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Fallen Law Enforcement Officers to be Honored During 31st Annual Candlelight Vigil on May 13 in Washington, DC

Live streaming of event online as 371 names are dedicated on the National Law Enforcement Officers Memorial

By ROBYN SMALL

National Law Enforcement Officers Memorial Fund

WASHINGTON, DC (April 25, 2019)—The names of 371 U.S. law enforcement officers who have died in the line of duty will be formally dedicated on the walls of the National Law Enforcement Officers Memorial during the 31st Annual Candlelight Vigil held on the National Mall between 7th and 12th streets in Washington, DC, at 8:00 p.m. on Monday, May 13, 2019.

U.S. Attorney General William Barr will deliver special remarks and lead in reading the names of the fallen officers. The names of 371 officers added to the Memorial this year include 158 who made the ultimate sacrifice in 2018, in addition to 213 officers who died earlier in history but whose sacrifice had not been previously documented.

With these additions, there are 21,910 officers' names engraved

on the Memorial, representing all 50 states, the District of Columbia, U.S. territories, federal law enforcement, and military police agencies.

Each May 13, an estimated 30,000 people assemble for the Candlelight Vigil, a signature event of National Police Week. For the 11th year, the ceremony will be streamed live over the Internet so that everyone can witness this annual tribute to America's law enforcement officers. Individuals interested in the free webcast can register online at www.nleomf.org/vigil.

"The annual Candlelight Vigil allows us to honor the officers who sacrificed their lives for the protection of ours," said Lori Sharpe Day, Interim Chief Executive Officer of the National Law Enforcement Officers Memorial Fund. "By attending the ceremony in person or by viewing it online, we are able to show support for

the families of these brave men and women who serve."

The names of the 371 officers added to the National Memorial this year can be found at www.LawMemorial.org/2019RollCall. For a complete schedule of National Police Week events in Washington, DC, visit www.LawMemorial.org/PoliceWeek.

On the Roll Call of Heroes 2019

MUJAHID ABDUL MUMIN RAMZZIDDIN
Officer Rank: Sergeant
Prince George's County, Maryland, P.D.
End of Watch: 02/21/2018
Panel/Line: 44-W: 31



PHOTO COURTESY
[HTTP://NAMES.LAWMEMORIAL.ORG/OFFICERS/R/RAMZZIDDIN42992.HTML](http://names.lawmemorial.org/officers/R/RAMZZIDDIN42992.HTML)

31st Annual Candlelight Vigil
Monday, May 13, 2019—8:00 p.m.
National Mall between 7th & 12th Streets,
Washington, DC

Includes musical tributes, special remarks and reading of 371 names as they are dedicated on the National Law Enforcement Officers Memorial. Register for live webcast at www.nleomf.org/vigil.

NASA's Goddard Space Flight Center Celebrates 60 Years

Goddard 60th Anniversary Group Photo: This is a group photograph of Goddard employees in celebration of the center's 60th anniversary. NASA's Goddard Space Flight Center in Greenbelt, Maryland, was established on May 1, 1959, as NASA's first spaceflight center. A fraction of Goddard's employees posed on the center's main mall the morning of April 29, 2019. See article on page A6.

PHOTO CREDIT: NASA/GODDARD/JAY FRIEDLANDER



Md. House of Delegates Elects Adrienne Jones as New Speaker

By DANIEL OYEFUSI
Capital News Service

ANNAPOLIS, Md. (May 1, 2019)—Following more than four hours of delibera-

tion, the Maryland House of Delegates made history in a surprise decision Wednesday afternoon, voting Delegate Adrienne A. Jones, D-Baltimore County, the next Speaker of the House.

Jones, who served as Speaker pro tempore, becomes the first African American, and the first woman, to be voted into the position. She filled in for the late House Speaker Michael Busch, D-Anne Arundel, who had fallen ill during the session and died April 7 after being hospitalized with pneumonia.

For weeks following the close of the legislative session April 8, Delegate Maggie McIntosh, D-Baltimore, and Delegate Dereck Davis, D-Prince George's, were considered the front-runners to fill the vacancy.

Jones initially expressed interest in being the next House Speaker but withdrew her name from the race last week.

As the special session drew closer to Wednesday, both McIntosh and Davis stated they had secured the 71 votes—a simple majority—necessary to win the election.

The Legislative Black Caucus announced its support on Tuesday for Davis. And in the midst of the Democratic Caucus' deliberations Wednesday afternoon, the House Minority Caucus released a statement that it was pledging all 42 Republican votes to Davis.

The Baltimore Sun and *The Washington Post* reported the Democratic Caucus voted 58-40 for McIntosh in its closed-door meeting, which would have given Davis, with Republican support, enough votes to win but at the cost of party unity.

Both the House Democratic and Repub-

Council Member Deni Taveras and The Gateway Arts District Celebrate "Gateway Open Studios"

By ANGELA ROUSON

Prince George's County Council Media

UPPER MARLBORO, Md. (May 3, 2019)—Prince George's County Council Member Deni Taveras (D)—District 2, and the Gateway Arts District will celebrate Gateway Open Studios—Spring 2019, the region's largest one-day visual arts festival, on Saturday, May 11, 2019.

From 11 a.m. to 5 p.m., the event will offer self-guided walking tours of over 180 art studios, galleries and cultural venues located in the Gateway Arts District, along Route 1, in the towns of Mount Rainier, North Brentwood, Brentwood and Hyattsville. Visitors will also witness the artistic process and directly interact with artists in their studios. Additionally, there will be art openings and glass-blowing demonstrations. An after-party will be held at 3807 Rhode Island Avenue in Brentwood, Maryland from 5–8 p.m.

Council Member Taveras says this year's event, which features more artists and venues than ever before, offers an opportunity for residents to participate in the region's most prominent visual arts event.

The Gateway Arts District, located in District 2, is the Metropolitan Washington region's largest arts district, housing internationally renowned galleries, studios, workshops and art spaces.

For more information, including a self-guided map of the open studios, visit www.gatewayopenstudios.org.



PHOTO CREDIT: DANIEL OYEFUSI, CAPITAL NEWS SERVICE

Maryland House Speaker Adrienne Jones in Annapolis on May 1, 2019.

INSIDE

District 3 Council Member Dannielle Glaros Promotes College & Career Readiness Opportunities for Parkdale High School Students

The expo provided resources and information related to the military; trade school and apprenticeship programs; and job opportunities and college admissions.

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ChildWatch: Ending Child Poverty Now

The bottom line is simple: we can save hundreds of billions by investing in healthy, educated children or spend hundreds of billions more in prison and illiteracy costs.

Commentary, Page A4

Current Driver's Licenses Will no Longer be Accepted as Adequate Form of Identification

Late next year TSA officers will no longer allow travelers residing in Maryland, Virginia or the District into airport checkpoints, or beyond ticket document checking stations, without a REAL ID license or another form of acceptable ID.

Business and Finance, Page A5

Movie Review:

Avengers: Endgame

There's a lot of movie in this movie, which runs nearly three hours without credits and has appearances by more than 50 people from previous Marvel Cinematic Universe films.

Out on the Town, Page A6

Earth Talk

Dear EarthTalk:

I'm looking for ideas for healthy, green snacks to have around the house and for packing with the kids' lunches. Any ideas?

—Mickey P., Salt Lake City, UT

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TOWNS and NEIGHBORS

In and Around Morningside-Skyline

by Mary McHale 301-735-3451

Thunderbirds, Blue Angels fly at JBA Air Show May 10-12

The 2019 Joint Base Andrews Air Show featuring the Air Force Thunderbirds and the Navy Blue Angels is scheduled for May 10-12, 2019. A variety of presentations from military services will be present, including the KC-135, the F-16 Fighting Falcon, and the UH-1N Iroquois.

The air show kicks off Friday, May 10, with a full program open to the Department of Defense cardholders and special invites only.

On Saturday and Sunday, May 11 to 12, JBA will open its gates to the public. Free public parking will be available at FedEx Field with shuttles taking attendees to the base from 8 a.m. to 1 p.m. and from the base to FedEx Field until 5 p.m. No public parking will be available on Joint Base Andrews.

Attendance is free and open to the public.

The following are allowed: small coolers for medical purposes only, empty water bottles for use at water refilling stations on base, fanny packs, purses, camera bags smaller than 1 cubic foot, diaper bags, portable lawn chairs, collapsible strollers, umbrellas, collapsible tripod and monopods.

Prohibited items include pets, bikes, rollerblades, backpacks or diaper bags larger than one cubic foot, weapons of any kind, food and beverages (except what's needed for infants).

Morningside celebrates 70th anniversary in style

Seventy years ago this May, Morningsiders (having been incorporated since March 11, 1949) voted, officially declaring themselves citizens of a brand new town.

They elected Mrs. June Stockliniski their first mayor. Eleven mayors later, on April 27, Mayor Bennard J. Cann welcomed townspeople, officials and friends to Morningside's 70th Anniversary Celebration at VFW Post 9619.

State and County officials, current and former Morningside officials, Town employees and special guests were introduced. Pastor Barry Wade gave the invocation. And we dined on fish and chicken and all the trimmings.

Then followed the presentations, Proclamations and greetings, by U. S. Congressman Anthony Brown; Scott Hancock, Executive Director of the

Maryland Municipal League; Citation from Maryland Governor Larry Hogan; Councilman Rodney Streeter, on behalf of the County Council; City of Rockville; Morningside Fire Chief Michael Poetker and Deputy Chief Michael Stout; Stanley Holmes, President of the Skyline Citizens; John Anthony, former Morningside Councilman; and probably more that I just missed (sorry!).

Scott Hancock, of the Municipal League, reminisced about a longtime Morningside Mayor, when he closed the celebration with the words, "Wouldn't Jerry Glaubitz be proud!"

Dinner & Dancing Music until 10 was provided by DJ Doug Guinn.

Neighbors and other good people

At the Morningside Sportsmen's reunion last week someone handed me a note about the death of Charles William "Bill" Bivens. He was born June 6, 1943 to Charles and Kathryn Bivens, grew up on Morgan Road. Sadly, he died Feb. 27; he was 76 and lived in La Plata.

Fr. Charles McCann, former pastor of St. Philip's Parish, celebrates his 50 years as a priest on Sunday, June 9, beginning with Mass at noon at St. John's in Clinton, followed by a reception. Everyone who knew and loved Father is welcome.

Congratulations to Grace Chengery, 1st grade teacher at St. Columba School in Oxon Hill and one of eleven of the 2019 Golden Apple Award winners. Presentation was at the annual Golden Apple Awards Dinner at the Mayflower Hotel in Washington.

Changing landscape

The Town of Morningside holds its Spring Clean-up May 18/19. Among other services, they hope to have a low-cost shot clinic for pets.

Jay's Food Mart & Auto Service Center has opened in Morningside, at 6815 Suitland Road. Hours are 5 a.m. to 11 p.m. If I remember correctly, this site was a Texaco when I moved here in 1958.

Support your community!

The Skyline Citizens Association holds its quarterly meeting Wednesday, May 15, 7 p.m. at the Morningside Fire Department. I'll be there. Drop by.

Morningside is holding its monthly Town Meeting on Tuesday, May 21, 7

p.m., at the Town Hall. Members elected on May 6 will be sworn in the day before, May 20.

Bernadette Nyers, Census retiree

Bernadette Nyers, 87, formerly of Upper Marlboro, who retired from the Census Bureau after 35 years with the federal government, died April 24. Five years ago she moved to Conway, S.C., to be near her son Larry and his wife Jody. She's survived by two other children, Robert (Conni) Nyers and Julie (Brian) Chisam; grand- and great-grandchildren.

During her years here, she was a member of St. Bernardine's Parish, in Suitland, and Most Holy Rosary, in Upper Marlboro.

A memorial service will be held May 17 at the St. Joseph Center of Holy Rosary, 11704 Duley Station Road. She'll be buried at Resurrection Cemetery next to her husband Eugene C. Nyers from whom she has been widowed for 45 years.

Nancy Porter, first Supreme Court uniformed police officer

Nancy (Willis) Porter, 70, of Waldorf, a 1966 graduate of Suitland High School, died April 11. She was born in Washington and worked for the Supreme Court as the first uniformed and armed woman police officer on the Court.

She married Roger Porter in April 1972, helped him in his business, and later worked as a secretary at the Census Bureau.

Survivors include husband Roger, siblings Timothy, Mitchell and Susan, son Michael, future daughter-in-law Marlena Garcia, and 16-month-old granddaughter Nancy Elena.

Milestones

Happy birthday to Carolyn Flaherty Fogle, May 11; Kyle Dameron, May 12; Henrietta Bookhart, Ted Harris and Micheal White, May 13; John Smith, May 14; my granddaughter Naomi (Gallegos) Albaugh and Helen Fadden, May 15; Fr. Charles McCann, Kenneth Darcey, Tim Cordero and Kitty Marshall, May 16.

Happy anniversary to Donna and Wayne Anderson on May 14.

Happy Mother's Day to all you mothers, and to your mom and mine!

Brandywine-Aquasco

by Audrey Johnson 301-922-5384

GIRLFIT SUMMER PROGRAM

GirlFit Summer Program for girls ages 4-12 will be June-September 6:30 a.m.-6:30 p.m. There will be games, social team building, arts & crafts, cooking, stem, dancing, fitness and more. A \$50.00 non-refundable registration fee is required to secure spot.

The address is 5010 Brown Station Road # 185, Upper Marlboro, Maryland 20772. Telephone number is 240-510-3622. Email: ADMIN@GIRLFITWORKOUTSTUDIO.COM.

CLINTON UNITED METHODIST CHURCH

Body Recall has started again on Tuesdays and Thursdays at Clinton United Methodist Church from 9:00 a.m. to 10:00 a.m. It is low impact exercises for the older generation. However, all are welcome.

The church address is 10700 Brandywine Road, Clinton, Maryland. Pastor is Rev. Dorothea J. Belt Stroman. Office number is 301-868-1281. Web: <http://cumcmd.org/> email: cumcmd@verizon.net.

TRUE FRIENDS

"If you are lucky to have the wise counsel of friends, if you feel they are blessed because some days make you feel like number one, if you have supportive friends and co-workers in a stressful workday and in their wisdom pulls you off for a brief period of play, if you know when to appreciate your silence, know when to let you air your pain, while refreshing your soul, like a cool and soothing rain. If they know your limitations but still love you for it, elect to assist in strengthening you and also continue to move forward, then you know that you have found true friends, and on a daily basis you thank God for fulfilling joy in daily living, and you look forward to getting up each day to return the giving." This poem was written by my friend Joan Evelyn Hayes.

CLINTON UNITED METHODIST CHURCH

We celebrated Class Leaders Day at Clinton United Methodist Church Sunday April 28, 2018. Our guest speaker was Brother Russell Young who is a member of the New Hope Fellowship Cooperative Parish, Christ United Methodist Church, Aquasco, Maryland.

Brother Young serves as the Lay Leader and is a Certified Lay Servant. He is a 1966 graduate of Frederick Douglass High School, Upper Marlboro, Maryland.

As a sergeant in the United States Army, he served his country during the Vietnam War, matriculated at Prince George's Community College, American University and the University of Maryland. He retired after 42 years of service from the Federal Government at the United States Census Bureau in Suitland, Maryland.

Brother Russell Young is a father, grandfather and has a wonderful significant companion, Dr. Audrey C. Davis. He loves to read, loves history, loves people and loves the Lord. He enjoys long walks and his favorite scriptures are Isaiah 40 and Psalm 8. Brother Young's motto is "If I can help somebody as I pass along, cheer somebody with a word or song, show somebody they are traveling wrong, then my living shall not be in vain. Those who know the power of persistent prayer, please pray for me. I surround you with the love of God that is in Christ Jesus".

2019 WOMEN'S DAY AT WESTPHALIA

You are invited to join us at Westphalia United Methodist Church for our 2019 Women's Day Sunday, May 19, 2019. There will be two services, 8:00 a.m. and 10:30 a.m. Our guest speakers are Rev. Dr. Carletta Allen and Minister Diamond Gantt.

Westphalia church is located at 9363 D'Arcy Road, Upper Marlboro, Maryland 20774, Rev. Dr. Timothy West, Senior Pastor. Telephone number is 301-735-9373. Website: www.westphaliaum.org.

Around the County

Public Hearing for PGCPS CEO Search

County Executive Angela Alsobrooks will host a public hearing to allow county residents to express their thoughts regarding the search for the CEO of Prince George's County Public Schools. The search firm that will conduct a nationwide search and members of the selection committee will be in attendance. This will be an opportunity to speak directly to those involved in the search and decision making process.

The hearing will be held Monday, May 13, from 6:30-8:30 p.m. at Charles H. Flowers High School, 10001 Ardwick Ardmere Rd., Springdale, MD 20774. To RSVP for this event, please call 301-952-4547.

—Community Connections, Prince George's County Government

IT TAKES TWO, INC. Is Accepting Scholarships Applications

BALTIMORE, Md. (May 4, 2019)—IT TAKES TWO, INC. is offering its Tools for Success Scholarship now through July 1 for students grades 4 through college (age 26) living in or stemming from single parent homes.

The scholarship will pay for school supplies, books uniforms, sports and academic club fees and other academic expenses. To be eligible for the scholarship, the applicant must live in Baltimore City and the following counties: Anne Arundel, Baltimore, Prince George's, and Montgomery.

To date, IT TAKES TWO, INC., has awarded 19 scholarships totaling over six thousand dollars and seeks to award five to 10 scholarships for the 2019-2020 school year.

Interested applicants may download the scholarship application at <https://ittakestwoinc.org/scholarship>.

IT TAKES TWO, INC. is a 501c3 nonprofit organization whose mission is to help relieve some of the financial burdens of single parent households by providing scholarships to advance their education and create opportunities. In addition to our scholarship, we offer life skills workshops under our Positioned for Greatness Youth Program that address bullying, financial literacy, college and career readiness, youth entrepreneurship, community service, and leadership.

For more information please call 443-302-9799 or e-mail scholarships@ittakestwoinc.org.

—Audricia Harris, IT TAKES TWO, INC.

Free May Health Resources Provided by Doctors Community Health System

Free Cancer Prevention Workshop

Thursdays: May 16 & June 20, 6-7:30 p.m.

Doctors Community Hospital, 8100 Good Luck Road, North Bldg, 4th Floor, Room 415, Lanham, MD 20706, 301-552-7968 | DCHweb.org/prevention—Learn steps you can take to reduce the risk of cancer.

Free Bariatric Surgery and Weight Loss Seminar

Fridays: May 24, June 28, July 26, August 23, September 27, October 25 & November 22, 1-2 p.m.

Doctors Community Hospital, 8116 Good Luck Road, Professional Office Bldg., Suite 210, Lanham, MD, 240-965-4405 | DCHweightloss.org

Attend this free lecture presented by Dr. Hitesh Amin, medical director, Bariatric and Weight Loss Center. If you are at least 30 pounds overweight, learn whether weight loss surgery is right for you. Registration required.

Free Screenings on Mobile Health Clinic

Visit the Wellness on Wheels (WOW) mobile health clinic to receive free screenings (diabetes, cholesterol and blood pressure) as well as medication reviews and education. For updated care locations, call 301-324-4968 or visit DCHweb.org/WOW.

May 13—Shoppes at New Carrollton, 7898 Riverdale Road, New Carrollton, MD (10 a.m.-4 p.m.)

May 14—Langley Park Senior Activity Center, 1500 Merrimac Road, Hyattsville, MD (10 a.m.-4 p.m.)

May 15—Powder Mill Village Apartments, 3625 Powder Mill Road, Beltsville, MD (10 a.m.-4 p.m.)

May 16—Hollywood Plaza Shopping Center, 9801 Rhode Island Avenue, College Park, MD (10 a.m.-4 p.m.)

May 28—John E. Howard Senior Activity Center, 4400 Shell Street, Capitol Heights, MD (9 a.m.-1 p.m.)

May 29—City of Glenarden Nutrition Center James R. Cousins, Jr. Municipal Center, 8600 Glenarden Parkway, Glenarden, MD (10 a.m.-4 p.m.)

—Chondria Andrews, Doctors Community Hospital

Prince George's County Council Chair Todd M. Turner Reappointed to Washington Suburban Transit Commission

WSTC Appointment Receives Unanimous Council Support

UPPER MARLBORO, Md. (April 30, 2019)—The Prince George's County Council unanimously confirmed the reappointment of Prince George's County Council Chair Todd M. Turner (D)—District 4, to the Washington Suburban Transit Commission (WSTC) on Tuesday, April 30, 2019. Council Member Turner was appointed to the Commission by Prince George's County Executive Angela D. Alsobrooks.

WSTC serves as the bi-county agency that coordinates mass transit activities for Montgomery and Prince George's Counties in concert with the State of Maryland and the Washington Metropolitan Area Transit Authority (WMATA). The Commission also acts as the financial conduit through which funds flow between the counties, the State of Maryland and WMATA.

Council Chair Turner looks forward to serving a second consecutive term on the WSTC.

"I am grateful for the opportunity to serve my Council colleagues and the residents of Prince George's County again as a member of the WSTC," said Council Chair Turner. "As Prince George's County continues to thrive, transportation and transit in the County and the region present both challenges and opportunities. I will continue the conversation addressing ways we might improve and grow our transportation systems."

WSTC consists of seven members appointed to three-year terms. The Prince George's County Executive and Montgomery County Executive each make two appointments. Annually, the position of chair alternates between Montgomery and Prince George's counties. Thomas Graham, a resident of Upper Marlboro, was also appointed to represent Prince George's County as an alternate member of the WSTC Commission and WMATA Board.

—Angela Rouson, Prince George's County Council Media

COMMUNITY

The American Counseling Association's Counseling Corner

Making Sports a Healthy Part of A Child's Life

We live in a society that places a great deal of emphasis on sports. We see professional athletes paid astronomical salaries and find the broadcast airways filled with almost endless coverage of all types of sporting events.

All that visibility has an effect. While for many kids it certainly builds interest in participating, it also can make some parents feel it's vitally important that they push their child to participate and stand out in sports. Playing a sport when a child has an interest and when it's part of a balanced life can provide many benefits, but when it's parents driving a child to not just participate but to excel in order to meet the parent's expectations, it can often have a harmful result.

Sports, of course, require physical activity and not just more video game controller time. Being active is a positive thing for every child, but this doesn't mean every child has to be a baseball, soccer or volleyball star.

As parents we want to encourage our children to try new things. What matters is how that "encouragement" takes place. If a parent introduces a child to a new sports activity in a gentle, positive way, and tries to be supportive and helpful in teaching the fundamentals and building confidence, it can be a good means of opening up a new, enjoyable interest for the child.

But if a child is literally forced or shamed into participating, and the child's objections and fears about the activity are ignored, that child is not a willing participant. He or she may be more harmed by their anxiety and stress than helped by the physical activity being gained, especially when a parent criticizes or teases about sub-par performances.

When a sport is a poor fit for a child you'll find him or her skipping practices, faking illnesses and complaining endlessly about having to participate. That's a time to listen to your child.

Pushing a child into a sport where he or she doesn't have the ability or interest to participate satisfactorily is actually a means of eroding the child's self-esteem and confidence. What you want is a healthy participation where the child is playing well and meeting normal expectations. The child doesn't have to be the star. The main goals should be exercise, learning new skills, building confidence, learning to play with others and, most importantly, having a good time.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

WUSA9 Host Andi Hauser to Host 11th Annual Fashion For a Cause

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

PASADENA, Md. (April 30, 2019)—Andi Hauser, a host and field correspondent with Great Day Washington on WUSA9, will take the wheel as the master of ceremonies for 11th annual Fashion for a Cause benefiting Chesapeake Kids. The event will be hosted by Porsche Annapolis from 6:30 to 9:30 p.m. June 6 in its showroom at 20 Hudson St. The Emmy-nominated veteran of broadcasting should fit right into the high-performance auto venue, having covered the Indianapolis 500.



PHOTOGRAPH COURTESY
HOSPICE OF THE CHESAPEAKE
WUSA9 host Andi Hauser

Hospice of the Chesapeake is honored that she will guide guests through this high-energy event designed to raise funds for Chesapeake Kids. The program is an umbrella of services offered by the nonprofit that supports children living with illness, dealing with the illness of a family member, or grieving the loss of a loved one.

The dazzling runway show will feature the newest designer trends and collections for the 2019 summer season. This year, celebrities from the community will be showing off summer's hottest including Michael Baldwin, Brett Bedard, Betty Buck, Jason Cherry, Maria Colucciello, Carla Criste, Nathalie King, Daniel LaRock, Patrick Lee, Charlotte Madden, Mairead O'Reilly, Steven Sarigiannis, Erika Schmidt, Caroline Shoults, Jarret Simpson, Angie Sutherland, Gabbi Watson and Amanda Wilburn.

There also will be signature cocktails, a beer truck and delicious savory and sweet bites provided by food partners Carpaccio Tuscan Kitchen, Vaccaro's Italian Pastry Shop and Buck Distributing Company, Inc.

The event is generously supported by presenting sponsors Charter Financial Group, Porsche Annapolis and The Wilburn Company, as well as its other sponsors, M&T Bank; Bill and Laura Westervelt; Susan Duncan and Randy Rice; FosterThomas, Inc.; Mission Escape Rooms, Jason Cherry; Severn Bank; Ken Stanley; and What's Up? Media

Tickets are \$90 per person if purchased by May 31. After that, the price goes up to \$115. People signing on as a Designer Sponsor or above will receive admission to the pre-event VIP Sponsor Reception, as well as two reserved seats for the show and a listing in the printed program. For tickets, visit www.hospicechesapeake.org/2019-ffac. For sponsorship details, contact Megan Lawton at 443-837-1531 or mlawton@hospicechesapeake.org.

For 40 years, Hospice of the Chesapeake has been caring for life throughout the journey with illness and loss. Visit www.hospicechesapeake.org.

District 3 Council Member Dannielle Glaros Promotes College & Career Readiness Opportunities for Parkdale High School Students

Updated College and Career Center Unveiled; College Acceptances Announced; "Job & College Expo: What's Next" Prepares Students for the Future

By ANGELAROUSON
Prince George's County Council Media

UPPER MARLBORO, Md. (May 1, 2019)—Prince George's County Council Member Dannielle Glaros (D)—District 3, joined Parkdale High School Principal Dr. Tasha Graves-Henderson, Heart of America Foundation representatives and Parkdale High School students, in a ribbon-cutting ceremony unveiling a makeover of the Parkdale High School College and Career Center, on Wednesday, May 1, 2019, in Riverdale.

With grant support from the Prince George's County Council, The Heart of America Foundation, in partnership with Prince George's County Public Schools, transformed a space within Parkdale High School into a vibrant and engaging College & Career Center.

Council Member Glaros says the new College and Career Center changes the way

Parkdale students plan for life after high school.

"Parkdale now has a beautiful space where students have access to information, resources and technology to help them prepare for life post-graduation. For some students, college is the best choice; others may decide to pursue non-academic goals. Whatever path students choose, the new College and Career Center is ready to help students plan for post-graduate success."

Following the ribbon-cutting, Council Member Glaros attended Parkdale High School's Annual College Signing Day assembly, recognizing the college acceptances of graduating seniors.

To end the day, Council Member Glaros hosted "Job & College Expo: What's Next?" to assist Parkdale seniors still undecided about their plans after high school.

"High School graduation is incredibly important, but it is equally important for students to have a plan in place once they re-

ceive their diplomas. The high-school-to-college path is not the only option following high school, and the "What's Next" Expo was developed to give graduating seniors who need help deciding, some ideas about what they can do after high school."

The expo provided resources and information related to the military; trade school and apprenticeship programs; and job opportunities and college admissions.

Council Member Glaros partners with Parkdale High School to host a College and Career Fair each fall. During the annual event, students are presented with opportunities to meet with college recruiters, employers, trade union representatives and members of the military. Financial aid and resume writing workshops are also offered. Over 1,000 students and family members have participated in the District 3 College & Career Fair since its inception. The 5th Annual Parkdale College & Career Fair will take place in October 2019.

New Pro Season for PG Valor Brings New Pro Additions

PG Valor Basketball Team Appoints Elliott Gibson Jr. as New General Manager

By PRESS OFFICER
PG Valor Basketball Team

PRINCE GEORGE'S COUNTY (May 1, 2019)—American Basketball Association (ABA) expansion team PG Valor Basketball has announced the welcoming of Prince George's County native, Elliott Gibson Jr., as their new general manager. Beginning May 2019, Gibson will be positioned with the team as they prepare for season 4. As season 3 held accomplishments such as establishing community partnerships; defeating Richmond Elite; and concluding their season in the second round of the playoffs; PG Valor is expected to bring around more feats for the next game season. Appointing Gibson to this leadership role is a celebratory occasion as the best is yet to come for the team and the community it serves.

Elliott Gibson Jr. has deep roots in the community, graduating from Bishop McNamara High school in Forestville, where he lettered in Track and Field and Cross Country. After High School, he received a dual bachelor's degree from the University of

Maryland in College Park. When he wasn't in a classroom, Elliott could always be found near a basketball court. In college, he was the definition of a "gym rat", leading him to become an IABBO certified basketball official. His love for the sport of basketball



PHOTOGRAPH COURTESY PG VALOR
New PG Valor general manager
Elliott Gibson Jr.

and basketball culture would always be a major feature in his life. Gibson is also noted for his partnership gained with the Washington Redskins Charitable Foundation from his employment at FedEx.

Currently, Elliott is a student at Howard University School of Law, in Washington, D.C. He is an active member of the school's Sports and Entertainment Law Student Association, and the Business Law Society.

"I am very excited about Mr. Gibson coming on board as GM," states PG Valor owner LaDonna M. Smith. "I truly believe that he is one of the pieces that the organization has been missing and will truly assist with taking PG Valor to the next level. Based on our conversations over the past few months I know that I made a wise decision and that I finally have the help that I have been lacking, but needing in past seasons and beyond. If it seems like I am excited—I am! lol"

Season 4 Tryouts: PG Valor's season 4 also brings the return of their dance/spirit squad. Tryouts for the dance team will be announced soon and will be begin this summer. Tryouts for players will be held on August 24 and September 14, 2019.

For more information regarding season four and all other PG Valor news, visit our team website at www.pgvalor.com. You can also connect with us by visiting our social media page on Instagram: [@pgvalorbball](https://www.instagram.com/pgvalorbball) or by contacting us via telephone 240-918-7500.

WSSC Spring Open House Meetings Focus on New Rate Structure

Customers Invited to Attend Events Scheduled Across Montgomery and Prince George's Counties

By LUIS MAYA
WSSC

LAUREL, Md. (May 2, 2019)—Continuing a commitment to transparency and public outreach, WSSC is hosting a series of open house meetings this spring to inform customers about several big changes coming to the water utility serving 1.8 million customers in Montgomery and Prince George's counties. Expected July 1, a new rate structure will change the way WSSC charges for water and sewer. The community-based events will provide details on WSSC's new, modern and simplified rate structure and redesigned bill. Customers are encouraged to attend any of the three upcoming meetings to help them understand the changes and benefits of the new rate structure.

Prince George's County
Tuesday, May 21, 2019, 6–8 p.m.
Prince George's Sports and Learning Complex, 8001 Sheriff Road,
Landover, MD 20785

Bi-County
WSSC Headquarters
Tuesday, June 4, 2019, 6–8 p.m.
14501 Sweitzer Lane,
Laurel, MD 20707

The open houses also provide customers the opportunity to ask, listen and learn about WSSC's enhanced customer assistance programs, construction projects, innovative technologies and environmental protection efforts. Community partners offering additional assistance programs will be in attendance.

The open house format provides customers the ability to attend anytime during the two-hour period that is convenient for them. No formal presentations will be made. Customers with specific billing questions, or those who would like help in determining their future bills under the new rate structure, should bring their latest bill and a valid government-issued ID.

Individuals requiring accommodations under Title II of the Americans with Disabilities Act should contact WSSC at 301-206-8100, or visit wsscwater.com/openhouse to make your request. Registration is encouraged, but not required to attend any of the open houses.

For more information about the new rate structure, including an online bill calculator to assist customers in estimating future water/sewer bills, visit wsscwater.com/billchanges.

Happy Mother's Day From the Fresh Air Fund

By DIANA CARTER
The Fresh Air Fund

This Mother's Day, The Fresh Air Fund recognizes the many remarkable women in Capital Beltway that take on the role of "Fresh Air mom" and open their hearts and homes to children from New York City's low-income communities through The Fresh Air Fund's Friendly Towns Program.

The Fresh Air Fund, an independent, not-

for-profit agency, has provided free summer experiences to more than 1.8 million New York City children from low-income communities since 1877. Fresh Air children are boys and girls, from seven to 18 years old, who live in New York City. Children who are reinvented by host families may continue with The Fresh Air Fund through age 18 and can enjoy extended trips. There is no such thing as a "typical" host family. The Fund looks for host families who are excited to

share the simple joys of summer with a New York City child.

"For us, Fresh Air Fund is a highlight of our year and we have a special bond with Adriana and I know other families will fall in love with the program, just like we did, if they volunteer," said Kerry Ring, Fresh Air Fund host mom.

To learn more about hosting a Fresh Air child this summer, please contact Diana Carter at 301-275-5856 or visit www.freshair.org.

COMMENTARY

Marion Wright Edelman

President Emerita,
Children's Defense Fund



ChildWatch:

Ending Child Poverty Now

"I would come home and there would be no electricity, I would have no water to bathe in. Sometimes there wouldn't be food, there would just be water in the refrigerator."

—Taylor, honored by the Children's Defense Fund-Texas with a Beat the Odds® scholarship

No child should have to worry where her next meal will come from or whether she will have a place to sleep each night in the wealthiest nation on earth. Yet more than 12.8 million poor children in America face these harsh realities every day. It is a moral disgrace, a costly injustice and a profound economic threat that nearly 1 in 5 children are poor in our boastfully wealthy nation. Nearly 4 in 10 of our children spend at least a year in poverty before their 18th birthday and more than 1 in 10 struggle through at least half their childhoods in poverty. More than 2 in 3 poor children are children of color.

Most shamefully, our youngest children are our poorest during their years of greatest brain development. Permitting millions of children to live in poverty—many denied basic human needs of housing, enough food and a chance to get ready for school and attend schools with equal funding and quality—is unjust. We are failing our children and our nation.

When we let millions of children grow up poor without basic necessities like food, housing and health care, we deny them equal opportunities to succeed in life and rob our nation of their future contributions. Poverty decreases a child's chances of graduating from high school and increases her chances of becoming a poor adult. It makes her more likely to suffer illnesses and get sucked into the criminal justice system. Beyond human costs, child poverty has huge economic costs for all of us. Our nation loses about \$700 billion a year from

lost productivity and increased health and crime costs stemming from child poverty.

Child poverty is an urgent and preventable crisis for which solutions already exist if we have the moral and economic sense to expand and invest in them. In 2017 benefits like nutrition assistance, housing vouchers and tax credits helped lift nearly 7 million children out of poverty. However, inadequate funding, eligibility restrictions and low parental wages left millions of children behind. We can and must do more to help all children escape poverty now.

In 2015, the Children's Defense Fund published the first of our groundbreaking *Ending Child Poverty Now* reports that showed, for the first time, how America could immediately lift millions more children out of poverty by simply improving and investing in existing policies and programs that work. Four years later it is unconscionable that our leaders are still debating and millions of our poor children are still waiting to have their basic survival needs met. Millions of children needlessly suffer in poverty because of our nation's inaction. How many more years, child lives and taxpayer dollars will we waste before we end child poverty?

This week CDF released a new edition of *Ending Child Poverty Now*, updating our earlier study with help from the Urban Institute, and issued another call for an immediate reduction in child poverty for 5.5 million children. It confirms once again that we can act now to end child poverty for a majority of children and raise family incomes for millions more.

By investing a small percentage of our federal budget into existing programs and policies rather than tax breaks for wealthy corporations, billionaires and millionaires, we can reduce child poverty at least 57 percent and help 95 percent of all poor children.

These child investments would cost \$52.3 billion—1.4 percent of federal spending and 0.3 percent of U.S. gross domestic product (GDP). This is a moral necessity and economic bargain our nation—which approved nearly \$2 trillion in tax cuts for the wealthiest individuals and corporations in 2017—can easily afford. Every dollar invested in reducing child poverty will return at least seven dollars to our economy and help save our nation's future and soul.

The bottom line is simple: we can save hundreds of billions by investing in healthy, educated children or spend hundreds of billions more in prison and illiteracy costs. Children only have one childhood and it is right now. We cannot afford to wait another 3, 5 or 10 years to end child poverty and this report shows we do not have to. The question is not whether we have the knowledge or resources to end child poverty, but whether we have the moral decency, common sense and political will to help every child reach healthy, productive adulthood. Let all of us make our voices heard and demand action for our children to live free from poverty.

Explore *Ending Child Poverty Now*: www.childrensdefense.org/ending-child-poverty-now/

Marc Morial

President and CEO, National Urban League



To Be Equal:

Judge Damon Keith: The Nation Mourns a Peerless Champion of Justice

"By denying the most vulnerable the right to vote, the Majority shuts minorities out of our political process. Rather than honor the men and women whose murdered lives opened the doors of our democracy and secured our right to vote, the Majority has abandoned this court's standard of review in order to conceal the votes of the most defenseless behind the dangerous veneers of factual findings lacking support and legal standards lacking precedent. I am deeply saddened and distraught by the court's deliberate decision to reverse the progress of history. I dissent."

—Judge Damon J. Keith, dissenting in the 6th Circuit Court of Appeals decision on *Northeast Ohio Coalition, et al. v. Husted, et al.*

As the National Urban League prepares to release the 2019 State of Black America®—focused for the first time on the state of the Black vote—we mourn one of the greatest champions of voting rights in American history: Judge Damon J. Keith.

Keith, the grandson of former slaves, was Judge of the U.S. Court of Appeals for the Sixth

Circuit and a former Judge of the U.S. District Court for the Eastern District of Michigan. He died this week at the age of 96.

His extraordinary career included the desegregation of a public schools in Pontiac, Michigan, establishing affirmative action in police departments, and halting President Richard Nixon's illegal wiretap program.

Following his desegregation order, Judge Keith received death threats and 10 Pontiac school buses were firebombed by Ku Klux Klansmen.

His dissent in *NEOCH v. Husted*, which upheld, Ohio's draconian voting restrictions on early in-person and absentee voting, included a photo gallery of voting rights martyrs.

"I wanted to dramatize the racist attitude of the majority," he told a reporter shortly after the decision. "Look at those pictures. These are men and women who died for the right to vote. I was really so hurt by the decision of the majority of the court. My grandparents lived in Georgia, and they were not allowed to vote because of racism. I thought about them."

Judge Keith was born in Detroit, the son parents who were part of the Great Migration from Georgia. His father worked for \$5 a day in a Ford

Motor plant. He served in the segregated U.S. Army during World War II, working mainly at kitchen duties, and was discharged as a sergeant.

While studying the law, he worked as a janitor at a newspaper, where a white reporter told him "keep mopping," rather than strive for a legal career.

He earned his law degree at Howard University, where future Supreme Court Justice Thurgood Marshall was a mentor.

"He used to tell us to remember those four words engraved on the Supreme Court: Equal justice under law," Judge Keith said of Justice Marshall. "He'd say, 'The white man wrote those letters on the Supreme Court. Now use those words to make to make equal justice under law a reality.' Thurgood also used to tell us: 'Use the law as a means of social change.' I tried to do that throughout my judicial career."

We in the National Urban League join his family and friends in mourning his passing. His landmark decisions reflect the highest ideals of the equitable, honorable nation we strive to be. His life and work stand as an example of dignity, integrity and determination. As a civil rights organization, we strive to uphold his legacy.

Congratulations Adrienne Jones

Hoyer Statement on the Election of Speaker Adrienne Jones

WASHINGTON, DC (May 1, 2019)—Congressman Steny H. Hoyer (MD-05) released the following statement today after the Maryland House of Delegates unanimously elected Speaker Pro Tem Adrienne Jones to serve as Speaker of the House of Delegates:

"Today is a historic day for the state of Maryland. I join in congratulating Speaker Pro Tem Adrienne Jones on her election as Speaker of the House of Delegates, the first African American and the first woman to serve in that role. Speaker Jones' wealth of experience and expertise serving as Speaker Pro Tem will greatly benefit the House of Delegates, and I look forward to the important work she will do for the people of Maryland.

"I also want to thank Chairman Dereck Davis and Chairwoman Maggie McIntosh for their leadership and commitment to keeping the Caucus together. Delegates Davis and McIntosh have served our state with distinction, and I am confident they will work closely with Speaker Jones to improve the lives of all Marylanders.

"I look forward to working together with Speaker Jones, Delegates Davis and McIntosh, and the rest of the House of Delegates to address the critical issues facing families in Maryland."

Governor Hogan Congratulates New House Speaker

Looks Forward to Bipartisan Collaboration with Adrienne Jones

ANNAPOLIS, Md. (May 1, 2019)—Governor Larry Hogan today congratulated Delegate Adrienne Jones on her election as the next Speaker of the Maryland House of Delegates:

"I extend my sincere congratulations to Adrienne Jones on becoming the 107th Speaker of the House of Delegates. The election of our first African-American and first female Speaker marks a proud and historic moment for our state.

"It is also a moment of great opportunity; Adri-

enne has pledged to be a Speaker for all delegates, and that is exactly the kind of bipartisan, collaborative spirit our state needs right now.

"I look forward to working with Speaker Jones on our shared priorities and with the entire General Assembly to continue finding bipartisan, common sense solutions."

Cardin Lauds Election of Maryland's First Female and First African-American Speaker of the House of Delegates

WASHINGTON (May 1, 2019)—U.S. Senator Ben Cardin, former Speaker of the Maryland House of Delegates (1979–1986), congratulated Adrienne A. Jones after she was elected by her fellow delegates to serve as Maryland Speaker.

"This is an exciting day for all of Maryland as we mark the election of Adrienne Jones—a true public servant—as Speaker of the House of Delegates. Having served for more than a decade as Speaker Pro Tem and chair of the Capital Budget Subcommittee, she will be a strong successor to Mike Busch, whose legacy will be a presence in Annapolis for many years to come.

"Adrienne is a friend and has worked her way up through the years, building alliances statewide and showing her skills in getting things done to better our state and local communities. Her historic election as the first female and first African-American speaker makes this moment even more meaningful.

"I fully expect Speaker Jones to bring the same intensity and skills with which she navigated the Capital Budget Subcommittee to the full House of Delegates. She will be the leader we need to prioritize a quality public education for our students, create opportunities for all Marylanders, strengthen our economy, and protect public health and our natural resources. As the leader of Maryland's federal delegation, I look forward to continuing the close collaboration of our federal-state Team Maryland.

"I thank Delegate Maggie McIntosh and Dereck Davis for their ongoing leadership and dedication to the people of Maryland."

Hoyer Statement on USDA Agency Relocation

WASHINGTON, DC (May 3, 2019)—Congressman Steny H. Hoyer (MD-05) released the following statement today after the U.S. Department of Agriculture (USDA) released the finalists for the proposed relocation of USDA's Economic Research Service (ERS) and National Institute of Food and Agriculture (NIFA):

"I am extremely disappointed that none of the sites designated as finalists for the relocation of the USDA's Economic Research Service and the National Institute of Food and Agriculture are within the National Capitol Region. I strongly disagree with Secretary Perdue's decision to relocate the facility outside of the Washington region. The relocation will disrupt the important work carried out by the ERS and NIFA and un-

dermine morale, and hundreds of federal employees in the Fifth District and throughout the region will be impacted by the proposed relocation. I will continue to urge the Department of Agriculture to rethink the relocation decision."

In September, Congressman Hoyer and Congresswoman Eleanor Holmes Norton (D-DC) asked the USDA Inspector General to investigate the proposed relocation. In December, Congressman Hoyer joined with Democrats in introducing legislation to block the proposed relocation. Last month, Congressman Hoyer and Congresswoman Norton wrote to the House Appropriations Committee urging Members to prohibit the USDA from using funds to carry out the proposed relocation.

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The Prince George's Post

The Prince George's Post
P.O. Box 1001 15207 Marlboro Pike
Upper Marlboro, MD 20772-3151
Phone: 301-627-0900 • Legal Fax: 301-627-6260
Email: pgpost@gmail.com
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Publisher/Senior Editor Legusta Floyd
Editor Lisa Duan

General Manager/ Administrative Assistant/
Legal Advertising Manager Billing
Brenda Boice Julie Volosin

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BUSINESS AND FINANCE

Social Security Matters

Ask Rusty:

Mother Seeking SSI Benefits for Disabled Child

By RUSSELL GLOOR,
AMAC Certified Social Security Advisor
Association of Mature American Citizens

Dear Rusty:

My young daughter is disabled, and I am trying to make ends meet financially. Can you help with a child's SSI claim? **Signed: Needy Mother**

Dear Needy Mother: "SSI", or "Supplemental Security Income", is a Federal benefit program administered by, but separate from Social Security. SSI is available for low-income disabled seniors and disabled minor children. As your daughter's parent you must apply directly with the Social Security Administration (you cannot apply online). You can do this at the general SSA number (1.800.772.1213) or at your local Social Security office, which you can find by going to this link: www.ssa.gov/locator. Here, you can enter your zip code and get back contact information for your local office, including location, hours, and telephone number to call.

You should call first to make an appointment so as to speed up the SSI application process and avoid long wait times. In order to expedite the application, you should first complete a Child Disability Report which will ask you to provide detailed information about the child and the child's medical condition. A child is considered disabled if suffering from physical or mental impairment which causes a severe functional impairment which has lasted (or is expected to last) more than a year. Go to link for complete information on applying for SSI: www.ssa.gov/applyfordisability/child.htm. In addition to information on the child's eligibility criteria and how to apply, at this SSA website you will also find a link to the Child Disability Report.

Completing the report online is relatively straightforward and intuitive if you have some computer skills but, if not, you can also obtain a copy of the form (SSA-3820) at this link: www.ssa.gov/forms/ssa-3820.pdf. You can download the Child Disability Report form (SSA-3820), print it, fill it out as completely as possible by hand and provide it to Social Security when you submit the SSI application. Gathering all the information requested and providing it to Social Security via the Child Disability Report will serve to greatly expedite the SSI application for your child. Please be aware that there are household income limits and that SSI benefits are closely coordinated with the State in which you live. In fact, Social Security will contact your State's SSI benefit office to provide them with your application, and your State's SSI benefit office will verify the child's eligibility by contacting doctors, hospitals, teachers, medical providers, schools or other contacts you have provided who can verify the child's disability and eligibility. If the child is working, he/she must not be earning more than the monthly allowable amount (\$1220 for 2019) in order to be eligible for Supplemental Security Income. Also, be aware that if the application is initially denied, you have the right to appeal that initial decision. And for clarity, money for SSI benefits is not taken from Social Security funds but rather from the Government's general funds.

The 1.7 million member Association of Mature American Citizens (AMAC) (<https://www.amac.us>) is a vibrant, vital senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at <https://amac.us/join-amac>.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssad-visitor@amacfoundation.org.

3rd Annual Regional Law Enforcement Career Fair

held by
The Maryland-National Capital Park Police,
a division of the
Department of Parks and Recreation

Friday, May 10, 2019, 1-5 p.m.

Description: Recruiters from 40+ agencies from Maryland, Pennsylvania, Virginia and Washington, DC will be present to answer questions about a career in law enforcement. Applications will be available on site. If you've ever thought about answering the call to serve your community as a law enforcement officer, THIS IS FOR YOU! Register through eventbrite. The Maryland-National Capital Park Police, Prince George's County Division consists of sworn personnel, civilian employees and volunteers. Title 17, Subtitle 3, Land Use Article of the Annotated Code of Maryland provides the authority to enforce Maryland laws and local ordinances, as well as the rules and regulations specific to The Maryland-National Capital Park and Planning Commission (M-NCPPC). The Maryland-National Capital Park Police are tasked with protecting more than 28,000 acres of park property in Prince George's County, as well as those who visit and staff M-NCPPC sites.

Location: Prince George's County Sports & Learning Complex,
8001 Sheriff Rd, Landover, MD 20785
Contact: www.pgpc.com

Getting REAL (ID) As Lines Get Longer: Current Driver's Licenses Will no Longer be Accepted as Adequate Form of Identification At Airports and Military Bases, Starting October 2020

Maryland MVA Extending Service Hours To Accommodate Appointments For REAL ID

By JOHN B. TOWNSEND II
AAA Mid-Atlantic

WASHINGTON, D. C. (May 1, 2019)—The lines are running longer and the time is getting shorter. You only have less than a year and a half left to become REAL ID compliant. But the time it takes for air travelers to round up all the documentation they need to obtain REAL ID-compliant identification may go "slower than cold molasses in January." Maryland, Virginia and the District of Columbia are REAL ID compliant jurisdictions. That means starting in October 2020, area residents will need either a REAL ID or a passport to board even a domestic airline flight or enter a federal building. To expedite the process of obtaining a REAL ID, you must meet the burden of proof, advises AAA Travel Services. Come forward and identify yourself. Literally. To do so, you will need one proof of identity. You must also provide one proof of legal presence, plus two proofs of residency of your state or jurisdiction, in fact. All the documents you need for proof, or as proof, must be originals, including official birth documents issued by a state.

To tame snaking lines and trim wait times for REAL ID, the Maryland Department of Transportation Motor Vehicle Administration (MVA) is extending service hours at seven branch offices, including Gaithersburg, starting next Tuesday, May 7. Under the plan, the Maryland MVA will make "more than 3,000 appointments available statewide each day." The MVA is also adding staff at its offices to meet the rush for REAL ID. The number of drivers' licenses renewals in Maryland has ballooned "from 10,000 a month to 100,000 drivers' licenses per month," according to news reports. To avoid the wait, Maryland residents are eligible for early renewal up to six months before their driver's license or identification card expires. Virginia likewise is in the process of replacing and renewing "as many as 2.7 million driver's licenses" over a two-year period. Similarly, District residents currently holding city-issued drivers' licenses that are expiring will be "renewed with either a REAL ID driver's license or a Limited Purpose driver's license."

"Passed in the aftermath of 9/11, the REAL ID Act of 2005 established new standards for state-issued driver's licenses and identification cards required to board domestic flights or enter certain federal facilities," said John B. Townsend II, AAA Mid-Atlantic's Manager of Public and Government Affairs. "The process of obtaining your permanent REAL ID credential can prove time-consuming and tedious. It's standing room only with long lines. You must present full documentation proving identity. Only original versions or certified copies of the required documents will be accepted. However, before standing in a long line or making an appointment, check to see if you already have a REAL ID credential. If you have a star in the upper right-hand corner of your driver's license, permit, or identification card, you

have a REAL-ID compliant license."

Late next year Transportation Security Administration (TSA) officers will no longer allow travelers residing in Maryland, Virginia or the District into airport checkpoints, or beyond ticket document checking stations, without a REAL ID license or another form of acceptable ID. Compared to the requirements for a standard driver's license, additional documentation is critical for obtaining a REAL ID compliant card. It can take a lot of time. **Maryland residents must gather and bring the following documents with them to renew:**

- **One proof of age and identity.** Examples: An original or certified copy of your U.S. Birth Certificate or a valid, unexpired U.S. Passport. (If your current legal name is different than what is listed on these documents, you will also need to provide a government-issued marriage certificate, divorce decree, or other court document(s) to explain the name change).
- **One proof of Social Security.** Examples: An original Social Security Card, W-2 form, or an SSA-1099 (Displaying your name and entire Social Security number).
- **Two proofs of Maryland residency.** Examples: Insurance card, vehicle registration, credit card or utility bill, bank statement, mail from a Federal, State, or Local government agency. (Displaying your name, Maryland residential address and are from two (2) separate organizations).

"Sixty percent of Maryland's almost 3 million licensed drivers must submit new documentation to prove age, identity and residence by October 2020," according to Maryland Reporter.Com. Congress passed the REAL ID Act back in 2005 to standardize ID cards across states in response to recommendations from the 9/11 Commission. REAL ID is not required for children under 18. Nevertheless, you can board a flight, if you have a U.S. Passport or another form of approved identification you can use that instead, explains the Virginia Department of Motor Vehicles (DMV). How do you prove who you are? It isn't that simple. The District DMV issues driver's licenses at a clip of 34,897 per quarter. The District DMV will mail you a "renewal notice 60 days before your current DC DMV driver's license expires." However, if a District resident doesn't meet the requirements for online renewals, he or she must visit a DC DMV service center and bring documents that verify his or her identity and residence in the District, and Social Security number, as well as his or her current DC driver's license. **Virginia residents also need original documents that prove the following:**

- Identity.
- Legal presence in the United States.
- Social security number, if you have been issued one.
- Virginia residency.

Identify yourself. All applicants for a Virginia REAL ID compliant credential, including current Virginia credential holders, must apply in-person, and pay a one-time \$10 REAL ID surcharge in addition to standard fees. Residents of Virginia, Maryland and the District must also provide proof of any name changes, including marriage certificates or divorce decrees. **Mark well: "If the name on your identity document is different than your legal name, you must show proof of your name change."** All documents are subject to verification. Temporary documents and photocopies will not be accepted. When it comes to proof of identification and legal presence, keep in mind birth documents issued by a hospital; notification or birth registration; and Puerto Rico birth certificates issued before July 1, 2010 are not accepted. For security purposes, your renewed driver's license or identification card will be mailed directly to your home address.

It's proof positive. However, if you do not have your birth certificate in your possession, you will need to contact your state

REAL ID

For More Information

- <http://www.mva.maryland.gov/realid/index.htm>
- <https://www.dhs.gov/real-id>

ABOVE IMAGE COURTESY WWW.DHS.GOV/REAL-ID

or county Department of Health office in the state of your birth and request an original or certified copy. Some states may take up to five months to process duplicate birth certificates. Contrary to urban legend or popular opinion, the REAL ID Act "does not require individuals to present identification where it is not currently required to access a Federal facility (such as to enter the public areas of the Smithsonian) nor does it prohibit an agency from accepting other forms of identity documents other than documents from non-compliant states (such as a U.S. passport or passport card)."

Here is the Cliff's Notes version. Maryland residents are encouraged to make an appointment on the MDOT MVA website, and after collecting documentation visit a local branch to become REAL ID compliant. See www.mva.maryland.gov/realid. Starting October 1, 2020, residents of Maryland, Virginia and the District will need to present a REAL ID compliant license/ID, or another acceptable form of ID, for accessing Federal facilities, entering nuclear power plants, and boarding commercial aircraft. This is what is called "card-based" enforcement at ticket document checking station. The card, itself, must be REAL ID compliant unless the resident is using an alternative acceptable document, such as a passport, explains the Department of Homeland Security. The TSA also has a one-minute video that provides information about flying with a REAL ID: www.tsa.gov/videos/flying-real-id-0



PHOTO COURTESY OF NAPSI

Older Americans and the people who care for them can get help and advice from experts.

Good Ideas on Aging Well

(NAPSI)—May is Older Americans Month! Staying connected to the community is a key ingredient to healthy and successful aging. But for many older adults, staying connected can be difficult. Fortunately, older adults and their caregivers can contact the Eldercare Locator to learn about local programs and resources that can help them stay engaged and active in their communities.

Programs funded through the Older Americans Act provide older adults with many ways to stay active and involved in the community. For example, exercise classes, educational programs, volunteer opportunities and other health and wellness activities are available to older adults in communities around the country.

Need more help than that? The Eldercare Locator can also connect you to local resources designed to help older adults maintain their independence at home, such as transportation, in-home assistance with daily needs, home modifications and assistance with healthy meals.

The Eldercare Locator is a free service of the U.S. Administration for Community Living that is administered through the National Association of Area Agencies on Aging.

Contact the Eldercare Locator at (800) 677-1116, 9 a.m. to 8 p.m. ET, Monday through Friday and online at eldercare.acl.gov.

OUT on the TOWN

NASA's Goddard Space Flight Center Celebrates 60 Years

By DEANNA TRASK
NASA's Goddard Space Flight Center

GREENBELT, Md. (April 29, 2019)—On May 1, 1959, the Beltsville Space Center in Greenbelt, Maryland, was renamed NASA's Goddard Space Flight Center in honor of Robert H. Goddard, widely considered the father of modern rocketry. Thus began a 60-year boom in science and technological innovation.

The center has led or contributed to many of the agency's accomplishments, ranging from missions to the Moon to detecting the first light in the universe and arriving at an asteroid in space to collect a sample. Goddard now boasts the largest concentration of scientists and engineers dedicated to the study of Earth and space and has successfully sent more than 300 satellites into orbit, secured more than 800 patents, produced more than 50,000 science and technical publications, and contributed to several significant awards, including the Nobel Prize in physics.

Many of its innovations have resulted in commercial applications, such as spacecraft sensors and control centers being re-purposed for traffic management and methods for grinding large observatory mirrors being used to improve machines for Lasik surgery. Thanks to its past successes, Goddard is poised to contribute to NASA's future goals, including sending a crewed spaceflight to land on the Moon by 2024 and eventually to Mars.

Over six decades, Goddard expanded from 1,200 acres in Greenbelt to include five additional sites in New York; White Sands, New Mexico; Wallops Island, Virginia; Palestine, Texas; and Fairmont, West Virginia. Goddard stimulates and strengthens economic activity from local to national scales, investing in technology, manufacturing, and contracting. Goddard's partnerships and technology transfer spur innovation and business growth. Its workforce has grown from 650 employees in 1959 to approximately 13,000 in 2019. Consisting mostly of scientists and engineers, its workforce also comprises a large cadre of professionals in such fields as procurement, outreach and finance—all of whom contribute to the center's success. It boasts a diverse workforce as a key element in problem-solving and innovation. In 2018, NASA ranked first among the 17 large agencies and Goddard ranked second among NASA centers, in the best places to work in the federal government, according to the Partnership for Public Service—a nonprofit, nonpartisan organization working to make government more effective.

OPEN TO THE PUBLIC



NASA Goddard Visitor Center

PHOTO COURTESY NASA

NASA captures your attention like no other organization. It offers unparalleled experiences, a key to knowledge and a window to the future. Activities, exhibits and events at the **Goddard Visitor Center** in Greenbelt, Maryland, provide inspiring and captivating educational experiences for all ages. The visitor center demonstrates Goddard's innovative and exciting work in Earth science, astrophysics, heliophysics, planetary science, engineering, communications and technology development. The visitor center gives you the opportunity to explore the universe in your own backyard. Hours: September through June, Tuesday–Friday: 10 a.m.–3 p.m.; Saturday, Sunday: noon–4 p.m. July through August, Tuesday–Friday: 10 a.m.–5 p.m., Saturday, Sunday: noon–4 p.m. Visits are free of charge. Model Rocket Launches are the first Sunday of each month at 1 p.m.

NASA's Goddard Visitor Center: off ICESat Road, Greenbelt, MD 20771. Once on ICESat Road, turn left into the Visitor Center prior to the security checkpoint. • 301-286-8981
• www.nasa.gov/centers/goddard/visitor/home/index.html

Computer engineer Harvey Walden has worked at Goddard for 56 years and has seen advancements unimaginable 60 years ago. "I've witnessed many changes at Goddard over the last 56 years of Goddard's 60-year history," he said. "Nothing describes them better than Dr. Robert H. Goddard's own oft-quoted maxim: 'It is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow.' NASA's Goddard Space Flight Center proves the truth of that statement better than almost any place on Earth."

Goddard's work in studying the Sun, Earth, solar system and far reaches of the cosmos—as well as in developing such technologies as space communications and robotics—while maintaining a vibrant workforce makes its anniversary tag line "Bringing the Universe Into View" a reality.

To learn more about Goddard, go to: <https://www.nasa.gov/goddard>

Calendar Spotlight on Music

FAME Jazz Band Annual Concert

Date and Time: Saturday, May 11, 2019, 1 p.m.
Description: Come join the FAME Jazz Band for an afternoon of lively music and good company at the University of Maryland College Park, School of Music. The event is hosted by 4X Emmy Award winner, Jan Fox. This year's special guest is The Stedwick Elementary School Ukulele Players.
Cost: Free. Register: www.FAMEmusic.org
Ages: All ages are welcome
Location: University of Maryland, College Park, School of Music, Room 1230
Contact: info@famejazzband.org, 301-805-5358

TJ Hooker-Taylor: A Tribute to Johnnie Taylor

Date and Time: Saturday, May 11, 2019, 8 p.m.
Description: TJ Hooker-Taylor is the son of blues and soul legend Johnnie Taylor. Hooker-Taylor grew up surrounded by gospel, soul, and blues music. He was blessed with his father's love for music and more importantly, his father's soulful voice. An accomplished artist in his own right, he performed as an opening act for Johnnie Taylor for 10 years. Since his father's passing in May 2000, Hooker-Taylor has spent his years touring the country and keeping Johnnie Taylor's music alive. His playlist includes all of Johnnie Taylor's greatest hits, such as "Who's Making Love," "Cheaper to Keep Her," "Disco Lady," and "Jody Got Your Girl and Gone." Hooker-Taylor's performance has captured the essence of the great Johnnie Taylor. If you're a Johnnie Taylor fan, or you just love good old blues and soul music, you do not want to miss this show!
Cost: \$40/person (General Admission); \$35/person (Seniors & Students). Buy through PARKS DIRECT!
Ages: All ages are welcome
Location: Harmony Hall Arts Center, 10701 Livingston Road, Fort Washington, MD 20744
Contact: 301-203-6070; TTY 301-699-2544

Lunchtime Lawn Concert: Rise Band Show

Date and Time: Wednesday, May 15, 2019, 12–1:30 p.m.
No reservation required.
Description: Stop by Darnall's Chance on your lunch break and listen to the sounds of Motown with the Rise Band Show! Bring your own brown bag lunch or picnic basket. Some picnic tables will be on-site, but you are encouraged to bring your blanket or chair. Make your lunch just a little more memorable! This program is sponsored, in part, from a grant from the Maryland Humanities Council.
Cost: Free
Ages: All ages are welcome
Location: Darnall's Chance House Museum, 14800 Governor Oden Bowie Drive, Upper Marlboro, MD 20772
Contact: 301-952-8010; TTY 301-699-2544

BSO Pulse: Rhiannon Giddens

Date and Time: Thursday, May 16, 2019, 8:30 p.m.
Description: Baltimore Symphony Orchestra Pulse is back for the fourth season—bringing together the worlds of classical music and indie artists onto one stage! Each concert crosses genres, opening with a classical performance by members of the BSO, a set from our featured artist and culminating with a unique collaboration between the two groups. Singer and multi-instrumentalist Rhiannon Giddens has taken the folk world by storm, winning a Grammy for Best Traditional Folk album with The Carolina Chocolate Drops and receiving critical acclaim for her solo career. Hear the 2017 MacArthur "Genius Grant" winner who is revitalizing decades of American roots music with invigorating style. Enjoy a pre-concert party with music from Caleb Stine, happy hour drink specials and food from our favorite Baltimore spots.
Cost: \$25–\$65; www.bsomusic.org/calendar/select-your-own-seat/?perflid=15897
Ages: Adults
Location: Joseph Meyerhoff Symphony Hall, 1212 Cathedral St, Baltimore, MD 21201
Contact: 877-276-1444

ERIC D. SNIDER'S IN THE DARK

.... Movie Review

Avengers: Endgame

Avengers: Endgame
Grade: B
Rated PG-13, scattered mild profanity, fantasy violence
3 hrs., 1 min

(Note: I'm going out of my way not to "spoil" anything here, including things that happen within the first 20–30 minutes that would normally be fair game in a review. You're welcome, nerds.)

When we last saw the Avengers, they were part of the lucky half of the universe that had not been wiped out of existence when Thanos (Josh Brolin) snapped his fingers. (And what a fortunate coincidence that the random culling didn't include any of the six core Avengers, not even the archery guy nobody cares about.) We assumed all or most of the damage done in "Infinity War" would be undone in "Endgame"—the only question was how, exactly—and I'm pleased to report that the "how" is something that hadn't occurred to me (not that I spent a

lot of time speculating). After all, Thanos himself isn't the problem. Getting rid of him doesn't solve anything. It's the Infinity Stones that matter.

Things are somber in the aftermath. Half the population is gone, and the world is in turmoil. Tony Stark (Robert Downey Jr.) bitterly reminds everyone that his idea of protecting the Earth with a big shield would have prevented this. Clint Barton (Jeremy Renner), aka Hawkeye, has gone on a personal mission of vengeance that the movie doesn't bother to show us (poor Clint). Natasha (Scarlett Johansson), aka Black Widow, is trying to maintain order, coordinating with Carol Danvers (Brie Larson)—who's helping out on other planets, too—and with Okoye (Danai Gurira), Wakanda's remaining leader. Capt. Steve Rogers (Chris Evans) leads a support group for mourners. Thor (Chris Hemsworth) lets himself go in comical ways, while Bruce Banner (Mark Ruffalo) finds a peace-

ful balance between himself and Hulk.

Scott Lang (Paul Rudd), who was very, very tiny in the "quantum realm" when the Thanos snap happened, pops out of it and has an idea. Time works differently down there, so maybe you could slap some science together and, like, change time. Travel through it, even. The others heroes scoff at the idea of a "time machine" as the stuff of science-fiction (a glowing green rock that can manipulate time when a wizard uses it, THAT makes sense), but it's their only hope. Besides, it's not that far-fetched. "I get emails from a raccoon," Natasha says. "Nothing is crazy anymore."

There's a lot of movie in this movie, which runs nearly three hours without credits and has appearances by more than 50 people from previous Marvel Cinematic Universe films. Kudos to directors Anthony and Joe Russo just for keeping things organized, let alone coherent, which they also manage. Nearly everyone with dialogue gets a good character beat or two, and the core players have the types of interactions we've come to expect and enjoy (Tony Stark calling Rocket a "Build-a-Bear" and referring to bearded, disheveled Thor as "Lebowski"); several comments about Captain America's butt). There are complications in the story (written by

MCU regulars Christopher Markus and Stephen McFeely) that feel arbitrary—time travel is fictional, guys! You can make up any "rules" you want—but the way the film incorporates scenes and images from past MCU adventures is ingeniously satisfying. Somehow they found an excuse to go everywhere and see everyone, all while reminding the central characters that time really only goes forward and that they must accept themselves as they are.

Does it feel too long? Yes. Is that a surprise? No, especially considering how many story threads need to be wrapped up (think of the last "Lord of the Rings"). But there's not much wheel-spinning in the epic-sized story, and the Russos use its massiveness to impress the scope of it all upon us: Billions of people died on Earth alone, trillions across the universe. Against all odds, these last two Avengers movies really do show the weight and finality of death (final under certain circumstances, anyway, and weighty if it's people we know) while spotlighting what we love most about these crossover events: the thrill of seeing multiple heroes work together to defeat an enemy. This isn't the end, of course, merely the season finale after the customary 22 episodes, but it's an appropriate place to stop and reflect on the fun we've had, or what we remember of it.



ROTTENTOMATOES.COM

The grave course of events set in motion by Thanos that wiped out half the universe and fractured the Avengers ranks compels the remaining Avengers to take one final stand in Marvel Studios' grand conclusion to twenty-two films, "Avengers: Endgame."

Calendar of Events

May 9–May 15, 2019

The 2019 Joint Base Andrews Air Show

Date and Time: May 10–12, 2019, 8 a.m.–5 p.m.
Description: Featuring the Air Force Thunderbirds and the Navy Blue Angels. A variety of presentations from military services and other organizations including the KC-135, the F-16 Fighting Falcon, and the UH-1N Iroquois. Free public parking available at FedEx Field with shuttles taking attendees to the base from 8 a.m. to 1 p.m. and from the base to FedEx Field until 5 p.m. **No public parking will be available on Joint Base Andrews.**
Cost: Free and open to the general public
Ages: All ages are welcome
Location: Joint Base Andrews AFB, MD
Contact: 240-612-4428

Planting Herbs

Date and Time: Saturday, May 11, 2019, 9 a.m.–1 p.m.
Description: How are herbs important to our health and eating habits? Join us and find out! Please bring an apron to wear or clothes you don't mind getting dirty. This event includes planting herbs. Light refreshments will be served.
Cost: Free
Ages: All ages are welcome
Location: Marietta House Museum, 5626 Bell Station Road, Glenn Dale, MD 20769
Contact: 301-464-5291; TTY 301-699-2544

Family Discovery Hike

Date and Time: Saturday, May 11, 2019, 10–11 a.m.
Description: Bring the entire family and join a naturalist to enjoy a seasonal hike looking for wildlife and plant life. Wear comfortable shoes and dress, accordingly, for the weather.
Cost: Resident: \$3; Non-resident: \$4. Use Parks Direct!
Ages: 4 and older
Location: Watkins Nature Center, 301 Watkins Park Drive, Upper Marlboro, MD 20774
Contact: 301-218-6702; TTY 301-699-2544

Remembering Desegregation in our Black Communities

Date and Time: Saturday, May 11, 2019, 11 a.m.
Description: Historian Avis Matthews will discuss her research and facilitate a discussion with those who were there on how African American students, families, and communities responded to the desegregation of Prince George's County's public schools in the first two decades after the Brown v. Board of Education Supreme Court Decision.
Cost: Free
Ages: Adults
Location: Oxon Hill Branch Library, 6200 Oxon Hill Rd., Oxon Hill, MD 20745
Contact: 301-839-2400

Art Work for Wellness

Sponsored by The Space

Date and Time: Saturday, May 11, 2019, 12–2 p.m.
Description: May is Mental Health Awareness Month—Celebrate with Us! Create your own (while supplies last): Self Care Kit, Inspirational Poster, Decorative Mask, T-Shirt Design, Expression Painting. An art experience you don't want to miss!!
Location: Beltway Plaza Mall, Center Court Area, 6000 Greenbelt Rd, Greenbelt, MD 20770
Contact: 301-429-0970, nami.pgcmd1@gmail.com

Are We There Yet? Forging a New Education Movement

Date and Time: Saturday, May 11, 2019, 1:30 p.m.
Description: Dr. Alvin Thornton, a local and national education policy leader, will facilitate a discussion on where *Brown v. Board of Education* has brought public education in Prince George's County in 2019, and the significance of the court decision in shaping the county's response to the educational needs of today's immigrant students.
Cost: Free
Ages: Adults
Location: Oxon Hill Branch Library, 6200 Oxon Hill Rd., Oxon Hill, MD 20745
Contact: 301-839-2400

The Golden Road to Samarkand Dance Concert

Date and Time: Saturday, May 11, 2019, 2 & 8 p.m. For 2 p.m. show only: Limited number of Buffet Tickets: \$45/person and include admission to performance. The buffet begins at 12 noon.
Description: The Golden Road to Samarkand is a timeless journey in dance to the heart of Central Asia and a fabled city at the crossroads of many cultures. Follow a caravan traveling through desert sands, encountering the Turkmen, Kazakh, and Kyrgyz people of the steppes. With award-winning choreographies and sumptuous costuming, the Silk Road Dance Company and special guest artists bring the ancient traditions of Central Asia to the stage.
Cost: Adults \$28, Students, Seniors & Veterans \$17
Ages: All ages are welcome
Location: Joe's Movement Emporium, 3309 Bunker Hill, Mt. Rainier, MD 20712
Contact: 301-699-1819

Campfire Program: "Tobacco, Cash Crop of America's Past"

Date and Time: Saturday, May 11, 2019, 8:00 p.m.
Description: Did you know that once Maryland was the largest grower of tobacco, its cured leaves for smoking, snuff, and chewing. This "herb" or "weed" as it was known, was sprouted and cultivated through the winter for spring planting and summer harvest, when the leaves were tall and green. Greenbelt was once lush with the green leaves of growing tobacco. Meet at Campfire Circle in B-Loop in the campground.
Cost: Free
Ages: 8 and above
Location: Greenbelt Park, 6565 Greenbelt Road, Greenbelt, MD 20770
Contact: 301-344-3944, <http://www.nps.gov/grec>

Mother's Day at the Mansion

Date and Time: Sunday, May 12, 2019, 12:15 p.m.–3:15 p.m.
Description: Bring your mother, grandmother, or another special lady for a FREE tour! Make it an afternoon and stay for a free Chamber concert. Just remember, you must begin your tour by 1:15 p.m. to attend the concert!
Cost: One FREE ticket per paid admission. Adult: \$5; Senior: \$4; Student: \$2; FREE for ages 4 and younger
Location: Riversdale House Museum 4811 Riverdale Road, Riverdale Park, MD 20737
Contact: 301-864-0420; TTY 301-699-2544

PLAN AHEAD

Fairy Tale Fun

Date and Time: Tuesday, May 14, 2019, 10–11 a.m.
Description: Stories, craft and refreshments.
Cost: Free
Ages: 2–5 with adult
Location: Bowie Railroad Museum, 8614 Chestnut Ave, Bowie, MD 20715
Contact: 301-809-3089 or museumevents@cityofbowie.org

16th Annual Crime Victims Fund Run/Walk

Date and Time: Saturday, May 18, 2019. Registration check in and packet pick up at 7:00 am, Warm up at 7:30a.m., Runners begin at 8 a.m., Walkers begin at 8:30 a.m.
Description: Prince George's County State's Attorney Aisha N. Braveboy will host. The Crime Victims Fund Run is an important

cause designed to establish and maintain an emergency funding source to compensate victims of crimes of violence. The funds may be used for assistance with insurance deductibles, crime related counseling services, and victim relocation assistance. The Fund can also be used for home repairs such as broken windows, doors, locks, and more. You can participate in the Fund Run as an individual runner/walker or an organized team by registering at the following link: <https://tinyurl.com/fundrun2019>.

Cost: \$20–30
Ages: All ages are welcome
Location: Watkins Regional Park, 301 Watkins Park Dr., Upper Marlboro, MD 20774
Contact: Thelmetria Michaelides, 240-508-2018, email, tamichaelides@co.pg.md.us.

Earth TALK™

Stock the Pantry, Fill the Lunch Box: Greener Snacks Aboard

Dear EarthTalk:

I'm looking for ideas for healthy, green snacks to have around the house and for packing with the kids' lunches. Any ideas?

—Mickey P., Salt Lake City, UT

There are so many healthy, green food options out there today that the work is no longer in finding them but is instead in choosing between them. One favorite for kids' lunch boxes is gimMe Snacks roasted seaweed. Some 15 to 100 times more volume of seaweed can grow on the same footprint as lettuce. And while seaweed requires no water to produce, lettuce needs 15 gallons per pound. The entire gimMe product line is made with organic, non-GMO seaweed sustainably grown in South Korea.

Forager Project takes the skin, seeds and pulp that other food companies toss and rehydrates it into veggie chips that are like eco-friendly Doritos. Cheezy and Wasabi are among the company's signature flavors.

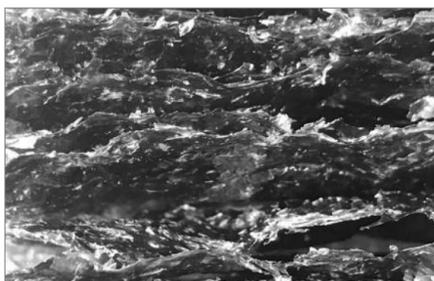


IMAGE CREDIT: RODDY SCHEER

Seaweed—easy to grow without chemical inputs—is one of many healthy green options that kids love to snack on that parents can get behind as well.

You won't feel like a bad parent when your kids pull Forager Project chips out of their lunch boxes.

If you're beyond milk, Modest Mylk could be just what you're looking for. Purchasing just one (recyclable glass) jar gives you 42 servings of nut mylk and saves 11 milk cartons from going to the landfill. When blended for just 60 seconds with water, the shelf-stable base creates fresh homemade nut mylk—free from carrageenan, gums, emulsifiers, preservatives, and artificial ingredients.

Another favorite non-dairy treat is Nuttzo, which makes nut butters without using antibiotics, growth hormones, pesticides or fertilizers—and with ingredients farmed under national standards of renewable resources and soil and water conservation. It's Organic Power Fuel Chocolate spread has cashews, brazil nuts, almonds, flax seeds, chia seeds, hazelnuts, pumpkin seeds, chocolate and sea salt—and no palm oil.

Stonyfield Organic, which started as an organic farming school before adding on yogurt production some 35 years ago, still supports the planet through renewable energy and packaging its products in plant-made material instead of plastic. Snack lovers young and old still love their organic string cheese, fruity cows, graham crackers and cookies, not to mention the New Hampshire company's signature yogurt.

Since its beginnings at an Austin, Texas farmers market in

2009, GoodPop's frozen pops have always been made with non-GMO, Fair Trade Certified, rBST-free, organic and locally sourced ingredients. We like Cookies N' Cream and Banana Cinnamon, but you might be more the Chocolate Milk or Watermelon Agave type. GoodPops are made with whole foods and never concentrates, extracts or artificial flavors.

Alter Eco's tagline "Enlightened Indulgence" perfectly describes this green-minded chocolate company's ethos. Whether you like truffles, caramels, smothered almonds or just good old-fashioned chocolates, Alter Eco lets you enjoy without the environmental guilt, as their Swiss-made chocolate is crafted from organic cacao by farmers who are replanting South American rainforests.

There are plenty of other ideas out there. Just browse the aisles of Whole Foods and you'll find lots of other choices. And don't forget about good old-fashioned fruit and veggies. Crunchy carrots, juicy apples and tart blueberries never go out of style on the kitchen counter or in the lunch box.

CONTACTS: gimMe, gimmesnacks.com; Forager Project, foragerproject.com; Modest Mylk, modestmylk.com; Nuttzo, nuttzo.com; Stonyfield, stonyfield.com; GoodPop, goodpops.com; Alter Eco, altercofoods.com.

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. To read more, check out <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

Celebrate American Humane's "Be Kind to Animals Week®" (May 5–11)

Take simple actions to make a better world for animals

By MARK STUBIS
American Humane

WASHINGTON, D.C. (May 1, 2019)—Building a better world for all of us begins with a few simple actions and American Humane, the country's first national humane organization, is challenging people to commit to protecting and improving the lives of millions of animals during this year's "Be Kind to Animals Week®" (May 5–11), the oldest commemorative week in U.S. history, and the nation's longest-running humane education campaign.

American Humane is asking animal advocates to pledge to do four simple things to better the lives of animals: buy humanely raised foods with the American Humane Certified™ seal to support farm animals; adopt one of the more than 6 million animals abandoned to animal shelters each year; watch movies and shows that contain the

"No Animals Were Harmed®" end credit supporting the 100,000 animal actors who entertain and educate us in film and television each year; and visit Humane Certified™ zoos, aquariums, and conservation centers caring for the many endangered and disappearing species of the world. American Humane will be sharing humane messages throughout the week and encouraging people to commit to kindness by sharing "Be Kind to Animals Week" content using the hashtag #BeKindToAnimalsWeek across social media platforms.

"The need for compassion has never been greater," said Robin Ganzert, Ph.D., president and CEO of American Humane. "I hope every American will join us in celebrating 'Be Kind to Animals Week' and making a difference for all the creatures of the Earth—not just during these several days, but all year round." These include:

- Always treating your pets with love and

affection, make sure they are always in safe environments and have plenty of fresh water and exercise daily.

- Spay or neuter your pets and encourage others to do the same.
- Keep your pets current on vaccinations and make sure they are wearing up-to-date identification tags and are microchipped.
- Report any suspected animal abuse or neglect to local authorities.
- Teach your children that all animals are important and show them how to be kind and respectful to animals both in the home and to those they encounter in parks, zoos or in their neighborhood.
- Appreciate wildlife. Plant flowers in your yard that will attract butterflies or hummingbirds. Drive safely through areas populated by wild animals such as deer.

For more ideas and to show us how you are being kind to animals, follow American Humane on Facebook, Twitter, and Instagram.

American Humane is the country's first national humane organization, founded in 1877. Visit www.americanhumane.org.




Angela D. Alsobrooks
County Executive



TUESDAY TIP

HEARTWORM & YOUR PET

Warm weather is coming and so are the mosquitoes. Heartworm disease is transmitted by mosquitoes and can affect both cats and dogs. Protect your pets from the disease with these tips.

secnd
NATURE

Prince George's County Second Nature is an initiative of the Department of the Environment, Redevelopment Authority, and Office of Central Services to promote cost savings and sustainability in our everyday behavior.

- Symptoms of heartworm disease include mild persistent cough, fatigue, decreased appetite, and weight loss. If your pet has these symptoms, schedule a vet appointment immediately as it can be deadly, if left untreated.
- Most heartworm preventions are inexpensive and easy to administer but require a prescription.
- Schedule an annual check up to talk about the right heartworm preventative for your beloved furry companion and to get them tested.
- Check out more helpful info at bit.ly/heartwormsociety

COUNTY CHURCH DIRECTORY

UNITED METHODIST	BAPTIST	BAPTIST	UNITED METHODIST
<p style="text-align: center;">WESTPHALIA</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">United Methodist Church</p> <p style="font-size: small;">"A CHURCH ON THE REACH FOR GOD"</p> <p>9363 D'Arcy Road Upper Marlboro, MD</p> <p>Two Worship Services: 8 and 10:30 a.m. Sunday School: 9:30</p> <p>(301)735-9373 Fax: (301) 735-1844</p> <p>Rev. Dr. Timothy West, Pastor</p> <p style="text-align: center;">ALL ARE WELCOME</p> <p style="text-align: center;">Web Site: www.westphaliaum.org</p>	<p style="text-align: center;">FIRST BAPTIST CHURCH OF HIGHLAND PARK</p> <p style="text-align: center;">*A Bible Based, Christ Centered & Spirit Led Congregation*</p> <p>6801 Sheriff Road Landover, MD 20785 (301) 773-6655</p> <p>Sunday Biblical Institute: 9:30 a.m. Sunday Worship: 7:30 a.m., 11:00 a.m. Saturday Worship: 6:30 p.m.</p> <p style="text-align: center;">*WONDERFUL WEDNESDAYS WITH JESUS*:</p> <p>12 noon (The Power Hour) and 6:45 pm</p> <p style="text-align: center;">*A Time of Prayer, Praise, Worship, & The Word*</p> <p>Dr. Henry P. Davis III, Pastor www.fhbp.org</p>	<p style="text-align: center;">First Baptist Church of College Park</p> <p style="text-align: center;">Welcomes You Where Jesus Christ Is Lord and King Stephen L. Wright, Sr., Pastor</p> <p style="text-align: center;">5018 Lakeland Road College Park, MD 20740 301-474-3995 www.fbc-cp.org</p> <p style="text-align: center;">Sunday School 9:30a.m. Sunday Worship 11a.m. Holy Communion 1st Sunday Wednesday Bible Study 7-8p.m. Wednesday Prayer Service 8p.m.</p>	<p style="text-align: center;">Union</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">United Methodist Church</p> <p>14418 Old Marlboro Pike, Upper Marlboro, MD</p> <p style="text-align: center;">Church (301) 627-5088</p> <p style="font-size: small;">Sunday School: (Children/Adults) - 8:30 a.m. Sunday Worship: 10:00 a.m.</p> <p style="text-align: center;">Rev. Kendrick D. Weaver, Pastor</p>
<p style="text-align: center;">S. G. Spottswood</p> <p style="text-align: center;">A.M.E. Zion Church</p> <p>419 Hill Road, Landover, MD 20785 • 301-490-2625 Rev. Jonathon Counts, Pastor</p> <p>"We are training disciples to experience victory in every area of their lives"</p> <p>Matthew 28:19-20 Sunday School 9:00 a.m. Morning Worship 10:00 a.m. Sound of Victory Prayer Call Wednesdays 9:00pm (712) 770-4160, Access Code 929037 Soulful Thursdays Bible Study 7:00pm</p>	<p style="background-color: black; color: white; text-align: center; padding: 2px;">BAPTIST</p> <p style="text-align: center;">Forest Heights Baptist Church</p> <p>We exist to strengthen your relationship with God. 6371 Oxon Hill Road Oxon Hill, Maryland 20745 Sunday School (Adults & Children) - 9:30 A.M. Worship Service - 11:00 A.M. Wed. Prayer Service & Bible Study - 7:00 P.M. Office (301) 839-1166 Fax (301) 839-1721 E-mail: FHBC@verizon.net Pastor: Rev. Waymond B. Duke</p>	<p style="background-color: black; color: white; text-align: center; padding: 2px;">COMMUNITY CHURCH</p> <p style="text-align: center;">WORD OF GOD COMMUNITY CHURCH</p> <p style="font-size: x-small; text-align: center;">*The Church Where Everybody is Somebody and Jesus is Lord*</p> <p>4109 Edmonston Road Bladensburg, MD (301) 864-3437</p> <p style="font-size: x-small;">Intercessory Prayer: Sundays - 8:30 a.m. Church School: - 9:15 a.m. Morning Worship Celebration- 10:30 a.m. Wed. Night Bible Study - 7:45 p.m. Elder Willie W. Duvall, Pastor</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Have a Safe Weekend</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Church Directory Advertisements are paid ads.</p> <p>Call the Prince George's Post today and have your Church information published in our Directory.</p> <p style="text-align: center;">☎</p> <p>Call Today! 301-627-0900</p> </div>

New Speaker from A1

ican Caucuses met for hours across the hall from each other in the Lowe Office House Building; the House Minority Caucus scheduled a press conference for 10:45 a.m., but time passed and there was no announcement.

Through various times during the late morning and into the early afternoon, members of both caucuses left and re-entered their meeting rooms. At one point, the Black Caucus left to have its own short meeting.

The full Democratic Caucus finally exited its meeting room around 2:30 p.m., where at a makeshift podium they announced unanimous support for Jones.

The unanimous vote was made official at a special House session roughly 30 minutes after the announcement. Both McIntosh and Davis spoke on the floor in support of Jones as new House Speaker, and Jones was visibly emotional as her colleagues spoke glowingly of her.

At a press conference following the vote, Jones thanked McIntosh and Davis, who she said placed the Democratic Caucus above themselves in working together and eventually backing her.

"It's because of these two individuals that are flanking me on the left and the right," Jones said while gesturing to McIntosh and Davis, "that I am in this position where I am today."

Said McIntosh: "I think everybody agreed at the end that it was so important to find a candidate who could get to 71 ... I think we all are better and stronger for it. We're united. I think we're even stronger."

Republican Gov. Larry Hogan and Speaker President Thomas V. Mike Miller Jr., D-Prince George's, Charles and Calvert, joined in congratulating Jones.

Hogan called Wednesday's vote a "proud and historic moment" for Maryland, and Miller called Jones a "natural successor" to Busch.

Delegate C.T. Wilson, D-Charles, praised Davis, who he said had the votes secured, but was open to Jones as the next House Speaker to prevent a fracture within the party.

"Dereck Davis had it. He had that gold ring in his hand and he stepped back to save the Democratic Caucus," Wilson said. "The Black Caucus endorsed him and I'm happy for Adrienne, but Dereck Davis had it. He was a gentleman."

Wilson said a primary issue some Democratic lawmakers had with Davis was that he wasn't as progressive as they would have liked.

"I keep telling them, African Americans aren't as liberal as they think we are," Wilson said. "We're thinkers, we're church-goers, we're God-fearing people."

Either way the votes tipped, history would have been made. McIntosh would have been the first openly gay House Speaker and the first woman, and Davis would have been the first African American House Speaker.

Jones has served as a delegate since 1997, notably sitting on the Appropriations Committee, which McIntosh chairs, for 16 years.

She oversees the agenda of a state that still has many unresolved issues from the past legislative session, notably issues over educating spending and redistricting.

"Adrienne has been spectacular," Davis said. "She guided us through the roughest period I know during my 25 years down here. She did it with dignity and grace and she's the best person for the job."

Editor's Note: See page A4 for congratulatory statements from Congressman Steny H. Hoyer, Governor Larry Hogan, and U.S. Senator Ben Cardin.

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Bowie High School Educator Named Prince George's County Teacher of the Year

By OFFICE OF COMMUNICATIONS
Prince George's County Public Schools

UPPER MARLBORO, Md. (May 6, 2019)—Bowie High School choral director Angelica Brooks is the 2019 Prince George's County Teacher of the Year. Selected from a pool of 23 other outstanding nominees, the announcement was made Saturday at the school system's annual Teacher of the Year Gala.

Brooks has taught music in Prince George's County Public Schools (PGCPS) for 11 years, serving Bowie High School students for the past two years. She started her career as a general music teacher at Morningside Elementary School and has also taught students at Benjamin D. Foulois Creative and Performing Arts Academy.

"Our new Prince George's County Teacher of the Year epitomizes excellence in teaching and instills a passion for music in her students," said Dr. Monica E. Goldson, Interim Chief Executive Officer. "The arts provide opportunities for students to tap into their creativity and play a key role in building skills that translate into future success in college and careers."

As Teacher of the Year, Brooks will compete statewide for Maryland Teacher of the Year, coordinated by the Maryland State Department of Education (MSDE). She will receive a pre-paid three-year lease on a new 2019 vehicle from Pohanka Honda, the gala's major sponsor. Co-sponsor NAI Michael will also contribute to the car lease costs.

Brooks was nominated by her peers for her engaging instruction, passion for teaching and dedication to developing young vocalists. She also performs several leadership roles, including honors chorus director, vocal/general music curriculum writer and professional development presenter for the school system.

"Mrs. Brooks takes pride in creating learning experiences that have a dynamic impact on her students," said Bowie principal Robynne Prince. "Her choral program is among the top in the district as well as the state and she has built a reputation for being one of the best in her field."

Brooks has earned her Advanced Professional Certificate and is a candidate for National Board Certification. She was previously nominated for Teacher of the Year in 2012. In addition, she is a 2013 Grammy Music Educator of the Year quarterfinalist. Brooks received a 2014 Board of Education Award for Superior State Chorus Ratings and Maryland Music Educators Association (MMEA) Superior Ratings in Choral Excellence from 2013 to 2018.

Geraldine Joan Rosos, ESOL teacher from Cooper Lane Elementary School, was named first runner-up for Teacher of the Year. Kelly Burgess, AVID teacher at Dwight D. Eisenhower Middle School, and Katrina Davis, Judith P. Hoyer Montessori School general education teacher, were finalists.

In addition to Pohanka Honda and NAI Michael, this year's sponsors were Clear Channel Outdoor, Educational Systems Federal Credit Union, Kaiser Permanente, CareFirst, Eastern Food Services, McGraw-Hill, Sodexo Magic, University of Maryland University College, BW Communications, Inc., County Council Chair Todd M. Turner, Excellence in Education Foundation, Six Flags, Gold's Gym (Ritchie Station), Medieval Times Dinner & Tournament, MGM National Harbor and Starbucks.

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