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CAPITAL NEWS SERVICE PHOTO BY GABY GALVIN

Day laborers await an opportunity to work at Langley Park Plaza.

When Supply Exceeds Demand, Wages For Langley Park Day Laborers Suffer

By GABY GALVIN
Capital News Service

LANGLEY PARK, MD—Each weekday morning, contractors in need of day laborers to paint, mulch or hammer pull their trucks into a small strip mall here and begin negotiating with job seekers. It takes just a few minutes for the price

of human labor to decline—often below the state's minimum wage—as men desperate for work underbid each other.

On a recent weekday, eight trucks pulled in over a two-hour period and separately negotiated with about 10 workers at a time. The bidding started at \$12 an hour. But because there were more laborers than

employers, the price frequently fell to as little as \$5 per hour, significantly lower than the state's mandated \$8.75 minimum hourly wage and Prince George's County's minimum wage of \$10.75 an hour. Although several workers cut deals at that low rate, Jose, a construction worker who moved to the U.S. from

Guatemala 21 years ago, held out for higher pay—a decision that cost him a job at the time.

Even though Jose sometimes works for less than the \$16 an hour he thinks he should be earning, he won't bid himself down as low as the

See LABORERS Page A5

Ridgecrest Elementary Educator Named 2017 Christa McAuliffe Outstanding Teacher

By PRESS OFFICER
PGCPS

UPPER MARLBORO, MD—Ridgecrest Elementary School teacher Rachel Elizabeth Wheelin is the recipient of the 2017 Christa McAuliffe Outstanding Teacher Award from Prince George's County Public Schools (PGCPS).

Wheelin, who teaches sixth-grade Reading/Social Studies, was selected for the award by her peers. A nine-year veteran educator, she has served at Ridgecrest for the past five years. She has taken on numerous roles, including lead and mentor teacher, student government advisor, National Geo-

graphic Bee coordinator, robotics instructor and softball coach.

"Ms. Wheelin's dedication to lifelong learning supports our focus," said Dr. Kevin M. Maxwell, Chief Executive Officer. "By continuing to build her skills and keeping abreast of literacy trends and research, she is well-equipped to meet students' needs in the classroom."

In nominating her for the award, school staff highlighted not only Wheelin's effectiveness as an educator, but also her passion, leadership, creativity and dedication to students.

"When she started to teach at Ridgecrest, she saw the needs

See EDUCATOR Page A8

Free Laurel Historical Society Rube Goldberg Camp—June 27–29

By PRESS OFFICER
Laurel Historical Society

LAUREL, MD—Looking for a free STEM-oriented Summer Camp that will be fun, challenging, and educational? Look no further than the Laurel Historical Society's 2nd Annual Rube Goldberg Camp June 27–29, 2017. The camp challenges kids to use recyclable materials to creatively solve a "simple" prob-

lem, such as turning off a light switch, through a series of steps in true Rube Goldberg fashion. Kids will compete at the end of the camp and the winners will be given prizes.

Lindsey Baker, LHS Executive Director, explained why the Rube Goldberg is a fun addition to the LHS' activities:

See GOLDBERG Page A7

Pickering and Jones Earn All-Conference Honors and Cook Voted Coach of the Year

By PRESS OFFICER
Bowie State University

CHARLOTTE, NC—The Central Intercollegiate Athletic Association (CIAA), along with its Softball Coaches Association and conference Sports Informa-

All-Conference Second Team and the Bulldogs fifth-year head coach Ashley Cook was named CIAA Coach of the Year.

Juniors Jacqueline Pickering (Bowie, MD) and Inaya Jones (Baltimore, MD) were voted to the All-CIAA Second Team.



PHOTO COURTESY BOWIE STATE UNIVERSITY

Jones, Pickering, and Cook

tion Directors, announces the 2017 All-Conference Teams, All-Rookie Team, Player of the Year, and Coach of the Year.

Of those selected, Bowie State had a pair of players on the

Pickering currently leads the team lead in batting average (.359), hits (42), triples (5) and

See HONORS Page A7

Realtors Graduate From Maryland Association of Realtors (MAR)

By PRESS OFFICER
PGCAR

ANNAPOLIS, MD—Desiree Callender (Desiree Callender and Associates), Patricia Dowtin (Long and Foster Real Estate), and Lorence "Chuck" Ottley (Sellstate Dominion Realty), members of the Prince George's County Association of REALTORS® were among the twenty-one (21) graduates from the Maryland Association of REALTORS® (MAR) seventeenth annual Leadership Academy honored at ceremonies held in Annapolis.

The MAR Leadership Academy was formed by REALTORS® who understand the important role they play in their community and the need to enhance the leadership skills, knowledge, and competencies of fellow REALTORS® interested in making a difference in their personal lives and in their communities.

The Prince George's County Association of REALTORS® is one of sixteen local REALTOR® Associations in Mary-

land, and is a strong advocate and recognizes the importance of this program to our Association's future.

The MAR Leadership Academy offers an intensive curriculum designed to develop skills in leadership, communications, strategic planning, legislative and government affairs and community involvement. Classes are conducted over 7 months and stress the value of professional and personal commitment to business, charitable and civic endeavors.

"Today we honor you as future leaders in communities and within our REALTOR® organization," said 2017 President Shelly Murray. She added, "you have already achieved so much." 2017 NAR Regional Vice President from Region 10, Leslie Rouda Smith addressed the graduates and guests. Smith encouraged MAR Leadership Academy graduates to get involved and to get their peers involved. Smith added, "... the highest goal of leadership is to develop future leaders."



PHOTO COURTESY PGCAR

PGCAR MAR Leadership Graduates

The Greater Capital Area Association of REALTORS® and REALTORS® Property Resource (RPR) sponsored the 2016–17 MAR Leadership Academy and was recognized for their support.

The Maryland Association of REALTORS® is the largest Maryland professional trade association serving over 23,000 members and is dedi-

cated to preserving the vitality of the real estate market. REALTORS® is a registered collective membership mark which may only be used by those real estate professionals who subscribe to the REALTORS® organization's strict Code of Ethics, and who are members of the National, State and Local REALTORS® organization.

INSIDE

Health Departments Investigating Potential Measles Exposures

The infection starts with fever, runny nose, cough, red eyes, and sore throat. About the third to seventh day following infection, a rash begins to appear on the face and spreads over the rest of the body. A person infected on May 15 could develop symptoms as late as June 5.

Community, Page A3

Summertime, When the Livin' is Hard for Hungry Children

No states come close to reaching all their hungry children during the summer. In 2015 only nine states and the District of Columbia served summer meals to more than 20 percent of children who participated in free or reduced-price lunch programs during the school year.

Commentary, Page A4

EDC President and CEO Challenges Local Women Business Owners at Women of Prince George's Conference

The mission of the Women of Prince George's (WPG) is to create a network where women business owners, entrepreneurs and professionals can receive educational experiences, inspiration and resources to support business growth.

Business, Page A5

Movie Review: Going in Style

They finally get pointers from a real criminal (John Ortiz) who is referred to them by Joe's lowlife ex-son-in-law (Peter Serafinowicz), who has not been a good father to Joe's granddaughter (Joey King). But never mind, that's another one of those underdeveloped extra threads.

Out on the Town, Page A6

Earth Talk

Dear EarthTalk:

I understand that the Trump administration has been busy pulling information about climate change and other environmental issues off of the EPA's website. What kinds of information and data are no longer accessible?

—Jim Harris,
Norwalk, CA

Features, Page A7

Towns and NEIGHBORS

In and Around Morningside-Skyline

by Mary McHale 301 735 3451

Old Coles Mansion burns; just who was Bellefonte Coles?

On May 14, in the woods at the corner of Woodyard and Old Alexander Ferry roads in Clinton, several fire departments fought a house fire. As the fire was brought under control, I headed to a family dinner at the home of grandson Conor McHale whose house is on Woodyard, and had to seek permission from one of the firemen to bypass the roadblock.

Later, some of my curious family went to the site of the fire. They encountered other on-lookers who told them the house was the Old Coles Mansion. Apparently, the house was abandoned. No one was injured in the blaze.

I did a bit of research and found that the property is known as Bellefonte Coles Corner and two roads nearby bear the names Bellefonte Lane and Bellefonte Place.

Do any of you know who Bellefonte Coles was? Were you ever a guest at the Old Coles Mansion?

People

Donald Young, of Camp Springs, was guest of honor at a surprise 95th birthday party on May 5 at Mama Stella's Restaurant in Clinton. His daughter Donna and son Paul hosted the delightful event. Among the attendees were former Auth Villagers, Ange and Marlyn Meoli, now of Ellicott City.

William "Bill" Cones and his wife Brenda White-Cones recently celebrated their 40th anniversary. They were graduates of Friendly High '72 and were married in 1977. They currently live in White Plains.

The Oxon Hill Food Pantry plans to especially recognize three volunteers. Two of them, Millie Simpson and Dottie Harden, have retired. And the third, Jean Webb, is always so willing to help. Volunteers, such as these, make possible the valuable service the Pantry provides for the hungry.

Rich Landon sent me word that China Sea, a longtime restaurant in Suitland had

closed. "My family," he emailed, "has eaten there since the early 1970s, back when it was a nice, family restaurant and even had an elderly man who was the maître d, which was surprising since we were in Suitland, MD, not in downtown D.C. The portions were generous, and delicious, and there was a nice atmosphere. Best Chinese food around for years!"

I have enjoyed a three-week-long visit from daughter Therese Gallegos, who hails from Brownsville, Texas. She has been a great help, fed me good meals and was a lot of fun.

Academia

Joshua Brown, Suitland High's valedictorian, is graduating with a 5.0 GPA, played football, and earned a slew of scholarships. He is headed to the U. of Maryland at College Park on a full ride.

Imani Bey, a 2017 Bishop McNamara graduate, will be going on to Virginia Military Institute on a football scholarship with plans to major in chemical engineering. Also, he has a passion for the bass clarinet and was selected for the all-state band with musicians from across Maryland.

Each year the Washington Archdiocese names 10 Golden Apple Awards winners. Among the local teachers this year: Hannah Ruckstuhl, 2nd grade, St. Mary of the Assumption, Upper Marlboro; Nicole Hayes, 1st grade, St. Philip's, Camp Springs; and Justin McClain, theology and Spanish, Bishop McNamara. Each teacher was presented a Golden Apple and a check for \$5,000.

Email (muddmm@aol.com) or call me with news about your graduate.

Morningside Memories

On June 2, 1979, Morningside Mayor Jerry Glaubitz and Council Members Bonnie Kamenicky, Charles Kiker, James Musser and Charles Roberts voted to dedicate the new Town Hall as the Matthew P. Rosch Municipal Center. Matt Rosch deserved that honor; he served

as Morningside Mayor (1954), Town Council member, Morningside Chief of Police, and was an officer in the Recreation Council. He died suddenly in October 1976.

Also on June 2, 1979, Skyline Park was renamed Michael J. Polley Neighborhood Park, in honor of Mike Polley, who grew up in Morningside, was president of the Morningside-Skyline Recreation Council and the Morningside Youth Council and the first to champion the park. He died of cancer in August 1976, at the age of only 23.

Angel Tree founder Roberta Murray dies

Roberta Joyce Putner Murray, 78, who founded St. Philip's Angel Tree and kept it going for 25 years, died April 10. This special project provided thousands of Christmas gifts for needy families, children and the homeless.

She was office manager and professional licensing instructor with the Primerica business she has shared with her husband since 1981. At St. Philip's, where she was a member for 44 years, she was a Eucharistic minister and the driving force behind the Angel Tree every Christmas.

Survivors include her husband of 62 years, Robert "Bob" A. Murray, Jr.; children, Jacqueline, Janice, Kevin, Keith, Kenneth, Karl and Kyle; her sister Diana Putner Beck; and numerous grand- and great-grandchildren. Mass of Christian Burial was at St. Philip's with burial at Resurrection Cemetery.

Milestones

Happy birthday to Paul Elborne and Jacob Cook, June 2; Darius Nalley-Stoddard, June 3; Fay Norton-Cummings and Malik Reed, June 6; Trisha Reamy, June 7; Ryan Fowler and John Nichols, June 8.

Happy anniversary to former Morningside Councilwoman Carol (Kline) and Tom DeGraba, on their 23rd anniversary, June 4; and to Bucky and Debbie Tretler, their 41st on June 5.

Neighborhoods

First Quarter 2017 Continues Trend of Market Activity in Prince George's County

LARGO, MD—The first few months of 2017 started strong with a 12.3 increase in home sales, according to the Prince George's County Association of REALTORS® (PG-CAR). In addition, average and median prices grew by 13.0 and 13.6 respectively, as compared to the same quarter in 2016. Despite a high level of activity in January, the quarter ended with essentially a minor increase in pending units.

"Given that the winter months are traditionally a slow time in residential sales, we are very pleased with the level of activity in the first quarter," said PGCAR President Pat Dowtin. "The rise in average and median prices also adds to our optimism about the spring market. Dowtin also added, we hope this level of market activity will encourage more engagement by buyers and sellers alike."

Montgomery and Prince George's County Councils Approve WSSC FY 2018 Budget

LAUREL, MD—The Montgomery and Prince George's County Councils yesterday approved WSSC's Fiscal Year (FY) 2018 operating and capital budget of

\$1.4 billion. Both county councils held their bi-county meeting on Thursday afternoon to approve WSSC's FY 2018 budget, along with the budgets for the bi-county portion of the Maryland-National Capital Park and Planning Commission, Central Administrative Services and the Washington Suburban Transit Commission.

"Our FY 2018 budget continues WSSC's commitment to replace aging infrastructure and invest in projects designed to deliver safe, clean water to 1.8 million residents in Montgomery and Prince George's counties," said Carla A. Reid, WSSC's General Manager and CEO. "We appreciate both county councils' approval of our budget, which is a vote of confidence in WSSC, our people and our clean water mission."

Highlights of the FY 2018 budget include:

- \$148.9 million to replace large diameter sewer mains
- \$111.9 million to replace approximately 55 miles of small diameter water mains
- \$63 million to replace approximately 20 miles of small diameter sewer mains
- \$41.5 million to replace large diameter water mains and valves
- \$10.6 million to upgrade two WSSC dams: T. Howard Duckett Dam (on the T. Howard Duckett Reservoir); and Brighton Dam (on the Triadelphia Reservoir)
- \$8.9 million to continue Phase II expansion of the Patuxent Water Filtration Plant

The FY 2018 budget is 0.8 percent, or \$10.8 million more than the FY 2017 approved budget and includes a combined 3.5 percent average increase in water and sewer rates. The proposed increase meets the spending affordability guidelines approved by Prince George's and Montgomery counties. The rate in-

crease will add approximately \$1.46 per month—or \$4.38 per quarter—to the average customer's bill.

The approved budget will take effect on July 1, 2017, and can be viewed on WSSC's website at <https://www.wsscwater.com/fin>.

New Funding Will Allow Individuals With Intellectual Disabilities to "Think College"

ANNAPOLIS, MD—Maryland, in partnership with the University of Maryland, has received a \$25,000 grant from the Think College National Coordinating Center to enhance postsecondary options for individuals with intellectual disabilities. The grant follows an additional \$250,000 funding commitment from Governor Larry Hogan during the 2017 General Assembly to be included in the state health department's Developmental Disabilities Administration (DDA) budget and an additional set-aside from the state education agency to expand postsecondary opportunities for students transitioning from Maryland schools.

"Our administration is committed to ensuring all Marylanders have the opportunity to live, work, and thrive in our state," said Governor Hogan. "Providing options for students with intellectual disabilities to continue their education with the goal of employment is essential to their future and our vision."

Maryland's Think College collaborative will coordinate the efforts of State agencies, institutes of higher education, parents, and advocacy organizations to expand the quality and capacity of programs at four-year and two-year institutions for students who might otherwise not be able to gain access. Partners include the Maryland Department of Health and Mental Hygiene's Developmental Disabilities Administration, the Maryland State Department of Education Divisions of Special Education/Early Intervention Services and Rehabilitation Services, Maryland Department of Disabilities, Maryland Coalition for Inclusive Education, Maryland Higher Education Commission, and University of Maryland College of Education. A series of capacity building institutes with state partners begins this spring to identify best practices and provide a coordinated effort throughout Maryland.

Think College is part of the Institute for Community Inclusion at the University of Massachusetts, Boston and is funded by the US Department of Education to provide support, coordination, training, and evaluation services for transition and postsecondary education programs for students with intellectual disabilities.

Hammer & Nails Announces Aggressive Growth Plans for Maryland

OWINGS MILLS, MD—Hammer & Nails Grooming Shop for Guys, a men's grooming shop that provides hand and foot care, haircuts and shaves in a man cave nirvana, has announced plans to bring 10 locations to the state of Maryland over the next

three years. The unique concept, with an overarching goal to have 250 locations open and operating by 2022, plans to ramp up growth through a selective strategy, focusing on a solid foundation of smart franchise partnerships and tactical site selection for the fast-growing health and wellness brand.

Building on its momentum of licenses awarded for more than 200 shops during its first year of franchising, the new Hammer & Nails locations will open under the leadership of Area Representative Bart Butler, along with his business partners and long-time friends Russ Gordon & Brad Beutel. With a background in real estate sales and development, Butler has extensive experience in building out other small businesses and franchise brands in the Maryland market including Starbucks and Firehouse Subs, which will lead to strong leadership and success in developing Hammer & Nails locally. Already working toward his expansion goals, a franchise agreement has been signed and the group is negotiating its first lease at Metro Centre in Owings Mills, a brand new mixed use development, with this first location slated to open within the next six months.

"At Hammer & Nails, the entire experience is not only the pinnacle of relaxation and pampering, but our hand and foot care yields health benefits, too. We're excited to introduce our concept to local communities throughout Maryland," said Butler. "Demand for our services is on the rise; more men are seeking out services we offer like manicures and pedicures. Through meaningful partnerships with passionate, driven individuals, we'll flourish in Maryland, especially with the varied backgrounds and demographics in Maryland fitting our key consumer base."

Targeted development markets throughout the state of Maryland, in which Butler is actively seeking franchise partners, include five counties in the state. Hammer & Nails is seeking to add three locations in Montgomery County in the Bethesda/Chevy Chase, Wheaton/Silver Springs and Rockville/Potomac areas; two locations in Prince Georges County including National Harbor and Bowie; two locations in Baltimore County including Owings Mills and the Fell's Point neighborhood of Baltimore City; two locations in Annapolis and Arundel Mills Mall in Anne Arundel county one location in Howard County in Columbia.

"The Hammer & Nails brand has truly discovered an untapped sector of the massive health and wellness industry — no one is delivering male-centered grooming services the way we are," said Michael Elliot, founder and CEO of Hammer & Nails. "We're still at the ground floor of our development in Maryland, making it an exciting expansion region for us. We're eager to bring our concept to a diverse group of new customers in the area."

The first and only corporate-owned location opened

See GROOMING Page A5

Brandywine-Aquasco

by Audrey Johnson 301 888 2153

HAT, HEELS AND TEA

Join us for Hat, Heels and Tea, entertainment and silent auction June 3, 2017 from 12:00–3:00 PM at our Family Life Center, Nottingham Myers United Methodist. The address is 15601 Brooks Church Road, Upper Marlboro, Maryland 20772. Donation is \$20.00. For more information, contact the church Office at (301) 888-2171, website: www.thenhf.org, e-mail: NewHope014@gmail.com.

SCHOOL HOUSE POND

The School House Pond includes a 12-acre pond, picnic area, boardwalk, nature trial, fishing pier and a parkland. This area is a scenic and quiet environment for hikers and picnickers across from the Prince George's County Administration Building in Upper Marlboro, Maryland. Telephone number is 301-627-7755.

MILESTONE OF DONATING

Joint Base Andrews reaches milestone of donating 20,000 pounds of food to Prince George's County Food Pantry. Joint Base Andrews partnership with St. Paul's Episcopal Church and Community Support Systems have fed thousands of

needy South County families over the years. A special thanks to former Councilman Jim Estep and the Andrews Business Alliance for your work in facilitating the basic critical partnership with nearby communities.

BOWIE STATE UNIVERSITY

Bowie State University will celebrate with a ribbon cutting ceremony for the New Center for Natural Sciences, Mathematics and Nursing, Friday, June 9, 2017 at 11:00 AM. This new building will be the epicenter for innovative STEM education and research.

PATUXENT RIVER 4-H CENTER

Patuxent River 4-H Center is an educational center open to groups by reservation. The center offers environmental education programs, facility rentals, 4-H activities, farming programs, group camping and overnight cabins. Canoe launch on site. The address is 18405 Queen Anne Road, Upper Marlboro 20774. Telephone number is 301-218-3079.

WATKINS NATURE CENTER

Watkins Nature Center features live animal exhibits, in-

cluding amphibians, birds of prey, invertebrates and reptiles. The Little Shop of Nature has unusual children's items. You will be able to borrow a trial discovery backpack to explore six miles of easy to follow, color-blazed trails.

There is also an attached kitchenette and auditorium available to rent for receptions, meetings and workshops. The capacity is 90. Address is 301 Watkins Park Drive, Upper Marlboro, Maryland 20774. Telephone number is 301-218-6702.

SUMMER FRIDAYS

Summer Fridays at National Harbor you can play corn hole, hopscotch, hula-hoops, Connect Four, and lots more activities with friends. You will also be able to enjoy performances by Bobby McKey's giveaways, and listen to the DJ spin your favorite jams. You can join the best sunset view in the DMV.

PRINCE GEORGES COUNTY FAMILY AND FRIENDS DAY

This Annual Countywide Festival will be August 27, 2017 from 3:00 PM–6:00 PM at Show Place Arena in Upper Marlboro, Maryland. More information to follow at a later date.

COMMUNITY

Practical Money Skills

By Nathaniel Sillin

Food Waste is Just Money Thrown Down the Drain

How many times have you gone to pour milk in your coffee, only to see that the date on the carton was yesterday? Some people will instinctively throw it away, but chances are that's not what the label is intended to convey. It's likely a marker for when the food might taste its best, not if it's safe to eat.

By some estimates, as many as 91 percent of consumers may misinterpret food date labels. It's no surprise as there are dozens of different labels in use, but the misunderstanding and lack of meal planning are contributing to a larger problem. Between 30 and 40 percent of the U.S.'s food supply winds up in the trash or a compost container.



The benefits of reducing food waste are numerous. You'll save money, which may be reason enough. You could also be lowering your carbon footprint by keeping spoiled food out of landfills and cutting down on the growing and transportation of food that doesn't get eaten.

Cutting back on this waste could start with understanding what food labels actually mean.

Don't misinterpret food dates as expiration dates. According to the United States Department of Agriculture (USDA), aside from on infant formula, food label dates aren't an indication of whether or not the food is safe to eat. For example, "best by" may mean the food will taste, look and feel its best if its eaten by that date. It could still be good for days, weeks or even months (for non-perishables) after that date.

Some states do require expiration dates on milk or meat and food labeling could become less confusing across the country. But for now, you may need to rely on your judgment. The USDA writes that if foods don't show signs of spoilage, such as changing colors or giving off an unpleasant smell, they could still be safe and wholesome.

Quick tips for keeping fruit and vegetables fresh for longer. Regardless of the date, proper food storage can impact a food's longevity.

- **Wait to wash food** until you're about to cook or eat. Otherwise, the moisture could spur bacterial growth.

- **Strategically store items in your refrigerator.** Your food will typically last longer if you put the least perishable items on the door, meat near the bottom back (unless there's a meat drawer), veggies in the crisper and dairy or drinks near the top.

- Generally, you want to **keep fruits and vegetables away from each other** because many fruits produce ethylene gas and exposure to the gas could cause vegetables to spoil more quickly. There are also vegetables that produce the gas and fruits that are sensitive to it.

- If you're storing a fruit or vegetable that gives off and is susceptible to ethylene gas, wrap it in aluminum foil or store it in a paper bag rather than using less-breathable plastic wrap or bags.

You can look for more tips about particular foods online. There are also apps that can automatically connect to your supermarket loyalty programs to track what you buy (or you can upload a picture of your receipt), warn you when something may be going bad and recommend recipes that incorporate those foods.

Find creative uses for foods that are on their way out. Whether you use an app to sync shopping lists and schedule meals or use a paper list, meal planning can help cut down on waste as well. But even with great intentions sometimes things get forgotten, or meals get pushed off until it's almost too late.

You can save vegetables from the trash by roasting them, making soup or turning them into a casserole. Carrots, potatoes and other root veggies (plus zucchinis) can be grated and fried to make fritters. You could bake fruits into breads, throw them into smoothies or freeze them for later. In the end, the goal is to use everything you buy.

Bottom line: Food waste could be draining your wallet, hurting the environment and in some cases, may be completely unnecessary. Learning to correctly interpret food labels and performing a sight and smell test before throwing something away could help. Taking the time to prepare before you shop, having a plan for how you're going to use the food you buy and being okay with a last-minute backup plan can help even more. In the end, taking the extra time to evaluate the true condition of your food can save you money.

Proudly Serving Prince George's County

Health Departments Investigating Potential Measles Exposures

Patient Visited Medical, Social Services Sites in Prince George's, D.C.; Risk is Extremely Low To Vaccinated Population

By PRESS OFFICER
DHMH

BALTIMORE, MD—The Maryland Department of Health and Mental Hygiene, in collaboration with the Health Departments in Prince George's County and the District of Columbia, is, out of an abundance of caution, informing people who were in certain locations including areas of Prince George's Hospital Center (at specific times during May 9–13) and Children's National Medical Center (at specific times between May 8 and May 13 and 15) about potential exposure to measles. While most individuals in the United States are vaccinated against measles, exposure to it poses potential risk to those who have not been vaccinated.

The patient contracted measles outside of the United States; developed symptoms here in the country; and their diagnosis was confirmed Friday, May 19. Listed below are the dates, times and locations of the potential exposures associated with the patient diagnosed with measles:

- May 8—The Dept. of Social Services Building at 6505 Belcrest Road, #100A, Hyattsville, MD 20782.

- May 8—The Social Security Building at 425 Brightseat

Road, Hyattsville, MD 20785, from 10:30 a.m. to 4 p.m.

- May 9—May 10 Prince George's Hospital Center Emergency Department in Cheverly, MD, from 8 p.m. to May 10 at 2 a.m. The measles patient rode the #12 public transit bus to and from Prince George's Hospital Center.

- May 11—Prince George's Hospital Center Emergency Department from 3 p.m. to 7 p.m.

- May 12—May 13—Prince George's Hospital Center Emergency Department from 4:15 p.m. to May 13 at 10:47 a.m.

- May 13—Children's National Medical Center, 111 Michigan Avenue NW, Washington, D.C., 20010, main atrium lobby between 8:30a.m. and 11 a.m.

- May 15—Children's National Medical Center Emergency Room entrance between 2:30 p.m. and 5 p.m.

The patient was admitted to Children's National on May 13, and was appropriately isolated for a majority of their hospitalization.

According to the U.S. Centers for Disease Control and Prevention, the measles virus is highly contagious to unvaccinated individuals and spreads through the air through coughing and sneezing. The infection starts with fever, runny nose,

cough, red eyes, and sore throat. About the third to seventh day following infection, a rash begins to appear on the face and spreads over the rest of the body. A person infected on May 15 could develop symptoms as late as June 5.



Make sure you and your child are protected with measles, mumps, and rubella (MMR) vaccine. Measles is preventable through safe and effective MMR vaccination. The best protection against future measles cases is the on-time vaccination of all susceptible persons. Two doses are recommended for most individuals, with the first dose given at age 12–15 months and the second prior to kindergarten entry (age 4–6 years).



If you have received at least one dose of the MMR vaccine, you carry a very low risk of measles infection. But if you have not received a dose of the vaccine, you might be at risk of measles infection. If you notice the symptoms of measles, immediately limit your exposure to other people. Individuals who are concerned about possible exposure and vulnerability to measles should contact their primary health care provider or local health depart-

ment before visiting a provider office or health care facility. Taking these steps reduces the chances of potentially exposing other people to measles. Health and Mental Hygiene also is providing a resource phone line: 410-795-7365.

The CDC states that measles remains a common disease in many parts of the world, including areas in Europe, Asia, the Pacific, and Africa. Worldwide, 36 cases of measles per 1 million persons are reported each year; about 134,200 die. In the United States, most of the measles cases result from international travel. For more information on measles, please visit our website at <https://goo.gl/W58K1j>.

Marylanders who need help finding substance-use-disorder treatment resources should visit MdDestinationRecovery.org or call the Maryland Crisis Hotline, which provides 24/7 support, at 1-800-422-0009. For information on many of the policies currently implemented to fight substance use disorder and overdose in Maryland, see <http://goo.gl/KvEzQw>. If you know of someone in need of treatment for a substance use disorder, treatment facilities can be located by location and program characteristics on our page at <http://goo.gl/rbGF6S>.









District Heights Day

WHEN: June 3, 2017 (Field Fun = 11am –to 4pm)
PARADE starts at 10am from District Heights Elementary School


WHO: You! Fun for the entire family!

**WHERE: City of District Heights
 Recreation/Cultural Department
 2000 Marbury Drive**

Dancing! Horse Rides! Food! Fun! And live entertainment featuring

WHAT BAND



For Information contact 301-336-5633
or halle@districtheights.org

Prince Georges County Public Schools is not sponsoring, endorsing, or recommending the activities announced in this flyer/material

COMMENTARY

Anthony Brown

*U.S. Congressman
4th District of Maryland*



Congressman Brown Delivers Remarks on The Murder of Lieutenant Richard Collins III

WASHINGTON, D.C.—Today, Congressman Anthony G. Brown (MD-04) spoke on the floor of the U.S. House of Representatives on the life and death of Lieutenant Richard W. Collins III. Scheduled to graduate yesterday from Bowie State University and join the US Army, Collins' life was tragically cut short after being stabbed in the chest by a student at the University of Maryland, College Park. Collins' murderer was a member of a racist neo-Nazi hate group. Collins' murder was not an isolated incident either at the University of Maryland or nationally. Since November, there has been an unprecedented spike in racist and hate activity on college campuses. Hate watch groups have tracked 150 racist incidents on college campuses in 33 states since last fall.

Below are the excerpts from Congressman Brown's remarks:

"This tragedy exposes a dangerous rising tide. This incident was not some random act of violence. It was a heinous, despicable and unprovoked crime of hate.

"Richard Collin's murderer—who was from a middle-class family, hung out at the Student Union and Library—was a member of a racist neo-nazi group called Alt Reich Nation. He was not some outsider. He was a homegrown terrorist who was radicalized on the university campus. What is most troubling is this is not the first incident of hate at the University of Maryland.

"This academic year alone there've been anti-immigrant chalkings, racist flyers, threats and

less than a month ago there was a noose found inside a campus fraternity house. But this isn't just a troubling trend at UMD. There's been an unprecedented spike in racist and hate activity on campuses since November. Posters at the University of Texas implored students to "report any and all illegal aliens. America is a white nation." Another flier, with swastikas, at UCLA, read in part "the hordes of our enemies from the blacks to the Jews are deserving of fates of violence.

"So today, I'm calling on the Administration—that has repeatedly failed to denounce the hate crimes directed at Jews, members of the LGBT community, or immigrants—to denounce the hate-fueled killing of a black soldier, Second Lieutenant Richard Collins.

"The reaction to Collin's murder is often formulaic. We extend our condolences and sympathies. Call the killing a senseless tragedy. And proclaim that we won't tolerate these incidents.

"That's not good enough. If this escalation of hate is going to end in Maryland and across the country, it'll be because all of us take a stand. Not only against the hard right and hate festering on campus, but to leaders that have been too content to remain silent and look the other way.

"Hate speech is not protected. Encouraging open academic debate cannot lead to inaction that creates a breeding ground for prejudice, discrimination and violent hatred.

"In the absence of real change, we take to the streets. We protest. We hold vigils. But Richard Collins deserves better. Our children deserve better."

Marc Morial, President and CEO National Urban League



2017 State of Black America®: Protect our Progress

"Unprecedented. It's a word that has been used to describe the 2016 presidential campaign and election season, not to mention the nascent Trump administration. With unfinished business in the areas of racial justice, race relations and economic inequality, many anticipate a fight to defend the progress that has been made, while also resisting retrenchment in these critical areas ... The 2017 National Urban League Equality Index provides a veritable "line in the sand" from which to measure where the country goes from here."

—Valerie Rawlston Wilson, Ph.D.,

"Overview of 2017 National Urban League Equality Index," May 2, 2017

As of this writing, for 102 days our nation has watched as the Trump administration has taken shape—and, for many of us, there is reason to worry.

Recovery from the Great Recession has been slow, but it has been real. While high school students of color and low-income students continue to trail their peers in high school completion, the national graduation rate continues to rise. Republicans are working hard to re-introduce a health care bill that will repeal and replace the Affordable Care Act, but today, a record number of Americans have health insurance. Now all of that progress, and much more, is under threat.

This year's *State of Black America*® is a call to action, a call to unceasing vigilance, and a call to protect our nation's hard-fought-for progress. And as we do with every edition of the *State of Black America*®, we provide the numbers and the narrative to make our case.

According to National Urban League's exclusive 2017 Equality Index for both Blacks and Hispanics, there is progress, but there is much more progress that needs to be made. Tracking racial equality in economics, employment, education, health, housing, criminal justice and civic participation, we find that African Americans share 72.3% equality with white Americans (in 2016 the number stood at 72.2%). Hispanics—who stood at 77.9% equality in 2016—shared a greater slice of the "equality pie" this year, standing at

78.4% equality with their white peers. The Trump administration's priorities and proposed policies put what social and economic gains we have made in urban communities and communities of color at serious risk.

Guest contributors to the *State of Black America*® remind us of what is at stake. Senator Cory Booker tackled our broken criminal justice system, lamenting that just as modest, bipartisan agreement on fixing our broken system was being cultivated, the Trump administration and Attorney General Jeff Sessions seemed, "intent on turning back the clock—threatening to increase the use of mandatory minimum sentences, criticizing consent decrees that improve police-community relations, and expanding federal use of private prisons." Rep. Terri Sewell called for the passage of the Voting Rights Advancement Act, "which restores and advances the VRA [Voting Rights Act] by providing a modern-day coverage test that will extend federal oversight to jurisdictions with a history of voter suppression and protects vulnerable communities from discriminatory voting practices," understanding that we cannot claim to be a democracy while snatching the right to vote away from eligible citizens. Rep. Robin Kelly reminds us that as we, "drive toward the goal of an equitable health future for communities of color, we cannot afford to take our foot off the gas. The Affordable Care Act put us on the right road and we are seeing progress."

To that end, the National Urban League has also published *The Main Street Marshall Plan: Moving from Poverty to Prosperity*. The plan—which proposes solutions, including increasing federal funding for public schools, enacting a living wage of \$15, and fully funding Medicaid and Medicare—is a bold, strategic investment in America's urban communities that protects our progress by addressing our nation's persistent social and economic disparities.

Passing a health care plan that no longer protects people with pre-existing conditions, charges

See **URBAN LEAGUE** Page A5



Open to the Public

HUNTINGTON RAILROAD MUSEUM

Developer Ben M. Plumb seized that opportunity and developed "Huntington City" around that railroad station. Shops, hotels, and comfortable Victorian houses filled the tree-lined streets of Huntington City, renamed "Bowie" in 1880 to honor Governor Oden Bowie, who was instrumental in bringing the railroad to this location. The station remained a busy stop until 1989, when it closed to make way for a new station at Bowie State University. The City of Bowie, in recognition of the station's important role in its history, restored the buildings in the early 1990's. Open Tuesday through Sunday, 10 a.m. to 4 p.m.. For more information call 301-809-3089.

Child Watch

by Marion Wright Edelman



Summertime, When the Livin' Is Hard for Hungry Children

Ella Fitzgerald knew a lot about the haves and have nots. She grew up poor and at 17 had been homeless and hungry for a year before she was "discovered" at The Apollo in Harlem in 1934. Think of the millions of hungry children in rich America today who might never be "discovered" or are kept from realizing their talents. And for them summertime is very hard with bouts of hunger. On the last day of school they'll leave behind more than teachers and friends. They lose access to the school breakfasts, lunches, and after-school snacks that help keep them healthy and ready to learn during the school year. For many children these are their best or only meals of the day.

The 100 percent federally-funded Summer Food Service Program will once again this year be a food lifeline for millions of low-income hungry children during the long hot summer. Right now many community sponsors, including school districts, local government agencies, camps, and private nonprofit organizations are working through their state agencies to be ready to serve healthy meals to millions of children this summer. The Summer Food Service Program tries to meet the need and helps to deliver the dollars to pay for the basic nutrition every child needs every day. For communities that use it, the benefits are enormous. It not only feeds children but provides much needed summer jobs for youth and adults often in communities where jobs are scarce—including cafeteria workers, bus drivers and many others who enable children to stave off summer hunger.

The tragedy is too few of the children who receive school breakfasts or lunches get free meals in the summer. Many more go hungry. The Food Research & Action Center (FRAC) notes more than 20 million children received free or reduced-price school lunch during the 2014-2015 school year, but only 3.2 million of them—one in six—received meals during summer 2015.

No states come close to reaching all their hungry children during the summer. In 2015 only nine states and the District

of Columbia served summer meals to more than 20 percent of children who participated in free or reduced-price lunch programs during the school year. Eleven states served summer meals to fewer than one in 10 of their low-income children. But some good news is that state efforts are slowly growing: 29 states did better in summer 2015 than in summer 2014.

States and localities can and must do far more to stop summer hunger. It's unconscionable that states and communities are leaving millions of dollars on the table that could be used to feed hungry children right now and create jobs supporting summer feeding programs in communities that desperately need them. No communities should be allowed to ignore these funds. As Mrs. Coretta Scott King once said: "I must remind you that starving a child is violence."

The first step, of course, is to make sure federal, state and local summer nutrition programs remain a budget priority and do not lose ground or go backwards. When more than one million households with children have no income but benefits from the Supplemental Nutrition Assistance Program (SNAP, or food

stamps as I still call it), and there is talk of threats to even that critical piece of the safety net, every eligible community must find a way to ensure their children are fed. Find out where the summer feeding sites are in your community. Check with other organizations in your community that provide summer activities for children to help them find ways to add meals. They may need a little help from local foundations or community donations to cover extra expenses like refrigerators or coolers. Smaller programs may be able to link to other food programs in their community to get meals to feed the children in their care. If transportation to summer feeding sites is a problem for children, as it is in a number of states, mobile food vans may be an option with help from local bus or other transportation services.

Summer feeding programs could become the hub for other child-focused activities. Adding programs and services and keeping sites open longer could not only reduce summer hunger but help communities create some desperately-needed jobs and implement greatly needed quality out-of-school-time programs—a win-win. Other communities are testing electronic benefit transfer

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The Prince George's Post

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BUSINESS

The American Counseling Association's Counseling Corner

Time to Reduce the Worrying In Your Life

Today's world offers plenty of opportunities to worry. From economic problems to family issues to our health, there's an endless list of things that can cause distress.

The reality is that worrying about real things in our lives isn't always as bad as it may seem. Being worried performs a needed function, getting us to focus on an issue and, hopefully, to take action.

But often we may suffer from needless worry. This is worry about things that are imaginary or out of our control. Such worry is harmful as it raises anxiety and stress levels, yet comes from things we really can do nothing about.

Excessive worry is not only unpleasant and stressful, but it can lead to very real health issues. Worrying stimulates our bodies to produce various chemicals, such as adrenaline, that cause physiological reactions, such as muscle tension, increased blood pressure and higher heart rates.

The physical reaction to constant worry can result in headaches, back pain and stomach problems. There's evidence it also affects our immune system, leaving us more vulnerable to viruses and bacteria, perhaps even cancer, and appears to increase the risk of heart attack and strokes.

So, how to reduce worry in your life? First, analyze how real the source of your worrying is. If it's something over which you have control and can do something about, then channel your worry into action. Develop a plan for dealing with the cause of your worry and then carry it out.

But if your source of worry is outside your control, it will continue to cause you emotional and physical issues without allowing you to deal with the problem.

Your goal is to stop such needless worry before it controls your emotions. One way is to "rechannel" your thoughts. Simple diversions, such as music, a book, talking to a friend or exercising, can often help. It takes practice to refocus your thoughts away from needless worry, but it can be done.

Once the worry is under control, then think about how real the source of that worry is and whether it's something you might better ignore, rather than letting it control you.

If you find that chronic worry, especially over things you can't control or influence, is negatively affecting your life, consider talking to a professional counselor who can offer a variety of ways to help reduce the worry in your life.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org

Grooming from A2

in November of 2013 on Melrose Avenue in Los Angeles and since then gross revenues have swelled. The system will be opening its first franchise locations this year, with five slated to open by the end of this summer. Guests are sure to feel welcome in new Hammer & Nails locations as they relax in ultimate man cave nirvana the moment they enter the shop. Locations have a low-lit and luxurious atmos-

phere with dark wood and steel detailing, oversized Bison leather chairs, personal TVs and noise cancelling headphones, and complementary beverages.

As the only niche male grooming franchise available, Hammer & Nails has a first-to-market advantage in the ever-growing \$21B male grooming industry. For more information about the Hammer & Nails franchise opportunity, visit www.hammerandnails-franchising.com.

Urban League from A4

the sickest the highest premiums, and would leave an estimated 24 million people without lifesaving coverage, will trim the equality pie for Blacks and Hispanics—and put all Americans at risk. Legislating discrimination by signing into law a travel ban that targets ethnicities or religions, harms families and our nation founded and enriched by newcomers to its shores. Double-digit cuts or eliminating funding for vital agencies like the Department of Education or the National Endowment of Arts, will carve away at the equality pie for Blacks and Latinos—and put all Americans at risk. Slashing the budgets of the Departments of Housing and Labor, will reduce the share of the pie for Blacks and Hispanics—and put all Americans at risk.

Make no mistake, the Trump administration's priorities are not a blueprint to make America great again, they are

a blueprint for a sick, scared, uneducated, homeless and unemployed America, and reaffirm this truth: when communities of color are strong, America is strong.

I urge you to read, analyze, share—and act on—the findings of the 2017 *State of Black America* at <http://www.stateofblackamerica.org>. Now in its 41st edition, it remains one of the most highly-anticipated benchmarks and sources for thought leadership around racial equality in America across economics, employment, education, health, housing, criminal justice and civic participation.

The fight for racial equality in our country is a struggle that neither began during the Obama era, nor will it end in the Trump era, but with time and the constant pressure of like-minded people pressing for justice, we have made a steady climb toward improvement—and we are determined to keep moving forward to protect our progress.

EDC President and CEO Challenges Local Women Business Owners to Get Ready, Get Set and GO! At Women of Prince George's Conference

"Take Your Message to the Market and Show Them How You Can Help Them," said Coleman

By LORI C. VALENTINE
PGCEDC

GREENBELT, MD—On May 19, EDC President and CEO Jim Coleman joined an auspicious panel of speakers to provide advice and encouragement to the crowd of women business owners, entrepreneurs and professionals attending the Women of Prince George's Conference at the Greenbelt Marriott. This day-long conference, under the theme "We Rise: Together, Relevant and Victorious," featured several successful local women business owners and inspirational speakers who encouraged the attendees to be the heroes of their own success stories. Mr. Coleman, one of two male presenters at the conference, participated in an informational panel discussion that talked about the tools women and minority firms should utilize to grow their businesses.

"The EDC is your partner for success you're in the right place today," said Coleman. "We connect our serious entrepreneurs with the 14 federal agencies that control over \$12 billion in procurement contracts, and we'll get you prepared. Don't go in there grovelin'. Cut to the chase, look sharp, and present marketing materials that show these agencies that you know you're competitive and serious about doing business. Prince George's County is on fire with development and opportunities for growth and the Economic Development Corporation can provide a roadmap for women owned businesses to get ready,

get set and go grow. And that is just the beginning! Once you have shown that the County and the federal government can count on you to get the job done, take your message to the private sector and tell them 'Here's how I can help you.' That's gettin' it done!"

Mr. Coleman was joined on the panel by Shuraie Mackin, Assistant Director for Marketing and Outreach with the U.S. Small Business Administration, Cydnee Phoenix, Executive Director of the Supplier Development and Diversity Division of the Prince George's county Office of Central Services, and Jennifer Jones, CEO of Kylour International. Each panelist encouraged the attendees to exercise their resource muscles by networking and reaching out to seasoned companies and organizations to help train and mentor them to get ready for their next level of success.

The mission of the Women of Prince George's (WPG) is to create a network where women business owners, entrepreneurs and professionals can receive educational experiences, inspiration and resources to support business growth. The goal of WPG is to highlight success stories, facilitate meaningful business connections, and give access to successful women around the Beltway. Conference attendees also heard from Prince George's County State's Attorney Angela Alsobrooks, Marissa Levin, Founder and CEO of Successful Culture, Karen Alston, Founder of Spectrum Circle, Candice Camille, Wellolo-



PHOTO COURTESY LORI C. VALENTINE
Left to right: Jennifer Jones, CEO Kylour International; Jim Coleman, President and CEO, Prince George's County Economic Development Corporation; Cydnee Phoenix, Executive Director, Supplier Development and Diversity Division, Prince George's County Office of Central Services

gist™, and Miriam Niles, Pastor of Real Life Today Church in Washington, D.C.

Stephanie Bolton James, the Co-Founder of Women of Prince George's, was delighted that so many women from Prince George's County had come together to receive the empowering information that was presented by the highly successful women and men during the conference.

"I'm so proud of the talent we have in Prince George's County, like Jim Coleman, Jennifer Jones and Cydnee Phoenix. It is refreshing to have such a wealth of resources like this in our County, and not have to go somewhere else to find it," said Bolton James. "There are a lot of good things happening in Prince George's County, and like Mr. Coleman said, 'folks need to get on board with Prince George's county before

there's no room for them grow.' We use the Women of Prince George's Conference to consolidate all of the resources that are available in Prince George's County to grow a business. We are the last frontier with land to develop and everyone needs to know how to work the system to be successful."

Please join the Prince George's County Economic Development Corporation as it celebrates women at its 1st Annual Women's Excellence and Leadership Luncheon which will take place at the MGM National Harbor on Thursday, June 8, 2017.

For more information about the Women's Excellence and Leadership Luncheon, please visit the website at www.pgcedcexcellence.com. To register for this upcoming event, contact Nichelle Holmes at 301-583-4650 or naholmes@pgcedc.com or www.pgcedc.com/events.

Laborers from A1

other workers. Day laborers make so little, he said, that they "have to work sometimes day and sometimes day and nights." (Capital News Service is withholding the last names of day workers to protect them from possible retaliatory actions from employers.)

Scenes such as this have become a common part of the American informal job market and are especially prevalent in heavily immigrant areas such as Langley Park, a small community in Prince George's County that is home to many families that have come to the U.S. from El Salvador, Guatemala, Honduras and other countries in Central America and Africa.

Immigrant day workers say these informal markets serve a good purpose by allowing them to find work easily and without signing paperwork or governmental oversight. But worker advocates argue that these markets actually work against the long-term interest of immigrants by pulling

wages down so low that families struggle to break out of poverty. The average annual income for day laborers in Langley Park, many of whom are in the U.S. illegally, is between \$10,000 and \$15,000, according to CASA de Maryland, the largest Latino and immigrant advocacy organization in the Washington, D.C. area.

Moreover, some economists believe these trends have trickled down to the broader job market and could partly explain why wages for some low-skilled workers—both native-born and immigrants—have remained stuck at the same level for decades and in some cases have fallen.

"The theory says that increased supply [of workers] should lower wages," said Nicholas Montgomery, a labor economist at the University of Maryland. Montgomery says that while native-born Americans might frown at the idea of working for less than minimum wage, many immigrants calculate their earnings differently. "I do believe these workers are thinking, 'What is the

way that I can make the most amount of money?' And that's not necessarily holding out for a higher wage. And I would rather bid myself down to \$8 an hour, and have an 80 percent chance of getting a job, than having a 10 percent chance at \$15 an hour."

Between March 2006 and March 2016, average weekly wages adjusted for inflation for all U.S. production workers rose 8.2 percent to \$309.68, according to data from the Bureau of Labor Statistics. That category includes workers in construction, manufacturing and service jobs and those who are not primarily employed to supervise others. But average weekly wages for workers in some industries haven't kept pace and in some cases have declined.

For example, average weekly wages for workers in the janitorial services industry declined 1.8 percent from March 2006 to March 2016 to \$144.56; wages for employees in the house painting industry declined 3.3 percent to \$307.46 and average wages for workers in the house and office furni-

ture moving industry were down 11.5 percent to \$235.76. Average weekly wages for workers in landscaping services rose 6.2 percent, but remained relatively low at just \$252.85 in March 2016.

"It's been tough" to convince workers not to underbid their labor, says Delia Aguilar, the senior manager of workforce development for CASA de Maryland. She says that workers believe that jobs are more plentiful in the informal markets, "but that doesn't mean that they're getting fair payment."

Since 1985, CASA has tried to push back against falling wages by establishing so-called "welcome" centers where employers and potential employees can meet and CASA mediators will help negotiate wages and working conditions. CASA's welcome center in Langley Park opened in 2008 and handles between 20 and 40 workers daily.

CASA sets a wage floor of \$10 per hour, though Aguilar

See LABORERS Page A6

Watch from A4

(EBT) cards to help families purchase extra food for children during the summer. We should be using the Summer Food Service Program as effectively as possible with the achievable goal of ending summer child hunger in every community.

There's still time to do your part. The Children's Defense Fund is proud that all of our CDF Freedom Schools® sites will be serving meals this summer, some with Summer Food

Service Program partnerships. There is still time to start a site or to link other programs to existing sites. The USDA's Summer Food Service Program's website is a helpful resource and offers tips: In order for a site to exist in your community, a school, nonprofit organization or local government agency must be the program sponsor and be responsible for the administration of the program. To begin mobilizing your community, contact the following people or groups, and tell them you want

to help feed hungry children in the community this summer. Contact:

- The school principal
- Teachers
- The Parent Teachers Association
- The school food service manager
- School officials such as the school board or superintendent of schools
- The Mayor's office
- Recreation and Parks Office
- County officials
- Elected officials.

As the USDA says: Volunteer! Our best SFSP [Summer Food Service Program] sites have organized, well-run activities that keep the interest of the children and teens coming back to the site day after day. Some of these activities include arts and crafts, tutoring, mentoring, drama, sports, computer training, music, gardening, reading programs, cooking or any other

See WATCH Page A7

OUT ON THE TOWN

ERIC D. SNIDER'S
IN THE DARK

Movie Review

Going in Style

Going in Style

Grade: D+

Rated PG-13, mildly risqué humor, some profanity, an F-bomb
1 hr., 36 min

What kind of lazy, lowest-common-denominator movie is *Going in Style*? The kind where the one F-word in the script is delivered gratuitously by an old lady who has no other lines, and it's supposed to be hilarious because she's an old lady. An old lady who says the F-word! Why, next thing you know she'll be rapping!

Mind you, it's also the kind of hacky, ill-conceived sitcom where three old men decide to get back at the big banks that ruined this country (and, more to the point, their own pensions) by robbing one, and where the movie believes they are perfectly justified in this and should face no consequences. Indeed, the movie goes so far as to have a witness to the robbery perjure herself because she believes in the righteousness of the men's actions.

But don't worry. It's also the kind of easy, first-draft movie where the diner waitress says to the elderly patrons, "Always eat your pie. Life is short," to which Alan Arkin replies, "Thanks for the reminder!" And where the old men see an even older, more senile old man, and one of them says, "If I ever get that bad—SHOOT ME!" Not only is that incongruously mean—there's no reason the other retirees would be so callous toward this poor fellow, who's a friend of theirs—it's not funny. That's your best line? "If I ever get that bad—SHOOT ME!"? This isn't improv, you know. You don't have to go with the first thing that comes to mind.

(To make matters worse, the Alzheimer's patient is played by Christopher Lloyd. It's the saddest, most humiliating role of his career, and he was in *Baby Geniuses*.)

Going in Style is a remake of a gentle, little-remembered 1979 film that starred George Burns, Art Carney, and Lee Strasburg. The new one has Michael Caine, Morgan Freeman, and Alan Arkin; was written by Theodore Melfi (who wrote and directed *Hidden Figures*, a film that is



ROTTENTOMATOES

Oscar winners Morgan Freeman (*Million Dollar Baby*), Michael Caine (*The Cider House Rules*, *Hannah and Her Sisters*) and Alan Arkin (*Little Miss Sunshine*) team up as lifelong buddies Willie, Joe and Al, who decide to buck retirement and step off the straight-and-narrow for the first time in their lives when their pension fund becomes a corporate casualty, in director Zach Braff's comedy *Going in Style*. Desperate to pay the bills and come through for their loved ones, the three risk it all by embarking on a daring bid to knock off the very bank that absconded with their money.

notable for not being terrible); and directed by Zach Braff—who, between this and his previous film, *Wish I Was Here*, has proven to be so unfamiliar with the basic operations of society and human interaction that you'd think he was an extra-terrestrial. Apart from the central premise, the only thing this version of *Going in Style* has in common with the original is that they both won't be playing in theaters a month from now.

Joe (Caine), Willie (Freeman), and Al (Arkin) are retired Brooklyn factory workers on tight pensions. Joe is about to lose his house to a mean bank. Willie and Al live together, and Willie wishes he could afford to visit family more often. (He also needs a kidney transplant, to name one of a dozen or so plot threads that the film starts but isn't interested in.) When their pension checks stop coming, the three visit the old factory to find out what's up, conveniently doing so on the very day that the company gathers the employees—and former employees, whoever happens to be there—to tell them the factory is closing and all the pensions are gone. Moreover, the pensions are be-

ing "handled" by the very bank that has been tormenting Joe. Having witnessed a robbery at that same bank and noticing how easy it seemed to be, Joe proposes that he, Willie, and Al try it themselves.

Let me tell you some more about what kind of imbecilic poop for dummies this is. To practice for the robbery, the three oldsters shoplift from a grocery store. Mind you, they do not go to the register and demand the cash, which actually would be good practice for a bank robbery. No, they sneak around the store and stuff food in their clothes. Is this how they think banks work? That the money is just out on shelves for customers to take? They get caught shoplifting, of course, because they're morons, and then there's a painful slow-speed chase on a motorized scooter during which Willie deploys a bag of flour at the security guard in pursuit.

They finally get pointers from a real criminal (John Ortiz) who is referred to them by Joe's lowlife ex-son-in-law (Peter Serafinowicz), who has not been a good father to Joe's granddaughter (Joey King). But never mind, that's another one of those un-

derdeveloped extra threads. (See also: Al's romance with Ann-Margret; Willie's absent family; a scene where the three have to smoke pot but then don't do anything funny; etc.)

The plot (which is not the same as in the 1979 film) reads like a dark comedy or a crime caper, genres where it's palatable for likable characters to get away with major felonies while the FBI agent (Matt Dillon) who's just doing his job is made out to be a schmuck. But Braff plays it as a sappy, straightforward comedy, the kind where everybody hugs at the end. And if you're ever not sure how Braff wants you to feel, wait a second and Rob Simonson's simpering, obtrusive musical score will tell you.

I have one good thing to say about this clumsy, charmless, disposable turd: despite being a comedy about elderly men, it has no Viagra jokes. In fact, when Alan Arkin and Ann-Margret are about to hook up, and you think, "Uh-oh, here we go with the jokes about shortness of breath and creaking joints," Braff cuts straight to the afterglow, sparing us whatever broad, embarrassing farce the sex scene might have been. Let's be grateful for small mercies.

Laborers from AS

said employers often pay at least \$12 an hour. Higher-skilled workers earn between \$15 and \$20 per hour, a sharp increase from the federal minimum wage of \$7.25 and Maryland's \$8.75 hourly minimum wage. The state's hourly wage is set to increase to \$9.25 in July.

In return for paying higher wages, contractors that hire via CASA take on workers who have received job and safety training. CASA offers classes on building maintenance, dry-wall, heating and cooling and other occupational skills, and instructs workers on professional dress and behavior.

Still, some employers "are going to try to save money, and they see it as a business opportunity to do that," Aguilar said of contractors who hire non-CASA workers for cheaper wages. "Some employers are conscious, they understand, what we have over here is a lit-

tle bit different. They pay a little bit more, but they understand that the process is more viable."

CASA operates with a first-in, first-out system: When workers arrive, as early as 6 a.m., they sign in and wait for the first employer to show up with work. The second worker to arrive then moves up a slot, and so on, with the rotation carrying over to the next day. When employers pick up laborers, they sign documentation agreeing to what CASA's staff refers to as a "living wage." If employers don't pay, CASA's legal services team comes knocking.

Felix, an immigrant from Cameroon in Central Africa, appreciates CASA's tactics. "CASA is looking out for everybody, not for a particular person," said Felix, who has been finding jobs through the welcome center for the past three years. He said he rarely participates in the informal markets because he isn't willing to work for less than \$10 per

hour and he doesn't like the way workers undermine each other. "Everybody up there is everybody for themselves."

At least as many workers choose to look for work outside of CASA, though. For those laborers, it's better to work for less pay than to not work at all, a risk with CASA's one-in-one-out system. With no way to collectively enforce CASA's higher pay, wages end up dropping for all workers, according to Montgomery.

"There's only going to be so many people who are willing to hire people at \$15 an hour," Montgomery said. "And however many people that is, it is fewer than the number of people who are willing to hire people for \$10 an hour. If you underbid, that increases your probability of getting a job."

Workers who operate outside of CASA underbid themselves because they think in terms of accrued wages, not hourly, Montgomery and Aguilar agree. Although CASA workers

earn more hourly, the probability of not getting work in a given day is higher. Non-CASA laborers, conversely, might work more often but make less money hourly.

CASA encourages employers to request workers through an online form and telephone calls so they don't have to physically go to center and be "harassed" by outside workers, Aguilar said. Langley Park is the only of CASA's five welcome centers with this issue because it is located in a strip mall's basement. It is easy for outside workers to intercept employers on their way to CASA, offering to work for less than those waiting downstairs, she said.

"We understand at the same time, [non-CASA laborers] are in need," Aguilar said. "They're trying to do as much as they can to be able to make that money that they need to support their families. At the same time, they are changing the environment in the area."

Summer Fun in the Sun

Let's Go Boating: Four Ways to Vacation on the Water This Summer



PHOTO COURTESY BRANDPOINT

Family boat outing

(BPT)—Want to get away this summer? Skip the plane ride or long car trip and get out on the water. Whether it's an hour after work cruising, a morning of fishing or a weekend of watersports, boating provides all the benefits of vacation at your convenience, close to home.

In a recent study by Discover Boating, four out of five Americans said being around water relaxes them, and 72 percent feel healthier after spending time on the water. With Americans working longer hours, the need to take vacation time is greater than ever. According to the U.S. Travel Association, four in 10 Americans are not using all their paid time off.

Boating benefits a person's overall well-being and can be more accessible than many think. In fact, millions of Americans go boating each year on more than 15 million boats in the U.S., according to the National Marine Manufacturers Association.

"Boating offers the opportunity to get away from it all without going very far from home, allowing you to disconnect from stress on land, enjoy the sunshine and fresh air, and have fun with your friends and family," says Carl Blackwell, president of Discover Boating. "Vacation time doesn't need to be reserved for long trips - you can enjoy all the benefits of vacation more frequently and close to home when you go boating."

Want to go fishing, sailing, wakesurfing, cruising or ride a personal watercraft? Whether on vacation or staycation, these insider tips provide fun, stress-free ways to get on the water this summer.



PHOTO COURTESY BRANDPOINT

Man wakesurfing behind boat, one of the latest watersports trends.

Take a class. Sign up for a boating lesson to hone your powerboating, sailing or watersports skills by mastering the basics while having fun along the way. Popular options around the U.S. include boating classes, on-water training courses, watersports camps, youth boating programs and more.

Rent a boat. Rental options are available on most watersports and provide hourly or daily access to a variety of boat types. Rental outfitters should provide tutorials on operating a boat, share safety instructions and offer suggestions on destinations. New to the mix are peer-to-peer rentals, allowing you to rent someone else's boat, which usually includes insurance coverage and captains for hire.

Share the fun. You don't need to own a boat to join a boat club. Clubs and shared ownership programs allow you to share a boat with others, split the costs and book your time on the boat online. These clubs and programs also maintain, clean, insure and store the boats and many provide on-water training.

Float your own boat. There are no limits to going on vacation when you own a boat. Chart your own course to boat ownership by visiting DiscoverBoating.com, where you'll find a boat selector and loan calculator to help you determine your budget and identify the different types of boats that fit your lifestyle and interests. Once you've narrowed down your search, the site can connect you with manufacturers whose boats best fit your needs and wants.

Find ways to get on the water by using Discover Boating's Go Boating Today tool. Just enter your zip code to find rentals, classes, boat clubs and more close to home.

Calendar of Events

June 1 — June 7, 2017

Senior Days

Date and Time: Mondays, Wednesdays & Fridays, 8 am–12 noon
Description: Let's move and get fit. Seniors (Prince George's County residents only) are allowed use of both the fitness center and pool during the above times.

Cost: FREE
Ages: 60 & up
Location: Prince George's Sports & Learning Complex
8001 Sheriff Road, Landover, MD 20785
Contact: 301-583-2400; TTY 301-583-2483

Outdoor Skate Party

Date and Time: Saturday, June 3, 2017, noon–2 pm
Description: Join us for music and the Skate Mobile in the parking lot. Pre-registration required by 05/31/17.

Cost: Resident: \$2; Non-resident: \$3
Ages: All ages welcome
Location: Langley Park Community Center
1500 Merrimac Drive, Hyattsville, MD 20783
Contact: 301-445-4508; TTY: 301-699-2544

Tails on Trails

Date and Time: June 3, 2017, 10:00 am–2:00 pm
Description: Celebrate National Trails Day with your pooch at Piscataway Park. Tails on Trails will feature guided trail walks and a Pooch Play Zone with a tennis ball pit, agility course, and cooling pool. Plus, discover what role pets played on an 18th century farm then pamper your pooch with DIY dog treats and paw care products. Take home a memento of the day, and capture the character of your best friend with a caricature pooch portrait. Each Very Important Pooch will receive a bandanna and dog treat.

All dogs must be on leash.
Cost: \$5 per person, includes 1 VIP (Very Important Pooch) pass; Children under 3 are free; additional dogs \$5
Location: Education Center
Accokeek Foundation at Piscataway Park
3400 Bryan Point Road, Accokeek, MD
Contact: 301-283-2113; abarnes@accokeek.org

A Wedding Quilt Tea

Date and Time: Sunday, June 4, 2017, 1–3 pm
Description: A discussion about wedding quilts with teacher, lecturer and appraiser, Phyllis Twigg Hatcher, followed by a light tea of finger foods, scones and desserts. Reservations are required

Cost: \$25 per person
Ages: Ages 8 and up
Location: Marietta Historic House Museum
5626 Bell Station Road, Glenn Dale, MD
Contact: 301-464-5291; TTY: 301-699-2544

Lunchtime Lawn Concert

Date and Time: Wednesday, June 7, 2017, 12 noon
Description: Our Lunchtime Concert Series is back! Wander over to the museum on your lunch break and listen to some of the area's top blues and big band musicians.

Bring your own brown bag lunch or picnic basket. Some picnic tables are on-site, but you are encouraged to bring a blanket or chair.
Cost: Free
Ages: All ages welcome
Location: Darnall's Chance House Museum
14800 Governor Oden Bowie Drive
Upper Marlboro, MD 20772
Contact: 301-952-8010; TTY 301-699-2544

Honors from A1

stolen bases (9). Jones is the teams' leader in total bases (66), slugging percentage (.579), runs batted in (35) and home runs (5). Pickering was an All-CIAA First Team pick in the 2016 season.

Chowan senior Danielle Baccus was selected as CIAA Player of the Year. Through 45 games thus far, Baccus ranks third on the team in batting average (.327). Kayla Robins, senior pitcher from Chowan University, has been named CIAA Softball Pitcher of the Year for the second consecutive season. In the circle, the Mathews County, VA native leads the conference with a 1.08 earned run average and has 270 strikeouts this season.

Brittany Parson, freshman third baseman from Chowan,

earns the CIAA Softball Rookie of the Year honor. Throughout the season, Parson tallied 36 put outs for a .897 fielding percentage. Offensively, the Reno, NV native collected 46 hits, 11 doubles, two triples, nine home runs, and 48 runs batted in for a .672 slugging percentage and a team-high batting average of .351.

The Bulldogs enter the conference championships (May 4–6) as Co-Champions of the CIAA North with a 9–1 mark in the division, 14–2 record in league play an overall record of 18–18. Bowie State will open championship play on Thursday (5/3) as the #2 seed in the North and will battle Johnson C. Smith University, the #3 seed in the South. First pitch is scheduled for 12 p.m. at the Petersburg (VA) Sports Complex.

Watch from A5

creative ideas you may have. Many sites have enlisted local fire and police departments, local celebrities, local businesses and local political figures to make presentations to their SFSP sites. The only limitation is your imagination. Please do your part to make this summer a time when living is easier for children by helping stamp out hunger.

Marian Wright Edelman is President of the Children's Defense Fund whose Leave No Child Behind® mission is to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start in life and successful passage to adulthood with the help of caring families and communities. For more information go to www.childrensdefense.org. Mrs. Edelman's Child Watch Column also appears each week on The Huffington Post.

EARTH TALK ... Trump Whitehouse Purges Climate Information From EPA Website

Dear EarthTalk:

I understand that the Trump administration has been busy pulling information about climate change and other environmental issues off of the EPA's website. What kinds of information and data are no longer accessible?

—Jim Harris,
Norwalk, CA

It's no surprise that the Trump administration is looking to change course when it comes to federal action to mitigate climate change, but analysts have been surprised how quickly and drastically the U.S. Environmental Protection Agency (EPA) has "updated" its website to reflect the outlook of its new leader. The information purge began within just two weeks of Donald Trump taking office.

Researchers from the Environmental Data and Governance Initiative (EDGI), a group of scientists tracking federal environmental and energy websites and data, first noticed changes on January 22 when a page formerly called "Federal Partner Collaboration" was updated with new content and renamed "EPA Adaptation Collaboration." A few days later, the EPA changed the content of both its "climate and water" page to reflect the new administration's interest in freeing up real estate developers from onerous restrictions, and its "international cooperation" page pledging to stand with other

countries' in reducing greenhouse gas emissions. Interestingly, these early changes were made three weeks prior to the confirmation of notorious climate change denier Scott Pruitt as EPA Administrator.

The next big round of changes came almost two months later on the eve of the People's Climate March in Washington, D.C. when the EPA removed several sub-pages under its climate section containing detailed climate data. This had originally been published during Obama's tenure to help the public understand the magnitude of the global warming threat and to provide researchers with information to put into their models to predict how climate change will affect the environment and human health.

According to the *Washington Post*, one of the recently removed sections challenged statements made by Scott Pruitt, while another provided detailed information on the Obama administration's Clean Power Plan (a new rule which the Trump administration is working to "undo").

Another removed section, "A Student's Guide to Global Climate Change," featured some 50 pages of content tailored to students studying environment and climate, leaving thousands of teachers who had incorporated the data into curricula high and dry for the rest of the school year. (Luckily for teachers, the city of Chicago has republished



PHOTO COURTESY EARTHTALK

A Student's Guide to Global Climate Change—a treasured resource for teachers across the country and beyond—is one of the sections of the EPA website that the Trump Administration has pulled down.

an archived version of this section on its own website.)

"At a time when Americans are increasingly experiencing climate impacts in their daily lives, the administration has seemingly buried its head in the sand," says Astrid Caldas, climate scientist at the non-profit Union of Concerned Scientists (UCS). "The facts about climate change have not changed, however, and politics are not a valid reason to archive basic explanations of science."

For its part, the EPA dismisses the critique as partisan quibbling. "As EPA renews its commitment to human health and clean air, land, and water, our website needs to reflect the views of the leadership of the agency," says agency spokesman J.P. Freire. "We want

to eliminate confusion by removing outdated language first and making room to discuss how we're protecting the environment and human health by partnering with states and working within the law."

CONTACTS: EPA, www.epa.gov; EDGI, www.environmentaldataandgovernance.org; Chicago's EPA Climate Change Archive, www.cityofchicago.org/city/en/sites/climatechange/home.html; UCS, www.ucsusa.org.

EarthTalk® is written and edited by Roddy Scheer and Doug Moss and is a registered trademark of E - **The Environmental Magazine** (www.emagazine.com). Send questions to: earthtalk@emagazine.com.

Goldberg from A1

Last year's Rube Goldberg camp allowed us to see just how wonderful it can work out to let kids explore, test, create, and solve problems together. Participants in last year's camp really engaged with the concept and parents were delighted to see their inventions compete at the end of the week. We hope this year's camp is just as successful.

The free camp is designed for incoming 3rd–5th graders and will be held at the Laurel Community Pool Room from 9:00am–11:00am. Registration begins May 30. Pre-registration is required and spaces are limited. Funding for the camp is made possible with support from Maryland-National Capital Park and Planning Commission (MNCPPC). For more information and to register contact info@laurelhistoricalsociety.org or call 301-725-7975.

According to Wikipedia, "A Rube Goldberg machine" is a contraption, invention, device or apparatus that is deliberately over-engineered to perform a

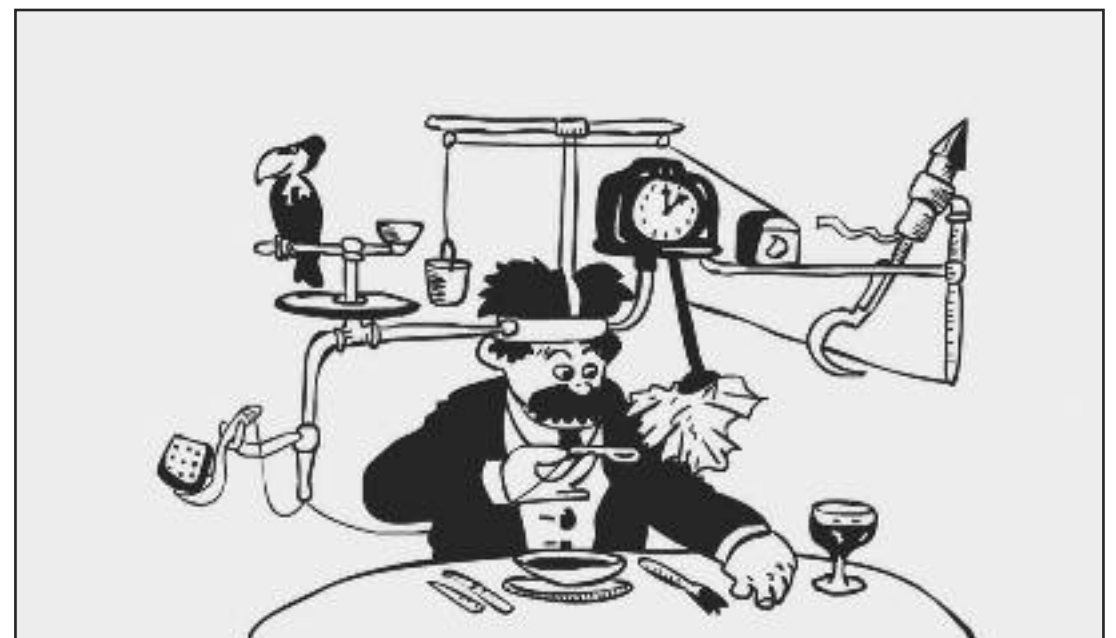


PHOTO COURTESY LAUREL HISTORICAL SOCIETY

Rube Goldberg Self-Operating Napkin

simple task in a complicated fashion, generally including a chain reaction. The expression is named after American cartoonist and inventor Rube Goldberg (1883–1970)." Today the phrase "Rube Goldberg" is used to mean accomplishing something simple through complicated means.

The Laurel Museum is open Wednesdays and Fridays 10–2, Sundays 1–4. The current exhibit, *Laurel's World War I: From Here to Over There* runs through December, 2017. Group tours by appointment. Admission is free. The John Calder Brennan research library, which

includes newly digitized copies of *The Laurel Leader* from 1897–2008 is open by appointment Monday–Friday. The Laurel Museum is located at 817 Main Street, Laurel, Md. Contact info@laurelhistoricalsociety.org or visit www.laurelhistoricalsociety.org.

FIX THE LEAK

It is estimated that 13.7% of household water is wasted by leaks. Check your water meter when no one is using water in the house. If it's moving, there's a leak.

A running toilet can waste 2 gallons a minute. Check by adding food coloring to the tank without flushing. After 10 minutes, look for leaks indicated by color in the bowl. The leak is most likely caused by a worn flapper that can easily be replaced.

Robert E. Baker, III
County Executive

PRINCE GEORGE'S COUNTY
DEPARTMENT OF THE ENVIRONMENT
Admin Office | Division

Prince George's County General Nature is an initiative of the Department of the Environment, Redevelopment Authority, and Office of Central Services to promote and encourage energy savings and sustainability in our everyday behavior.