.
 Description: Join Council Member Deni Taveras, M-NCPPC Parks and Recreation, and our local School PTA/Os for an Outdoor Summer Movie Series throughout District 2! Our local PTA/Os will have a concession stand filled with a yummy selection of treats. Come out and enjoy a movie, all while you support our local school PTA/Os.
 Cost: Free
 Ages: All ages are welcome
 Location: CASA de Maryland, 8151 15th Avenue, Hyattsville, MD 20783

Spotlight on Helping Loved Ones and Yourself!

Take Control Summit: Helping Caregivers Navigate through Future and Financial Planning

Date and Time: Saturday, August 10, 2019, 8 a.m.–1 p.m.
 Description: A half-day networking and educational summit designed to help care-givers navigate through future and financial planning for their loved-ones. Hosted by The Arc Prince George's County, the event will include presentations by experts in special needs trusts, financial and estate planning. During the networking sessions, attendees will have access to the experts at the "ask the experts" table as well as exhibits where they will be able to pick-up additional information and giveaways. This event is FREE to members, to become a member visit <https://donatenow.networkforgood.org/arcpgcmembership/>. Meals Included.
 Cost: Free to Members of the Arc
 Ages: Adults
 Location: Holy Family Church, 12010 Woodmore N Blvd, Bowie, MD 20721

Prince George's County Children's Grief Day Camp

Date and Time: August 17, 2019, 10 a.m.–3 p.m.
 Description: An exciting new program for Chesapeake Life Center. Through art, play, conversations and support, children will develop new ways to handle the difficult task of grieving while learning they are not alone. The program includes snacks and lunch and an activity in the aviation museum. **Pre-registration is required.** For details, visit <https://www.hospicechesapeake.org/event/childrens-grief-day-camp-in-prince-georges-county>.
 Cost: \$40
 Ages: 6–12
 Location: College Park Airport and Aviation Museum, 1985 Corporal Frank Scott Drive, College Park, MD 20740
 Contact: 888-501-7077, griefinfo@chesapeakecenter.org.

Medicare 101: Introduction to Medicare

Date and Time: Tuesday, August 20, 2019, 6–8 p.m.
 Description: The Prince George's County Aging and Disability Resource Center's SHIP program will provide a workshop to help you better navigate Medicare Parts A, B, C, D and Medigap.
 Cost: Free
 Ages: Adults
 Location: Laurel Branch Library, Large Meeting Room A (Dorothy Height Room), 507 7th Street, Laurel, MD 20707
 Contact: 301-776-6790

Juanita C. Grant Foundation 3rd Annual 50+ Workforce Forum and Hiring Event (WFHE)

Date and Time: Thursday, August 22, 2019, 9–12:30 p.m. Doors open at 9 a.m. sharp. **Register on eventbrite**
 Description: Are you 50+ years seeking full or part-time work that utilizes your talents and wealth of experience? Over 850 50+ individuals have attended the prior two events in 2017 and 2018 interviewing for positions that are open for active interviewing. Some employers hire on the spot. Over 60 government agencies, private and public companies with a wide variety of opportunities have been recruited specifically attuned to the needs of the 50+ individual returning to the work culture. Also, several community resource organizations and agencies providing supportive services will be exhibiting. The event opens with an informative and motivating Workforce Forum panel discussion. Come prepared to interview with employers. Explore different types of employment opportunities. Workforce readiness workshop resources available on the website.
 Cost: Free
 Ages: Adults
 Location: Prince George's Community College, Rennie Forum, 301 Largo Road, Largo, Maryland 20774

Earth TALK™

Cell Towers in National Parks: Seriously?

Dear EarthTalk:

I was appalled to find out on a recent backpacking trip to Yosemite National Park that I could get three bars of service on my cell phone. What about getting away from it all?
 —James P., Seattle, WA

Cell service in national parks has become a flashpoint in recent years as cellular providers compete to blanket the U.S. with coverage—even in remote, traditionally off-grid areas. On one side of this most modern of environmental debates stand wilderness buffs, who liken letting cell towers into national parks as no different from letting other forms of industrial development into these most sacred of wild and natural places. On the other side are those who say cell coverage in otherwise off-grid areas will help attract a new generation of (screen-addicted) young people to our parks and wildlands while also making it easier for first responders to save the lives of those who get into trouble in the backcountry.

"Cell phone towers have sprouted up in national parks across the country because the National Park Service (NPS) lacks any coherent policy and instead lets telecommunications companies decide where and how many towers will be constructed," says Jeff Ruch of the non-profit Public Employees for Environmental Responsibility (PEER), which has been leading the charge against expanding cell service on public lands. "As a result, the incessant chirp of the cell phone can be heard in the wild backcountry as well as at iconic places like Old Faithful."

To date, only four out of 401 national park units (Golden Gate, Rock Creek Park, Lake Mead, and Yellowstone) have adopted a plan for cell towers or wireless communication within their boundaries. At Yellowstone, the first national park in the U.S. system and the second largest in the Lower 48, park managers have recommended a moratorium on the installation of new wireless



IMAGE CREDIT: RBERGMAN33, FLICKRCC

Wilderness aficionados want to limit cell service at iconic national parks like Yellowstone.

infrastructure and reducing or relocating some cellular installations that are visible to park visitors. The CellularMaps.com website reports that NPS has restricted any new or relocated facilities to "provide no more cellular coverage than is already available and no service can be expanded into designated Wilderness areas."

But elsewhere, NPS has been quietly working with cellular providers to greatly expand "connectivity" inside park boundaries—not just at visitor centers but along park roads and at trailheads. "This stealth scheme to wire our national park system has advanced without public involvement," reports Ruch. "It will mean more ugly cell towers marring park vistas and 'spill-over' coverage in wilderness and backcountry."

"Part of the point of wilderness is the ability to be disconnected and feel alone, but if somebody on the same trail can order a pizza, or sell stock, or chase Pokemon,

that takes away from the visitor experience," he says. While some cellular providers have expressed interest in directing their signals away from backcountry areas, PEER and others consider it to be too little, too late—and would instead prefer binding legislation that forces parks and companies to work together to make sure at least the wildest and remotest areas are free of cell signals.

"Parks should remain unplugged from the modern world," says Ruch. "Experiencing the wonders of nature should not require a smartphone."

CONTACTS: PEER, www.peer.org; CellularMaps.com, www.cellularmaps.com.

EarthTalk® is produced by Roddy Scher & Doug Moss for the 501(c)3 nonprofit EarthTalk. To donate, visit <https://www.earthtalk.org>. Send questions to: question@earthtalk.org.



Angela D. Astor Brooks
County Executive



Prince George's County
DEPARTMENT OF THE
ENVIRONMENT
Joseph P. Gill | Director



TUESDAY TIP

AIR QUALITY

Keep your lungs happy and learn the air quality codes. Get updates and learn more ways to protect your health and the environment with the **Clean Air Partners Air Quality App** at www.cleanairpartners.net.

- Code green: Air quality is considered good, and air pollution poses little or no risk.
- Code yellow: May pose a moderate health risk, especially for those who are unusually sensitive.
- Code orange: Members of sensitive groups, children and adults with respiratory and heart ailments, may experience health effects and should limit time outside.
- Code red: Everyone may experience health effects and should limit their outdoor activity. Members of sensitive groups may experience more serious health effects.
- Code purple: Everyone may experience more serious health effects and should avoid outdoor activities.



second NATURE
Principle of the Environment, Redevelopment Authority, and Office of Central Services to promote cost savings and sustainability in our everyday behavior.

COUNTY CHURCH DIRECTORY

UNITED METHODIST

WESTPHALIA
United Methodist Church

"A CHURCH ON THE REACH FOR GOD"
9363 D'Arcy Road
Upper Marlboro, MD

**Two Worship Services:
8 and 10:30 a.m.
Sunday School: 9:30**

**(301)735-9373
Fax: (301) 735-1844**

**Rev. Dr. Timothy West,
Pastor**

ALL ARE WELCOME

Web Site:
www.westphaliaum.org

BAPTIST

**FIRST BAPTIST CHURCH
OF HIGHLAND PARK**

'A Bible Based, Christ Centered
& Spirit Led Congregation'

6801 Sheriff Road Landover, MD
20785 (301) 773-6655

Sunday Biblical Institute:
9:30 a.m.
Sunday Worship:
7:30 a.m., 11:00 a.m.
Saturday Worship:
6:30 p.m.

'WONDERFUL WEDNESDAYS
WITH JESUS':
12 noon (The Power Hour) and 6:45 pm

"A Time of Prayer, Praise,
Worship, & The Word"
Dr. Henry P. Davis III, Pastor
www.fhbp.org

BAPTIST

**First Baptist Church of
College Park**
Welcomes You Where Jesus
Christ Is Lord and King
Stephen L. Wright, Sr., Pastor

5018 Lakeland Road
College Park, MD 20740
301-474-3995
www.fbc-cp.org

Sunday School 9:30a.m.
Sunday Worship 11a.m.
Holy Communion 1st Sunday
Wednesday Bible Study 7-8p.m.
Wednesday Prayer Service 8p.m.

UNITED METHODIST

Union
United Methodist Church

14418 Old Marlboro Pike,
Upper Marlboro, MD

Church (301) 627-7389

Sunday School: (Children/Adults) - 8:30 a.m.
Sunday Worship: 10:00 a.m.

**Rev. Dr. Kendrick D. Weaver,
Pastor**
www.uumchurch.com

**S. G. Spottswood
A.M.E. Zion Church**

419 Hill Road, Landover, MD
20785 • 301-490-2625

Rev. Ranessa Mayo, Pastor

"We are training disciples to
experience victory in every
area of their lives"
Matthew 28:19-20

Sunday School 9:00 a.m.
Morning Worship 10:00 a.m.

Soulful Thursdays
Bible Study 7:00 p.m.

BAPTIST

**Forest Heights
Baptist Church**

We exist to strengthen your
relationship with God.
6371 Oxon Hill Road
Oxon Hill, Maryland 20745

Sunday School
(Adults & Children) - 9:30 A.M.
Worship Service - 11:00 A.M.
Wed. Prayer Service & Bible
Study - 7:00 P.M.
Office (301) 839-1166
Fax (301) 839-1721
E-mail: FHBC@verizon.net
Pastor: Rev. Waymond B. Duke

COMMUNITY CHURCH

**WORD OF GOD
COMMUNITY
CHURCH**

"The Church Where Everybody is Somebody and
Jesus is Lord"

4109 Edmonston Road Bladensburg, MD
(301) 864-3437

Intercessory Prayer: Sundays - 8:30 a.m.
Church School: - 9:15 a.m.
Morning Worship Celebration - 10:30 a.m.
Wed. Night Bible Study - 7:45 p.m.
Elder Willie W. Duvall, Pastor

Church Directory
Advertisements are
paid ads.

Call the
Prince George's Post
today and
have your Church
information published in
our Directory.

Call Today!
301-627-0900

Discoveries from A1

plored college students' understanding of fake news, and applied data science techniques to discover genetic variations in lupus between ethnic groups. For a second year, nine students from the BSU Entrepreneurship Academy's Summer Launch program also participated in SURI, learning the skills needed to start and run their own successful businesses.

"We have started to build an infrastructure to continue to support SURI's growth over the past five years by diversifying the sources of funding to support our students financially," said Associate Provost Guy-Alain Amoussou, who initiated SURI in 2015.

Several SURI students are also part of Bowie State's Ronald E. McNair Scholars Program, a federally funded initiative that prepares undergraduates for doctoral study through a wide range of research experiences. Seven students paired with faculty mentor conducted cybersecurity research, funded by a National Science Foundation grant, to prepare them for a career in the high-demand profession protecting our nation from cyber attacks.

For the complete list of the SURI students, faculty and projects, visit www.bowiestate.edu/about/news/details/undergraduates-make-new-discoveries-in-bsu-research-program/

Bowie State University (BSU) is an important higher education access portal for qualified persons from diverse academic and socioeconomic backgrounds, seeking a high-quality and affordable public comprehensive university. The university places special emphasis on the science, technology, cybersecurity, criminal justice, teacher education, business, and nursing disciplines within the context of a liberal arts education. For more information about BSU, visit www.bowiestate.edu.

Governor's Office on Service and Volunteerism Announces 2019 Governor's Volunteer Appreciation Day At the Maryland State Fair

By RAFIAT LOLA ABDULAI
Governor's Office on Service and Volunteerism

ANNAPOLIS, Md. (June 26, 2019)—The Governor's Office on Service and Volunteerism joined the Maryland State Fair to announce Governor's Volunteer Appreciation Day at the Maryland State Fair. The annual event, which celebrates all Marylanders who volunteer to improve the state's communities, offers discount passes for admission, food, and rides during the first Sunday of the fair. This year, Governor's Volunteer Appreciation Day will be held on Sunday, August 25, 2019 from 10 a.m. to close. Volunteers must produce a printed copy of the pass in order to gain discount entry to the fair.

"We are happy to share the experience of the Maryland State Fair, which is a cornerstone tradition of the state, with the many Marylanders who selflessly serve our communities each day," said Steve McAdams, Executive Director of the Governor's Office of Community Initiatives. "Our valued partnership with the Maryland State Fair has allowed us to thank thousands of volunteers on behalf of Governor Larry Hogan, and we hope many more volunteers and their loved ones will join us again."

Each pass will admit up to five people to the fair for just \$5. Discount passes may only be used on August 25 with a rain date of September 1, if the fair should close on the original date due to inclement weather. Groups and individuals can request discount passes by visiting: govs.maryland.gov/governors-volunteer-appreciation-day-faqs/.

Enter To **WIN**
\$3,000

Newspaper sponsored shopping survey. No purchase necessary.

Enter to win now, go to:
www.pulsepoll.com

Do you or a loved one
struggle on the stairs?

AN ACORN STAIRLIFT IS
A PERFECT SOLUTION FOR:
✓ Arthritis and COPD sufferers
✓ Those with mobility issues
✓ Anyone who struggles on the stairs

\$250 OFF!
THE PURCHASE OF A
NEW STAIRLIFT

CALL NOW FOR YOUR FREE INFORMATION KIT AND OVER
1-855-841-2971

ACORN STAIRLIFTS

CLASSIFIEDS

AUTOMOBILE DONATIONS

DONATE AUTOS, TRUCKS, RVs
Lutheran Mission Society of MD.
Compassion Place ministries help
local families with food, clothing,
counseling Tax deductible. MVA li-
censed #W1044. 410-636-0123
www.CompassionPlace.org

BUSINESS SERVICES

Wanda Smith at wsmith@mddcpress.com

Bulk advertising at its best: advertise in over 70 newspapers and reach millions of readers with ONE call. Broaden your reach and get results for pennies per reader. Call Wanda at 410-212-0616 or email wsmith@mddcpress.com.

MISCELLANEOUS

Join other advertisers of the MDDC Small Display Advertising Network. Grow your Revenue with a business size ad in this network; Let the Multi-Media Specialists help you increase your customer base; CALL TODAY 410-212-0616—See your results NOW

SERVICES MISCELLANEOUS

Dollars Now...call 1-855-721-6332 x 6 or email Wanda Smith at wsmith@mddcpress.com

BUSINESS OPPORTUNITIES

Let the Multi-Media Specialists of MDDC Advertising Network assist you in growing your business and increasing your customer base. Call today at 410-212-0616 and start seeing results NOW. www.mddcpress.com

Place a business card ad in the Regional Small Display 2x2/2x4 Advertising Network—Let MDDC help you grow your business! Call TODAY at 410-212-0616 to increase your customer base and get results.

REAL ESTATE FOR SALE

Delaware New Move-In Ready Homes! Low Taxes! Close to Beaches, Gated, Olympic pool. Homes from low \$100's, No HOA Fees. Brochures Available 1-866-629-0770 or www.coolbranch.com

WANTED TO BUY OR TRADE

WANTED FREON R12: We pay CASH. R12 R500 R11 Convenient. Certified Professionals 312-291-9169 RefrigerantFinders.com

BUSINESS SERVICES

Increase your presence by advertising on FACEBOOK; TWITTER AND GOOGLE-ADS; Call our Multi-Media Specialists to experience the success of social media advertising today; CALL 410-212-0616

Increase your Frequency with your Advertising Call one of MDDC's Multi-Media specialists to grow your business. Call Wanda at 410-212-0616 or email wsmith@mddcpress.com.

SERVICES—MISCELLANEOUS

Increase your customer base and get great results by placing your ads in the MDDC—Classified Advertising network! Call today 410-212-0616 Ask for Multi-Media Specialist—Wanda & watch your results grow.

**THIS
COULD BE
YOUR AD!**

Call today
for a quote.
301-627-0900

**EDUCATION/
CAREER TRAINING**

AIRLINE MECHANIC TRAINING—Get FAA certification to fix planes. Financial Aid if qualified. Approved for military benefits. Call Aviation Institute of Maintenance 866-823-6729.

**Donate A Boat
or Car Today!**
Boat Angel

"2-Night Free Vacation!"
800-700-BOAT
(2628)

www.boatangel.com

AARP Auto Insurance Program from THE HARTFORD

AARP AUTO INSURANCE FROM THE HARTFORD

TO SPEAK WITH AN AGENT AND REQUEST A FREE QUOTE CALL THE HARTFORD TO SEE HOW MUCH YOU COULD SAVE:
1-877-579-9788

Lutheran Mission Society Alan Amrhine, Communications Director
Lutheran Mission Society

"MDDC has connected donors with the LMS Vehicle Donation Program for over six years! Great exposure, cost effective, and Wanda is so helpful."

Call Wanda: 410-212-0616
wsmith@mddcpress.com
Local touch, infinite reach.

Your advertising resource
MDDC press
www.mddcpress.com

Dental Insurance

This is real dental insurance from Physicians Mutual Insurance Company that helps pay for over 350 procedures — cleanings, fillings, crowns, even dentures.

- No annual maximum, no deductible
- See any dentist you want — including your own
- Over 50? Coverage as low as \$1 per day

Call now to get this **FREE** Information Kit
1-855-337-5228 dental50p.us.com/MDDC

The Prince George's Post
Your Newspaper of Legal Record

Call (301) 627-0900
Fax (301) 627-6260

Subscribe Today!

Serving Prince George's County Since 1932